



Updated by Ed Kutin

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Weight Class: 148 Male			
Division	Bench Press	Name	Date
Open	115.0 kgs / 253.5 lbs	Philip Shaughnessy	3/2014
14-15	80.0 kgs / 176.3 lbs	Brandon Street	3/2014

Weight Class: 242 Male			
Division	Bench Press	Name	Date
Open	192.5 kgs / 424.3 lbs	Dennis Arnold	3/2014

Weight Class: 275 Male			
Division	Bench Press	Name	Date
Open	227.5 kgs / 501.5 lbs	Dennis Arnold	12/2016
30-34	227.5 kgs / 501.5 lbs	Dennis Arnold	12/2016