

100% RAW Powerlifting Federation
Suffolk Open Championships
April 30, 2016

Name	Division	Wgt	Class	RH	SQUAT				BENCH				Sub	DEADLIFT				TOTAL	LBS
					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th		
Aaron Ealey - VA	Special Olympian	131.8	132	5	50	-62.5	-72.5		32.5	45	50		100	67.5	80	102.5		202.5	446.4315
John Gross - VA	Special Olympian	127.8	132	1	35	42.5	50		30	-37.5	-40		80	50	60	67.5		147.5	325.1785
Toby Marchant - VA	Teen (12-13)	132.4	132	4	50	57.5	67.5		30	40	45		112.5	70	80	102.5		215	473.989
Alicia Haynes - MD	F - Open	146.8	148	5	107.5	117.5	122.5		52.5	-60	-60		175	142.5	155	165	-170	340	749.564
Kevin Carpenter - VA	Junior (20-24)	147	148	4	150	162.5	-165		107.5	115	-117.5		277.5	190	202.5	-205		480	1058.208
Patrick Hardy - VA	Special Olympian	141.6	148	5	35	42.5	50		30	-37.5	-37.5		80	50	60	67.5		147.5	325.1785
Sam Zimmerman - VA	Special Olympian	145	148	1	-67.5	-67.5	-67.5		45	60	65		-2.5	62.5	72.5	77.5		75	165.345
Donald Santiso - VA	Junior (20-24)	165	165	6	-182.5	-182.5	182.5		127.5	132.5	-135.5		315	200	210	212.5		527.5	1162.927
Thomas Baker - VA	Special Olympian	150	165	2	62.5	75	85		42.5	52.5	60		145	82.5	105	117.5		262.5	578.7075
TJ Woolfolk - VA	Special Olympian	165.2	165	7in	85	87.5	92.5		50	55	-62.5		147.5	112.5	-130	-130		260	573.196
James Mullins - VA	Special Olympian	159.2	165	2	70	75	80		-62.5	-62.5	-62.5		17.5	105	107.5	110		127.5	281.0865
David Propst - NC	Submaster (35-39)	162	165	7	140	150	160		92.5	-102.5	-115		252.5	160	180	-200		432.5	953.4895
Beth Harris - VA	F - Master(50-54)	223.8	198+	4	52.5	62.5	65		32.5	40	45		110	70	75	80		190	418.874
Chris Smallwood - VA	Special Olympian	177.2	181	5	102.5	117.5	127.5		80	95	97.5		225	157.5	180	195		420	925.932
Dane Sorensen - VA	Teen (18-19)	176.2	181	3	185	192.5	200		145	150	152.5		352.5	230	240	245		597.5	1317.249
Daron Ealey - VA	Special Olympian	196.6	198	7	102.5	122.5	142.5		90	105	-125		247.5	157.5	197.5	210		457.5	1008.605
Andrew Hines - VA	Special Olympian	187.6	198	3	62.5	80	102.5		47.5	55	62.5		165	90	102.5	-137.5		267.5	589.7305
Nick Troiano - VA	Special Olympian	189	198	2	70	77.5	85		65	-75	-75		150	97.5	105	-112.5		255	562.173
Matt Shomper - VA	Special Olympian	206.2	220	6	65	80	102.5		55	62.5	67.5		170	105	137.5	-160		307.5	677.9145
Frank Ferchland - VA	Open, Master (45-49)	216.6	220	7	130	142.5	150		122.5	130	-137.5		280	155	167.5	175		455	1003.093
Sean Kimball - VA	Special Olympian	221.8	242	5	92.5	100	110		72.5	80	-85		190	97.5	110	120		310	683.426
Brian Williams - VA	Special Olympian	273	275	8	100	117.5	-130		80	90	-100		207.5	125	147.5	160		367.5	810.1905
Robert Marchant - VA	Master (45-49)	245	275	7	-127.5	-127.5	127.5		-62.5	85	95		222.5	102.5	145	185		407.5	898.3745
Push/Pull																			
Vonda Martin - VA	Special Olympian	182.2	198						20				20	62.5	65	-70		85	187.391
Josh Cue - NC	Open, (30-34)	197	198						122.5				122.5	217.5	230	-237.5		352.5	777.1215
Thomas Britton - VA	Special Olympian	241	242	12					52.5	65			65	100	110	-117.5		175	385.805
Sam Kurtich - NC	Teen (14-15)	234.8	242						45				45	92.5	110	-125		155	341.713
Girlvester Thompson - VA	Special Olympian	215	198+						20				20	62.5	65	-72.5		85	187.391
Bench Press																			
Catherine Reynolds - VA	F -Teen(16-17)	126.6	132						42.5	47.5	52.5		52.5					52.5	115.7415
Frank Bottone - NC	Master (45-49)	141	148						90	100	105		105					105	231.483
Daryl Taylor - VA	Special Olympian	151.8	165						20	22.5	30		30					30	66.138
James Ellis - VA	Open	191.2	198						125	147.5	155		155					155	341.713
Clifton Burse - VA	Master (55-59)	275.2	275						185	195	-205.5		195					195	429.897
Deadlift																			
Catherine Reynolds - VA	F -Teen(16-17)	126.6	132										0	85	95	-100		95	209.437