

100%RAW Powerlifting Federation Canada

2019 Iron Challenge

Medicine Hat, AB Feb 16, 2019

Sanction 3 Event - Referees in attendance - Adam Price (3) Lesley Unger (3), Ally DeWolfe (1), Ted Finkleman (1)

Full Power and Single Lift

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Theresa Larson	41	F-40	59.1	60	1.128	97.5	102.5	105.0		105.0	52.5	55.0	-57.5		55.0	100	107.5	110		110	270.0	304.59
Rayelle Smith	18	F-19	63.1	67.5	1.073	77.5	85.0	90.0		90.0	55.0	-60.0	-60.0		55.0	110	115	120		120	265	284.27
Rachelle Forget	23	F-J	65.9	67.5	1.039	125.0	137.5	-145.5		137.5	57.5	62.5	-65.0		62.5	135	150	152.5	-163	152.5	352.5	366.07
Samantha Anderson	23	F-J	67.1	67.5	1.025	105.0	-120.0	-130.5		105.0	65.0	67.5	-70.0		67.5	105	122.5	130		130	302.5	310.06
Angela Lewis	25	F-O	73.7	75	0.961	132.5	140.0	142.5		142.5	82.5	87.5	90.0	-95.5	90.0	142.5	147.5	0		147.5	380	365.29
Grace Dobie	31	F-O	67.8	75	1.017	105.0	107.5	112.5		112.5	-52.5	-55.0	-55.0		0.0	117.5	120	122.5		122.5	235	239.09
Danielle MacInnis-Tanner	34	F-O	71.4	75	0.982	112.5	115.0	-120.0		115.0	65.0	-70.0	-70.0		65.0	107.5	112.5	120		120	300	294.45
Teresa Oldenburger	45	F-45	71.8	75	0.978	87.5	92.5	-95.0		92.5	-45.0	-45.0	-45.0		0.0	100	105	-107.5		105	197.5	193.14
Lynne Courtnage-Coolen	60	F-60	73.4	75	0.964	95.0	105.0	113.0	-115.0	113.0	37.5	42.5	43.0	45.0	43.0	115	127.5	137	140	137	293	282.39
Vanessa Reed	36	F-SM	78.4	82.5	0.926	110.0	115.0	120.0	123.0	120.0	60.0	65.0	-70.5		65.0	117.5	125	132.5		132.5	317.5	293.88
Wendy Desjarlais	35	F-SM	87.5	90	0.875	110.0	115.0	-120.0		115.0	-55.0	57.5	-60.5		57.5	127.5	132.5	137.5		137.5	310	271.13
Sharalee Bustamante	30	F-O	99.7	90+	0.833	147.5	155.0	-162.5		155.0	62.5	-67.5	-67.5		62.5	137.5	145	150		150	367.5	306.24
Sarah Skinner	31	F-O	154.3	90+	0.769						55.0	62.5	65.0		65.0						65	49.99
Cherisse Martineau	37	F-SM	101.1	90+	0.830	115.0	122.5	125.5	130.0	125.5	60.0	62.5	65.0		65.0	155	165	-172.5		165	355.5	295.07
Melanie Perron	43	F-40	123.5	90+	0.796	125.0	130.0	132.5	-135.0	132.5	67.5	70.0	72.5	75.0	72.5	142.5	150	155		155	360	286.42

Male Full Power and Single Lift

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Dillon Childs	24	M-J	66.6	67.5	0.779	177.5	-187.5	-187.5		177.5	95.0	100.0	-102.5		100.0	185	200	-210		200	477.5	372.16
Shane Frey	39	M-SM	67.5	67.5	0.771	155.0	160.0	170.0		170.0	95.0	-97.5	100.0		100.0	192.5	207.5	220.5	-222.5	220.5	490.5	378.18
Jeremy Kander	35	M-SM	74.3	75	0.717	152.5	165.0	170.5		170.5	90.0	97.5	102.5		102.5	187.5	205	215	-229	215	488	350.04
Kieran Claypool	23	M-J	82.5	82.5	0.670	150.0	160.0	167.5		167.5	105.0	112.5	117.5		117.5	177.5	187.5	197.5		197.5	482.5	323.23
Shane Miller	37	M-SM	80.4	82.5	0.681						115.0	120.0	-122.5		120.0	180	190	200		200	320	217.79
Connor Dial	22	M-J	89.7	90	0.640	180.0	-190.0	195.0		195.0	120.0	-132.5	-132.5		120.0	180	200	210		210	525	335.74
Keanu Calderon	15	M-15	97.6	100	0.615	122.5	130.0	137.5		137.5	-77.5	82.5	92.5	95.0	92.5	150	162.5	180	195	180	410	252.03
Barrett Donovan	37	M-SM	94.7	100	0.623	175.0	180.0	185.0		185.0	105.0	107.5	110.0		110.0	230	240	252.5	-260.5	252.5	547.5	341.04
Mike Moorhead	42	M-40	99.7	100	0.609	220.0	230.0	0.0		230.0	180.0	185.5	-187.5		185.5	65	200	250		250	665.5	405.49
Hayden Schick	24	M-J	108.5	110	0.591	202.5	212.5	225.0		225.0	157.5	165.0	167.5		167.5	217.5	230	240		240	632.5	373.81
Wesley Tanner	37	M-SM	107.1	110	0.594	167.5	172.5	-175.0		172.5	100.0	107.5	-112.5		107.5	220	232.5	-237.5		232.5	512.5	304.17
Dan Earle	59	M-55	104.8	110	0.598	165.0	175.0	185.0		185.0	100.0	105.0	110.0		110.0	160	170	180		180	475	284.05
Clay Sparks	24	M-J	119.8	125	0.575	230.0	242.5	250.0	255.5	250.0	145.0	152.5	160.0		160.0	235	245	257.5	-285.5	257.5	667.5	383.88
Randy Sparks	61	M-60	118.3	125	0.577	180.0	192.5	205.0	213.0	205.0	85.0	90.0	95.0		95.0	195	210	220	-228	220	520	299.99
Wally Schoeffler	55	M-55	137.7	140	0.560						-142.5	152.5	160.0	162.5	160.0						160	89.63
Scott Pagenkopf	25	M-O	163.7	SHW	0.546	172.5	180.0	187.5		187.5	130.0	137.5	-140.0		137.5	205	220	-230		220	545	297.73