



POWERLIFTING FEDERATION



Updated by Ed Kutin

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12/25/2016

| Weight Class: 123 Female | | | |
|---------------------------------|----------------------|----------------|---------|
| Division | Bench Press | Name | Date |
| Open | 80.0 kgs / 176.3 lbs | Michelle Watts | 10/2009 |

| Weight Class: 132 Female | | | |
|---------------------------------|----------------------|---------------|---------|
| Division | Bench Press | Name | Date |
| Open | 65.0 kgs / 143.2 lbs | Tonya Hart | 10/2009 |
| 50-54 | 41.0 kgs / 90.3 lbs | Sara Lawrence | 6/2008 |

| Weight Class: 148 Female | | | |
|---------------------------------|----------------------|------------------|---------|
| Division | Bench Press | Name | Date |
| Open | 57.5 kgs / 126.7 lbs | Kate Bianchi | 12/2016 |
| 14-15 | 50.0 kgs / 110.2 lbs | Madison James | 6/2010 |
| 20-24 | 57.5 kgs / 126.7 lbs | Kate Bianchi | 12/2016 |
| 50-54 | 36.5 kgs / 80.4 lbs | Rickie Robertson | 10/2006 |

| Weight Class: 198+ Female | | | |
|----------------------------------|-----------------------|--------------------|---------|
| Division | Bench Press | Name | Date |
| Open | 125.5 kgs / 276.6 lbs | Lisa Quevedo | 10/2013 |
| 20-24 | 125.5 kgs / 276.6 lbs | Lisa Quevedo | 10/2013 |
| 50-54 | 55.0 kgs / 121.2 lbs | Michelle Zimmerman | 10/2013 |

| Weight Class: 123 Male | | | |
|-------------------------------|----------------------|--------------|--------|
| Division | Bench Press | Name | Date |
| Open | 45.5 kgs / 100.3 lbs | John Bazacas | 4/2013 |
| 80+ | 45.5 kgs / 100.3 lbs | John Bazacas | 4/2013 |

| Weight Class: 132 Male | | | |
|-------------------------------|----------------------|--------------------|---------|
| Division | Bench Press | Name | Date |
| Open | 70.0 kgs / 154.3 lbs | Daniel Matson | 6/2013 |
| 10-11 | 55.0 kgs / 121.2 lbs | Antonio Santillan | 3/2014 |
| 18-19 | 70.0 kgs / 154.3 lbs | Daniel Matson | 6/2013 |
| 50-54 | 41.0 kgs / 90.3 lbs | S Lawrence | |
| 65-69 | 67.5 kgs / 148.8 lbs | Salvatore Morabito | 10/2009 |

| Weight Class: 148 Male | | | |
|-------------------------------|----------------------|---------------|---------|
| Division | Bench Press | Name | Date |
| Open | 90.0 kgs / 198.4 lbs | Jerry Moylan | 11/2008 |
| 20-24 | 70.0 kgs / 154.3 lbs | Rohan Shitole | 3/2015 |
| 55-59 | 90.0 kgs / 198.4 lbs | Jerry Moylan | 11/2008 |

| | | | |
|-----------------|----------------------|--------------------|---------|
| 70-74 | 67.5 kgs / 148.8 lbs | Salvatore Morabito | 10/2011 |
| Police/Fire/Mil | 70.0 kgs / 154.3 lbs | Rohan Shitole | 3/2015 |

| Weight Class: 165 Male | | | |
|-------------------------------|------------------------------|--------------------|-------------|
| Division | Bench Press | Name | Date |
| Open | 193.5 kgs / 426.5 lbs | Simon McKee | |
| 14-15 | 72.5 kgs / 159.8 lbs | Braden Barnet | 2/2014 |
| 16-17 | 193.5 kgs / 426.5 lbs | Simon McKee | |
| 18-19 | 95.0 kgs / 209.4 lbs | Andrew Kang | 12/2013 |
| 20-24 | 112.5 kgs / 248.0 lbs | Kevin Dong | 3/2014 |
| 25-29 | 118.5 kgs / 261.2 lbs | C Munoz | |
| 55-59 | 120.0 kgs / 264.5 lbs | Bob Yamasaki | 10/2012 |
| 60-64 | 115.0 kgs / 253.5 lbs | Bob Yamasaki | |
| 75-79 | 87.5 kgs / 192.9 lbs | Robert Cortes | 10/2009 |
| Police/Fire/Mil | 145.0 kgs / 319.6 lbs | Mike Ott | 6/2012 |

| Weight Class: 181 Male | | | |
|-------------------------------|------------------------------|--------------------|----------------|
| Division | Bench Press | Name | Date |
| Open | 163.0 kgs / 359.3 lbs | Ted Christy | 10/2010 |
| 12-13 | 87.5 kgs / 192.9 lbs | Antonio Santillan | 3/2015 |
| 25-29 | 135.0 kgs / 297.6 lbs | B Nepoomuenco | |
| 45-49 | 163.0 kgs / 359.3 lbs | Ted Christy | 10/2010 |
| 55-59 | 145.5 kgs / 320.7 lbs | Paul Janoff | 3/2014 |
| 70-74 | 130.0 kgs / 286.5 lbs | Merv Goldstein | 10/2012 |
| 75-79 | 97.5 kgs / 214.9 lbs | Mike Kane | 4/2016 |

| Weight Class: 198 Male | | | |
|-------------------------------|------------------------------|---------------------|---------------|
| Division | Bench Press | Name | Date |
| Open | 175.0 kgs / 385.8 lbs | Ken Thunberg | 7/2008 |
| 16-17 | 102.5 kgs / 225.9 lbs | Ben Moores | 10/2012 |
| 18-19 | 142.5 kgs / 314.1 lbs | Barry A. Moores | 10/2012 |
| 20-24 | 117.5 kgs / 259.0 lbs | John Wright | 6/2014 |
| 30-34 | 160.0 kgs / 352.7 lbs | Chris Gallick | 10/2011 |
| 50-54 | 175.0 kgs / 385.8 lbs | Ken Thunberg | 7/2008 |
| 55-59 | 165.0 kgs / 363.7 lbs | Ken Thunberg | 3/2014 |
| 65-69 | 137.5 kgs / 303.1 lbs | Barry O. Moores | 10/2011 |
| 70-74 | 122.5 kgs / 270.0 lbs | Mike Kane | 10/2011 |

| Weight Class: 220 Male | | | |
|-------------------------------|------------------------------|----------------------|---------------|
| Division | Bench Press | Name | Date |
| Open | 207.5 kgs / 457.4 lbs | Sean Flanagan | 3/2014 |
| 12-13 | 117.5 kgs / 259.0 lbs | Antonio Santillan | 4/2016 |
| 14-15 | 62.5 kgs / 137.7 lbs | S Lassabecrow | |
| 18-19 | 143.0 kgs / 315.2 lbs | T Peterson | |
| 30-34 | 180.0 kgs / 396.8 lbs | Jeremy Layport | 6/2014 |
| 35-39 | 207.5 kgs / 457.4 lbs | Sean Flanagan | 3/2014 |
| 40-44 | 200.0 kgs / 440.9 lbs | Joe Smith | 10/2009 |
| 45-49 | 203.0 kgs / 447.5 lbs | Sammy Graham | 10/2013 |
| 50-54 | 165.0 kgs / 363.7 lbs | Aurelio Velazquez | 3/2015 |
| 65-69 | 152.5 kgs / 336.2 lbs | William Hill | 3/2009 |
| 80+ | 50.0 kgs / 110.2 lbs | James Manos | 4/2013 |
| Police/Fire/Mil | 207.5 kgs / 457.4 lbs | Sean Flanagan | 3/2014 |

| Weight Class: 242 Male | | | |
|-------------------------------|------------------------------|---------------------|----------------|
| Division | Bench Press | Name | Date |
| Open | 205.0 kgs / 451.9 lbs | Alvin Waldon | 10/2009 |
| 18-19 | 113.0 kgs / 249.1 lbs | Max McKee | 8/2006 |
| 35-39 | 200.0 kgs / 440.9 lbs | Iman Richards | 10/2013 |
| 45-49 | 162.5 kgs / 358.2 lbs | John Johnson | |
| 50-54 | 162.5 kgs / 358.2 lbs | John Johnson | 6/2010 |
| 55-59 | 205.0 kgs / 451.9 lbs | Alvin Waldon | 10/2009 |
| 60-64 | 182.5 kgs / 402.3 lbs | Alvin Waldon | 10/2011 |
| 75-79 | 60.0 kgs / 132.2 lbs | Jack Walters | 3/2014 |

| Weight Class: 275 Male | | | |
|-------------------------------|------------------------------|--------------------|---------------|
| Division | Bench Press | Name | Date |
| Open | 205.0 kgs / 451.9 lbs | Glen Tenove | 3/2015 |
| 16-17 | 125.0 kgs / 275.5 lbs | David Corralejo | 5/2015 |
| 18-19 | 113.5 kgs / 250.2 lbs | Max McKee | |
| 20-24 | 157.5 kgs / 347.2 lbs | Jimmy Doyle | 10/2010 |
| 35-39 | 175.0 kgs / 385.8 lbs | Elton Hart | 10/2009 |
| 50-54 | 118.0 kgs / 260.1 lbs | Ken Tawzer | 7/2008 |
| 55-59 | 205.0 kgs / 451.9 lbs | Glen Tenove | 3/2015 |
| 60-64 | 195.0 kgs / 429.8 lbs | Glen Tenove | 6/2016 |
| 65-69 | 120.0 kgs / 264.5 lbs | Mike Sullivan | 3/2012 |
| Police/Fire/Mil | 118.0 kgs / 260.1 lbs | Ken Tawzer | 7/2008 |

| Weight Class: 308 Male | | | |
|-------------------------------|------------------------------|--------------------|---------------|
| Division | Bench Press | Name | Date |
| Open | 207.5 kgs / 457.4 lbs | Glen Tenove | 4/2016 |
| 55-59 | 203.5 kgs / 448.6 lbs | Glen Tenove | 5/2015 |
| 60-64 | 207.5 kgs / 457.4 lbs | Glen Tenove | 4/2016 |
| 65-69 | 138.5 kgs / 305.3 lbs | Denny Faler | 7/2008 |
| 70-74 | 120.0 kgs / 264.5 lbs | Denny Faler | 10/2011 |

| Weight Class: SHW Male | | | |
|-------------------------------|------------------------------|--------------------|---------------|
| Division | Bench Press | Name | Date |
| Open | 203.0 kgs / 447.5 lbs | Glen Tenove | 6/2014 |
| 55-59 | 203.0 kgs / 447.5 lbs | Glen Tenove | 6/2014 |