

<b>100% RAW OLD DOMINION CLASSIC</b>					
<b>AUGUST 13, 2016 MIDLOTHIAN, VA</b>					
<b>NAME</b>	<b>STATE/AGE</b>	<b>DIVISION</b>	<b>BODY WT</b>	<b>WT. CLASS</b>	<b>BENCH</b>
Parisa Souvannavong	VA-29	Open	112.60	114	37.5
Natasha Beasley	VA-33	Open	121.14	123	72.5
Kelsie Beaton	NC-30	Open	130.00	132	45
Ashton Cotton	VA-22	20-24	171.14	181	80
Isobel Parks	MD-56	55-59	180.10	181	40
Jessica Usher	VA-31	Open	208.00	198+	75
Drew Meineke	VA-37	35-39	130.60	132	55
Trevor Boyd	VA-25	25-29	146.10	148	122.5
Gary Teeter	PA-51	50-54	145.10	148	117.5
Ezequiel Ortiz	VA-16	16-17	158.80	165	115
Zachria Hashemi	VA-21	20-24	158.60	165	117.5
Andy Berman	VA-49	45-49	164.14	165	107.5
James Ellis	VA-27	Open	190.80	198	155
Zach Speicher	VA-25	Open	189.10	198	87.5
John Angeli	VA-20	20-24	194.10	198	135
Ronald Hughes	VA-22	20-24	193.10	198	127.5
Criag Perry	GA-63	Open	212.60	220	157.5
Marty Farris	VA-39	35-39	205.10	220	125
Criag Perry	GA-63	60-64	212.60	220	157.5
Mark James	VA-41	40-44	235.10	242	152.5
Mark James	VA-41	P/F/M	235.10	242	152.5
Joe Saad	VA-22	20-24	235.00	242	147.5
Brian Woodell	VA-43	40-44	228.00	242	147.5
Chris Allen	VA-42	40-44	269.00	275	150
Bill Parks	MD-59	55-59	273.40	275	107.5
Ken James	VA-43	40-44	307.10	308	170
Hakim Shakir	VA-52	50-54	277.60	308	182.5
Hakim Shakir	VA-52	P/F/M	277.60	308	182.5
George Neal	MD-63	60-64	298.00	308	120
<b>NAME</b>	<b>STATE/AGE</b>	<b>DIVISION</b>	<b>BODY WT</b>	<b>WT. CLASS</b>	<b>DEADLIFT</b>
Parisa Souvannavong	VA-29	Open	112.60	114	143
Natasha Beasley	VA-33	Open	121.14	123	152.5
Kelsie Beaton	NC-30	Open	130.00	132	127.5
Ashton Cotton	VA-22	20-24	174.14	181	162.5
Isobel Parks	MD-56	55-59	180.10	181	100
Penny Muire	VA-56	55-59	179.60	181	95
Katina James	VA-43	40-44	198.00	198	127.5
Trevor Boyd	VA-25	25-29	146.10	148	190
Ezequiel Ortiz	VA-16	16-17	158.80	165	162.5
Zachria Hashemi	VA-21	20-24	158.60	165	202.5
Garrett Hence	VA-29	Open	179.40	181	282.5
Zach Speicher	VA-25	Open	189.10	198	142.5
Ronald Hughes	VA-22	20-24	193.10	198	227.5
John Angeli	VA-20	20-24	194.10	198	227.5
Osmar Almaraz	VA-26	Open	219.10	220	227.5
Marty Farris	VA-39	35-39	205.10	220	205
Mark James	VA-41	40-44	235.10	242	217.5
Mark James	VA-41	P/F/M	235.10	242	217.5

Joe Saad	VA-22	20-24	235.00	242	265
Brian Woodell	VA-43	40-44	228.00	242	220
Chris Allen	VA-42	40-44	269.00	275	212.5
Bob Shirley	VA-63	60-64	270.40	275	195
Ken James	VA-43	40-44	307.10	308	225
Hakim Shakir	VA-52	50-54	277.60	308	202.5
Hakim Shakir	VA-52	P/F/M	277.60	308	202.5
George Neal	MD-63	60-64	298.00	308	195
<b>NAME</b>	<b>STATE/AGE</b>	<b>DIVISION</b>	<b>BODY WT</b>	<b>WT. CLASS</b>	<b>STRICT CURL</b>
Parisa Souvannavong	VA-29	Open	112.60	114	20
Natasha Beasley	VA-33	Open	121.14	123	37.5
Penny Muire	VA-56	55-59	179.60	181	25
Drew Meineke	VA-37	35-39	130.60	132	32.5
Gary Teeter	PA-51	50-54	145.10	148	52.5
James Ellis	VA-27	Open	190.80	198	57.5
Ronald Hughes	VA-22	20-24	193.10	198	67.5
Marty Farris	VA-39	35-39	205.10	220	60
Mark James	VA-41	40-44	235.10	242	60
Mark James	VA-41	P/F/M	235.10	242	60
Bill Parks	MD-59	55-59	273.40	275	47.5
Hakim Shakir	VA-52	50-54	277.60	308	62.5
Hakim Shakir	VA-52	P/F/M	277.60	308	62.5
<b>Officials</b>					
Ruth Meininger					
Ernie Burt					
Matthew Stanton					
Bill Lindsey					
John Shifflett					
William Thacker					
Steve Davis					