



Updated by Ed Kutin 3/5/17

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| Weight Class: 165 Female / Powerlifting | | | | |
|--|---|--|---|---|
| Division | Squat | Bench Press | Deadlift | Total |
| Open | 120.0 kgs / 264.5 lbs Megan Short 2/2017 | 62.5 kgs / 137.7 lbs Megan Short 2/2017 | 146.0 kgs / 321.8 lbs Megan Short 2/2017 | 322.5 kgs / 710.9 lbs Megan Short 2/2017 |
| 18-19 | 120.0 kgs / 264.5 lbs Megan Short 2/2017 | 62.5 kgs / 137.7 lbs Megan Short 2/2017 | 146.0 kgs / 321.8 lbs Megan Short 2/2017 | 322.5 kgs / 710.9 lbs Megan Short 2/2017 |

| Weight Class: 132 Male / Powerlifting | | | | |
|--|--|--|--|--|
| Division | Squat | Bench Press | Deadlift | Total |
| Open | 135.0 kgs / 297.6 lbs Gary Whetzel 6/2014 | 120.0 kgs / 264.5 lbs Gary Whetzel 6/2014 | 197.5 kgs / 435.4 lbs Gary Whetzel 6/2014 | 452.5 kgs / 997.5 lbs Gary Whetzel 6/2014 |
| 20-24 | 135.0 kgs / 297.6 lbs Gary Whetzel 6/2014 | 120.0 kgs / 264.5 lbs Gary Whetzel 6/2014 | 197.5 kgs / 435.4 lbs Gary Whetzel 6/2014 | 452.5 kgs / 997.5 lbs Gary Whetzel 6/2014 |

| Weight Class: 165 Male / Powerlifting | | | | |
|--|--|--|--|---|
| Division | Squat | Bench Press | Deadlift | Total |
| Open | 152.5 kgs / 336.2 lbs Cody Whetzel 6/2014 | 158.7 kgs / 349.8 lbs John Polak 4/2001 | 226.7 kgs / 499.7 lbs John Polak 2007 | 610.0 kgs / 1344.8 lbs John Polak 4/2001 |
| 20-24 | 152.5 kgs / 336.2 lbs Cody Whetzel 6/2014 | 117.5 kgs / 259.0 lbs Cody Whetzel 6/2014 | 210.0 kgs / 462.9 lbs Cody Whetzel 6/2014 | 480.0 kgs / 1058.2 lbs Cody Whetzel 6/2014 |
| 40-44 | | 158.7 kgs / 349.8 lbs John Polak 4/2001 | | 610.0 kgs / 1344.8 lbs John Polak 4/2001 |
| 45-49 | | | 226.7 kgs / 499.7 lbs John Polak 2007 | |
| Police/Fire/Mil | 152.5 kgs / 336.2 lbs Cody Whetzel 6/2014 | 117.5 kgs / 259.0 lbs Cody Whetzel 6/2014 | 210.0 kgs / 462.9 lbs Cody Whetzel 6/2014 | 480.0 kgs / 1058.2 lbs Cody Whetzel 6/2014 |

| Weight Class: 181 Male / Powerlifting | | | | |
|--|--|--|--|---|
| Division | Squat | Bench Press | Deadlift | Total |
| Open | 147.5 kgs / 325.1 lbs Derek Weisenborn 3/2015 | 137.5 kgs / 303.1 lbs Derek Weisenborn 3/2015 | 217.5 kgs / 479.5 lbs Derek Weisenborn 3/2015 | 502.5 kgs / 1107.8 lbs Derek Weisenborn 3/2015 |
| 20-24 | 147.5 kgs / 325.1 lbs Derek Weisenborn 3/2015 | 137.5 kgs / 303.1 lbs Derek Weisenborn 3/2015 | 217.5 kgs / 479.5 lbs Derek Weisenborn 3/2015 | 502.5 kgs / 1107.8 lbs Derek Weisenborn 3/2015 |

| Weight Class: 198 Male / Powerlifting | | | | |
|--|---|---|---|--|
| Division | Squat | Bench Press | Deadlift | Total |
| Open | 227.5 kgs / 501.5 lbs Jeremy Ebersole 6/2015 | 140.0 kgs / 308.6 lbs Jeremy Ebersole 6/2015 | 272.5 kgs / 600.7 lbs Jeremy Ebersole 6/2016 | 625.0 kgs / 1377.8 lbs Jeremy Ebersole 6/2016 |
| 20-24 | 227.5 kgs / 501.5 lbs Jeremy Ebersole 6/2015 | 140.0 kgs / 308.6 lbs Jeremy Ebersole 6/2015 | 272.5 kgs / 600.7 lbs Jeremy Ebersole 6/2016 | 625.0 kgs / 1377.8 lbs Jeremy Ebersole 6/2016 |

| Weight Class: 220 Male / Powerlifting | | | | |
|--|--|--|--|--|
|--|--|--|--|--|

| Division | Squat | Bench Press | Deadlift | Total |
|----------|-------|--|----------|-------|
| Open | | 88.4 kgs / 194.8 lbs Nathan McClain | | |
| 12-13 | | 88.4 kgs / 194.8 lbs Nathan McClain | | |

Weight Class: 242 Male / Powerlifting

| Division | Squat | Bench Press | Deadlift | Total |
|----------|---|---|---|--|
| Open | 210.0 kgs / 462.9 lbs Robert Talkington 4/2014 | 115.0 kgs / 253.5 lbs Robert Talkington 4/2014 | 237.5 kgs / 523.5 lbs Robert Talkington 4/2014 | 562.5 kgs / 1240.0 lbs Robert Talkington 4/2014 |
| 30-34 | 210.0 kgs / 462.9 lbs Robert Talkington 4/2014 | 115.0 kgs / 253.5 lbs Robert Talkington 4/2014 | 237.5 kgs / 523.5 lbs Robert Talkington 4/2014 | 562.5 kgs / 1240.0 lbs Robert Talkington 4/2014 |

Weight Class: 275 Male / Powerlifting

| Division | Squat | Bench Press | Deadlift | Total |
|-----------------|--|---|--|---|
| Open | 230.0 kgs / 507.0 lbs Tab Brown 11/2014 | 170.0 kgs / 374.7 lbs Tab Brown 6/2014 | 265.0 kgs / 584.2 lbs Tab Brown 11/2014 | 662.5 kgs / 1460.5 lbs Tab Brown 11/2014 |
| 35-39 | 230.0 kgs / 507.0 lbs Tab Brown 11/2014 | 167.5 kgs / 369.2 lbs Tab Brown 11/2014 | 265.0 kgs / 584.2 lbs Tab Brown 11/2014 | 662.5 kgs / 1460.5 lbs Tab Brown 11/2014 |
| Police/Fire/Mil | 227.5 kgs / 501.5 lbs Tab Brown 6/2014 | 170.0 kgs / 374.7 lbs Tab Brown 6/2014 | 260.0 kgs / 573.1 lbs Tab Brown 6/2014 | 657.5 kgs / 1449.5 lbs Tab Brown 6/2014 |