



POWERLIFTING FEDERATION

Updated by Ed Kutin

Ed@ENKutin.com

12/25/2016

Weight Class: 123 Female			
Division	Strict Curl	Name	Date
Open	27.5 kgs / 60.6 lbs	Gayle Pollard	6/2011
45-49	27.5 kgs / 60.6 lbs	Gayle Pollard	6/2011

Weight Class: 132 Female			
Division	Strict Curl	Name	Date
Open	27.5 kgs / 60.6 lbs	Stephanie Burant	6/2012
40-44	27.5 kgs / 60.6 lbs	Stephanie Burant	6/2012
50-54	25.0 kgs / 55.1 lbs	Beverley Charland	11/2009

Weight Class: 148 Female			
Division	Strict Curl	Name	Date
Open	35.0 kgs / 77.1 lbs	Rebecca Gruber	10/2010
45-49	32.0 kgs / 70.5 lbs	Nona Hubbard	8/2010
60-64	20.0 kgs / 44.0 lbs	Bonnie Kershaw	6/2012

Weight Class: 165 Female			
Division	Strict Curl	Name	Date
Open	32.5 kgs / 71.6 lbs	Kim Furlong	12/2008
40-44	32.5 kgs / 71.6 lbs	Kim Furlong	12/2008

Weight Class: 181 Female			
Division	Strict Curl	Name	Date
Open	25.0 kgs / 55.1 lbs	Brenda Paradis	6/2011
45-49	25.0 kgs / 55.1 lbs	Brenda Paradis	6/2011

Weight Class: 198+ Female			
Division	Strict Curl	Name	Date
Open	37.5 kgs / 82.6 lbs	Laurie Colson	3/2008
45-49	33.0 kgs / 72.7 lbs	Michelle Doherty	6/2012

Weight Class: 105 Male			
Division	Strict Curl	Name	Date
Open	12.5 kgs / 27.5 lbs	Nick Beebe	11/2011
8-9	12.5 kgs / 27.5 lbs	Nick Beebe	11/2011

Weight Class: 165 Male			
Division	Strict Curl	Name	Date
Open	58.2 kgs / 128.3 lbs	Jake Freedman	6/2016

40-44	58.2 kgs / 128.3 lbs	Jake Freedman	6/2016
-------	----------------------	---------------	--------

Weight Class: 181 Male			
Division	Strict Curl	Name	Date
Open	62.5 kgs / 137.7 lbs	Jake Freedman	6/2012
35-39	53.0 kgs / 116.8 lbs	David Umstead	11/2010
40-44	62.5 kgs / 137.7 lbs	Jake Freedman	6/2012

Weight Class: 198 Male			
Division	Strict Curl	Name	Date
Open	75.0 kgs / 165.3 lbs	Alex Paluilis	9/2011
45-49	57.5 kgs / 126.7 lbs	Chris Beebe	11/2011

Weight Class: 220 Male			
Division	Strict Curl	Name	Date
Open	55.0 kgs / 121.2 lbs	Jay McKenna	9/2008
55-59	55.0 kgs / 121.2 lbs	Jay McKenna	9/2008

Weight Class: 242 Male			
Division	Strict Curl	Name	Date
Open	72.5 kgs / 159.8 lbs	Carl Mueller	8/2010
40-44	72.5 kgs / 159.8 lbs	Carl Mueller	8/2010

Weight Class: 275 Male			
Division	Strict Curl	Name	Date
Open	60.0 kgs / 132.2 lbs	Bob Borofsky	10/2013
55-59	56.7 kgs / 125.0 lbs	Bob Borofsky	10/2008
60-64	60.0 kgs / 132.2 lbs	Bob Borofsky	10/2013
75-79	32.5 kgs / 71.6 lbs	Ted Sares	3/2014

Weight Class: 308 Male			
Division	Strict Curl	Name	Date
Open	61.0 kgs / 134.4 lbs	Bob Borofsky	3/2012
60-64	61.0 kgs / 134.4 lbs	Bob Borofsky	3/2012