

100% RAW SOUTHSIDE REGIONAL CLASSIC								
FEBRUARY 6, 2016								
Lifter	State/AGE	Body WT	Division	WT Class	Squat	BP	DL	Total
Lauren Freeman	VA-25	102.1	Open	105	77.5	57.5	102.5	237.5
Amber Ross	VA-33	107.12	Open	114	70	42.5	85	197.5
Isabel Saari	MD-22	130.4	20-24	132	62.5	37.5	87.5	187.5
Nik Tompkins-Flagg	VA-28	129.8	Open	132	92.5	45	110	247.5
Sara Van Horn	VA-33	132.2	Open	132	80	42.5	125	247.5
Adrian Herrera	VA-32	144.6	Open	148	95	57.5	125	277.5
Ashli Butrico	VA-33	154.6	Open	165	75	52.5	115	242.5
Robin Callan	VA-25	241.1	Open	198+	142.5	55	152.5	350
Robin Callan	VA-25	241.1	25-29	198+	142.5	55	152.5	350
Joey Redding	VA-14	140.14	14-15	148	82.5	65	125	272.5
Trevor Boyd	VA-25	143.14	25-29	148	165	120	147.5	432.5
Gary Teeter	PA-51	144.1	50-54	148	102.5	110	135	347.5
Dominique Chhim	VA-17	160.12	16-17	165	152.5	105	198	455.5
Kevin Nguyen	VA-18	177.12	18-19	181	185	102.5	207.5	495
Christopher Ferranti	VA-27	152.2	Open	165	185	137.5	247.5	570
Jeff Van Horn	VA-36	165	35-39	165	142.5	120	205	467.5
Duane Carter	VA-40	163.4	40-44	165	142.5	157.5	200	500
Garrett Hence	VA-29	179.2	Open	181	197.5	125	292.5	615
Frank Mastromauro	VA-32	178.1	Open	181	125	97.5	172.5	395
Christopher McKelley	VA-34	178.2	Open	181	182.5	155	247.5	585
Jesse Redding	VA-16	179.2	16-17	181	127.5	105	155	387.5
Ryan Kiecker	VA-24	179.4	20-24	181	212.5	160	252.5	625
Dan Ferranti	PA-23	175.14	20-24	181	155	122.5	195	472.5
Adam Miller	VA-20	173.2	20-24	181	165	110	195	470
Darien Finney	VA-19	193.14	18-19	198	200	157.5	260	617.5
Derek Dickinson	VA-27	219.12	Open	220	255	192.5	272.5	720
Alan Zhou	VA-23	229.1	20-24	242	235	170	227.5	632.5
Christopher Solyom	VA-33	222.4	Open	242	155	122.5	212.5	490
Nick Killen	VA-37	237.1	35-39	242	210	182.5	267.5	660
John Flagg	VA-32	265.8	Open	275	250	185	260	695
Shane Green	MD-35	341.12	35-39	SHW	232.5	125	237.5	595
							Bench	
Kopper Carter	VA-23	240.6	20-24	198+		67.5		
Kohl Yourkovich	VA-17	161.8	16-17	165		107.5		
Conrad Mann	VA-67	162	65-69	165		67.5		
Andy Berman	VA-49	173.4	45-49	181		110		
Graham Bartholomew	MD-57	197.8	55-59	198		77.5		
Brian Woodell	VA-42	223.6	40-44	242		142.5		
Wayne Lafleur	MD-43	268.12	40-44	275		152.5		
							Deadlift	
Kelsie Beaton	NC-29	128.8	Open	132		122.5		
Amanda Bowman	VA-32	142.12	Open	148		127.5		
Ashley Staley	VA-25	147.8	Open	148		127.5		
Tanja Rivoire	MD-48	141.6	45-49	148		110		
Kopper Carter	VA-23	240.6	20-24	198+		167.5		
Robert Marchant	VA-12	127.8	12*13	132		90		
Kohl Yourkovich	VA-17	161.8	16-17	165		182.5		
Conrad Mann	VA-67	162	65-69	165		155		
Garrett Hence	VA-29	179.2	Open	181		292.5		
Randy Rivoire	MD-50	179.1	50-54	181		172.5		
Roy Apseloff	MD-58	195.6	55-59	198		230		
Graham Bartholomew	MD-57	197.8	55-59	198		192.5		
Brian Woodell	VA-42	223.6	40-44	242		210		
Malcolm Stidham	VA-16	247.8	16-17	275		202.5		
Bob Shirley	VA-63	274.1	60-64	275		187.5		
George Neal	MD	300.1	60-64	308		192.5		

