

2016 American Challenge - Kentucky

Mens Results

Full Power

165

Junior

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Brad Sm	Michiga	164.4	165.4	170	180	182.5		105	-115	-115		287.5	187.5	200	210		497.5	355.92

181

Masters 70 - 74

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Bob Nic	Ohio	179.4	181.8	127.5	-142.5	142.5		87.5	100	-102.5		242.5	-177.5				0	163.81

198

OPEN

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Jonathar	Kentuck	197	198.4	155	167.5	182.5		-130	137.5	147.5		330	200	215	-227.5		545	349.2
James L	Kentuck	183.4	198.4	67.5	77.5	85		67.5	77.5	80		165	135	145	147.5		312.5	208.31

Junior

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Blake H	Kentuck	198	198.4	170	182.5	187.5		107.5	112.5	-117.5		300	212.5	227.5	235		535	341.9

Masters 35 - 39

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Matthew	Kentuck	196.8	198.4	202.5	215	-227.5		110	-120	-120		325	255	275	-285		600	384.64
James L	Kentuck	183.4	198.4	67.5	77.5	85		67.5	77.5	80		165	135	145	147.5		312.5	208.31

220

OPEN

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Matt Ke	Missour	206.6	220.4	200	207.5	215		160	-170			375	225	-235	-235		600	375.56
Shawn F	Kentuck	218.6	220.4	130	180	200		135	147.5	-162.5		347.5	220	230	-235		577.5	352.66
Chesleig	Kentuck	220	220.4	182.5	-205	-205		125	140	-147.5		322.5	210	220	230		552.5	336.53

Teen 18 - 19

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Dalton E	Kentuck	208.6	220.4	-125	125	150		105	112.5	-117.5		262.5	192.5	210	-227.5		472.5	294.44

242

Junior

Name	Locatio	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks			
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtota	1st			2nd	3rd	4th
Tyler El	Kentuck	238.4	242.6	-197.5	-197.5	197.5		130	140	147.5		345	185	197.5	-205		542.5	320.98

308

OPEN

		SQUAT				BENCH				DEAD LIFT								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st	2nd	3rd	4th	TOTAL	Wilks
Robert C	Virginia	297.2	308.6	205	227.5	240.5		185	187.5	190		430.5	250	272.5	-280		703	395.16

Service

		SQUAT				BENCH				DEAD LIFT								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st	2nd	3rd	4th	TOTAL	Wilks
Robert C	Virginia	297.2	308.6	205	227.5	240.5		185	187.5	190		430.5	250	272.5	-280		703	395.16

Masters 50 - 54

		SQUAT				BENCH				DEAD LIFT								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st	2nd	3rd	4th	TOTAL	Wilks
Robert C	Virginia	297.2	308.6	205	227.5	240.5		185	187.5	190		430.5	250	272.5	-280		703	395.16

Push-pull

275

OPEN

		BENCH				DEAD LIFT						
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	TOTAL
Scott M	Ohio	269.4	275.6	170	175	182.5	-187.5	195	217.5	237.5		420
Mitchell	Ohio	253	275.6	-162.5	165	-172.5		237.5	-257.5	-257.5		402.5

Masters 35 - 39

		BENCH				DEAD LIFT						
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	TOTAL
Scott M	Ohio	269.4	275.6	170	175	182.5	-187.5	195	217.5	237.5		420
Mitchell	Ohio	253	275.6	-162.5	165	-172.5		237.5	-257.5	-257.5		402.5

308

OPEN

		BENCH				DEAD LIFT						
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	TOTAL
Robert C	Virginia	297.2	308.6	185	187.5	190		250	272.5	-280		462.5

Masters 50 - 54

		BENCH				DEAD LIFT						
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	TOTAL
Robert C	Virginia	297.2	308.6	185	187.5	190		250	272.5	-280		462.5

Bench

165

OPEN

		Bench Press							
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL	
Ryan Tr	Pennsylv	165	165.4	145	152.5	-157.5		152.5	

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Masters 60 - 64

		Bench Press							
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL	
William	Kentuck	178.6	181.8	-125	125	132.5		132.5	

242

Masters 45 - 49

		Bench Press							
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL	
Philip R	Michiga	230.4	242.6					0	

OPEN

Bench Press								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Chris Fa	Kentuck	261.8	275.6	150	160	165	-167.5	165

Unlimited

OPEN

Bench Press								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Marvin	Ohio	402.6	unlimited	142.5	152.5	-182.5		152.5

Masters 35 - 39

Bench Press								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Marvin	Ohio	402.6	unlimited	142.5	152.5	-182.5		152.5

Masters 40 - 44

Bench Press								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Lonnie "	Ohio	463	unlimited	210	217.5	-225		217.5
Clayton	Kentuck	323.6	unlimited	147.5	150	155		155

Dead Lift

165

Masters 35 - 39

Dead Lift								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Brandon	Kentuck	164.6	165.4	185	192.5	-200		192.5

181

Masters 55 - 59

Dead Lift								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
John Kr	Indiana	177.4	181.8	142.5	155	-165		155

198

Masters 40 - 44

Dead Lift								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Dan My	Kentuck	196.6	198.4	195	212.5	232.5		232.5

Curl

181

OPEN

Strict Curl								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
John Kr	Indiana	177.4	181.8	37.5	-50	-50		37.5

Masters 55 - 59

Strict Curl								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
John Kr	Indiana	177.4	181.8	37.5	-50	-50		37.5

Masters 60 - 64

Strict Curl								
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Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
William	Kentuck	178.6	181.8	50	52.5	55	-57.5	55

220

Junior

Strict Curl								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Paul Bos	Boston	200	220.4	50	55	70		70

242

Masters 45 - 49

Strict Curl								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Philip R	Michiga	230.4	242.6	50	57.5	62.5	-67.5	62.5

275

OPEN

Strict Curl								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Scott M	Ohio	269.4	275.6	55	62.5	-70		62.5

Masters 35 - 39

Strict Curl								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Scott M	Ohio	269.4	275.6	55	62.5	-70		62.5

Unlimited

Masters 40 - 44

Strict Curl								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Clayton	Kentuck	323.6	unlimited	60	-65	65	-72.5	65

Womens Results

Full Power

114

Masters 35 - 39

Name	Location	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks		
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st			2nd	3rd
Jennifer	Kentuck	111.6	114.6	65	70	75		32.5	37.5	-45		112.5	85	90	95	207.5	264.07

148

OPEN

Name	Location	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks		
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st			2nd	3rd
Miranda	Kentuck	145.8	148.8	110	117.5	-122.5		75	80	-82.5		197.5	125	132.5	-140	330	341.82

Junior

Name	Location	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks		
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st			2nd	3rd
Miranda	Kentuck	145.8	148.8	110	117.5	-122.5		75	80	-82.5		197.5	125	132.5	-140	330	341.82

165

OPEN

Name	Location	SQUAT				BENCH				DEAD LIFT				TOTAL	Wilks		
		BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st			2nd	3rd
Ashley L	Kentuck	163	165.4	85	102.5	-107.5		55	62.5	-67.5		165	120	130	137.5	302.5	290.18

Junior

		SQUAT				BENCH				DEAD LIFT								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st	2nd	3rd	4th	TOTAL	Wilks
Elizabeth	Kentuck	160.6	165.4	-97.5	-110	110		55	-57.5	57.5		167.5	135	150	165		332.5	322.04

181

OPEN

		SQUAT				BENCH				DEAD LIFT								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st	2nd	3rd	4th	TOTAL	Wilks
Allisha	Kentuck	180.6	181.8	-102.5	102.5	-105		62.5	65	67.5		170	117.5	125	137.5		307.5	277.77

198

OPEN

		SQUAT				BENCH				DEAD LIFT								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st	2nd	3rd	4th	TOTAL	Wilks
Brandi	Indiana	196	198.4	145	150	155		92.5	97.5	100		255	165	170	-180		425	369.13

Unlimited

Masters 45 - 49

		SQUAT				BENCH				DEAD LIFT								
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Subtotal	1st	2nd	3rd	4th	TOTAL	Wilks
Julie Mc	Kentuck	210.4	unlimited	-102.5	115	125		47.5	55	-62.5		180	125	135	-147.5		315	266.19

Push-pull

148

OPEN

		BENCH				DEAD LIFT						
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	1st	2nd	3rd	4th	TOTAL
Rachel H	Kentuck	147.6	148.8	50	55	-60		125	135	140		195

Dead Lift

Unlimited

Masters 45 - 49

		Dead Lift						
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Troy Brown		220	unlimited	0		-300		0

Curl

148

OPEN

		Strict Curl						
Name	Location	BDWT	Wt. Clas	1st	2nd	3rd	4th	TOTAL
Rachel H	Kentuck	147.6	148.8	20	25	30	-37.5	30