100% RAW Powerlifting Federation
2016 Finger Lakes Open
November 5, 2016

				BENCH					DEADLIFT							
Name	Division	Wgt	Class	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.
Push/Pull																
Eggleston, Linda - NY	45-49 only bench	63.68	67.5	47.5	50	50.5	51.5	50.5	Didn't lift				50.5	111		0.79
Greene, Emilee - NY	Open	60.24	67.5	32.5	-37.5	-38		32.5	75.00	82.50	-95.00		115	254		1.91
Knodel, Evelina - NY	Junior 20-24	57.74	60	62.5	-67.5	67.5	-68	67.5	112.50	115.00	117.50		185	408		3.20
Cull, Durell - NY	Open	97.07	100	195.00	-205	205	-210	205	270.00	305.00	-320.00		510	1124		5.25
Slawson, Frank - NY	45-49	87.41	90	115	125	133		132.5	210.00	217.50	227.50	228.50	360	794		4.12
Park, Samantha - NY	Junior 20-24	53.84	56	-42.5	47.5	-53		47.5	85.00	95.00	105.00		153	336		2.83
Ribeino, Alex - NY	Masters: 40-44	90.03	100	107.5	120	138		138	147.50	167.50	205.00	-210.00	343	755		3.80
Washington, Genevieve - NY	45-49	71.62	75	55	-63	63		63	-115.00	115.00	-121.00		178	392		2.49
VanAernem, Nathan - NY	Open	107.32	110	117.50	-122.5	130		130	180.00	192.50	210.00		340	750		3.17
Bench Press																
Bangs,Courtney - NY	Open	53.25	56	-53	-53	-53		-53					-53	-117		-1.00
Teeter, Gary - PA	50-54 /Open	63.36	67.5	100	110	-120		110					110	243		1.74
Dovi, Nicholas - NY	Sub Masters 35-39	80.97	82.5	142.5	152.5	-158		153					153	336		1.88
Allen, Paul - NY	Masters: 50-54	99.43	100	135	140	pass		140					140	309		1.41
Deadlift																
Bernthon, Jessika - NY	Open	64.59	67.5					0	97.50	100.00	105.00		105	231		1.63
NO SHOW:																
Ergott, Courtney - NY	Open		165													