

100% RAW NATIONAL MASTERS												
APRIL 16, 2016 ZION CROSSROADS												
LIFTER	State/Age	Division	WT Class	Body WT	Squat	Bench	Deadlift	Total				
Vanessa Talbott	VA-43	40-44	105	105	60	47.5	97.5	205				
Karen Poyner	VA-60	60-64	105	100.2	80.5	53.5	111	245				
Susan Drach	VA-61	60-64	123	121.4	60	55	112.5	227.5				
Ada Baretty	VA-37	35-39	181	177	82.5	50	97.5	230				
Sarah Seigel	VA-36	35-39	198+	221	130	82.5	167.5	380				
Gary Teeter	PA-51	50-54	132	131.6	112.5	102.5	142.5	357.5				
Pat Douglas	NE-40	40-44	181	176	197.5	127.5	227.5	552.5				
Gary Banks	VA-62	60-64	181	180.8	155	102.5	167.5	425				
Yogi Frank Sumner	NC-66	65-69	181	175.4	80	87.5	137.5	305				
Matthew Holtry	NC-37	35-39	198	197.12	160	115	227.5	502.5				
Don Silveus	VA-51	50-54	198	190.6	177.5	102.5	167.5	447.5				
Kent Cassell	VA-61	60-64	198	194	187.5	115	242.5	545				
Edward Eisenberg	VA-68	65-69	198	185.6	125	100	170	395				
Garrett Hartzog	VA-39	35-39	220	217.8	165	110	185	460				
Chad Perry	NC-40	40-44	220	217.8	180	132.5	227.5	540				
Rup Karki	VA-48	45-49	220	219.6	210	152.5	230	592.5				
William Farrell	OK- 71	70-74	220	216.1	167.5	100	192.5	447.5				
Marcus Gregory	VA-40	40-44	242	240	167.5	105	190	462.5				
Jeffrey House	GA-57	55-59	275	266.6	25	115	137.5	277.5				
LIFTER	State/Age	Division	WT Class	Body WT		Bench						
Mary Hodge	VA-50	50-54	181	177		65						
Jennie Merritt	VA-45	45-49	198+	213.6		75						
Gary Teeter	PA-51	50-54	132	131.6		102.5						
Jason Leavitt	VA-51	50-54	165	149.14		122.5						
Yogi Frank Sumner	NC-66	65-69	181	175.4		87.5						
Bill Lindsey	VA-70	70-74	181	179.4		120						
Matthew Holtry	NC-37	35-39	198	197.12		115						
Randy Elbert	MD-46	45-49	198	193		155.5						
Graham Bartholomew	MD-57	55-59	198	194.1		82.5						

Marty Farris	VA-38	35-39	220	207.1		127.5	
Michael Rochon	VA-36	35-36	220	210.1		100	
Waldo Ferreras	VA-51	50-54	242	240.1		185	
Jeffrey House	GA-57	55-59	275	266.6		115	
Harry Hanger	VA-42	40-44	SHW	351.14		202.5	
LIFTER	State/Age	Division	WT Class	Body WT		Deadlift	
Tanja Rivoire	MD-48	45-49	148	141.1		112.5	
Mary Hodge	VA-50	50-54	181	177		117.5	
Pat Douglas	NE-40	40-44	181	176		227.5	
James Rivoire	MD-50	50-54	181	175.6		172.5	
Randy Price	VA-51	50-54	181	169.1		185	
Yogi Frank Sumner	NC-66	65-69	181	175.4		137.5	
Matthew Holtry	NC-37	35-39	198	197.14		227.5	
Graham Bartholomew	MD-57	55-59	198	194.1		212.5	
Marty Farris	VA-38	35-39	220	207.8		195	
Michael Rochon	VA-36	35-36	220	210.1		210	
Chad Perry	NC-40	40-44	220	217.8		227.5	
William Farrell	OK- 71	70-74	220	216.1		192.5	
Marcus Gregory	VA-40	40-44	242	240		190	
Jeffrey House	GA-57	55-59	275	266.6		137.5	
Bob Shirley	VA-63	60-64	275	263.1		192.5	
George Neal	MD-63	60-64	308	295.8		192.5	
LIFTER	State/Age	Division	WT Class	Body WT		Strict Curl	
Karen Poyner	VA-60	60-64	105	100.2		31	
Mary Hodge	VA-50	50-54	181	177		35	
Sarah Seigel	VA-36	35-39	198+	221		37.5	
Gary Teeter	PA-51	50-54	132	131.6		49.5	
Craig Curtis	VA-50	50-54	148	145.1		60	
Jason Leavitt	VA-51	50-54	165	149.14		50	
Pat Douglas	NE-40	40-44	181	176		66	
Yogi Frank Sumner	NC-66	65-69	181	175.4		42.5	
Matthew Holtry	NC-37	35-39	198	197.12		57.5	
Randy Elbert	MD-46	45-49	198	193		55	
Edward Eisenburg	VA-69	65-69	198	185.6		40	
Marty Farris	VA-38	35-39	220	210.1		57.5	
Michael Rochon	VA-36	35-36	220	210.1		50	
Rup Karki	VA-48	45-49	220	219.6		45	

