

2016 Powerhouse Gym Winter Iron Fest

Full power

Name	State	Gender	Bdy wt	Weight Class	Division	Squat/Curls	4th Squat	Bench	4th Bench	Deadlift	4th Deadlift	Total
Erika Garner	KY	F	122.4	123	Open	82.5		52.5		135		270
Stacy Decker	KY	F	130.2	132	35-39	57.5		40		100		197.5
Mark Evans	KY	M	138.2	148	60-64	130		93		190		413
Jeff Meade	KY	M	177.4	181	20-24	177.5		127.5		222.5		527.5
Michael Rodriguez	KY	M	178.4	181	Open	135		135		195		465
James Logsdon	KY	M	179.3	181	35-39	105	107.5	87.5		153.5	157.5	346
Jonathan Thurman 196.8	KY	M	196.8	198	35-39 / Open	190		155		232.5		577.5
Blake Hodges	KY	M	191	198	20-24	197.5		117.5	120	245	250	560
Shawn Fante	KY	M	219.4	220	Open	200		165		250		615
Chesleigh Denison	KY	M	234.3	242	Open	212.5		147.5		272.5		632.5
Rajat Chauhan	KY	M	230.2	242	Open	207.5		120		227.5		555
Jason Emmick	KY	M	268.5	275	40-44	180		180		185		545
Aaron Crawford Sr. 315	KY	M	315	SHW		227.5		175		245	255	647.5

Men Bench Only

Roy Harrison	KY	M	215.3	220	40-44			140				
William Beavin	KY	M	176.2	181	60-64			132.5				
James Hall	KY	M	220	220	45-49			200				
Phil Roehner	MI	M	235.3	242	50-64			117.5				
Earl Smiley	KY	M	265.8	275	55-59			160				

Men Deadlift Only

Brandon Johnson	KY	M	163.14	165	Open					215		
Brandon Johnson	KY	M	163.14	165	35-39					215		
John Krawchison	IN	M	173.3	181	55-59					167.5		
Roy Harrison	KY	M	215.3	220	40-44					170		
Chesleigh Denison	KY	M	234.3	242	Open					272.5		

Men Push/Pull

Kellen Buckman	KY	M	192.4	198	20-24			112.5		165		277.5
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Men Strict Curls

Mark Evans	KY	M	138.2	148	60-64	47.5						
John Krawchison	IN	M	173.3	181	55-59	45						
Jonathan Thurman	KY	M	196.8	198	35-39	67.5						
Roy Harrison	KY	M	215.3	220	40-44	50						
Phil Roehner	MI	M	235.3	242	50-54	62.5						
Earl Smiley	KY	M	265.8	275	55-59	57.5						