

100%RAW Powerlifting Federation Canada
2017 Prairie Power Open
Calgary, Alberta March 18, 2017

Female Full Power

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Best Squat	Best Bench	Best Deadlift	PL Total	Coeff Score
McKenna Kozina	17	F-17	47.7	48	1.3305	100	57.5	95	252.5	335.95125
Nicola McDivitt	25	F-O	54.9	56	1.195	67.5	45	107.5	220	262.9
Megan Bain-Kretschmer	27	F-O	59.4	60	1.1236	120	67.5	145	332.5	373.597
Cory Fisher	45	F-45	58.9	60	1.131		71		0	0
Sara Abbott	22	F-J	62.2	67.5	1.0844	97.5	55	140	292.5	317.187
Anna Quijada	28	F-O	66	67.5	1.0374	95	52.5	122.5	270	280.098
Tracy Normandeau	30	F-O	64.3	67.5	1.0576	77.5	57.5	120	255	269.688
Jessica Hierons	24	F-J	71.4	75	0.9815	95	57.5	120	272.5	267.45875
Taylor Schley	28	F-O	74.3	75	0.9563	90	0	120	0	0
Marisa brolo	41	F-40	74.3	75	0.9563	110	55	145	310	296.453
Zahra Woods	20	F-J	77.1	82.5	0.9347	100	52.5	115	267.5	250.03225
Vanessa reed	34	F-O	79.9	82.5	0.9156	115	65	112.5	292.5	267.813
Michelle Balsillie	46	F-45	77.6	82.5	0.9311	90	62.5	107.5	260	242.086
Rachel Ryan	50	F-50	110.2	90+ Special O	0.8128	72.5	50	120	242.5	197.104

Male Full Power

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Best Squat	Best Bench	Best Deadlift	PL Total	Coeff Score
Triston Kirbyson	15	M-15	64.7	67.5	0.7983	107.5	82.5	137.5	327.5	261.44325
Max Hall	21	M-J	64.8	67.5	0.7973	142.5	95	185	422.5	336.85925
Samie Khosravan	19	M-19	74.8	75	0.7139	160	90	185	435	310.5465
David Nicholson	21	M-J	71.2	75 Special O	0.7398	137.5	77.5	145	360	266.328
Justin Kancsal	25	M-O	80	82.5	0.6827	172.5	122.5	200	495	337.9365
Salen Prasad	28	M-O	81.1	82.5	0.6769	142.5	97.5	192.5	432.5	292.75925
Kyle Winstanley	29	M-O	80.3	82.5	0.6811	182.5	130	240	552.5	376.30775
Adam Payne	30	M-O	80.8	82.5	0.6785	110	100	162.5	372.5	252.74125
David McNeil	19	M-19	88.5	90	0.644	180	132.5	245	557.5	359.03
Kevin Wais	26	M-O	83.3	90	0.6661		195		0	0
dave nisbet	31	M-O	89.4	90	0.6406	187.5	140	227.5	555	355.533
Blair Lunau	35	M-O	89.8	90 Special O	0.6391	140	102.5	180	422.5	270.01975
Paul Butts	47	M-45	90	90	0.6384	135	92.5	162.5	390	248.976
Spencer Stevens	49	M-45	89.8	90 Special O	0.6391	162.5	82.5	177.5	422.5	270.01975
Alex Pronchuk	24	M-J	99.2	100	0.6106	240	155	290.5	685.5	418.5663
Andrew Greenidge	26	M-O	99.9	100	0.6088	210	140	270	620	377.456
Joel de Souza	29	M-O	94.9	100	0.6223	185	127.5	207.5	520	323.596
Darren Lee	30	M-O	96.9	100	0.6166	162.5	115	190	467.5	288.2605
Greg Stevens	30	M-O	98.6	100	0.6121	205	120	232.5	557.5	341.24575
Andrew Harding	35	M-SM	97.9	100 Special O	0.6139	145	102.5	182.5	430	263.977
Warren Carrol	41	M-40	93.3	100	0.6272	210	147.5	215	572.5	359.072
Raymond Ly	21	M-J	104.3	110	0.599	182.5	112.5	212.5	507.5	303.9925
Tyler Collins	24	M-J	108.2	110	0.5916	227.5	137.5	272.5	637.5	377.145
Bryce Lokken	28	M-O	108.4	110	0.5912	205	135	225	565	334.028
Daniel DeBrocke	28	M-O	107.8	110	0.5923	217.5	145	245	607.5	359.82225
Colin Bonneau	69	M-65	109.3	110	0.5897	180.5	155	167.5	503	296.6191
John Woo	22	M-J	123.6	125	0.5712	245	200	272.5	717.5	409.836
Scott Little	22	M-J	110.9	125	0.587		0	258	0	0
Glenn Mathieson	31	M-O	124.5	125	0.5703	182.5	135	227.5	545	310.8135
Damien Crouse	16	M-17	158.2	SHW	0.5491	87.5	100	0	0	0
Angelo Addante	25	M-O	164.5	SHW PFM	0.5459		137.5		0	0
Jason Thompson	31	M-O	140.7	SHW	0.5584	235	187.5	282.5	705	393.672

Military Press

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Wilks	Best Press
McKenna Kozina	17	F-17	47.7	48	1.3305	42.5
Andrew Harding	35	M-SM	97.9	100 Special O	0.6139	52.5
Alex Saretsky	27	M-O	73	75	0.7264	85
Angelo Addante	25	M-O	164.5	SHW PFM	0.5459	80
Des Peddle	45	M-45	155.5	SHW	0.5505	115
Greg Stevens	30	M-O	98.6	100	0.6121	80