



2018 Teen-Youth Rankings

Updated 01/30/2019 Ed Kutin

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2018 Squat Rankings

Female

Weight Class: 97				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	53	116.8	Brooke Zak	US-NC	2018 Worlds	Virginia Beach	VA
2	50.5	111.3	Mackenzie Taylor	US-NC	NC State Championship	Currituck	NC
3	42.5	93.6	Ella Tiller	US-NC	American Challenge - 2018 NC		NC
4	37.5	82.6	Ashley Christiansen	US-NC	2018 OBX Open	Currituck	NC
5	30	66.1	Sofia Corridean	US-NC	2018 World Youth Invitational	Virginia Beach	VA

Weight Class: 105				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	102.5	225.9	McKenna Kozina	Canada	Canadian Elite Championships	Calgary	Alberta
2	62.5	137.7	Mira Pascuzzi	Canada	Calm like a Bomb	Squamish	BC
3	60	132.2	Alexandra Telatko	US-OH	Ohio State Championship	Bedford Heights	OH
4	55	121.2	Mackenzie Taylor	US-NC	Southern Open	Currituck	NC
	55	121.2	Brooke Zak	US-NC	2018 OBX Open	Currituck	NC
6	47.5	104.7	Ella Tiller	US-NC	2018 OBX Open	Currituck	NC

Weight Class: 114				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	65	143.2	Hope Weaver	US-PA	Battlefield Open	Fredericksburg	VA
2	60.5	133.3	Mackenzie Taylor	US-NC	2018 OBX Open	Currituck	NC
3	60	132.2	Hope Weaver	US-PA	2018 Worlds	Virginia Beach	VA
4	50	110.2	Anna Zak	US-NC	NC State Championship	Currituck	NC

Weight Class: 123				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	135	297.6	Febrose Tsiode	Nauru	2018 Worlds	Virginia Beach	VA
2	87.5	192.9	Tola Adebisi	Ireland	IDFPA Full Power 2	Cork	Ireland
3	75	165.3	Madison Tuthill	US-AZ	Southwest Regionals	Prescott	AZ
4	72.5	159.8	Laura Dowdall	Ireland	IDFPA Single Lift		Ireland
5	67.5	148.8	Kendra Green	US-VA	Battlefield Open	Fredericksburg	VA
6	55	121.2	Hope Weaver	US-PA	The Luck of the Irish Open	Endicott	NY
7	52.5	115.7	Anna Zak	US-NC	American Challenge - 2018 NC		NC
8	32.5	71.6	Kennedy Macinnes	Canada	Alberta Provincials	Calgary	Alberta

Weight Class: 132				Squat		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	100	220.4	Victoria Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
2	97.5	214.9	Katelyn Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
3	90	198.4	Kassy Jo Bly	US-VA	Potomac Open	Vienna	VA
4	70	154.3	Genevieve Horn	Canada	Alberta Provincials	Calgary	Alberta
5	62.5	137.7	Avery Konzel	US-PA	Central PA Open	Bigler	PA
6	60	132.2	Aspen Parker	US-NY	2018 Worlds	Virginia Beach	VA
	60	132.2	Mattea Ahlijah	Canada	2018 Winter Classic	Calgary	Alberta
8	30	66.1	Kennedy Macinnes	Canada	Grind-Canadian Nationals	Medicine Hat	AB

Weight Class: 148							
Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	137.5	303.1	Naomi Kutin	US-NJ	American Challenge - 2018 DE		DE
2	110	242.5	Kaeleigh Gibson	US-AZ	Southwest Regionals	Prescott	AZ
3	105	231.4	Amy Byrne	Ireland	IDFPA Full Power 2	Cork	Ireland
4	97.5	214.9	Julisa Aminzada	Canada	2018 Iron Challenge	Medicine Hat	Alberta
5	92.5	203.9	Kyrie Nicolai	US-VA	High School Nationals	Zion Crossroads	VA
	92.5	203.9	Kaja Ferebee	US-NC	American Challenge - 2018 NC		NC
7	85	187.3	Sydni Jones	US-KY	Spring Iron Classic	Louisville	KY
8	82.5	181.8	Hannah Haskell	US-NY	American Challenge - 2018 NY		NY
9	72.5	159.8	Genevieve Horn	Canada	Grind-Candadian Nationals	Medicine Hat	AB
10	70	154.3	Kaitlyn McKenna	Canada	Alberta Provincials	Calgary	Alberta
11	60	132.2	Corinne Deem	US-NC	American Challenge - 2018 NC		NC
12	52.5	115.7	Hayden Murphy	Canada	Grind-Candadian Nationals	Medicine Hat	AB
13	27.5	60.6	Mary Ross	US-VA	Southside Regional Classic	Midlothian	VA

Weight Class: 165							
Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	117.5	259	Tia Pascuzzi	Canada	Calm like a Bomb	Squamish	BC
2	92.5	203.9	Robyn Schenk	Canada	Calm like a Bomb	Squamish	BC
3	85	187.3	Lily Stoddard	US-NY	American Challenge - 2018 NY		NY
4	80	176.3	Laura O'Driscoll	Ireland	IDFPA Single Lift		Ireland
5	72.5	159.8	Mira Szudek	Canada	2018 Vernon Classic	Vernon	British Columbia
6	30	66.1	Mary Ross	US-VA	American Challenge - 2018 VA		VA

Weight Class: 181							
Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	97.5	214.9	Jaylin Frank	US-NC	NC State Championship	Currituck	NC
2	92.5	203.9	Emma Thomas	US-PA	Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 198							
Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	115	253.5	Shauna Murphy	Ireland	IDFPA Full Power 2	Cork	Ireland
2	62.5	137.7	Erin Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 198+							
Squat				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	142.5	314.1	Lindsay Field	US-NY	2018 Worlds	Virginia Beach	VA

2018 Bench Press Rankings Female

Weight Class: 97							
Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	42.5	93.6	Ashley Christiansen	US-NC	2018 Worlds	Virginia Beach	VA
2	33.5	73.8	Brooke Zak	US-NC	Southern Open	Currituck	NC
3	32.5	71.6	Tiffani Teeter	US-PA	American Challenge - 2018 NY		NY
4	27.5	60.6	Mackenzie Taylor	US-NC	NC State Championship	Currituck	NC
5	18.5	40.7	Avaya Berge	US-NC	Southern Open	Currituck	NC
6	17.5	38.5	Ella Tiller	US-NC	American Challenge - 2018 NC		NC
7	13.5	29.7	Sofia Corridean	US-NC	2018 World Youth Invitational	Virginia Beach	VA

Weight Class: 105							
Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60	132.2	McKenna Kozina	Canada	Candian Elite Championships	Calgary	Alberta
2	42.5	93.6	Heather Wayland	US-PA	Central PA Open	Bigler	PA
3	37.5	82.6	Giulia Pia Schipani	Italy	Italy Single Lift National		Italy
4	35	77.1	Brooke Zak	US-NC	2018 OBX Open	Currituck	NC
5	32.5	71.6	Mira Pascuzzi	Canada	Calm like a Bomb	Squamish	BC
	32.5	71.6	Mackenzie Taylor	US-NC	Southern Open	Currituck	NC
	32.5	71.6	Alexandra Telatko	US-OH	Ohio State Championship	Bedford Heights	OH

8	30	66.1	Francesca Passafaro	Italy	Italy Single Lift National		Italy
9	25	55.1	Ella Tiller	US-NC	2018 OBX Open	Currituck	NC

Weight Class: 114							
Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	50	110.2	Hope Weaver	US-PA	Central PA Open	Bigler	PA
2	45	99.2	Hope Weaver	US-PA	Battlefield Open	Fredericksburg	VA
3	35	77.1	Mackenzie Taylor	US-NC	2018 OBX Open	Currituck	NC
4	31	68.3	Anna Zak	US-NC	NC State Championship	Currituck	NC

Weight Class: 123							
Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	120	264.5	Febrose Tsiode	Nauru	2018 Worlds	Virginia Beach	VA
2	47.5	104.7	Hope Weaver	US-PA	The Luck of the Irish Open	Endicott	NY
	47.5	104.7	Kendra Green	US-VA	Battlefield Open	Fredericksburg	VA
4	45	99.2	Tola Adebisi	Ireland	IDFPA Full Power 2	Cork	Ireland
5	42.5	93.6	Madison Tuthill	US-AZ	Southwest Regionals	Prescott	AZ
6	32.5	71.6	Laura Dowdell	Ireland	IDFPA Single Lift		Ireland
	32.5	71.6	Anna Zak	US-NC	American Challenge - 2018 NC		NC
	32.5	71.6	Maria Hunchuck	US-OH	Ohio State Championship	Bedford Heights	OH
9	20	44	Kennedy Macinnes	Canada	Alberta Provincials	Calgary	Alberta

Weight Class: 132							
Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	75	165.3	Catherine Reynolds	US-VA	2018 Worlds	Virginia Beach	VA
2	62.5	137.7	Katelyn Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
3	60	132.2	Victoria Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
4	45	99.2	Kassy Jo Bly	US-VA	Potomac Open	Vienna	VA
5	42.5	93.6	Aspen Parker	US-NY	2018 Worlds	Virginia Beach	VA
6	40	88.1	Genevieve Horn	Canada	Alberta Provincials	Calgary	Alberta
7	32.5	71.6	Mattea Ahlijah	Canada	2018 Winter Classic	Calgary	Alberta
	32.5	71.6	Avery Konzel	US-PA	Central PA Open	Bigler	PA
9	22.5	49.6	Kennedy Macinnes	Canada	Grind-Candadian Nationals	Medicine Hat	AB

Weight Class: 148							
Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Julisa Aminzada	Canada	2018 Iron Challenge	Medicine Hat	Alberta
2	60	132.2	Naomi Kutin	US-NJ	American Challenge - 2018 DE		DE
3	57.5	126.7	Sydni Jones	US-KY	Spring Iron Classic	Louisville	KY
4	52.5	115.7	Kyrie Nicolai	US-VA	High School Nationals	Zion Crossroads	VA
5	50	110.2	Hannah Haskell	US-NY	American Challenge - 2018 NY		NY
6	47.5	104.7	Kaeleigh Gibson	US-AZ	Southwest Regionals	Prescott	AZ
7	45	99.2	Kaja Ferebee	US-NC	American Challenge - 2018 NC		NC
8	44	97	Corinne Deem	US-NC	American Challenge - 2018 NC		NC
9	42.5	93.6	Amy Byrne	Ireland	IDFPA Full Power 2	Cork	Ireland
10	40	88.1	Emily Keane	Ireland	IDFPA Single Lift		Ireland
	40	88.1	Genevieve Horn	Canada	Grind-Candadian Nationals	Medicine Hat	AB
12	37.5	82.6	Hayden Murphy	Canada	Grind-Candadian Nationals	Medicine Hat	AB
13	32.5	71.6	Kaitlyn McKenna	Canada	Alberta Provincials	Calgary	Alberta
14	27.5	60.6	Mary Ross	US-VA	Southside Regional Classic	Midlothian	VA
15	25.5	56.2	Isabella Devito	US-AZ	Southwest Regionals	Prescott	AZ

Weight Class: 165							
Bench Press				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60	132.2	Tia Pascuzzi	Canada	Calm like a Bomb	Squamish	BC
2	47.5	104.7	Robyn Schenk	Canada	Calm like a Bomb	Squamish	BC
	47.5	104.7	Lily Stoddard	US-NY	American Challenge - 2018 NY		NY
4	45	99.2	Kaja Ferebee	US-NC	Battle of the Border	Currituck	NC
5	37.5	82.6	Laura O'Driscoll	Ireland	IDFPA Single Lift		Ireland
6	30	66.1	Mira Szudek	Canada	2018 Vernon Classic	Vernon	British Columbia

7 25 55.1 Mary Ross US-VA American Challenge - 2018 VA VA

Weight Class: 181				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Shelby Taylor	US-OH	Tri State Championship	Bedford Heights	OH
2	62.5	137.7	Jaylin Frank	US-NC	NC State Championship	Currituck	NC
3	45	99.2	Emma Thomas	US-PA	Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 198				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	72.5	159.8	Shelby Taylor	US-OH	Ohio State Championship	Bedford Heights	OH
2	52.5	115.7	Shauna Murphy	Ireland	IDFPA Full Power 2	Cork	Ireland
3	35	77.1	Erin Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 198+				Bench Press		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Lindsey Fields	US-NY	Empire State Open	Nichols	NY
2	62.5	137.7	Lindsay Field	US-NY	2018 Worlds	Virginia Beach	VA

2018 Deadlift Rankings Female

Weight Class: 97				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	85	187.3	Ashley Christiansen	US-NC	Battle of the Border	Currituck	NC
2	80	176.3	Brooke Zak	US-NC	Southern Open	Currituck	NC
3	70	154.3	Mackenzie Taylor	US-NC	NC State Championship	Currituck	NC
	70	154.3	Alex Telatko	US-OH	Tri State Championship	Bedford Heights	OH
5	65	143.2	Ella Tiller	US-NC	American Challenge - 2018 NC		NC
6	57.5	126.7	Gabrielle Propst	US-NC	Battle of the Border	Currituck	NC
7	56	123.4	Makala Moorhead	Canada	2018 Iron Challenge	Medicine Hat	Alberta
8	52.5	115.7	Tiffani Teeter	US-PA	Empire State Open	Nichols	NY
9	45.5	100.3	Sofia Corridean	US-NC	2018 World Youth Invitaitonal	Virginia Beach	VA
10	40	88.1	Jorgia Watson	Canada	2018 Vernon Classic	Vernon	British Columbia
11	25	55.1	Sonya Stengel	US-OH	Tri State Championship	Bedford Heights	OH

Weight Class: 105				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	112.5	248	McKenna Kozina	Canada	Candian Elite Championships	Calgary	Alberta
2	77.5	170.8	Brooke Zak	US-NC	2018 OBX Open	Currituck	NC
	77.5	170.8	Alexandra Telatko	US-OH	Ohio State Championship	Bedford Heights	OH
4	75	165.3	Mackenzie Taylor	US-NC	Southern Open	Currituck	NC
	75	165.3	Francesca Passafaro	Italy	Italy Single Lift National		Italy
6	67.5	148.8	Mira Pascuzzi	Canada	Calm like a Bomb	Squamish	BC
	67.5	148.8	Ella Tiller	US-NC	2018 OBX Open	Currituck	NC

Weight Class: 114				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	102.5	225.9	Eli Hertzler	US-MD	Battle in the Capital	DC	DC
	102.5	225.9	Hope Weaver	US-PA	Central PA Open	Bigler	PA
3	100	220.4	Hope Weaver	US-PA	Battlefield Open	Fredericksburg	VA
4	82.5	181.8	Anna Zak	US-NC	NC State Championship	Currituck	NC
	82.5	181.8	Erin Jameson	US-MD	AA County Classic	Annapolis	MD
6	77.5	170.8	Mackenzie Taylor	US-NC	2018 OBX Open	Currituck	NC

Weight Class: 123				Deadlift		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	140	308.6	Febrose Tsiode	Nauru	2018 Worlds	Virginia Beach	VA
2	135	297.6	Kendra Green	US-VA	Battlefield Open	Fredericksburg	VA
3	112.5	248	Tola Adebisi	Ireland	IDFPA Full Power 2	Cork	Ireland
4	100	220.4	Laura Dowdell	Ireland	IDFPA Single Lift		Ireland
5	95	209.4	Hope Weaver	US-PA	The Luck of the Irish Open	Endicott	NY

	95	209.4	Madison Tuthill	US-AZ	Southwest Regionals	Prescott	AZ
7	92.5	203.9	Anna Zak	US-NC	American Challenge - 2018 NC		NC
8	70	154.3	Maria Hunchuck	US-OH	Ohio State Championship	Bedford Heights	OH
9	52.5	115.7	Kennedy Macinnes	Canada	Alberta Provincials	Calgary	Alberta

Weight Class: 132							
Deadlift				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	118	260.1	Corinne Deem	US-NC	2018 OBX Open	Currituck	NC
2	107.5	236.9	Victoria Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
3	102.5	225.9	Katelyn Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
4	100.5	221.5	Aspen Parker	Canada	Grind-Candadian Nationals	Medicine Hat	AB
5	100	220.4	Kassy Jo Bly	US-VA	Potomac Open	Vienna	VA
	100	220.4	Genevieve Horn	Canada	Alberta Provincials	Calgary	Alberta
7	92.5	203.9	Mattea Ahlijah	Canada	2018 Winter Classic	Calgary	Alberta
8	85	187.3	Avery Konzel	US-PA	Central PA Open	Bigler	PA
9	55	121.2	Kennedy Macinnes	Canada	Grind-Candadian Nationals	Medicine Hat	AB

Weight Class: 148							
Deadlift				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	167.5	369.2	Naomi Kutin	US-NJ	2018 Worlds	Virginia Beach	VA
2	137.5	303.1	Hannah Haskell	US-NY	American Challenge - 2018 NY		NY
3	135	297.6	Julisa Aminzada	Canada	2018 Iron Challenge	Medicine Hat	Alberta
4	117.5	259	Sydni Jones	US-KY	Spring Iron Classic	Louisville	KY
5	115	253.5	Kaeleigh Gibson	US-AZ	Southwest Regionals	Prescott	AZ
6	112.5	248	Emily Keane	Ireland	IDFPA Single Lift		Ireland
7	110	242.5	Kaja Ferebee	US-NC	American Challenge - 2018 NC		NC
	110	242.5	Amy Byrne	Ireland	IDFPA Full Power 2	Cork	Ireland
9	105	231.4	Kyrie Nicolai	US-VA	High School Nationals	Zion Crossroads	VA
	105	231.4	Corinne Deem	US-NC	American Challenge - 2018 NC		NC
11	101.5	223.7	Genevieve Horn	Canada	Grind-Candadian Nationals	Medicine Hat	AB
12	92.5	203.9	Kaitlyn McKenna	Canada	Alberta Provincials	Calgary	Alberta
13	82.5	181.8	Hayden Murphy	Canada	Grind-Candadian Nationals	Medicine Hat	AB
14	75	165.3	Alexandra Hugi	US-NY	American Challenge - 2018 NY		NY
15	65	143.2	Mary Ross	US-VA	Southside Regional Classic	Midlothian	VA
	65	143.2	Isabella Devito	US-AZ	American Challenge - 2018 AZ		AZ

Weight Class: 165							
Deadlift				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Tia Pascuzzi	Canada	Calm like a Bomb	Squamish	BC
2	125	275.5	Kaja Ferebee	US-NC	Battle of the Border	Currituck	NC
3	122.5	270	Robyn Schenk	Canada	Calm like a Bomb	Squamish	BC
4	113	249.1	Lily Stoddard	US-NY	American Challenge - 2018 NY		NY
5	110	242.5	Mira Szudek	Canada	2018 Vernon Classic	Vernon	British Columbia
6	95	209.4	Laura O'Driscoll	Ireland	IDFPA Single Lift		Ireland
7	85	187.3	Mary Ross	US-VA	American Challenge - 2018 VA		VA

Weight Class: 181							
Deadlift				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	132.5	292.1	Emma Thomas	US-PA	Great Lakes Powerlifting Championships	Erie	PA
2	123	271.1	Jaylin Frank	US-NC	Battle of the Border	Currituck	NC
3	115	253.5	Shelby Taylor	US-OH	Tri State Championship	Bedford Heights	OH

Weight Class: 198							
Deadlift				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Shelby Taylor	US-OH	Ohio State Championship	Bedford Heights	OH
2	110	242.5	Shauna Murphy	Ireland	IDFPA Full Power 2	Cork	Ireland
3	75	165.3	Erin Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 198+							
Deadlift				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	172.5	380.2	Lindsey Fields	US-NY	Empire State Open	Nichols	NY
	172.5	380.2	Lindsay Field	US-NY	2018 Worlds	Virginia Beach	VA

2018 Total Rankings Female

Weight Class: 97				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	165	363.7	Brooke Zak	US-NC	Southern Open	Currituck	NC
2	158.5	349.4	Ashley Christiansen	US-NC	NC State Championship	Currituck	NC
3	145	319.6	Mackenzie Taylor	US-NC	NC State Championship	Currituck	NC
4	125	275.5	Ella Tiller	US-NC	American Challenge - 2018 NC		NC
5	89	196.2	Sofia Corridean	US-NC	2018 World Youth Invitaitonal	Virginia Beach	VA

Weight Class: 105				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	272.5	600.7	McKenna Kozina	Canada	Candian Elite Championships	Calgary	Alberta
2	162.5	358.2	Mira Pascuzzi	Canada	Calm like a Bomb	Squamish	BC
	162.5	358.2	Alexandra Telatko	US-OH	Ohio State Championship	Bedford Heights	OH
4	161	354.9	Mackenzie Taylor	US-NC	Southern Open	Currituck	NC
5	160	352.7	Brooke Zak	US-NC	2018 OBX Open	Currituck	NC
6	140	308.6	Ella Tiller	US-NC	2018 OBX Open	Currituck	NC

Weight Class: 114				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	212.5	468.4	Hope Weaver	US-PA	Central PA Open	Bigler	PA
2	210	462.9	Hope Weaver	US-PA	Battlefield Open	Fredericksburg	VA
3	169	372.5	Mackenzie Taylor	US-NC	2018 OBX Open	Currituck	NC
4	154	339.5	Anna Zak	US-NC	NC State Championship	Currituck	NC

Weight Class: 123				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	395	870.8	Febrose Tsiode	Nauru	2018 Worlds	Virginia Beach	VA
2	250	551.1	Kendra Green	US-VA	Battlefield Open	Fredericksburg	VA
3	245	540.1	Tola Adebisi	Ireland	IDFPA Full Power 2	Cork	Ireland
4	207.5	457.4	Madison Tuthill	US-AZ	Southwest Regionals	Prescott	AZ
5	197.5	435.4	Hope Weaver	US-PA	The Luck of the Irish Open	Endicott	NY
6	177.5	391.3	Anna Zak	US-NC	American Challenge - 2018 NC		NC
7	105	231.4	Kennedy Macinnes	Canada	Alberta Provincials	Calgary	Alberta

Weight Class: 132				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	262.5	578.7	Victoria Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
2	252.5	556.6	Katelyn Barry	Canada	2018 Vernon Classic	Vernon	British Columbia
3	235	518	Kassy Jo Bly	US-VA	Potomac Open	Vienna	VA
4	207.5	457.4	Genevieve Horn	Canada	Alberta Provincials	Calgary	Alberta
5	195	429.8	Aspen Parker	US-NY	2018 Worlds	Virginia Beach	VA
6	180	396.8	Avery Konzel	US-PA	Central PA Open	Bigler	PA
7	177.5	391.3	Mattea Ahlijah	Canada	2018 Winter Classic	Calgary	Alberta
8	107.5	236.9	Kennedy Macinnes	Canada	Grind-Candadian Nationals	Medicine Hat	AB

Weight Class: 148				Total		Female	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	360	793.6	Naomi Kutin	US-NJ	2018 Worlds	Virginia Beach	VA
2	300	661.3	Julisa Aminzada	Canada	2018 Iron Challenge	Medicine Hat	Alberta
3	272.5	600.7	Kaeleigh Gibson	US-AZ	Southwest Regionals	Prescott	AZ
4	270	595.2	Hannah Haskell	US-NY	American Challenge - 2018 NY		NY
5	260	573.1	Sydni Jones	US-KY	Spring Iron Classic	Louisville	KY
6	257.5	567.6	Amy Byrne	Ireland	IDFPA Full Power 2	Cork	Ireland
7	250	551.1	Kyrie Nicolai	US-VA	High School Nationals	Zion Crossroads	VA
8	247.5	545.6	Kaja Ferebee	US-NC	American Challenge - 2018 NC		NC
9	212.5	468.4	Genevieve Horn	Canada	Grind-Candadian Nationals	Medicine Hat	AB

10	209	460.7	Corinne Deem	US-NC	American Challenge - 2018 NC		NC
11	195	429.8	Kaitlyn McKenna	Canada	Alberta Provincials	Calgary	Alberta
12	172.5	380.2	Hayden Murphy	Canada	Grind-Candadian Nationals	Medicine Hat	AB
13	120	264.5	Mary Ross	US-VA	Southside Regional Classic	Midlothian	VA

Weight Class: 165				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	305	672.4	Tia Pascuzzi	Canada	Calm like a Bomb	Squamish	BC	
2	262.5	578.7	Robyn Schenk	Canada	Calm like a Bomb	Squamish	BC	
3	245.5	541.2	Lily Stoddard	US-NY	American Challenge - 2018 NY		NY	
4	212.5	468.4	Mira Szudek	Canada	2018 Vernon Classic	Vernon	British Columbia	
5	140	308.6	Mary Ross	US-VA	American Challenge - 2018 VA		VA	

Weight Class: 181				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	270	595.2	Jaylin Frank	US-NC	NC State Championship	Currituck	NC	
	270	595.2	Emma Thomas	US-PA	Great Lakes Powerlifting Championships	Erie	PA	

Weight Class: 198				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	277.5	611.7	Shauna Murphy	Ireland	IDFPA Full Power 2	Cork	Ireland	
2	172.5	380.2	Erin Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA	

Weight Class: 198+				Total	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	372.5	821.2	Lindsay Field	US-NY	2018 Worlds	Virginia Beach	VA	

2018 Strict Curl Rankings Female

Weight Class: 97				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	33	72.7	Ashley Christiansen	US-NC	American Challenge - 2018 NC		NC	
2	21.5	47.3	Brooke Zak	US-NC	2018 Worlds	Virginia Beach	VA	
3	16.5	36.3	Mackenzie Taylor	US-NC	NC State Championship	Currituck	NC	
	16.5	36.3	Tiffani Teeter	US-PA	Central PA Open	Bigler	PA	
5	13	28.6	Avaya Berge	US-NC	2018 OBX Open	Currituck	NC	
6	10	22	Carly Cooper	US-NC	2018 OBX Open	Currituck	NC	

Weight Class: 105				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	30	66.1	McKenna Kozina	Canada	2018 Powerhouse Throwdown	Calgary	Alberta	
2	22	48.5	Brooke Zak	US-NC	2018 OBX Open	Currituck	NC	
3	20.5	45.1	Heather Wayland	US-PA	Central PA Open	Bigler	PA	
4	18	39.6	Mackenzie Taylor	US-NC	Southern Open	Currituck	NC	
5	8	17.6	Brittani Teeter	US-PA	Central PA Open	Bigler	PA	

Weight Class: 114				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	29.5	65	Paige Johnson	US-CT	American Challenge - 2018 CT		CT	
2	22.5	49.6	Anna Zak	US-NC	2018 OBX Open	Currituck	NC	
3	20	44	Mackenzie Taylor	US-NC	2018 OBX Open	Currituck	NC	

Weight Class: 123				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	29	63.9	Febrose Tsiode	Nauru	2018 Worlds	Virginia Beach	VA	
2	28	61.7	Kendra Green	US-VA	Battlefield Open	Fredericksburg	VA	
3	25.5	56.2	Tianna Oliva	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT	
4	24	52.9	Anna Zak	US-NC	2018 Worlds	Virginia Beach	VA	

Weight Class: 132				Strict Curl	Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location		

1	37.5	82.6	Catherine Reynolds	US-VA	2018 Worlds	Virginia Beach	VA
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Weight Class: 148							
Strict Curl				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	31.5	69.4	Kyrie Nicolai	US-VA	High School Nationals	Zion Crossroads	VA
2	20	44	Mary Ross	US-VA	Southside Regional Classic	Midlothian	VA
	20	44	Isabella Devito	US-AZ	American Challenge - 2018 AZ		AZ

Weight Class: 165							
Strict Curl				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	23	50.7	Mary Ross	US-VA	American Challenge - 2018 VA		VA

Weight Class: 181							
Strict Curl				Female			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	31	68.3	Jaylin Frank	US-NC	NC State Championship	Currituck	NC
2	23	50.7	Mary Ross	US-VA	2018 Worlds	Virginia Beach	VA

2018 Squat Rankings Male

Weight Class: 105							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Jonathan Jones	US-PA	Great Lakes Powerlifting Championships	Erie	PA
2	40	88.1	Kaiden Koehler	US-VA	Southside Regional Classic	Midlothian	VA
	40	88.1	Sam Hancock	US-AZ	Southwest Regionals	Prescott	AZ
	40	88.1	Justin Horn	Canada	Alberta Provincials	Calgary	Alberta
5	15	33	Andrew Hill	US-NC	2018 World Youth Invitational	Virginia Beach	VA
6	12	26.4	Devin Sobota	US-NC	NC State Championship	Currituck	NC

Weight Class: 114							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	105	231.4	Buck Ammons	US-NC	NC State Championship	Currituck	NC

Weight Class: 123							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	110	242.5	Buck Ammons	US-NC	American Challenge - 2018 NC		NC
2	102.5	225.9	Joshua Moore	US-VA	Holiday Open	Fredericksburg	VA
3	55	121.2	Ciaran Henning	Canada	Calm like a Bomb	Squamish	BC

Weight Class: 132							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	87.5	192.9	Saeed Abokor	US-VA	High School Nationals	Zion Crossroads	VA
2	62.5	137.7	Sergio Lara	US-NC	High School Nationals	Zion Crossroads	VA

Weight Class: 148							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	150	330.6	Noah Wright	Canada	Alberta Provincials	Calgary	Alberta
2	147.5	325.1	Levi Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA
3	140	308.6	Jake Hartmann	US-PA	Great Lakes Powerlifting Championships	Erie	PA
4	135	297.6	Tanner Deveau	Canada	2018 Iron Challenge	Medicine Hat	Alberta
5	127.5	281	Ian Bailey	US-NC	American Challenge - 2018 NC		NC
6	112.5	248	Nick Hines	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
	112.5	248	Colton Tomzitz	US-AZ	American Challenge - 2018 AZ		AZ
8	110	242.5	Max Dupont	US-VA	High School Nationals	Zion Crossroads	VA
	110	242.5	Cam Willis	Canada	Alberta Provincials	Calgary	Alberta
10	102.5	225.9	Dominic Pinion	US-VA	High School Nationals	Zion Crossroads	VA
11	100	220.4	Joey Telatko	US-OH	Ohio State Championship	Bedford Heights	OH
12	92.5	203.9	Gabe Blenis	US-NY	American Challenge - 2018 NY		NY
13	87.5	192.9	Daniel Lee	US-VA	High School Nationals	Zion Crossroads	VA
	87.5	192.9	Cole Mallaley	Canada	2018 Atlantic Lift Off	Souris	PEI
15	82.5	181.8	Andre Jenkins	US-DC	AA County Classic	Annapolis	MD

16	75	165.3	Spoon Jacobs	US-VA	High School Nationals	Zion Crossroads	VA
17	67.5	148.8	Makhail Anderson	US-VA	High School Nationals	Zion Crossroads	VA
18	65	143.2	Jacob Erikson	US-NC	2018 OBX Open	Currituck	NC
19	52.5	115.7	Dylan Cooper	US-NC	Southern Open	Currituck	NC

Weight Class: 165							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	200.5	442	Eric Conant	US-NY	American Challenge - 2018 NY		NY
2	180	396.8	Ryan Bell	Canada	2018 Vernon Classic	Vernon	British Columbia
3	170	374.7	Noah Midgette	US-VA	American Challenge - 2018 VA		VA
4	167.5	369.2	Mark Dutton	US-NC	2018 Worlds	Virginia Beach	VA
5	155	341.7	Christian Russo	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
		155	Mason Mcquillen	US-PA	Great Lakes Powerlifting Championships	Erie	PA
7	152.5	336.2	James Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA
8	150	330.6	Elliot Anderson	US-VA	Potomac Open	Vienna	VA
		150	Ari Kutin	US-NJ	American Challenge - 2018 DE		DE
10	142.5	314.1	Cory Davenport	US-DE	American Challenge - 2018 DE		DE
11	135	297.6	Jonatan Chinchilla	Canada	2018 War of the Waitlist	Calgary	Alberta
12	130	286.5	Donahue O'Mahoney	Ireland	IDFPA Full Power 2	Cork	Ireland
13	122.5	270	Kavon Atkinson	US-NY	The Luck of the Irish Open	Endicott	NY
		122.5	Nick Hines	US-CT	American Challenge - 2018 CT		CT
15	120	264.5	Donahue O'Mahony	Ireland	IDFPA Single Lift		Ireland
16	112.5	248	Donovan Burke	US-NC	NC State Championship	Currituck	NC
17	110	242.5	Tyler Davis	Canada	Alberta Provincials	Calgary	Alberta
18	90	198.4	Giulio Alessandrini	US-VA	High School Nationals	Zion Crossroads	VA
19	60	132.2	Dylan Cooper	US-NC	2018 OBX Open	Currituck	NC
20	55	121.2	Dylan Cooper	US-NC	2018 World Youth Invitational	Virginia Beach	VA

Weight Class: 181							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	222.5	490.5	Jason Ho Wan	Hong Kong	2018 Worlds	Virginia Beach	VA
2	212.5	468.4	Noah Manning	Canada	2018 Atlantic Lift Off	Souris	PEI
3	200.5	442	Caleb Simmons	US-VA	High School Nationals	Zion Crossroads	VA
4	195	429.8	Noah Gibson	US-AZ	Southwest Regionals	Prescott	AZ
5	182.5	402.3	Jesse Zelkin	US-AZ	American Challenge - 2018 AZ		AZ
6	170	374.7	Conor Nolan	Ireland	IDFPA Full Power	Galway	Ireland
		170	David Lewis	US-PA	2018 Worlds	Virginia Beach	VA
8	165	363.7	Jayden Calloway	US-NC	American Challenge - 2018 NC		NC
		165	Ari Kutin	US-NJ	2018 Worlds	Virginia Beach	VA
10	155	341.7	Zach Mills	US-NY	American Challenge - 2018 NY		NY
11	150	330.6	Colton Peach	US-AZ	West Coast Winter Nationals	Glendale	AZ
12	147.5	325.1	Jacob Rose	US-PA	Great Lakes Powerlifting Championships	Erie	PA
13	145	319.6	James Troy	Ireland	IDFPA Single Lift		Ireland
14	140	308.6	Ibrahim Salaou	Ireland	IDFPA Full Power	Galway	Ireland
		140	Kyle Meadows	US-IL	American Challenge - 2018 KY		KY
16	120	264.5	Connor Strauss	US-NY	American Challenge - 2018 NY		NY
17	117.5	259	Nicholas Holmes	US-MD	American Challenge - 2018 MD		MD
18	115	253.5	Eoghan Poole	Ireland	IDFPA Full Power	Galway	Ireland
19	112.5	248	Christopher Thomas	Ireland	IDFPA Full Power	Galway	Ireland
20	110	242.5	Aidan Turner	Canada	Alberta Provincials	Calgary	Alberta
		110	Carson MacKinnon	Canada	2018 Atlantic Lift Off	Souris	PEI

Weight Class: 198							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	225	496	Kailen Smith	Canada	Canadian Elite Championships	Calgary	Alberta
2	207.5	457.4	Anderson Huger	US-VA	High School Nationals	Zion Crossroads	VA
3	195	429.8	Matt Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
4	187.5	413.3	John Alli	US-NE	Midwest Open	Council Bluffs	IA
5	172.5	380.2	Riley Blanchard	US-NY	The Luck of the Irish Open	Endicott	NY
6	162.5	358.2	Ethan Platten	US-AZ	Southwest Regionals	Prescott	AZ

	162.5	358.2	Ethan Platten	US-AZ	West Coast Winter Nationals	Glendale	AZ
8	160	352.7	Ian Conrad	US-VA	Potomac Open	Vienna	VA
9	155	341.7	Max Kahler	Canada	Alberta Provincials	Calgary	Alberta
10	152.5	336.2	Seth Francis	US-NC	NC State Championship	Currituck	NC
11	147.5	325.1	Hunter Dale	US-OH	American Challenge - 2018 PA		PA
	147.5	325.1	Tyler Oakenfold	Canada	2018 War of the Waitlist	Calgary	Alberta
13	140	308.6	Aidan Turner	Canada	Grind-Candadian Nationals	Medicine Hat	AB
14	137.5	303.1	Darren Coakley	Ireland	IDFPA Full Power	Galway	Ireland
15	130	286.5	Keanu Calderon	Canada	2018 Iron Challenge	Medicine Hat	Alberta
16	115	253.5	Ibrahim Saloau	Ireland	IDFPA Single Lift		Ireland
17	90	198.4	Eoghan Poole	Ireland	IDFPA Single Lift		Ireland

Weight Class: 220							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	185	407.8	Mike Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
2	182.5	402.3	Seth Francis	US-NC	High School Nationals	Zion Crossroads	VA
3	177.5	391.3	Hunter Yagos	Canada	2018 War of the Waitlist	Calgary	Alberta
4	162.5	358.2	Christian Palinski	US-FL	Beasty Bash	Mount Dora	FL
5	155	341.7	Liam Beck	Canada	2018 Atlantic Lift Off	Souris	PEI
6	125	275.5	Matthew Siepinski	US-VA	High School Nationals	Zion Crossroads	VA

Weight Class: 242							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Chris Kalligham	US-VA	High School Nationals	Zion Crossroads	VA
2	192.5	424.3	Andrew Hoover	US-NE	Omaha Christmas Clasic	Omaha	NE
3	150	330.6	Collin Jennings	US-NC	American Challenge - 2018 NC		NC
	150	330.6	Ryan Sheehan	Ireland	IDFPA Full Power 2	Cork	Ireland
5	142.5	314.1	Matthew Siepinski	US-VA	Mid Atlantic Regionals	Zion Crossroads	VA

Weight Class: 275							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	265	584.2	Isaac Whistler	US-PA	Ohio State Championship	Bedford Heights	OH
2	220.5	486.1	Sam Shapiro	US-AZ	Southwest Regionals	Prescott	AZ
3	205	451.9	Nathan Lauder	US-NE	Omaha Christmas Clasic	Omaha	NE
4	195	429.8	Spence Howson	Canada	Alberta Provincials	Calgary	Alberta
5	185	407.8	Jaylen Owens	US-NC	American Challenge - 2018 NC		NC
6	175	385.8	Eric Wang	US-MD	AA County Classic	Annapolis	MD
7	157.5	347.2	Journey Niemann	US-NC	High School Nationals	Zion Crossroads	VA
8	142.5	314.1	Sam Kurtich	US-NC	NC State Championship	Currituck	NC
	142.5	314.1	Ryan Sheehan	Ireland	IDFPA Single Lift		Ireland

Weight Class: 308							
Squat				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	210	462.9	Dakota Dalton	US-VA	Potomac Open	Vienna	VA
2	200	440.9	Spence Howson	Canada	2018 Winter Classic	Calgary	Alberta
3	160	352.7	Jack Sheehy	Ireland	IDFPA Full Power	Galway	Ireland
4	110	242.5	Chapel Iron Shirt	Canada	Alberta Provincials	Calgary	Alberta

2018 Bench Press Rankings Male

Weight Class: 105							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	47.5	104.7	Emanuele Mazzitelli	Italy	Italy Single Lift National		Italy
2	37.5	82.6	Preston Reed	US-PA	Power Day	Clearfield	PA
3	32.5	71.6	Alexander Ferris	US-NC	NC State Championship	Currituck	NC
	32.5	71.6	Kaiden Koehler	US-VA	American Challenge - 2018 VA		VA
5	30	66.1	Sam Hancock	US-AZ	Southwest Regionals	Prescott	AZ
6	25	55.1	Jonathan Jones	US-PA	Great Lakes Powerlifting Championships	Erie	PA
	25	55.1	Justin Horn	Canada	Alberta Provincials	Calgary	Alberta
	25	55.1	Marshall Cooper	US-NC	2018 Worlds	Virginia Beach	VA
9	17	37.4	Caden Cooper	US-NC	Southern Open	Currituck	NC

10	12	26.4	Andrew Hill	US-NC	Southern Open	Currituck	NC
11	11.5	25.3	Devin Sobota	US-NC	NC State Championship	Currituck	NC

Weight Class: 114							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Alberto Carito	Italy	Italy Single Lift National		Italy
2	65	143.2	Buck Ammons	US-NC	NC State Championship	Currituck	NC

Weight Class: 123							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Buck Ammons	US-NC	American Challenge - 2018 NC		NC
2	67.5	148.8	Joshua Moore	US-VA	Holiday Open	Fredericksburg	VA
3	55	121.2	Jack Simkins	US-VA	NC State Championship	Currituck	NC
4	45	99.2	Nicholas Thorp	US-PA	Central PA Open	Bigler	PA
5	42.5	93.6	Ciaran Henning	Canada	Calm like a Bomb	Squamish	BC
6	37.5	82.6	Raffaele Ranieli	Italy	Italy Single Lift National		Italy

Weight Class: 132							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70	154.3	Spoon Jacobs	US-VA	Eastern USA Open	Manassas	VA
2	55	121.2	Sergio Lara	US-NC	American Challenge - 2018 NC		NC
	55	121.2	Will Barney	US-CT	American Challenge - 2018 CT		CT
4	52.5	115.7	Saeed Abokor	US-VA	High School Nationals	Zion Crossroads	VA
5	30	66.1	Giuseppe Alimondi	Italy	Italy Single Lift National		Italy

Weight Class: 148							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	117.5	259	Noah Wright	Canada	Alberta Provincials	Calgary	Alberta
2	115	253.5	Seth Curtis	US-VA	Shenandoah Open	Woodstock	VA
3	100	220.4	Vincenzo Giofre	Italy	Italy Single Lift National		Italy
4	97.5	214.9	Francesco Mancini	Italy	Italy Single Lift National		Italy
5	90	198.4	Tanner Deveau	Canada	2018 Iron Challenge	Medicine Hat	Alberta
6	85	187.3	Ian Bailey	US-NC	American Challenge - 2018 NC		NC
7	82.5	181.8	Levi Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA
8	80	176.3	Jake Hartmann	US-PA	Great Lakes Powerlifting Championships	Erie	PA
9	77.5	170.8	Cam Willis	Canada	Alberta Provincials	Calgary	Alberta
10	75	165.3	Spoon Jacobs	US-VA	High School Nationals	Zion Crossroads	VA
11	72.5	159.8	Colton Tomzit	US-AZ	American Challenge - 2018 AZ		AZ
	72.5	159.8	Giorgio Riga	Italy	Italy Single Lift National		Italy
13	70	154.3	Dominic Pinion	US-VA	High School Nationals	Zion Crossroads	VA
	70	154.3	Diesel Koser	US-PA	Central PA Open	Bigler	PA
15	67.5	148.8	Daniel Lee	US-VA	High School Nationals	Zion Crossroads	VA
	67.5	148.8	Max Dupont	US-VA	High School Nationals	Zion Crossroads	VA
17	65	143.2	Nick Hines	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
18	60	132.2	Makhail Anderson	US-VA	High School Nationals	Zion Crossroads	VA
	60	132.2	Giuseppe Napoli	Italy	Italy Single Lift National		Italy
20	57.5	126.7	Michael Deng	US-VA	Eastern USA Open	Manassas	VA

Weight Class: 165							
Bench Press				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	125	275.5	Elliot Anderson	US-VA	Potomac Open	Vienna	VA
2	122.5	270	Noah Midgette	US-VA	American Challenge - 2018 VA		VA
3	120	264.5	James Lewis	US-PA	2018 Worlds	Virginia Beach	VA
4	112.5	248	Eric Conant	US-NY	American Challenge - 2018 NY		NY
5	110	242.5	Ryan Bell	Canada	Grind-Canadian Nationals	Medicine Hat	AB
6	105	231.4	Cory Davenport	US-DE	American Challenge - 2018 DE		DE
7	102.5	225.9	Christian Russo	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
	102.5	225.9	Joseph Schipani	Italy	Italy Single Lift National		Italy
9	100	220.4	Luigi Cirillo	Italy	Italy Single Lift National		Italy
10	97.5	214.9	Antonio Spadafora	Italy	Italy Single Lift National		Italy

11	95	209.4	Donahue O'Mahoney	Ireland	IDFPA Full Power 2	Cork	Ireland
12	92.5	203.9	Caden Williams	US-VA	Potomac Open	Vienna	VA
	92.5	203.9	Brian Baldwin	US-VA	Christmas Classic	Zions Crossroads	VA
14	90	198.4	Ari Kutin	US-NJ	American Challenge - 2018 DE		DE
15	87.5	192.9	Kavon Atkinson	US-NY	The Luck of the Irish Open	Endicott	NY
	87.5	192.9	Mark Dutton	US-NC	American Challenge - 2018 NC		NC
17	85	187.3	Jonatan Chinchilla	Canada	2018 War of the Waitlist	Calgary	Alberta
18	82.5	181.8	Ethan Liedke	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
	82.5	181.8	Trent Walker	US-NC	American Challenge - 2018 NC		NC
20	77.5	170.8	Mason Mcquillen	US-PA	Great Lakes Powerlifting Championships	Erie	PA

Weight Class: 181				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	142.5	314.1	Noah Gibson	US-AZ	Southwest Regionals	Prescott	AZ
2	135	297.6	Conor Nolan	Ireland	IDFPA Full Power	Galway	Ireland
3	132.5	292.1	David Lewis	US-PA	2018 Worlds	Virginia Beach	VA
4	130	286.5	August Yoder	US-NE	American Challenge - 2018 NE		NE
5	122.5	270	Brian Eaton	US-PA	Eastern USA Open	Manassas	VA
	122.5	270	Jesse Zelkin	US-AZ	American Challenge - 2018 AZ		AZ
7	112.5	248	Zach Mills	US-NY	American Challenge - 2018 NY		NY
8	110	242.5	Caleb Simmons	US-VA	High School Nationals	Zion Crossroads	VA
	110	242.5	Noah Manning	Canada	2018 Atlantic Lift Off	Souris	PEI
10	107.5	236.9	Jacob Rose	US-PA	Great Lakes Powerlifting Championships	Erie	PA
	107.5	236.9	Jason Ho Wan	Hong Kong	2018 Worlds	Virginia Beach	VA
12	102.5	225.9	Luke McCullough	US-PA	Power Day	Clearfield	PA
13	100	220.4	Ibrahim Salaou	Ireland	IDFPA Full Power	Galway	Ireland
14	97.5	214.9	James Troy	Ireland	IDFPA Single Lift		Ireland
	97.5	214.9	Nicholas Holmes	US-MD	American Challenge - 2018 MD		MD
16	92.5	203.9	Donahue O'Mahony	Ireland	IDFPA Single Lift		Ireland
	92.5	203.9	Ward Bissell	US-VA	Eastern USA Open	Manassas	VA
	92.5	203.9	Eoghan Poole	Ireland	IDFPA Full Power	Galway	Ireland
	92.5	203.9	Jayden Calloway	US-NC	American Challenge - 2018 NC		NC
	92.5	203.9	Ari Kutin	US-NJ	2018 Worlds	Virginia Beach	VA

Weight Class: 198				Bench Press		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	140	308.6	Matthew Hutchinson	US-PA	Power Day	Clearfield	PA
	140	308.6	Kailen Smith	Canada	Canadian Elite Championships	Calgary	Alberta
3	135	297.6	Austin Oliver	US-NC	NC State Championship	Currituck	NC
4	130	286.5	Anderson Huger	US-VA	High School Nationals	Zion Crossroads	VA
5	122.5	270	John Alli	US-NE	Midwest Open	Council Bluffs	IA
6	117.5	259	Matt Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
7	112.5	248	Ethan Platten	US-AZ	West Coast Winter Nationals	Glendale	AZ
8	107.5	236.9	Seth Francis	US-NC	NC State Championship	Currituck	NC
9	102.5	225.9	Tyler Pence	US-VA	American Challenge - 2018 MD		MD
	102.5	225.9	Evan Burak	US-NY	American Challenge - 2018 NY		NY
11	100	220.4	Ian Conrad	US-VA	Potomac Open	Vienna	VA
	100	220.4	Ethan Platten	US-AZ	Southwest Regionals	Prescott	AZ
	100	220.4	Max Kahler	Canada	Alberta Provincials	Calgary	Alberta
14	95	209.4	Darren Coakley	Ireland	IDFPA Full Power	Galway	Ireland
	95	209.4	Bruno Barbàra	Italy	Italy Single Lift National		Italy
16	92.5	203.9	Hunter Dale	US-OH	Great Lakes Powerlifting Championships	Erie	PA
	92.5	203.9	Tyler Oakenfold	Canada	2018 War of the Waitlist	Calgary	Alberta
18	90	198.4	Ibrahim Saloau	Ireland	IDFPA Single Lift		Ireland
19	85	187.3	Eoghan Poole	Ireland	IDFPA Single Lift		Ireland
	85	187.3	Riley Blanchard	US-NY	The Luck of the Irish Open	Endicott	NY
	85	187.3	Aidan Turner	Canada	Grind-Canadian Nationals	Medicine Hat	AB
	85	187.3	Connor Strauss	US-NY	Empire State Open	Nichols	NY

Weight Class: 220				Bench Press		Male	
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Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	145	319.6	Austin Oliver	US-NC	American Challenge - 2018 NC		NC
2	142.5	314.1	Jake Narvet	US-OH	American Challenge - 2018 KY		KY
3	120	264.5	Hunter Yagos	Canada	2018 War of the Waitlist	Calgary	Alberta
4	117.5	259	Seth Francis	US-NC	Battle of the Border	Currituck	NC
5	110	242.5	Mike Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
6	107.5	236.9	Landon Patrick	US-VA	NC State Championship	Currituck	NC
7	105	231.4	Matthew Siepinski	US-VA	High School Nationals	Zion Crossroads	VA
8	102.5	225.9	Liam Beck	Canada	2018 Atlantic Lift Off	Souris	PEI
9	100	220.4	Evan Burak	US-NY	The Luck of the Irish Open	Endicott	NY
	100	220.4	Christian Palinski	US-FL	Beasty Bash	Mount Dora	FL
11	72.5	159.8	Joey Volpe	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT

Weight Class: 242			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	127.5	281	Tommy Faryniarz	US-CT	American Challenge - 2018 CT		CT
2	125	275.5	Ryan Sheehan	Ireland	IDFPA Full Power 2	Cork	Ireland
3	120	264.5	Chris Kalligham	US-VA	High School Nationals	Zion Crossroads	VA
4	117.5	259	Matthew Siepinski	US-VA	Mid Atlantic Regionals	Zion Crossroads	VA
5	110	242.5	Vincenzo La Bianca	Italy	Italy Single Lift National		Italy
6	107.5	236.9	Collin Jennings	US-NC	American Challenge - 2018 NC		NC
7	102.5	225.9	Andrew Hoover	US-NE	Omaha Christmas Clasic	Omaha	NE
8	45	99.2	Austin Coakley	US-PA	Power Day	Clearfield	PA

Weight Class: 275			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	197.5	435.4	Isaac Whistler	US-PA	Ohio State Championship	Bedford Heights	OH
2	152.5	336.2	Mario Fontanazza	US-PA	Power Day	Clearfield	PA
3	137.5	303.1	Sam Shapiro	US-AZ	Southwest Regionals	Prescott	AZ
4	130	286.5	Spence Howson	Canada	Grind-Candadian Nationals	Medicine Hat	AB
	130	286.5	Zach Latting	US-NY	Empire State Open	Nichols	NY
6	125	275.5	Nathan Lauder	US-NE	Omaha Christmas Clasic	Omaha	NE
7	120	264.5	Ryan Sheehan	Ireland	IDFPA Single Lift		Ireland
8	117.5	259	Journey Niemann	US-NC	High School Nationals	Zion Crossroads	VA
	117.5	259	Jaylen Owens	US-NC	American Challenge - 2018 NC		NC
10	110	242.5	Jalen Owens	US-NC	Battle of the Border	Currituck	NC
11	97.5	214.9	Sam Kurtich	US-NC	NC State Championship	Currituck	NC
12	95	209.4	Eric Wang	US-MD	AA County Classic	Annapolis	MD

Weight Class: 308			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	162.5	358.2	Skyler Yoder	US-NE	American Challenge - 2018 NE		NE
2	132.5	292.1	Dakota Dalton	US-VA	Potomac Open	Vienna	VA
	132.5	292.1	Spence Howson	Canada	2018 Winter Classic	Calgary	Alberta
4	130	286.5	Jack Sheehy	Ireland	IDFPA Full Power	Galway	Ireland
5	70	154.3	Chapel Iron Shirt	Canada	Alberta Provincials	Calgary	Alberta

Weight Class: SHW			Bench Press	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	167.5	369.2	Skyler Yoder	US-NE	Midwest Open	Council Bluffs	IA
2	155	341.7	Jacob Neiderhiser	US-PA	Power Day	Clearfield	PA

2018 Deadlift Rankings				Male			
Weight Class: 105			Deadlift	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	90	198.4	Emanuele Mazzitelli	Italy	Italy Single Lift National		Italy
2	82.5	181.8	Preston Reed	US-PA	Power Day	Clearfield	PA
3	80	176.3	Justin Horn	Canada	Alberta Provincials	Calgary	Alberta
	80	176.3	Kaiden Koehler	US-VA	American Challenge - 2018 VA		VA
5	70	154.3	Jonathan Jones	US-PA	Great Lakes Powerlifting Championships	Erie	PA

6	67.5	148.8	Alexander Ferris	US-NC	NC State Championship	Currituck	NC
7	58.5	128.9	Sam Hancock	US-AZ	Southwest Regionals	Prescott	AZ
8	57.5	126.7	Marshall Cooper	US-NC	Southern Open	Currituck	NC
9	55.5	122.3	Caden Cooper	US-NC	Southern Open	Currituck	NC
10	55	121.2	Cody Colondrillo	US-PA	American Challenge - 2018 DE		DE
	55	121.2	Anthony Innocenti	US-VA	Battlefield Open	Fredericksburg	VA
12	50	110.2	Seth Watson	Canada	2018 Vernon Classic	Vernon	British Columbia
13	45	99.2	Gidean Propst	US-NC	Battle of the Border	Currituck	NC
14	33	72.7	Andrew Hill	US-NC	2018 OBX Open	Currituck	NC
15	32.5	71.6	Dominic Innocenti	US-VA	Battlefield Open	Fredericksburg	VA
16	31	68.3	Devin Sobota	US-NC	NC State Championship	Currituck	NC

Weight Class: 114 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	140	308.6	Buck Ammons	US-NC	NC State Championship	Currituck	NC

Weight Class: 123 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Buck Ammons	US-NC	American Challenge - 2018 NC		NC
2	127.5	281	Joshua Moore	US-VA	Holiday Open	Fredericksburg	VA
3	105	231.4	Jack Simkins	US-VA	NC State Championship	Currituck	NC
4	100	220.4	Raffaele Ranieli	Italy	Italy Single Lift National		Italy
5	87.5	192.9	Ciaran Henning	Canada	Calm like a Bomb	Squamish	BC

Weight Class: 132 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	132.5	292.1	Sergio Lara	US-NC	American Challenge - 2018 NC		NC
2	110	242.5	Spoon Jacobs	US-VA	Eastern USA Open	Manassas	VA
3	95	209.4	Saeed Abokor	US-VA	High School Nationals	Zion Crossroads	VA

Weight Class: 148 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	190	418.8	Noah Wright	Canada	Alberta Provincials	Calgary	Alberta
2	187.5	413.3	Tanner Deveau	Canada	2018 Iron Challenge	Medicine Hat	Alberta
3	177.5	391.3	Giorgio Riga	Italy	Italy Single Lift National		Italy
4	175	385.8	Antonio Rodiguez	US-NE	Omaha Christmas Clasic	Omaha	NE
5	172.5	380.2	Seth Curtis	US-VA	Shenandoah Open	Woodstock	VA
6	170	374.7	Ian Bailey	US-NC	Battle of the Border	Currituck	NC
7	165	363.7	Jake Hartmann	US-PA	Great Lakes Powerlifting Championships	Erie	PA
8	162.5	358.2	Levi Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA
9	150	330.6	Cam Willis	Canada	Alberta Provincials	Calgary	Alberta
10	147.5	325.1	Joey Telatko	US-OH	Ohio State Championship	Bedford Heights	OH
11	142.5	314.1	Dominic Pinion	US-VA	Eastern USA Open	Manassas	VA
	142.5	314.1	Michael Deng	US-VA	Eastern USA Open	Manassas	VA
13	142	313	Colton Tomzit	US-AZ	American Challenge - 2018 AZ		AZ
14	137.5	303.1	Carson Kato	US-NC	American Challenge - 2018 NC		NC
15	130	286.5	Vincenzo Giofre'	Italy	Italy Single Lift National		Italy
16	125	275.5	Nick Hines	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
	125	275.5	Cole Mallaley	Canada	2018 Atlantic Lift Off	Souris	PEI
18	122.5	270	Spoon Jacobs	US-VA	High School Nationals	Zion Crossroads	VA
19	120	264.5	Collin Geoghegan	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
	120	264.5	Daniel Lee	US-VA	High School Nationals	Zion Crossroads	VA

Weight Class: 165 Deadlift Male							
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	237.5	523.5	Eric Conant	US-NY	American Challenge - 2018 NY		NY
2	232.5	512.5	Mark Dutton	US-NC	2018 OBX Open	Currituck	NC
3	230	507	Michael Johnson	US-VA	Holiday Open	Fredericksburg	VA
4	227.5	501.5	James Lewis	US-PA	2018 Worlds	Virginia Beach	VA
5	210	462.9	Ari Kutin	US-NJ	American Challenge - 2018 DE		DE

6	205	451.9	Nick Cervi	US-VA	Potomac Open	Vienna	VA
7	197.5	435.4	Christian Russo	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
	197.5	435.4	Elliot Anderson	US-VA	Potomac Open	Vienna	VA
9	192.5	424.3	Noah Midgette	US-VA	American Challenge - 2018 VA		VA
	192.5	424.3	Ryan Bell	Canada	Grind-Candadian Nationals	Medicine Hat	AB
11	190	418.8	Kavon Atkinson	US-NY	The Luck of the Irish Open	Endicott	NY
12	185	407.8	Caden Williams	US-VA	Potomac Open	Vienna	VA
13	182.5	402.3	Mason Mcquillen	US-PA	Great Lakes Powerlifting Championships	Erie	PA
	182.5	402.3	Ross Parker	Canada	Grind-Candadian Nationals	Medicine Hat	AB
	182.5	402.3	Brian Baldwin	US-VA	Christmas Classic	Zions Crossroads	VA
16	180	396.8	Luigi Cirillo	Italy	Italy Single Lift National		Italy
17	172.5	380.2	Cory Davenport	US-DE	American Challenge - 2018 DE		DE
18	170	374.7	Donovan Burke	US-NC	Battle of the Border	Currituck	NC
19	152.5	336.2	Jonatan Chinchilla	Canada	2018 War of the Waitlist	Calgary	Alberta
20	150	330.6	Donahue O'Mahoney	Ireland	IDFPA Full Power 2	Cork	Ireland

Weight Class: 181							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	260	573.1	Noah Manning	Canada	2018 Atlantic Lift Off	Souris	PEI
2	256	564.3	Jason Ho Wan	Hong Kong	2018 Worlds	Virginia Beach	VA
3	237.5	523.5	Noah Gibson	US-AZ	Southwest Regionals	Prescott	AZ
4	227.5	501.5	Brian Eaton	US-PA	Eastern USA Open	Manassas	VA
	227.5	501.5	Jayden Calloway	US-NC	American Challenge - 2018 NC		NC
6	225	496	Conor Nolan	Ireland	IDFPA Full Power	Galway	Ireland
7	217.5	479.5	Caleb Simmons	US-VA	High School Nationals	Zion Crossroads	VA
	217.5	479.5	David Lewis	US-PA	2018 Worlds	Virginia Beach	VA
9	215	473.9	Ward Bissell	US-VA	Eastern USA Open	Manassas	VA
	215	473.9	Jesse Zelkin	US-AZ	American Challenge - 2018 AZ		AZ
	215	473.9	Ari Kutin	US-NJ	2018 Worlds	Virginia Beach	VA
12	205	451.9	Antonio Belvedere	Italy	Italy Single Lift National		Italy
	205	451.9	Mikol Villella	Italy	Italy Single Lift National		Italy
14	200	440.9	Zach Mills	US-NY	American Challenge - 2018 NY		NY
15	190	418.8	Branson Chase	US-VA	Eastern USA Open	Manassas	VA
	190	418.8	Jacob Rose	US-PA	Great Lakes Powerlifting Championships	Erie	PA
17	185	407.8	Massimo Valentino	Italy	Italy Single Lift National		Italy
18	182.5	402.3	Colton Peach	US-AZ	West Coast Winter Nationals	Glendale	AZ
19	180	396.8	Ibrahim Salaou	Ireland	IDFPA Full Power	Galway	Ireland
20	177.5	391.3	Devin Hare	US-VA	Holiday Open	Fredericksburg	VA

Weight Class: 198							
Deadlift				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	275	606.2	Kailen Smith	Canada	Candian Elite Championships	Calgary	Alberta
2	232.5	512.5	Matthew Hutchinson	US-PA	Power Day	Clearfield	PA
3	227.5	501.5	Seth Francis	US-NC	NC State Championship	Currituck	NC
	227.5	501.5	Nick Cervi	US-VA	AA County Classic	Annapolis	MD
5	225	496	Anderson Huger	US-VA	High School Nationals	Zion Crossroads	VA
6	215	473.9	Matt Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
	215	473.9	Luke Jenkins	US-VA	Shenandoah Open	Woodstock	VA
8	212.5	468.4	Ethan Platten	US-AZ	West Coast Winter Nationals	Glendale	AZ
9	210	462.9	Bruno Barbàra	Italy	Italy Single Lift National		Italy
10	208	458.5	Max Kahler	Canada	Alberta Provincials	Calgary	Alberta
11	207.5	457.4	Tyler Oakenfold	Canada	2018 War of the Waitlist	Calgary	Alberta
12	205	451.9	John Alli	US-NE	Midwest Open	Council Bluffs	IA
13	195	429.8	Riley Blanchard	US-NY	The Luck of the Irish Open	Endicott	NY
14	187.5	413.3	Ethan Platten	US-AZ	Southwest Regionals	Prescott	AZ
	187.5	413.3	Hunter Dale	US-OH	American Challenge - 2018 PA		PA
16	180	396.8	Eoghan Poole	Ireland	IDFPA Single Lift		Ireland
17	172.5	380.2	Ibrahim Saloau	Ireland	IDFPA Single Lift		Ireland
18	170	374.7	Logan Bowers	US-VA	Eastern USA Open	Manassas	VA
	170	374.7	Ian Conrad	US-VA	Potomac Open	Vienna	VA

20	165	363.7	Keanu Calderon	Canada	2018 Iron Challenge	Medicine Hat	Alberta
	165	363.7	Connor Strauss	US-NY	Empire State Open	Nichols	NY

Weight Class: 220				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	240	529.1	Seth Francis	US-NC	High School Nationals	Zion Crossroads	VA
2	227.5	501.5	Jake Narvet	US-OH	American Challenge - 2018 KY		KY
	227.5	501.5	Hunter Yagos	Canada	2018 War of the Waitlist	Calgary	Alberta
4	205	451.9	Mike Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
5	182.5	402.3	Liam Beck	Canada	2018 Atlantic Lift Off	Souris	PEI
	182.5	402.3	Christian Palinski	US-FL	Beasty Bash	Mount Dora	FL
7	160	352.7	Matthew Siepinski	US-VA	High School Nationals	Zion Crossroads	VA
8	137.5	303.1	Landon Patrick	US-VA	NC State Championship	Currituck	NC

Weight Class: 242				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	235	518	Ryan Sheehan	Ireland	IDFPA Full Power 2	Cork	Ireland
2	227.5	501.5	Owen Whisenant	US-VA	High School Nationals	Zion Crossroads	VA
3	220	485	Chris Kalligham	US-VA	High School Nationals	Zion Crossroads	VA
4	202.5	446.4	Andrew Hoover	US-NE	Omaha Christmas Clasic	Omaha	NE
5	200	440.9	Tommy Faryniarz	US-CT	American Challenge - 2018 CT		CT
6	192.5	424.3	Collin Jennings	US-NC	American Challenge - 2018 NC		NC
7	170	374.7	Matthew Siepinski	US-VA	Mid Atlantic Regionals	Zion Crossroads	VA
8	85	187.3	Austin Coakley	US-PA	Power Day	Clearfield	PA

Weight Class: 275				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	285	628.3	Isaac Whistler	US-PA	Ohio State Championship	Bedford Heights	OH
2	275	606.2	Mario Fontanazza	US-PA	Power Day	Clearfield	PA
3	245	540.1	Spence Howson	Canada	Grind-Candadian Nationals	Medicine Hat	AB
4	237.5	523.5	Zach Latting	US-NY	The Luck of the Irish Open	Endicott	NY
5	232.5	512.5	Sam Shapiro	US-AZ	Southwest Regionals	Prescott	AZ
6	227.5	501.5	Jaylen Owens	US-NC	High School Nationals	Zion Crossroads	VA
	227.5	501.5	Nathan Lauder	US-NE	Omaha Christmas Clasic	Omaha	NE
8	220	485	Ryan Sheehan	Ireland	IDFPA Single Lift		Ireland
9	210	462.9	Journey Niemann	US-NC	High School Nationals	Zion Crossroads	VA
10	207.5	457.4	Jalen Owens	US-NC	Battle of the Border	Currituck	NC
11	185	407.8	Eric Wang	US-MD	AA County Classic	Annapolis	MD
12	165	363.7	Sam Kurtich	US-NC	NC State Championship	Currituck	NC

Weight Class: 308				Deadlift		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	250	551.1	Tyler May	US-VA	United States Open	Zion Crossroads	VA
	250	551.1	Spence Howson	Canada	2018 Winter Classic	Calgary	Alberta
3	232.5	512.5	Dakota Dalton	US-VA	Potomac Open	Vienna	VA
4	200	440.9	Jack Sheehy	Ireland	IDFPA Full Power	Galway	Ireland
5	157.5	347.2	Chapel Iron Shirt	Canada	Alberta Provincials	Calgary	Alberta

2018 Total Rankings Male

Weight Class: 105				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	152.5	336.2	Kaiden Koehler	US-VA	American Challenge - 2018 VA		VA
2	140	308.6	Justin Horn	Canada	Alberta Provincials	Calgary	Alberta
3	137.5	303.1	Jonathan Jones	US-PA	Great Lakes Powerlifting Championships	Erie	PA
4	128.5	283.2	Sam Hancock	US-AZ	Southwest Regionals	Prescott	AZ
5	58	127.8	Andrew Hill	US-NC	2018 World Youth Invitaitonal	Virginia Beach	VA
6	52.5	115.7	Devin Sobota	US-NC	NC State Championship	Currituck	NC

Weight Class: 114				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	

1	310	683.4	Buck Ammons	US-NC	NC State Championship	Currituck	NC
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Weight Class: 123				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	332.5	733	Buck Ammons	US-NC	American Challenge - 2018 NC		NC	
2	297.5	655.8	Joshua Moore	US-VA	Holiday Open	Fredericksburg	VA	
3	185	407.8	Ciaran Henning	Canada	Calm like a Bomb	Squamish	BC	

Weight Class: 132				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	240	529.1	Sergio Lara	US-NC	High School Nationals	Zion Crossroads	VA	
2	235	518	Saeed Abokor	US-VA	High School Nationals	Zion Crossroads	VA	

Weight Class: 148				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	457.5	1008.6	Noah Wright	Canada	Alberta Provincials	Calgary	Alberta	
2	412.5	909.3	Tanner Deveau	Canada	2018 Iron Challenge	Medicine Hat	Alberta	
3	392.5	865.3	Levi Lewis	US-PA	Great Lakes Powerlifting Championships	Erie	PA	
4	385	848.7	Jake Hartmann	US-PA	Great Lakes Powerlifting Championships	Erie	PA	
5	355	782.6	Ian Bailey	US-NC	American Challenge - 2018 NC		NC	
6	337.5	744	Cam Willis	Canada	Alberta Provincials	Calgary	Alberta	
7	327	720.9	Colton Tomzit	US-AZ	American Challenge - 2018 AZ		AZ	
8	315	694.4	Dominic Pinion	US-VA	High School Nationals	Zion Crossroads	VA	
9	302.5	666.8	Nick Hines	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT	
10	295	650.3	Joey Telatko	US-OH	Ohio State Championship	Bedford Heights	OH	
11	275	606.2	Daniel Lee	US-VA	High School Nationals	Zion Crossroads	VA	
12	272.5	600.7	Spoon Jacobs	US-VA	High School Nationals	Zion Crossroads	VA	
13	270	595.2	Max Dupont	US-VA	High School Nationals	Zion Crossroads	VA	
14	267.5	589.7	Cole Mallaley	Canada	2018 Atlantic Lift Off	Souris	PEI	
15	257.5	567.6	Gabe Blenis	US-NY	American Challenge - 2018 NY		NY	
16	230	507	Makhail Anderson	US-VA	High School Nationals	Zion Crossroads	VA	
17	222.5	490.5	Andre Jenkins	US-DC	AA County Classic	Annapolis	MD	
18	207.5	457.4	Jacob Erikson	US-NC	2018 OBX Open	Currituck	NC	
19	185	407.8	Dylan Cooper	US-NC	Southern Open	Currituck	NC	

Weight Class: 165				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	550.5	1213.6	Eric Conant	US-NY	American Challenge - 2018 NY		NY	
2	492.5	1085.7	James Lewis	US-PA	2018 Worlds	Virginia Beach	VA	
3	485	1069.2	Noah Midgette	US-VA	American Challenge - 2018 VA		VA	
4	482.5	1063.7	Mark Dutton	US-NC	2018 OBX Open	Currituck	NC	
5	480	1058.2	Ryan Bell	Canada	2018 Vernon Classic	Vernon	British Columbia	
6	472.5	1041.6	Elliot Anderson	US-VA	Potomac Open	Vienna	VA	
7	455	1003	Christian Russo	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT	
8	450	992	Ari Kutin	US-NJ	American Challenge - 2018 DE		DE	
9	420	925.9	Cory Davenport	US-DE	American Challenge - 2018 DE		DE	
10	415	914.9	Mason Mcquillen	US-PA	Great Lakes Powerlifting Championships	Erie	PA	
11	400	881.8	Kavon Atkinson	US-NY	The Luck of the Irish Open	Endicott	NY	
12	375	826.7	Donahue O'Mahoney	Ireland	IDFPA Full Power 2	Cork	Ireland	
13	372.5	821.2	Jonatan Chinchilla	Canada	2018 War of the Waitlist	Calgary	Alberta	
14	350	771.6	Donovan Burke	US-NC	NC State Championship	Currituck	NC	
15	335	738.5	Nick Hines	US-CT	American Challenge - 2018 CT		CT	
16	322.5	710.9	Tyler Davis	Canada	Alberta Provincials	Calgary	Alberta	
17	277.5	611.7	Giulio Alessandrini	US-VA	High School Nationals	Zion Crossroads	VA	
18	198	436.5	Dylan Cooper	US-NC	2018 OBX Open	Currituck	NC	
19	166	365.9	Dylan Cooper	US-NC	2018 World Youth Invitational	Virginia Beach	VA	

Weight Class: 181				Total	Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location		
1	578.5	1275.3	Noah Manning	Canada	2018 Atlantic Lift Off	Souris	PEI	

2	575	1267.6	Noah Gibson	US-AZ	Southwest Regionals	Prescott	AZ
	575	1267.6	Jason Ho Wan	Hong Kong	2018 Worlds	Virginia Beach	VA
4	530	1168.4	Conor Nolan	Ireland	IDFPA Full Power	Galway	Ireland
5	528	1164	Caleb Simmons	US-VA	High School Nationals	Zion Crossroads	VA
6	520	1146.3	Jesse Zelkin	US-AZ	American Challenge - 2018 AZ		AZ
	520	1146.3	David Lewis	US-PA	2018 Worlds	Virginia Beach	VA
8	472.5	1041.6	Jayden Calloway	US-NC	American Challenge - 2018 NC		NC
	472.5	1041.6	Ari Kutin	US-NJ	2018 Worlds	Virginia Beach	VA
10	467.5	1030.6	Zach Mills	US-NY	American Challenge - 2018 NY		NY
11	445	981	Jacob Rose	US-PA	Great Lakes Powerlifting Championships	Erie	PA
12	420	925.9	Ibrahim Salaou	Ireland	IDFPA Full Power	Galway	Ireland
13	413.5	911.6	Colton Peach	US-AZ	West Coast Winter Nationals	Glendale	AZ
14	381	839.9	Nicholas Holmes	US-MD	High School Nationals	Zion Crossroads	VA
15	380	837.7	Kyle Meadows	US-IL	American Challenge - 2018 KY		KY
16	367.5	810.1	Eoghan Poole	Ireland	IDFPA Full Power	Galway	Ireland
17	355	782.6	Connor Strauss	US-NY	American Challenge - 2018 NY		NY
18	342.5	755	Christopher Thomas	Ireland	IDFPA Full Power	Galway	Ireland
19	340	749.5	Carson MacKinnon	Canada	2018 Atlantic Lift Off	Souris	PEI
20	332.5	733	Aidan Turner	Canada	Alberta Provincials	Calgary	Alberta

Weight Class: 198				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	640	1410.9	Kailen Smith	Canada	Candian Elite Championships	Calgary	Alberta
2	562.5	1240	Anderson Huger	US-VA	High School Nationals	Zion Crossroads	VA
3	527.5	1162.9	Matt Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
4	515	1135.3	John Alli	US-NE	Midwest Open	Council Bluffs	IA
5	487.5	1074.7	Ethan Platten	US-AZ	West Coast Winter Nationals	Glendale	AZ
6	480	1058.2	Seth Francis	US-NC	NC State Championship	Currituck	NC
7	452.5	997.5	Max Kahler	Canada	Alberta Provincials	Calgary	Alberta
8	450	992	Ethan Platten	US-AZ	Southwest Regionals	Prescott	AZ
9	447.5	986.5	Riley Blanchard	US-NY	The Luck of the Irish Open	Endicott	NY
	447.5	986.5	Tyler Oakenfold	Canada	2018 War of the Waitlist	Calgary	Alberta
11	430	947.9	Ian Conrad	US-VA	Potomac Open	Vienna	VA
12	427.5	942.4	Hunter Dale	US-OH	American Challenge - 2018 PA		PA
13	382.5	843.2	Darren Coakley	Ireland	IDFPA Full Power	Galway	Ireland
14	365	804.6	Aidan Turner	Canada	Grind-Candadian Nationals	Medicine Hat	AB
15	355	782.6	Keanu Calderon	Canada	2018 Iron Challenge	Medicine Hat	Alberta

Weight Class: 220				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	532.5	1173.9	Seth Francis	US-NC	High School Nationals	Zion Crossroads	VA
2	525	1157.4	Hunter Yagos	Canada	2018 War of the Waitlist	Calgary	Alberta
3	500	1102.3	Mike Lupo	US-PA	Great Lakes Powerlifting Championships	Erie	PA
4	445	981	Christian Palinski	US-FL	Beasty Bash	Mount Dora	FL
5	440	970	Liam Beck	Canada	2018 Atlantic Lift Off	Souris	PEI
6	390	859.7	Matthew Siepinski	US-VA	High School Nationals	Zion Crossroads	VA

Weight Class: 242				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	537.5	1184.9	Chris Kalligham	US-VA	High School Nationals	Zion Crossroads	VA
2	510	1124.3	Ryan Sheehan	Ireland	IDFPA Full Power 2	Cork	Ireland
3	497.5	1096.7	Andrew Hoover	US-NE	Omaha Christmas Clasic	Omaha	NE
4	450	992	Collin Jennings	US-NC	American Challenge - 2018 NC		NC
5	430	947.9	Matthew Siepinski	US-VA	Mid Atlantic Regionals	Zion Crossroads	VA

Weight Class: 275				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	745	1642.4	Isaac Whistler	US-PA	Ohio State Championship	Bedford Heights	OH
2	590.5	1301.8	Sam Shapiro	US-AZ	Southwest Regionals	Prescott	AZ
3	570	1256.6	Spence Howson	Canada	Grind-Candadian Nationals	Medicine Hat	AB

4	557.5	1229	Nathan Lauder	US-NE	Omaha Christmas Clasic	Omaha	NE
5	530	1168.4	Jaylen Owens	US-NC	American Challenge - 2018 NC		NC
6	485	1069.2	Journey Niemann	US-NC	High School Nationals	Zion Crossroads	VA
7	455	1003	Eric Wang	US-MD	AA County Classic	Annapolis	MD
8	405	892.8	Sam Kurtich	US-NC	NC State Championship	Currituck	NC

Weight Class: 308				Total		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	582.5	1284.1	Spence Howson	Canada	2018 Winter Classic	Calgary	Alberta
2	575	1267.6	Dakota Dalton	US-VA	Potomac Open	Vienna	VA
3	490	1080.2	Jack Sheehy	Ireland	IDFPA Full Power	Galway	Ireland
4	337.5	744	Chapel Iron Shirt	Canada	Alberta Provincials	Calgary	Alberta

2018 Strict Curl Rankings Male

Weight Class: 105				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	23	50.7	Jack Thomas	US-PA	Power Day	Clearfield	PA
2	18.5	40.7	Kaiden Koehler	US-VA	American Challenge - 2018 VA		VA
3	18	39.6	Marshall Cooper	US-NC	2018 Worlds	Virginia Beach	VA
4	16	35.2	Nino Bicknell	US-CT	American Challenge - 2018 CT		CT
5	15	33	Sam Hancock	US-AZ	Southwest Regionals	Prescott	AZ
6	14	30.8	Caden Cooper	US-NC	Battle of the Border	Currituck	NC
7	13.5	29.7	Nathaniel Thorp	US-PA	Central PA Open	Bigler	PA
8	11	24.2	Cody Colondrillo	US-PA	American Challenge - 2018 DE		DE
9	8.5	18.7	Andrew Hill	US-NC	Southern Open	Currituck	NC

Weight Class: 114				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	41	90.3	Buck Ammons	US-NC	NC State Championship	Currituck	NC
2	29	63.9	Will Barney	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT

Weight Class: 123				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	45	99.2	Buck Ammons	US-NC	2018 Worlds	Virginia Beach	VA
2	29	63.9	Evan Russo	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
3	17	37.4	Nicholas Thorp	US-PA	Central PA Open	Bigler	PA

Weight Class: 132				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	36	79.3	Will Barney	US-CT	American Challenge - 2018 CT		CT
2	35.5	78.2	Evan Russo	US-CT	American Challenge - 2018 CT		CT
3	35	77.1	Sergio Lara	US-NC	American Challenge - 2018 NC		NC
4	24.5	54	Alex Kailan	US-CT	American Challenge - 2018 CT		CT

Weight Class: 148				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	38.5	84.8	Payton Hill	US-PA	Power Day	Clearfield	PA
2	36.5	80.4	Lucas Riccitelli	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
3	35.5	78.2	Adam Vernon	US-CT	American Challenge - 2018 CT		CT
4	33	72.7	Collin Geoghegan	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT
5	32	70.5	Kyle Youdas	US-NY	Empire State Open	Nichols	NY
6	30	66.1	Diesel Koser	US-PA	Central PA Open	Bigler	PA
7	22.5	49.6	Jax Mcleod	US-VA	Maryland State Championships	White Plains	MD
8	19	41.8	Dylan Cooper	US-NC	Southern Open	Currituck	NC

Weight Class: 165				Strict Curl		Male	
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	60	132.2	Erik Thomas	US-PA	Power Day	Clearfield	PA
2	51	112.4	Mark Dutton	US-NC	American Challenge - 2018 NC		NC
3	50	110.2	Trent Walker	US-NC	American Challenge - 2018 NC		NC

4	42.5	93.6	Donahue O'Mahony	Ireland	IDFPA Single Lift		Ireland
5	40.5	89.2	Ethan Liedke	US-CT	Empire State Open	Nichols	NY
6	21	46.2	Dylan Cooper	US-NC	2018 OBX Open	Currituck	NC

Weight Class: 181							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	62	136.6	Erik Thomas	US-PA	American Challenge - 2018 NY		NY
2	58.2	128.3	August Yoder	US-NE	Midwest Open	Council Bluffs	IA
3	56.5	124.5	Luke McCullough	US-PA	Power Day	Clearfield	PA
4	50	110.2	Jayden Calloway	US-NC	American Challenge - 2018 NC		NC
5	49.5	109.1	Nicholas Holmes	US-MD	American Challenge - 2018 MD		MD
6	45	99.2	Colton Peach	US-AZ	American Challenge - 2018 AZ		AZ
7	40	88.1	James Troy	Ireland	IDFPA Single Lift		Ireland

Weight Class: 198							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	64	141	Nicholas Jenkins	US-VA	Shenandoah Open	Woodstock	VA
2	59	130	Seth Francis	US-NC	American Challenge - 2018 NC		NC
3	58	127.8	Austin Oliver	US-NC	NC State Championship	Currituck	NC
4	47.5	104.7	Ibrahim Saloau	Ireland	IDFPA Single Lift		Ireland
5	47	103.6	Luke Jenkins	US-VA	Shenandoah Open	Woodstock	VA
6	45.5	100.3	Connor Strauss	US-NY	Empire State Open	Nichols	NY
7	43	94.7	Hunter Dale	US-OH	American Challenge - 2018 PA		PA
8	37.5	82.6	Eoghan Poole	Ireland	IDFPA Single Lift		Ireland

Weight Class: 220							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	63.5	139.9	Albert Harris	US-NC	NC State Championship	Currituck	NC
2	61.5	135.5	Seth Francis	US-NC	High School Nationals	Zion Crossroads	VA
3	50	110.2	Christian Palinski	US-FL	Beasty Bash	Mount Dora	FL
4	45.5	100.3	Joey Volpe	US-CT	2018 CT Strict Curl & Powerlifting Championship	Cheshire	CT

Weight Class: 242							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	67.5	148.8	Owen Whisenant	US-VA	High School Nationals	Zion Crossroads	VA
2	62.5	137.7	Raven Atkins	US-NC	NC State Championship	Currituck	NC
3	59	130	Tommy Faryniarz	US-CT	American Challenge - 2018 CT		CT

Weight Class: 275							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	63.5	139.9	Journey Niemann	US-NC	High School Nationals	Zion Crossroads	VA
2	61	134.4	Ryan Sheehan	Ireland	IDFPA Single Lift		Ireland
3	54.5	120.1	Jaylen Owens	US-NC	American Challenge - 2018 NC		NC
4	50	110.2	Sam Kurtich	US-NC	NC State Championship	Currituck	NC
5	48.5	106.9	Jalen Owens	US-NC	Battle of the Border	Currituck	NC

Weight Class: 308							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	70.7	155.8	Skyler Yoder	US-NE	American Challenge - 2018 NE		NE
2	40	88.1	Tyler May	US-VA	United States Open	Zion Crossroads	VA

Weight Class: SHW							
Strict Curl				Male			
Rank	Lift	lbs	Lifter	Country	Meet	Location	
1	68.2	150.3	Skyler Yoder	US-NE	Midwest Open	Council Bluffs	IA