

DMV Invitational / White Plains, MD

23-Mar-19

Last Name	First Name	Age	Gender	Home State	Country	Bwt	Divisions	Wt Cls	Wt Cls label	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	TOTAL				
Mcleod	Jax	15	Male	VA	USA	144	Open/(14-15)/Special	67.5/148.8	148	57.5	65.0	82.5		82.5	40.0	47.5	52.5	52.5	135.0	67.5	97.5	137.5	97.5	232.5				
Hansen	Karen	71	Female	VA	USA	193.8	Open	90+/198.5+ (F)	198+	70.0	75.0	82.5		82.5	52.5			52.5	135.0	110.0	117.5	122.5	122.5	257.5				
Davis	Keri	28	Female	MD	USA	113	Open	52/114.6	114	82.5	92.5			92.5	45.0	47.5	50.0	50.0	142.5	120.0	132.5	140.0	140.0	282.5				
Wang	Erica	24	Female	MD	USA	114	(20-24)	52/114.6	114	85.0	95.0	102.5		102.5	40.0	42.5	45.0	45.0	147.5	107.5	120.0	125.0	120.0	267.5				
Melugin	Joseph	20	Male	VA	USA	181.1	Open/(20-24)/Special	82.5/181.8	181	92.5	102.5			102.5	62.5	72.5		72.5	175.0	125.0	130.0	142.5	142.5	317.5				
Beasley	Natasha	36	Female	VA	USA	131.2	Open/(35-39)	60/132.2	132	92.5	102.5	110.0		110.0	75.0	80.0		80.0	190.0	162.5	177.5	182.5	177.5	367.5				
Lanham	Venus	47	Female	MD	USA	226	Open	90+/198.5+ (F)	198+	105.0	112.5	122.5		122.5	62.5	67.5		67.5	190.0	127.5	132.5	145.0	145.0	335.0				
Teeter	Gary	54	Male	PA	USA	147	Open/(50-54)	67.5/148.8	148	110.0	120.0	137.5		137.5	100.0	107.5	110.0	110.0	247.5	140.0	155.0	167.5	167.5	415.0				
Ross	Kirsten	43	Female	VA	USA	224	Open	90+/198.5+ (F)	198+	112.5	120.0	130.0		130.0	70.0	77.5	80.0	80.0	210.0	130.0	140.0	155.0	155.0	365.0				
Floyd	Tricia	38	Female	VA	USA	160	Open	75/165.3	165	115.0	120.0	125.0		125.0	57.5			57.5	182.5	187.5	195.0	201.0	195.0	377.5				
Rojas	Maria	29	Female	VA	USA	161.2	Open	75/165.3	165	130.0	137.5	142.5		142.5	70.0	77.5		77.5	220.0	130.0	137.5	147.5	147.5	367.5				
Allen	Chris	45	Male	VA	USA	261.2	Open	125/275.5	275	135.0	145.0	155.0		155.0	165.0	172.5		172.5	327.5	227.5	237.5	245.0	245.0	572.5				
Desimone	Joseph	27	Male	VA	USA	179	Open	82.5/181.8	181	145.0	160.0	182.5		182.5	125.0	140.0	150.0	150.0	332.5	182.5	202.5	217.5	217.5	550.0				
Carcamo	Dennis	24	Male	VA	USA	161.4	Open/(20-24)	75/165.3	165	160.0	182.5			182.5	115.0	125.0	137.5	137.5	320.0	185.0	210.0	215.0	215.0	535.0				
Decastro	Mike	39	Male	DC	USA	175	(35-39)	82.5/181.8	181	175.0	182.5	192.5		192.5	125.0	130.0	132.5	132.5	325.0	225.0	240.0	242.5	240.0	565.0				
Drew	Benjamin	40	Male	VA	USA	211.6	Open/(40-44)	100/220.4	220	175.0	180.0	187.5		187.5	130.0	135.0	137.5	137.5	325.0	207.5	212.5	217.5	212.5	537.5				
Joge	Kevin	25	Male	MD	USA	180.1	Open	82.5/181.8	181	185.0	197.5	205.0		205.0	102.5	107.5	117.5	117.5	322.5	205.0	217.5	235.0	235.0	557.5				
Bowen	Matthew	25	Male	VA	USA	240	Open	110/242.5	242	215.0	225.0	232.5		232.5	142.5	152.5	157.5	157.5	390.0	187.5	197.5	207.5	207.5	597.5				
Stinson	DJ	42	Male	VA	USA	299	Open/PFM	140/308.6	308	220.0	232.5	240.0		232.5	165.0	175.0		175.0	407.5	215.0	225.0	232.5	225.0	632.5				
Gaines	Robert	56	Male	VA	USA	331	Open	140+/SHW	SHW	227.5	237.5	250.0		250.0	167.5	182.5	190.0	190.0	440.0	250.0	272.5	285.0	272.5	712.5				
Shepperd	Matthew	24	Male	DC	USA	192	(20-24)	90/198.4	198	192.0	206.0	217.5		217.5	125.0	130.0	142.5	142.5	360.0	242.5	265.0	282.5	285.0	625.0				
Signorini	Daniel	36	Male	VA	USA	215	(35-39)	100/220.4	220	170.0	175.0	182.5		182.5	120.0	120.0	120.0	120.0	302.5	225.0	237.5	242.5	242.5	545.0				
Posey	Karen	57	Female	MD	USA	249	(55-59)	90+/198.5+ (F)	198+	BENCH ONLY								27.5	35.0		35.0							35.0
Bridgforth	Crystal	41	Female	VA	USA	196	(40-44)	90+/198.5+ (F)	198+									62.5			62.5							62.5
Reynolds	Catherine	18	Female	VA	USA	125	Open	60/132.2	132									65.0	70.0		70.0							70.0
Holmes	Nicholas	15	Male	MD	USA	186	(14-15)	90/198.4	198									92.5	100.0		100.0							100.0
Parks	Bill	62	Male	MD	USA	275		125/275.5	275									102.5	112.5	117.5	117.5							117.5
Harris	Raymond	59	Male	VA	USA	165	Open/PFM	75/165.3	165									140.0	142.5	146.0	145.0							145.0
Gardner Iv	James	45	Male	VA	USA	189.2	(45-49)	90/198.4	198									15.0	157.5	160.0	160.0							160.0
Reumont	Tom	54	Male	MD	USA	232.2	Open	110/242.5	242									162.5	170.0	172.5	172.5							172.5
Harlow	Jason	41	Male	VA	USA	258.6	Open	125/275.5	275									167.5	185.0		185.0							185.0
Lee	Linda	59	Female	VA	USA	176	(55-59)	82.5/181.8	181	PUSH PULL								70.0	75.0		75.0							215.0
Kozlowski	Stephen	61	Male	MD	USA	265	Open	125/275.5	275									157.5	165.0	173.5	172.5							390.0
Dameron	Brittany	24	Female	VA	USA	194	(20-24)	90+/198.5+ (F)	198+	DEADLIFT														120.0	127.5	140.0	140.0	215.0
Koval	Bud	71	Male	VA	USA	192.4	Open	90/198.4	198															185.0	202.5	212.5	202.5	202.5
Bridgforth	Crystal	41	Female	VA	USA	196	(40-44)	90+/198.5+ (F)	198+															115.0	120.0	130.0	130.0	130.0

STRICT CURL																									
Last Name	First Name	Age	Gender	Home State	Country	Bwt	Divisions	Wt Cls	Wt Cls label	Strict Curl 1	Strict Curl 2	Strict Curl 3	Strict Curl 4	Best Strict Curl	Coeff.	Curl Coef									TOTAL
Allen	Chris	45	Male	VA	USA	261	Open	125/275.5	275	67.5	70.0	72.5		70.0	0.5768	40.4									70.0
Hansen	Karen	71	Female	VA	USA	194	Open	90+/198.5+ (F)	198+	22.5	25.0	30.0		30.0	0.7682	23.0									30.0
Reynolds	Catherine	18	Female	VA	USA	125	Open/(18-19)	60/132.2	132	32.5	37.5	38.0		38.0	1.1652	44.3									38.0
Beasley	Natasha	36	Female	VA	USA	131	Open/(35-39)	60/132.2	132	32.5	35.0	40.0	40.9	40.0	1.1233	44.9									40.0
Ross	Kirsten	43	Female	VA	USA	224	Open	90+/198.5+ (F)	198+	34.5	36.5	38.0		38.0	0.8288	31.5									38.0
Holmes	Nicholas	15	Male	MD	USA	186	(14-15)	90/198.4	198	45.0	47.5	50.0		50.0	0.6612	33.1									50.0
Teeter	Gary	54	Male	PA	USA	148	Open/(50-54)	67.5/148.8	148	50.0	55.0	56.0		56.0	0.7744	43.4									56.0
Drew	Benjamin	40	Male	VA	USA	211.6	(40-44)	100/220.4	220	65.0	67.5	70.0		70.0	0.6192	43.3									70.0
Stinson	DJ	42	Male	VA	USA	299	Open/PFM	140/308.6	308	76.0	79.0	82.5		79.0	0.5616	44.4									79.0