

2008 Squat Rankings

Weight Class: 123 lb					
Rank	Lift	Lifter	Meet	Site	
1	203	Donna McBurney	Granite City Wars	Barre	VT
2	187	Gina Ledger	Masters National Powerlifting Championships	Lebanon	NH
3	154	Patricia Azlin	World Powerlifting Championships	Hagerstown	MD
4	143	Kristen Meisenheimer	2008 Nebraska State Powerlifting Championships	Omaha	NE
	143	Daria Dermeleva	World Powerlifting Championships	Hagerstown	MD
6	141	Wendy Slicer	New England Powerlifting Championships	Burlington	VT
7	105	Cherie Rowland	Maryland State PL/BP Championships	Hagerstown	MD
8	82	Nancy Scott	Granite City Wars	Barre	VT
9	50	Geianna Fuller	2008 Beau Moore Classic	Tampa	FL
10	45	Abigail Pimentel	2008 Beau Moore Classic	Tampa	FL
	45	Maygan Richardson	2008 Beau Moore Classic	Tampa	FL
	45	Jessica Lynch	2008 Beau Moore Classic	Tampa	FL

2008 Bench Press Rankings

Weight Class: 123 lb					
Rank	Lift	Lifter	Meet	Site	
1	159	Donna McBurney	Granite City Wars	Barre	VT
2	140	Lisa Hrutkay	Tri-States Championships	Martins Ferry	OH
3	140	Doreen Wofford	Jacksonville Open BP/DL Championships	Jacksonville	NC
4	132	Carla McComb	Supreme Fitness Challenge II	Brattleboro	VT
5	130	Wendy Slicer	New England Powerlifting Championships	Burlington	VT
6	99	Kristen Meisenheimer	2008 Nebraska State Powerlifting Championships	Omaha	NE
7	95	Patricia Azlin	World Powerlifting Championships	Hagerstown	MD
8	90	Shanice Harrison	Ironman Nationals/United States Open Bench/Strict Curl	Standardsville	VA
9	82	Jennie Lama	World Bench Press Championships	Norfolk	VA
10	77	Gina Ledger	Masters National Powerlifting Championships	Lebanon	NH
11	75	Cherie Rowland	Maryland State PL/BP Championships	Hagerstown	MD
12	71	Sandra Silvia	2008 Masters Nationals and NE Championships	Burlington	VT
	71	Nancy Scott	Granite City Wars	Barre	VT
14	60	Daria Dermeleva	World Powerlifting Championships	Hagerstown	MD
15	45	Geianna Fuller	2008 Beau Moore Classic	Tampa	FL
	45	Megan Gubbs	2008 North Carolina State Powerlifting Championships	Currituck	NC
17	44	Nicole Gambonie	World Bench Press Championships	Norfolk	VA
18	40	Maygan Richardson	2008 Beau Moore Classic	Tampa	FL
	40	Jessica Lynch	2008 Beau Moore Classic	Tampa	FL
20	35	Abigail Pimentel	2008 Beau Moore Classic	Tampa	FL

2008 Deadlift Rankings

Weight Class: 123 lb					
Rank	Lift	Lifter	Meet	Site	
1	336	Donna McBurney	Granite City Wars	Barre	VT
2	264	Kristen Meisenheimer	2008 Nebraska State Powerlifting Championships	Omaha	NE
3	253	Gina Ledger	Masters National Powerlifting Championships	Lebanon	NH
4	245	Doreen Wofford	Jacksonville Open BP/DL Championships	Jacksonville	NC
5	230	Wendy Slicer	New England Powerlifting Championships	Burlington	VT
6	214	Patricia Azlin	World Powerlifting Championships	Hagerstown	MD
7	209	Carla McComb	Supreme Fitness Challenge II	Brattleboro	VT
8	185	Shanice Harrison	Ironman Nationals/United States Open Bench/Strict Curl	Standardsville	VA
9	181	Jennie Lama	World Bench Press Championships	Norfolk	VA
10	176	Nancy Scott	Granite City Wars	Barre	VT
11	165	Daria Dermeleva	World Powerlifting Championships	Hagerstown	MD
12	160	Cherie Rowland	Maryland State PL/BP Championships	Hagerstown	MD

13	100	Geianna Fuller	2008 Beau Moore Classic	Tampa	FL
14	80	Abigail Pimentel	2008 Beau Moore Classic	Tampa	FL
	80	Jessica Lynch	2008 Beau Moore Classic	Tampa	FL
16	65	Maygan Richardson	2008 Beau Moore Classic	Tampa	FL

2008 Total Rankings

Weight Class: 123 lb					
Rank	Lift	Lifter	Meet	Site	
1	698	Donna McBurney	Granite City Wars	Barre	VT
2	517	Gina Ledger	Masters National Powerlifting Championships	Lebanon	NH
3	506	Kristen Meisenheimer	2008 Nebraska State Powerlifting Championships	Omaha	NE
4	501	Wendy Slicer	New England Powerlifting Championships	Burlington	VT
5	463	Patricia Azlin	World Powerlifting Championships	Hagerstown	MD
6	368	Daria Dermeleva	World Powerlifting Championships	Hagerstown	MD
7	340	Cherie Rowland	Maryland State PL/BP Championships	Hagerstown	MD
8	329	Nancy Scott	Granite City Wars	Barre	VT
9	195	Geianna Fuller	2008 Beau Moore Classic	Tampa	FL
10	165	Jessica Lynch	2008 Beau Moore Classic	Tampa	FL
11	160	Abigail Pimentel	2008 Beau Moore Classic	Tampa	FL
12	150	Maygan Richardson	2008 Beau Moore Classic	Tampa	FL

2008 Squat Rankings

Weight Class: 132 lb					
Rank	Lift	Lifter	Meet	Site	
1	220	Christine Barnes	Maryland State PL/BP Championships	Hagerstown	MD
2	160	Gina Shubeta	PFM Nationals and Ohio State Championships	Toledo	OH
3	135	Diane Crampton	Maryland State PL/BP Championships	Hagerstown	MD
4	110	Sara Lawrence	100% RAW National Powerlifting Championships	Reno	NV
5	60	Olivia Toth	Masters National Powerlifting Championships	Lebanon	NH

2008 Bench Press Rankings

Weight Class: 132 lb					
Rank	Lift	Lifter	Meet	Site	
1	170	Kelly Wescott	World Bench Press Championships	Norfolk	VA
2	120	Gina Shubeta	PFM Nationals and Ohio State Championships	Toledo	OH
3	116	Shannon Wisdom	Can-Am Unity Meet	Burlington	VT
4	115	Christine Barnes	Maryland State PL/BP Championships	Hagerstown	MD
5	110	Mary Jane Quinn	2008 Beau Moore Classic	Tampa	FL
6	95	Diane Crampton	Maryland State PL/BP Championships	Hagerstown	MD
7	90	Sara Lawrence	100% RAW National Powerlifting Championships	Reno	NV
8	88	Bev Charland	Masters National Powerlifting Championships	Lebanon	NH
9	82	Gretchen Gray Buchanan	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
	82	Kendalyn Hersh	World Bench Press Championships	Norfolk	VA
11	77	Lauren Wurgler	Iowa State PP/BP/Curl Championships	Council Bluffs	IA
12	72	Diana Kernoff	Can-Am Unity Meet	Burlington	VT
13	60	Olivia Toth	Masters National Powerlifting Championships	Lebanon	NH

2008 Deadlift Rankings

Weight Class: 132 lb					
Rank	Lift	Lifter	Meet	Site	
1	239	Shannon Wisdom	Can-Am Unity Meet	Burlington	VT
2	215	Christine Barnes	Maryland State PL/BP Championships	Hagerstown	MD
	215	Gina Shubeta	PFM Nationals and Ohio State Championships	Toledo	OH
4	205	Diane Crampton	Maryland State PL/BP Championships	Hagerstown	MD

	205	Sara Lawrence	100% RAW National Powerlifting Championships	Reno	NV
6	198	Gretchen Gray Buchanan	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
7	192	Bev Charland	Masters National Powerlifting Championships	Lebanon	NH
8	178	Diana Kernoff	Can-Am Unity Meet	Burlington	VT
9	154	Olivia Toth	Masters National Powerlifting Championships	Lebanon	NH

2008 Total Rankings

Weight Class: 132 lb					
Rank	Lift	Lifter	Meet	Site	
1	550	Christine Barnes	Maryland State PL/BP Championships	Hagerstown	MD
2	495	Gina Shubeta	PFM Nationals and Ohio State Championships	Toledo	OH
3	435	Diane Crampton	Maryland State PL/BP Championships	Hagerstown	MD
4	405	Sara Lawrence	100% RAW National Powerlifting Championships	Reno	NV
5	274	Olivia Toth	Masters National Powerlifting Championships	Lebanon	NH

2008 Squat Rankings

Weight Class: 148 lb					
Rank	Lift	Lifter	Meet	Site	
1	225	Nona Hubbard	Masters National Powerlifting Championships	Lebanon	NH
2	220	Bonnie McDonald	Granite City Wars	Barre	VT
	220	Arden Mickelson	100% RAW National Powerlifting Championships	Reno	NV
	220	Amy Shedrick	Masters National Powerlifting Championships	Lebanon	NH
5	176	Jamey Shockey	2008 Nebraska State Powerlifting Championships	Omaha	NE
	176	Elaine Neal	Masters National Powerlifting Championships	Lebanon	NH
7	143	Laura Delay	Masters National Powerlifting Championships	Lebanon	NH
8	85	Kathy McGee	Maryland State PL/BP Championships	Hagerstown	MD
9	55	Teresa Wiles	Maryland State PL/BP Championships	Hagerstown	MD

2008 Bench Press Rankings

Weight Class: 148 lb					
Rank	Lift	Lifter	Meet	Site	
1	154	Laura Feeny	World Bench Press Championships	Norfolk	VA
2	152	Nona Hubbard	Can-Am Unity Meet	Burlington	VT
3	143	Tracy Billings	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
4	140	Janet Whetstone	Battle of the Border	Elizabeth City	NC
	140	Cozetta Penn	Freedom USA Open	Leesburg	VA
6	134	Bonnie McDonald	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
7	126	Erika Malkin	National Bench/Deadlift/Curl Championships	Annapolis	MD
8	125	Quincy Copeland	PFM Nationals and Ohio State Championships	Toledo	OH
9	120	Martha Clipson	Battle of the Border	Elizabeth City	NC
	120	Arden Mickelson	100% RAW National Powerlifting Championships	Reno	NV
11	115	Sara Newmann	Battle of the Border	Elizabeth City	NC
12	110	Laura Delay	Masters National Powerlifting Championships	Lebanon	NH
13	104	Jamey Shockey	2008 Nebraska State Powerlifting Championships	Omaha	NE
14	100	Veronica Gubbs	2008 Old Dominion BP/Curl	Standardsville	VA
15	99	Elaine Neal	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
	99	Amy Shedrick	Masters National Powerlifting Championships	Lebanon	NH
17	80	Teresa Wiles	Maryland State PL/BP Championships	Hagerstown	MD
18	70	Kathy McGee	Maryland State PL/BP Championships	Hagerstown	MD

2008 Deadlift Rankings

Weight Class: 148 lb					
Rank	Lift	Lifter	Meet	Site	
1	330	Amy Shedrick	Masters National Powerlifting Championships	Lebanon	NH

2	325	Melinda Berbert	New York State BP/DL/Curl	Johnson City	NY
3	286	Bonnie McDonald	Granite City Wars	Barre	VT
	286	Elaine Neal	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
	286	Nona Hubbard	National Bench/Deadlift/Curl Championships	Annapolis	MD
6	260	Zoshonda Ware	Ironman Nationals/United States Open Bench/Strict Curl	Standardsville	VA
7	259	Laura Delay	Masters National Powerlifting Championships	Lebanon	NH
8	225	Erika Malkin	National Bench/Deadlift/Curl Championships	Annapolis	MD
	225	Arden Mickelson	100% RAW National Powerlifting Championships	Reno	NV
10	220	Martha Clipson	Battle of the Border	Elizabeth City	NC
11	203	Jamey Shockey	2008 Nebraska State Powerlifting Championships	Omaha	NE
12	175	Kathy McGee	Maryland State PL/BP Championships	Hagerstown	MD
13	160	Teresa Wiles	Maryland State PL/BP Championships	Hagerstown	MD

2008 Total Rankings

Weight Class: 148 lb					
Rank	Lift	Lifter	Meet	Site	
1	654	Nona Hubbard	Masters National Powerlifting Championships	Lebanon	NH
2	649	Amy Shedrick	Masters National Powerlifting Championships	Lebanon	NH
3	636	Bonnie McDonald	Granite City Wars	Barre	VT
4	565	Arden Mickelson	100% RAW National Powerlifting Championships	Reno	NV
5	533	Elaine Neal	Masters National Powerlifting Championships	Lebanon	NH
6	512	Laura Delay	Masters National Powerlifting Championships	Lebanon	NH
7	483	Jamey Shockey	2008 Nebraska State Powerlifting Championships	Omaha	NE
8	330	Kathy McGee	Maryland State PL/BP Championships	Hagerstown	MD
9	295	Teresa Wiles	Maryland State PL/BP Championships	Hagerstown	MD

2008 Squat Rankings

Weight Class: 165 lb					
Rank	Lift	Lifter	Meet	Site	
1	290	Kristi Devenyi	Steel Valley Powerlifting/Bench/Curl/Deadlift Championships	Martins Ferry	OH
2	245	Ruth Douglas	Maryland State PL/BP Championships	Hagerstown	MD
3	225	Holli Schroyer	Maryland State PL/BP Championships	Hagerstown	MD
4	203	Kim Furlong	Masters National Powerlifting Championships	Lebanon	NH
5	176	Elaine Neal	Granite City Wars	Barre	VT
6	130	Bess Slicer	New England Powerlifting Championships	Burlington	VT

2008 Bench Press Rankings

Weight Class: 165 lb					
Rank	Lift	Lifter	Meet	Site	
1	209	Tammy Walker	World Bench Press Championships	Norfolk	VA
2	154	Ruth Douglas	World Powerlifting Championships	Hagerstown	MD
3	150	Kristi Devenyi	Tri-States Championships	Martins Ferry	OH
4	137	Melisha Andrade	National Bench/Deadlift/Curl Championships	Annapolis	MD
	137	Kim Furlong	Masters National Powerlifting Championships	Lebanon	NH
6	115	Megan Hardesty	National Bench/Deadlift/Curl Championships	Annapolis	MD
	115	Holli Schroyer	Maryland State PL/BP Championships	Hagerstown	MD
	115	Melissa Ligh	Freedom USA Open	Leesburg	VA
9	114	Nahoami Holt	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
10	110	Madison Fox	Ironman Nationals/United States Open Bench/Strict Curl	Standardsville	VA
	110	Kim Furlong	Can-Am Unity Meet	Burlington	VT
12	104	Elaine Neal	Can-Am Unity Meet	Burlington	VT
13	99	Christy Latimer	Iowa State PP/BP/Curl Championships	Council Bluffs	IA
14	82	Bess Slicer	New England Powerlifting Championships	Burlington	VT

2008 Deadlift Rankings

Weight Class:		165 lb			
Rank	Lift	Lifter	Meet	Site	
1	330	Kristi Devenyi	Steel Valley Powerlifting/Bench/Curl/Deadlift Championships	Martins Ferry	OH
2	325	Ruth Douglas	World Powerlifting Championships	Hagerstown	MD
3	303	Elaine Neal	Can-Am Unity Meet	Burlington	VT
	303	Kim Furlong	Masters National Powerlifting Championships	Lebanon	NH
5	300	Holli Schroyer	Maryland State PL/BP Championships	Hagerstown	MD
6	240	Bess Slicer	New England Powerlifting Championships	Burlington	VT
7	231	Nahoami Holt	Twisted Fitness Push/Pull & Strict Curl	Claremont	NH
8	225	Madison Fox	Ironman Nationals/United States Open Bench/Strict Curl	Standardsville	VA
	225	Melisha Andrade	National Bench/Deadlift/Curl Championships	Annapolis	MD
10	205	Melissa Ligh	Freedom USA Open	Leesburg	VA
11	95	Roberta Dearden	Eastern USA Open	Standardsville	VA

2008 Total Rankings

Weight Class:		165 lb			
Rank	Lift	Lifter	Meet	Site	
1	770	Kristi Devenyi	Steel Valley Powerlifting/Bench/Curl/Deadlift Championships	Martins Ferry	OH
2	710	Ruth Douglas	Maryland State PL/BP Championships	Hagerstown	MD
3	643	Kim Furlong	Masters National Powerlifting Championships	Lebanon	NH
4	640	Holli Schroyer	Maryland State PL/BP Championships	Hagerstown	MD
5	515	Elaine Neal	Granite City Wars	Barre	VT
6	452	Bess Slicer	New England Powerlifting Championships	Burlington	VT

2008 Squat Rankings

Weight Class:		181 lb			
Rank	Lift	Lifter	Meet	Site	
1	225	Melody Stocks	Maryland State PL/BP Championships	Hagerstown	MD
2	185	Netanya Weitzman	100% RAW National Powerlifting Championships	Reno	NV
3	148	Sara Rhodes	Granite City Wars	Barre	VT
4	44	Victoria Vasquez	World Powerlifting Championships	Hagerstown	MD

2008 Bench Press Rankings

Weight Class:		181 lb			
Rank	Lift	Lifter	Meet	Site	
1	187	Hayley Bloom	2008 Nebraska State Powerlifting Championships	Omaha	NE
2	160	Melody Stocks	Maryland State PL/BP Championships	Hagerstown	MD
3	126	Victoria Vasquez	World Powerlifting Championships	Hagerstown	MD
4	115	Mary Blackstone	2008 Illinois State Full Power/Bench Press Championships	Chicago	IL
	115	Netanya Weitzman	100% RAW National Powerlifting Championships	Reno	NV
	115	Jayne Goldstein	Arizona State Bench/Curl Championships	Prescott	AZ
7	93	Sara Rhodes	Granite City Wars	Barre	VT

2008 Deadlift Rankings

Weight Class:		181 lb			
Rank	Lift	Lifter	Meet	Site	
1	280	Melody Stocks	Maryland State PL/BP Championships	Hagerstown	MD
2	248	Sara Rhodes	Granite City Wars	Barre	VT
3	225	Netanya Weitzman	100% RAW National Powerlifting Championships	Reno	NV
4	203	Victoria Vasquez	World Powerlifting Championships	Hagerstown	MD

2008 Total Rankings

Weight Class: 181 lb					
Rank	Lift	Lifter	Meet	Site	
1	665	Melody Stocks	Maryland State PL/BP Championships	Hagerstown	MD
2	525	Netanya Weitzman	100% RAW National Powerlifting Championships	Reno	NV
3	489	Sara Rhodes	Granite City Wars	Barre	VT
4	373	Victoria Vasquez	World Powerlifting Championships	Hagerstown	MD

2008 Squat Rankings

Weight Class: 198 lb					
Rank	Lift	Lifter	Meet	Site	
1	289	Emily Daly	Masters National Powerlifting Championships	Lebanon	NH

2008 Bench Press Rankings

Weight Class: 198 lb					
Rank	Lift	Lifter	Meet	Site	
1	270	LaToya Parrish	Bulldog Classic BP/DL Championships	Moycock	NC
2	170	Kathy Wetenhall	PFM Nationals and Ohio State Championships	Toledo	OH
3	159	Emily Daly	Masters National Powerlifting Championships	Lebanon	NH
4	125	Leslie Elliott	Battle of the Border	Elizabeth City	NC
	125	Mary Blackstone	2008 Illinois State Full Power/Bench Press Championships	Bloomington	IL

2008 Deadlift Rankings

Weight Class: 198 lb					
Rank	Lift	Lifter	Meet	Site	
1	336	Emily Daly	Masters National Powerlifting Championships	Lebanon	NH
2	250	Leslie Elliott	Battle of the Border	Elizabeth City	NC

2008 Total Rankings

Weight Class: 198 lb					
Rank	Lift	Lifter	Meet	Site	
1	784	Emily Daly	Masters National Powerlifting Championships	Lebanon	NH

2008 Squat Rankings

Weight Class: SHW lb					
Rank	Lift	Lifter	Meet	Site	
1	330	Kacie Sharp	2008 Nebraska State Powerlifting Championships	Omaha	NE

2008 Bench Press Rankings

Weight Class: SHW lb					
Rank	Lift	Lifter	Meet	Site	
1	170	Laurie Colson	2008 Masters Nationals and NE Championships	Burlington	VT
	170	Kacie Sharp	2008 Nebraska State Powerlifting Championships	Omaha	NE
3	160	Rosalyn Fields	Jacksonville Open BP/DL Championships	Jacksonville	NC

2008 Deadlift Rankings

Weight Class: SHW lb					
Rank	Lift	Lifter	Meet	Site	
1	374	Kacie Sharp	2008 Nebraska State Powerlifting Championships	Omaha	NE
2	300	Rosalyn Fields	Jacksonville Open BP/DL Championships	Jacksonville	NC

2008 Total Rankings

Weight Class: SHW lb

Rank	Lift	Lifter	Meet	Site	
1	874	Kacie Sharp	2008 Nebraska State Powerlifting Championships	Omaha	NE