

2015 Central PA Open

October 24/25, 2015

POWERLIFTING

First Name	Last Name	Gender	Weight Class	Division	Age	State	Bodyweight	Squat	Bench	Deadlift	Total
Briana	Foster	Female	132	Open	23	PA	124	95	52.5	125	272.5
Jane	Bickel	Female	132	Open/Master (50-54)	54	PA	129	77.5	40	102.5	220
Samantha	Stout	Female	165	Open	27	PA	156.4	60	50	100	210
Jessica	Maloy	Female	181	Open/Submaster (35-39)	39	PA	176.4	135	67.5	160	362.5
Mike	Connolly	Male	132	Open	18	PA	130.2	142.5	82.5	165	390
Jan	Ditzian	Male	132	Open/Master (70-74)	72	PA	128.6	90	60	122.5	272.5
Noah	Cline	Male	148	Open	18	PA	147.2	115	117.5	152.5	385
Victor	Shaffer	Male	148	Open/Master (65-69)	66	PA	145.4	82.5	85	165	332.5
Kyle	Pressel	Male	165	Open/Junior (20-24)	21	PA	164.2	137.5	100	175	412.5
Arsham	Sanjari	Male	165	Open/Teen (14-15)	15	CANADA	157.4	60	60	100	220
Tom	Cenelli	Male	165	Open	66	NY	160.8	20	70	25	115
Don	Swingle	Male	181	Open	69	NY	180.4	117.5	85	205	407.5
David	Machmer	Male	181	Open/Master (45-49)	48	PA	175.6	125	92.5	142.5	360
Ethan	Moody	Male	198	Open/Junior (20-24)	21	PA	195	230	150	257.5	637.5
Terry	Jackson	Male	198	Open	28	PA	195	167.5	127.5	205	500
Joseph	Bowen	Male	198	Open	33	PA	192.8	115	87.5	170	372.5
Bob	Ludwig	Male	220	Open/Master (55-59)	56	PA	218.2	215	152.5	242.5	610
Alex	Siegling	Male	220	Open/Junior (20-24)	24	NY	212.6	197.5	125	250	572.5
Adam	Shick	Male	220	Open	22	OH	217.8	180	117.5	237.5	535
Don	Kuhns	Male	220	Open/Master (60-64)	63	PA	202.8	165	120	222.5	507.5
Robert	Eckhart	Male	242	Open/Master (40-44)	42	PA	241.6	200	187.5	250	637.5
Brian	Karakaedos	Male	242	Open	24	PA	232.4	215	140	265	620
Robert	Adams	Male	242	Open	51	PA	234	145	137.5	205	487.5
Ryan	Irvine	Male	275	Open/Master (40-44)	42	PA	270.6	215	170	272.5	657.5
Douglas	Hutchinson	Male	275	Open	33	PA	273	227.5	145	257.5	630
Mark	Bowen	Male	275	Open/Master (55-59)	59	PA	267.8	207.5	117.5	215	540

STRICT CURL

First Name	Last Name	Gender	Weight Class	Division	Age	State	Bodyweight	Attempt 1	Attempt 2	Attempt 3	Attempt 4	Best Lift
Kimberly	Kaschalk	Female	148	Open/Submaster (35-39)	35	PA	145	26	28.5	-31	---	28.5
Gary	Teeter	Male	132	Open/Master (50-54)	51	PA	130.8	41	43.5	46	48.5	46
Tom	Cenelli	Male	165	Open	66	NY	160.8	28.5	-38.5	-38.5	---	28.5
Curtis	Miller	Male	181	Open	30	PA	174.6	58.5	-68.5	-68.5	---	58.5
Greg	Dixon	Male	181	Open	38	PA	180.4	48.5	51	-53.5	---	51
Don	Swingle	Male	181	Open	69	NY	180.4	43.5	46	#NAME?	---	46
Jerry	Dunn	Male	198	Open/Master (60-64)	60	OH	198	31	36	38.5	---	38.5
Bob	Dunn	Male	220	Open/Master (55-59)	57	OH	217	46	51	53.5	---	53.5

BENCH PRESS

First Name	Last Name	Gender	Weight Class	Division	Age	State	Bodyweight	Attempt 1	Attempt 2	Attempt 3	Attempt 4	Best Lift
Heather	Machmer	Female	132	Open/Master (45-49)	45	PA	130.75	40	-45	-45	---	40
Gary	Teeter	Male	132	Open/Master (50-54)	51	PA	130.8	97.5	105	107.5	-110	107.5
Kevin	Sanjari	Male	198	Open/Master (55-59)	56	CANADA	191.4	80	85	90	---	90
Jerry	Dunn	Male	198	Open/Master (60-64)	60	OH	198	-72.5	72.5	77.7	---	77.7
Pat	Shannon	Male	220	Open/Master (50-54)	52	MD	204.8	160	-170	-170	---	160
Sam	Maines	Male	220	Open	24	PA	218.6	130	137.5	140	---	140
Bob	Dunn	Male	220	Open/Master (55-59)	57	OH	217	100	105	107.5	---	107.5
Robert	D'Antonio	Male	SHW	Open/Master (50-54)	52	NJ	314	145	155	160	---	160