

100% RAW Mid Atlantic Regional Sept 16, 2016 Zion Crossroads, Virginia								
NAME	STATE/AGE	DIVISION	WT CLASS	Body WT	SQUAT	BP	DL	TOTAL
Toni Herrmann	VA-27	Open	123	121	115	60	117.5	292.5
Nicole Tompkins-Flagg	MD-28	Open	123	121	105	55	115	275
Linda Leightley	VA-71	70-74	132	130.2	73	42.5	123	238.5
Linsey Hammersley	VA-31	Open	148	142	90	55	122.5	267.5
Elia Goffi	MD-18	18-19	148	147	97.5	55	130	282.5
Sherry Chaffin	VA-46	45-49	148	144.2	102.5	52.5	145	300
Allison Palmer	VA-24	20-24	165	160	127.5	67.5	145	340
Rose Browneagle	MD-30	Open	181	179	130	72.5	157.5	360
Kristi Rowley	VA-32	Open	181	180	135	52.5	145	332.5
Kristel Barber	VA-38	35-39	181	176.1	117.5	65	135	317.5
Lindsey Heppner	VA-31	Open	198	193.4	112.5	57.5	137.5	307.5
Aria DeSimiini	VA-23	20-24	198	195.4	145	75	187.5	407.5
Ben Nelson	VA-30	Open	165	163.1	200	112.5	227.5	540
Jeff Kline	VA-33	Open	165	162.1	155	112.5	190	457.5
Jason Bumgarner	VA-32	Open	165	157.1	140	102.5	170	412.5
Matt Quatrtra	VA-43	Open	165	164.8	85	92.5	160	337.5
Matt Quatrtra	VA-43	40-44	165	164.8	85	92.5	160	337.5
Cameron Druyor	VA-30	Open	181	178.2	130	85	160	375
Darren Taylor	VA-39	Open	181	177.1	255	147.5	240	642.5
Darren Taylor	VA-39	35-39	181	177.1	255	147.5	240	642.5
Matthew Reep	VA-42	40-44	181	179.2	187.5	189	227.5	604
Foster Smith	NJ-75	75-79	181	178.2	80	42.5	107.5	230
Matthew Reep	VA-42	P/F/M	181	179.5	187.5	189	227.5	604
Robert Godfrey	MD-38	Open	198	193.4	185	130	240	555
Will Flattery	DC-29	Open	198	198.1	182.5	125	227.5	535
Edward Eisenberg	VA-69	65-69	198	195.1	150	105	185	440
John Niedzwick	VA-68	65-69	220	212.14	160	112.5	170	442.5
Christopher Solyom	VA-33	Open	242	237.6	155	142.5	250	547.5
Daniel Bitman	VA-28	Open	275	250	152.5	125	227.5	505
Robert Gains	VA-54	Open	308	307	242.5	192.5	255	690
Jon Hunter-Cevera	MD-28	Open	308	280.1	232.5	147.5	262.5	642.5
Daniel Forjan	VA-20	20-24	308	296.2	185	160	180	525
Robert Gains	VA-54	50-54	308	307	242.5	192.5	255	690
Brian Ball, Jr	MD-23	20-24	SHW	349.8	295.5	205	275	775.5

NAME	STATE/AGE	DIVISION	WT CLASS	Body Wt	BENCH		
Karen Poyner	VA-60	Open	97	96.8	50		
Karen Poyner	VA-60	60-64	97	96.8	50		
Linda Leightley	VA-71	70-74	132	130	42.5		
Sean Miller	NC-13	12*13	105	99.8	57.5		
Kohl Yourkovich	VA-18	18-19	181	178.2	57.5		
Randy Price	VA-51	50-54	181	173.1	100		
Jerome Odie	VA-35	Open	242	236.6	227.5		
Anthony Jewell	VA-33	Open	275	256.6	167.5		
Bill Schnepf	MD-63	60-64	308	295.6	152.5		
				Body Wt	DEADLIFT		
Karen Poyner	VA-60	60-64	97	96.8	102.5		
Linda Leightley	VA-71	70-74	132	130	123		
Karen Hansen	VA-68	65-69	198	190.8	133.5		
Sean Miller	NC-13	12*13	105	99.8	95		
Kohl Yourkovich	VA-18	18-19	181	178.2	200		
Randy Price	VA-51	50-54	181	173.1	197.5		
Benjamin Drew	VA-37	35-39	220	216.12	200		
Frank Soua	VA-59	55-59	220	215	0		
Anthony Jewell	VA-33	Open	275	256.6	240		
Bob Shirley	VA-63	60-64	275	275	197.5		
Bill Schnepf	MD-63	60-64	308	295.6	250		
				Body Wt	CURL		
Karen Poyner	VA-60	Open	97	96.8	31		
Karen Poyner	VA-60	60-64	97	96.8	31		
Linda Leightley	VA-71	70-74	132	130	25		
Sean Miller	NC-13	12*13	105	99.8	27.5		
Christian Kozub	VA-54	50-54	165	159.2	52.5		
Christian Kozub	VA-54	P/F/M	165	159.2	52.5		
Kenneth Silvia	VA-61	60-64	165	163.2	40		
Benjamin Drew	VA-37	35-39	220	216.12	67.5		
Christopher Solyom	VA-33	Open	242	237.6	50		

Officals								
William Thacker								
Ruthie Meininger								
Belinda Hayes								
Jason Leavitt								
Ron Simmons								
John Shifflett								
Catherine Garcia								
Rudy Garcia								