

100% RAW United States Open Single Lifts Zion Crossroads, VA March 23, 2019

Name	State/AGE	Division	Wt. Class	Body WT	Bench
Patricia Ballentine	VA-30	Open	181	174	67.5
Avaua Berge	NC-7	Under 11	97	64.1	19.5
Tyler Pence	VA-15	14-15	220	209.2	115
Dimitri Whitman	VA-22	20-24	242	233.4	140
Glenn Haynes	VA-22	20-24	242	241.7	130
Anthony Jewell	VA-35	Open	275	274.3	182.5
Baron Dixon	VA-53	50-54	SHW	315	142.5
Name	State/AGE	Division	Wt. Class	Body WT	Deadlift
Patricia Ballentine	VA-30	Open	181	174	137.5
Rudy Garcia	VA-59	55-59	220	206	160
Dimitri Whitman	VA-22	20-24	242	233.4	205
Glenn Haynes	VA-22	20-24	242	241.7	185
Anthony Jewell	VA-35	Open	275	274.3	257.5
Bob Shirley	VA-66	65-69	308	297	180
Baron Dixon	VA-53	50-54	SHW	315	277.5
Name	State/AGE	Division	Wt. Class	Body WT	Strict Curl
Patricia Ballentine	VA-30	Open	181	174	33.5
Avaua Berge	NC-7	Under 11	97	64.1	12
Tony Villa	IN-61	Open	220	215.6	55
Tony Villa	IN-61	60-64	220	215.6	55
Dimitri Whitman	VA-22	20-24	220	233.4	62.5
Glenn Haynes	VA-22	20-24	242	241.7	52.5
Baron Dixon	VA-53	50-54	SHW	315	73
Officials					
Rudy Garcia					
Catherine Garcia					
John Shifflett					
Randy Price					
Ron Simmons					
Belinda Hayes					