

2008 Squat Rankings

Weight Class:		132 lb		
Rank	Lift	Lifter	Meet	Site
1	275	Jim Marchio	World Powerlifting Championships	Hagerstown, MD
2	225	Stephen Sokup	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL

2008 Bench Press Rankings

Weight Class:		132 lb		
Rank	Lift	Lifter	Meet	Site
1	203.5	Jim Marchio	World Powerlifting Championships	Hagerstown, MD
2	175	Stephen Sokup	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
3	155	Glenn Raisin	Jacksonville Open	Jacksonville, NC

2008 Deadlift Rankings

Weight Class:		132 lb		
Rank	Lift	Lifter	Meet	Site
1	440.92	Jim Marchio	National Bench/Dead/Curl Championships	Anapolis, MD
2	275	Stephen Sokup	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL

2008 Squat Rankings

Weight Class:		148 lb		
Rank	Lift	Lifter	Meet	Site
1	368.5	David Wilson Jr.	World Powerlifting Championships	Hagerstown, MD
2	355	Michael Robinson	Illinois State Full Power	Bloomington, IL
3	302.5	Jerry Moylan	World Powerlifting Championships	Hagerstown, MD
4	297	Paul Griffith	World Powerlifting Championships	Hagerstown, MD
5	230	Don Daube	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
6	220	Eric Cattell	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL

2008 Bench Press Rankings

Weight Class:		148 lb		
Rank	Lift	Lifter	Meet	Site
1	313.5	David Wilson Jr.	World Powerlifting Championships	Hagerstown, MD
2	305.84	Steve Asselin	New England Powerlifting Championships	Burlington, VT
3	300	Richard Murphy	MD State Full Power and Bench	Hagerstown, MD
4	280	Paul Gillott	Arizona State Bench	Prescott, AZ
5	275	Michael Robinson	Illinois State Full Power and Bench	Chicago, IL
6	264.55	Timothy Barrett	Can-Am Unity	S. Burlington, VT
7	260	Eric Cattell	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
8	259.04	Tom Ferlito	Masters Nationals and NE Championships	Burlington, Vt
9	230	Jeff Fox	Battle of the Border	Elizabeth City, NC
10	205	Don Daube	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
11	198	Jerry Moylan	World Powerlifting Championships	Hagerstown, MD
12	187.39	Rick Fecteau	World Bench Press Championships	Norfolk, VA
13	154	Paul Griffith	World Powerlifting Championships	Hagerstown, MD

2008 Deadlift Rankings

Weight Class:		148 lb		
Rank	Lift	Lifter	Meet	Site
1	485	Michael Robinson	Illinois State Full Power	Bloomington, IL
2	478.5	David Wilson Jr.	World Powerlifting Championships	Hagerstown, MD
3	396	Jerry Moylan	World Powerlifting Championships	Hagerstown, MD
4	368.5	Paul Griffith	World Powerlifting Championships	Hagerstown, MD
5	300	Don Daube	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL

2008 Squat Rankings

Weight Class:		165 lb		
Rank	Lift	Lifter	Meet	Site
1	418.87	David Petro-Roy	New England Powerlifting Championchips	Burlington, VT
2	375	Rich Hutchinson	MD State Full Power and Bench	Hagerstown, MD
3	345	Richard Schreiber	Illinois State Full Power	Bloomington, IL
4	314	Clint Merrill	Masters Nationals	Lebanon, NH
5	286	Ed Abromaitis	World Powerlifting Championships	Hagerstown, MD
6	276	Robert Barreca	Masters Nationals	Lebanon, NH
7	255	Al Annunziato	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
8	205	Jerry Osbourne	MD State Full Power and Bench	Hagerstown, MD

2008 Bench Press Rankings

Weight Class:		165 lb		
Rank	Lift	Lifter	Meet	Site
1	325.18	Corky Baggett	World Bench Press Championships	Norfolk, VA
2	314.16	Christopher Byrnes	Can-Am Unity	S. Burlington, VT
3	285	Richard Schreiber	Illinois State Full Power and Bench	Bloomington, IL
4	281.09	Fred Wescott	World Bench Press Championships	Norfolk, VA
5	275	Ladean Martin	MD State Full Power and Bench	Hagerstown, MD
6	275	Clint Phillips	Illinois State Full Power and Bench	Chicago, IL
7	244.71	David Petro-Roy	New England Powerlifting	Burlington, VT
8	236.99	Jeff Fox	World Bench Press Championships	Norfolk, VA
9	236.5	Ed Abomaitis	World Powerlifting Championships	Hagerstown, MD
10	236	Rich Hutchinson	World Powerlifting Championships	Hagerstown, MD
11	235	Al Annunziato	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
12	226	Clint Merrill	Masters Nationals	Lebanon, NH
13	225	Thomas English	National Powerlifting Championships	Reno, NV
14	220	Larry Larmusiak	Arizona State	Prescott, AZ
15	203.9	Robert Barreca	Masters Nationals	Lebanon, NH
16	143.3	William Falla	Masters Nationals	Lebanon, NH
17	140	Jerry Osbourne	MD State Full Power and Bench	Hagerstown, MD
18	115	George Jaeger	Arizona State	Prescott, AZ

2008 Deadlift Rankings

Weight Class:		165 lb		
Rank	Lift	Lifter	Meet	Site
1	479.5	David Petro-Roy	New England Powerlifting Championchips	Burlington, VT
2	457	Clint Merrill	Masters Nationals	Lebanon, NH
3	450	John Stallworth	New York State BP/DL/Curl	Johnson City, NY
4	450	Rich Hutchinson	MD State Full Power and Bench	Hagerstown, MD
5	415	Al Annunziato	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
6	407.85	Ed Abromaitis	Can-Am Unity	S. Burlington, VT
7	365	Richard Schreiber	Illinois State Full Power	Bloomington, IL
8	350	Jerry Osbourne	MD State Full Power and Bench	Hagerstown, MD
9	336	Stephen Fluet	Masters Nationals	Lebanon, NH
10	320	John Cook	Ironman Nationals	Stanardsville, Va
11	303	Robert Barreca	Masters Nationals	Lebanon, NH

2008 Total Rankings

Weight Class:		165 lb		
Rank	Lift	Lifter	Meet	Site
1	1143.08	David Petro-Roy	New England Powerlifting Championchips	Burlington, VT
2	1025	Rich Hutchinson	MD State Full Power and Bench	Hagerstown, MD
3	997.58	Clint Merrill	Masters Nationals	Lebanon, NH
4	995	Richard Schreiber	Illinois State Full Power	Bloomington, IL
5	902	Ed Abromaitis	World Powerlifting Championships	Hagerstown, MD

6	895	Al Annunziato	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
7	782.63	Robert Barreca	Masters Nationals	Lebanon, NH
8	655	Jerry Osbourne	MD State Full Power and Bench	Hagerstown, MD

2008 Squat Rankings

Weight Class:		181 lb		
Rank	Lift	Lifter	Meet	Site
1	425	Danny Aguirre	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
2	407	Randy Hraban	Nebraska State Powerlifting Championships	Omaha, NE
3	375	Spero Tshontikidis	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
4	375	Norman Grantham	NC State Weightlifting Championships	Currituck, NC
5	375	Larry Emerson	Masters Nationals	Lebanon, NH
6	357.5	Michael Jones	World Powerlifting Championships	Hagerstown, MD
7	340	John Caliri	NC State Weightlifting Championships	Currituck, NC
8	320	Patraic Currey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
9	300	Ross Semplice	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
10	300	Ed Lough	MD State Full Power and Bench	Hagerstown, MD
11	270	Paul Nadeau	Masters Nationals	Lebanon, NH
12	231	Bill Landers	Masters Nationals	Lebanon, NH
13	130	Rick Staab	Steel Valley	Martins Ferry, OH
14	55.1	Dan henson	Masters Nationals	Lebanon, NH

2008 Bench Press Rankings

Weight Class:		181 lb		
Rank	Lift	Lifter	Meet	Site
1	369.27	Tom Gavin	World Bench Press Championships	Norfolk, VA
2	343.9	Daniel Hensen	Masters Nationals	Lebanon, NH
3	330	Ronald Sarmiento	Jacksonville Open	Jacksonville, NC
4	319	Jeff Suhr	Iowa State Powerlifting Championships	Council Bluffs, Iowa
5	314.16	Joe Somma	National Bench/Dead/Curl Championships	Anapolis, MD
6	310	Jerome Penn	Freedom USA Open	Leesburg, VA
7	305	Joe Somma	Illinois State Full Power and Bench	Chicago, IL
8	303	Travis Roberts	Virginia State BP/DL/Curl	Stanardsville, Va
9	290	Danny Aguirre	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
10	290	Mark Moyer	Eastern USA Open	Stanardsville, Va
11	285	Rich Moldovan	NC State Weightlifting Championships	Currituck, NH
12	285	Glenn Miller	Arizona State Bench	Prescott, AZ
13	280	Michael Miniette	National Powerlifting Championships	Reno, NV
14	280	Tom Harris	New York State BP/DL/Curl	Johnson City, NY
15	275.58	Michael Milton	World Bench Press Championships	Norfolk, VA
16	275	Larry Nash	Eastern USA Open	Stanardsville, Va
17	270.06	David Negron	World Bench Press Championships	Norfolk, VA
18	270	Norman Grantham	Jacksonville Open	Jacksonville, NC
19	270	Jerry Smith	Jacksonville Open	Jacksonville, NC
20	265	Patraic Currey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
21	261.25	Wayne Rammell	World Bench Press Championships	Norfolk, VA
22	260	John Calari	NC State Weightlifting Championships	Currituck, NC
23	260	John Shope	Jacksonville Open	Jacksonville, NC
24	255.73	Peter Hubbard	Can-Am Unity	S. Burlington, VT
25	255	Dennis Cain	National Powerlifting Championships	Reno, NV
26	250	Spero Tshontikidis	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
27	237	Larry Emerson	Masters Nationals	Lebanon, NH
28	236.5	Michael Jones	World Powerlifting Championships	Hagerstown, MD
29	236	Randy Hraban	Nebraska State Powerlifting Championships	Omaha, NE
30	225	Walker Breeden	Ironman Nationals	Stanardsville, Va
31	210	Ed Lough	MD State Full Power and Bench	Hagerstown, MD
32	187.4	Paul Nadeau	Masters Nationals	Lebanon, NH
33	185	Ross Semplice	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
34	170.9	Bill Landers	Masters Nationals	Lebanon, NH

2008 Deadlift Rankings

Weight Class:		181 lb		
Rank	Lift	Lifter	Meet	Site
1	545	Danny Aguirre	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
2	524	Jon Hall	Masters Nationals	Lebanon, NH
3	523.59	Kevin McCarragher	National Bench/Dead/Curl Championships	Anapolis, MD
4	496	Larry Emersob	Masters Nationals	Lebanon, NH
5	475	Spero Tshontikidis	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
6	470	Travis Roberts	Virginia State BP/DL/Curl	Stanardsville, Va
7	470	Jerome Penn	Christmas Classic	Stanardsville, Va
8	450	John Caliri	NC State Weightlifting Championships	Currituck, NC
9	435	Norman Grantham	Jacksonville Open	Jacksonville, NC
10	430	Steve Avanzino	National Powerlifting Championships	Reno, NV
11	429	Randy Hraban	Nebraska State Powerlifting Championships	Omaha, NE
12	425	Tom Harris	New York State BP/DL/Curl	Johnson City, NY
13	420	Joe Somma	Illinois State Full Power and Bench	Chicago, IL
14	418.87	Dick Jenkins	National Bench/Dead/Curl Championships	Anapolis, MD
15	390	Ed Lough	MD State Full Power and Bench	Hagerstown, MD
16	379.5	Michael Jones	World Powerlifting Championships	Hagerstown, MD
17	375	Patraic Currey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
18	365	Ross Semplice	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
19	360	Wayne Rammell	Ironman Nationals	Stanardsville, Va
20	350	Larry Nash	Eastern USA Open	Stanardsville, Va
21	340	Rich Moldovan	Battle of the Border	Elizabeth City, NC
22	331	Paul Nadeau	Masters Nationals	Lebanon, NH
23	276	Bill Landers	Masters Nationals	Lebanon, NH
24	275	Velton Brown	Nebraska State Powerlifting Championships	Omaha, NE
25	121	Dan Henson	Masters Nationals	Lebanon, NH

2008 Total Rankings

Weight Class:		181 lb		
Rank	Lift	Lifter	Meet	Site
1	1260	Danny Aguirre	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
2	1107.8	Larry Emerson	Masters Nationals	Lebanon, NH
3	1100	Ross Semplice	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
4	1100	Spero Tshontikidis	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
5	1072	Randy Hraban	Nebraska State Powerlifting Championships	Omaha, NE
6	1050	John Caliri	NC State Weightlifting Championships	Currituck, NC
7	1025	Norman Grantham	NC State Weightlifting Championships	Currituck, NC
8	960	Patraic Currey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
9	902	Michael Jones	World Powerlifting Championships	Hagerstown, MD
10	875	Ed Lough	MD State Full Power and Bench	Hagerstown, MD
11	788.14	Paul Nadeau	Masters Nationals	Lebanon, NH
12	677.91	Bill Landers	Masters Nationals	Lebanon, NH
13	520.29	Dan Henson	Masters Nationals	Lebanon, NH

2008 Squat Rankings

Weight Class:		198 lb		
Rank	Lift	Lifter	Meet	Site
1	485.01	Jim Van Allen	Granite City Iron Wars	Berlin, VT
2	484	Sergey Dermeleva	World Powerlifting Championships	Hagerstown, MD
3	445	Wayne Cattell	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
4	400	Mark Fadke	Illinois State Full Power and Bench	Chicago, IL
5	400	Bill Lindsey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
6	352	Tom Hughes	World Powerlifting Championships	Hagerstown, MD
7	300	Doc Junkins	MD State Full Power and Bench	Hagerstown, MD
8	45	Raymond Cavileer	National Powerlifting Championships	Reno, NV

2008 Bench Press Rankings

Weight Class:		198 lb		
Rank	Lift	Lifter	Meet	Site
1	418.9	Jim Van Allen	Masters Nationals	Lebanon, VT
2	400.13	Ken Mattson	Masters Nationals and NE Championships	Burlington, Vt
3	385.81	Sylvester Freeman	World Bench Press Championships	Norfolk, VA
4	355	Dwain Koser	Virginia State BP/DL/Curl	Stanardsville, Va
5	335	Jeff Hollyfield	Arizona State Bench	Prescott, AZ
6	330	Sergey Dermeleva	World Powerlifting Championships	Hagerstown, MD
7	325	Dennis Charron	Nebraska State Powerlifting Championships	Omaha, NE
8	325	Wayne Cattell	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
9	320	Rudy Martinez	Arizona State Bench	Prescott, AZ
10	315	Bill Lindsey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
11	310	Thomas Piazza	New York State BP/DL/Curl	Johnson City, NY
12	310	John Ferrell	Christmas Classic	Stanardsville, Va
13	303	Ronnie Powell	Nebraska State Powerlifting Championships	Omaha, NE
14	300	Charles Smith	Illinois State Full Power and Bench	Chicago, IL
15	280	John Bourque	Old Dominion BP/Curl	Stanardsville, Va
16	265	Mark Fadke	Illinois State Full Power and Bench	Chicago, IL
17	264.55	Bob Dahlhamer	World Bench Press Championships	Norfolk, VA
18	262.3	Peter Hubbard	Masters National	Lebanon, VT
19	250	Alan Dean Foster	Arizona State Bench	Prescott, AZ
20	231	Brad Miller	Iowa State Powerlifting Championships	Council Bluffs, Iowa
21	230	Doc Junkins	MD State Full Power and Bench	Hagerstown, MD
22	198	Tom Hughes	World Powerlifting Championships	Hagerstown, MD
23	45	Raymond Cavileer	National Powerlifting Championships	Reno, NV

2008 Deadlift Rankings

Weight Class:		198 lb		
Rank	Lift	Lifter	Meet	Site
1	572	Sergey Dermeleva	World Powerlifting Championships	Hagerstown, MD
2	540	Jim Van Allen	Masters Nationals	Lebanon, NH
3	507	Ronnie Powell	Nebraska State Powerlifting Championships	Omaha, NE
4	501.55	Steven Horwitz	National Bench/Dead/Curl Championships	Anapolis, MD
5	460	Raymond Cavileer	National Powerlifting Championships	Reno, NV
6	455	Wayne Cattell	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
7	430	Bill Lindsey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
8	425	Doc Junkins	MD State Full Power and Bench	Hagerstown, MD
9	424	Brad Miller	Iowa State Powerlifting Championships	Norfolk, VA
10	385	Tom Hughes	World Powerlifting Championships	Hagerstown, MD
11	370	Mark Fadke	Illinois State Full Power and Bench	Chicago, IL

2008 Total Rankings

Weight Class:		198 lb		
Rank	Lift	Lifter	Meet	Site
1	1442	Jim Van Allen	Granite City Iron Wars	Berlin, VT
2	1386	Sergey Dermeleva	World Powerlifting Championships	Hagerstown, MD
3	1210	Wayne Cattell	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
4	1115	Bill Lindsey	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
5	1015	Mark Fadke	Illinois State Full Power and Bench	Chicago, IL
6	955	Doc Junkins	MD State Full Power and Bench	Hagerstown, MD
7	935	Tom Hughes	World Powerlifting Championships	Hagerstown, MD

2008 Squat Rankings

Weight Class:		220 lb		
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Rank	Lift	Lifter	Meet	Site
1	480	Lancelot Grant	Beau Moore Classic	Tampa, FL
2	475	Woody Leonard	NC State Weightlifting Championships	Currituck, NC
3	455	Keith Tillman	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
4	435	Dave Lhota	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
5	423.5	Art Martin	World Powerlifting Championships	Hagerstown, MD
6	369	Troy Casa	Masters, Nationals	Lebanon, NH
7	365	Pat Obrien	Beau Moore Classic	Tampa, FL
8	297	Chris Kennedy	World Powerlifting Championships	Hagerstown, MD
9	260	John Ruffalo	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
10	195	Ernie Angel	MD State Full Power and Bench	Hagerstown, MD
11	44.1	Richard Comito	Masters, Nationals	Lebanon, NH

2008 Bench Press Rankings

Weight Class:		220 lb		
Rank	Lift	Lifter	Meet	Site
1	455	William Blackstone	Illinois State Full Power and Bench	Bloomington, IL
2	435	Sean Welch	National Bench/Dead/Curl Championships	Anapolis, MD
3	431	Curtis Clapp	Masters Nationals and NE Championships	Burlington, VT
4	413.36	Joe Rascoe	World Bench Press Championships	Norfolk, Va
5	402.34	Ron Wisdom	Can-Am Unity	S. Burlington
6	370	John Jackson	Ironman Nationals	Stanardsville, Va
7	360	Mark Robb	Christmas Classic	Stanardsville, Va
8	345	Dan Barbee	Old Dominion BP/Curl	Stanardsville, Va
9	345	Dave Lhota	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
10	345	Kevin Goolsby	Ploice/Fire/Military and Ohio Championships	Toledo, OH
11	335	Woody Leonard	NC State Weightlifting Championships	Currituck, NC
12	320	John Hargett	Ironman Nationals	Stanardsville, Va
13	315	Randy Williams	Ironman Nationals	Stanardsville, Va
14	314.16	John Shifflet	National Bench/Dead/Curl Championships	Anapolis, MD
15	302.5	Chris Kennedy	World Powerlifting Championships	Hagerstown, MD
16	286.6	Troy Casa	Masters Nationala	Lebanon, VT
17	285	Richard Temmerman	Illinois State Full Power and Bench	Bloomington, IL
18	285	Bob Lacy	Arizona State Bench	Prescott, Az
19	281.09	Benard Blough	National Bench/Dead/Curl Championships	Anapolis, MD
20	275	Keith Tillman	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
21	270.1	Richard Comito	Masters National	Lebanon, VT
22	270	Lancelot Grant	Beau Moore Classic	Tampa, FL
23	250	John Ruffalo	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
24	250	Ziba Dearden	Virginia State BP/DL/Curl	Stanardsville, Va
25	240	Michael Hawkins	Arizona State Bench	Prescott, Az
26	230	Pat Obrien	Beau Moore Classic	Tampa, FL
27	225.5	Art Martin	World Powerlifting Championships	Hagerstown, MD
28	210	Carroll Clark	Ironman Nationals	Stanardsville, Va
29	195	Ernie Angel	MD State Full Power and Bench	Hagerstown, MD
30	130	Joseph Strange	Jacksonville Open	Jacksonville, NC

2008 Deadlift Rankings

Weight Class:		220 lb		
Rank	Lift	Lifter	Meet	Site
1	555	Woody Leonard	NC State Weightlifting Championships	Currituck, NC
2	520	Mark Robb	Christmas Classic	Stanardsville, Va
3	510	John Hargett	Ironman Nationals	Stanardsville, Va
4	505	Pat Obrien	Beau Moore Classic	Tampa, FL
5	500	Lancelot Grant	Beau Moore Classic	Tampa, FL
6	485	Carroll Clark	Christmas Classic	Stanardsville, Va
7	470	Keith Tillman	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL

8	451	Art Martin	World Powerlifting Championships	Hagerstown, MD
9	440.92	Ron Wisdom	Can-Am Unity	S. Burlington, VT
10	430	Doug Morris	Ironman Nationals	Stanardsville, Va
11	402	Troy Casa	Masters Nationals	Lebanon, NH
12	400	Dick Oprison	Ironman Nationals	Stanardsville, Va
13	385	Dave Lhota	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
14	375	Ziba Dearden	Virginia State BP/DL/Curl	Stanardsville, Va
15	370	Ernie Angel	MD State Full Power and Bench	Hagerstown, MD
16	365	John Ruffalo	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
17	319	Chris Kennedy	World Powerlifting Championships	Hagerstown, MD
18	226	Richard Comito	Masters Nationals	Lebanon, NH

2008 Total Rankings

Weight Class: 220 lb				
Rank	Lift	Lifter	Meet	Site
1	1365	Woody Leonard	NC State Weightlifting Championships	Currituck, NC
2	1250	Lancelot Grant	Beau Moore Classic	Tampa, FL
3	1200	Keith Tillman	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
4	1165	Dave Lhota	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
5	1100	Pat Obrien	Beau Moore Classic	Tampa, FL
6	1100	Art Martin	World Powerlifting Championships	Hagerstown, MD
7	1058.2	Troy Casa	Masters National	Lebanon, NH
8	918.5	Chris Kennedy	World Powerlifting Championships	Hagerstown, MD
9	875	John Ruffalo	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
10	765	Ernie Angel	MD State Full Power and Bench	Hagerstown, MD
11	540.13	Richard Comito	Masters National	Lebanon, NH

2008 Squat Rankings

Weight Class: 242 lb				
Rank	Lift	Lifter	Meet	Site
1	474	Bob Toth	Masters Nationals	Lebanon, NH
2	419	Mark Ranalletti	Masters Nationals	Lebanon, NH
3	415	Pete Serra	NC State Weightlifting Championships	Currituck, NC
4	402	Dennis Brennick	Masters Nationals	Lebanon, NH
5	400	Larry Bucchioni	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
6	364	Anthony Burnham	Masters Nationals	Lebanon, NH
7	346.5	Gerald Burke	World Powelifting Championships	Hagerstown, MD
8	342	Carl Wallin	Masters Nationals	Lebanon, NH
9	325	Dennis Cameron	National Powerlifting Championships	Reno, NV
10	314	John Carey	Nebraska State Powelifting Chapionships	Omaha, NE
11	275	Ira Brooks	World Powerlifting Championships	Hagerstown, MD
12	145	Joe Marsilio	Beau Moore Classic	Tampa, FL

2008 Bench Press Rankings

Weight Class: 242 lb				
Rank	Lift	Lifter	Meet	Site
1	410	Joe Roscoe	NC State Weightlifting Championships	Currituck, NC
2	410	Dave Reeder	MD State Full Power and Bench	Hagerstown, MD
3	402.34	Carl Mueller	World Bench Press Championships	Norfolk, VA
4	400	Mark Engle Sr.	Illinois State Full Power and Bench	Chicago, IL
5	375	Henry Jackson Sr.	Illinois State Full Power and Bench	Chicago, IL
6	365	Jim Kennedy	Arizona State Bench	Prescott, AZ
7	352	Greg Rhoades	Iowa State Powerlifting Championships	Council Bluffs, Iowa
8	345	Lynn Corbin	NC State Weightlifting Championships	Currituck, NC
9	345	Pete Serra	Jacksonville Open	Jacksonville, NC

10	341.7	Bob Toth	Masters Nationals	Lebanon, NH
11	340	Henry Banks	Ironman Nationals	Stanardsville, VA
12	336.2	Mark Ranalletti	Masters Nationals	Lebanon, NH
13	336	Dave Kraft	Nebraska State Powerlifting Championships	Omaha, NE
14	335	Glen Frames	Police/Fire/Military and Ohio Championships	Toledo, OH
15	330.69	Phillip Thomsen	Supreme Fitness Challenge	Brattleboro, VT
16	330.69	William Banks	World Bench Press Championships	Norfolk, VA
17	324.5	Gerald Burke	World Powelifting Championships	Hagerstown, MD
18	320	Tim Ross	Police/Fire/Military and Ohio Championships	Toledo, OH
19	320	Scott Deuel	Battle of the Border	Elizabeth City, NC
20	319.67	David Orié	World Bench Press Championships	Norfolk, VA
21	314.16	Anthony Burnham	New England Powerlifting Championships	Burlington, VT
22	314.16	Billy Powell	World Bench Press Championships	Norfolk, VA
23	303.1	Dennis Brennick	Masters Nationals	Lebanon, NH
24	300	Bernie Rhodes	NC State Weightlifting Championships	Currituck, NC
25	292.11	Ira Brooks	World Bench Press Championships	Norfolk, VA
26	285	Ed Horwitz	Illinois State Full Power and Bench	Bloomington, IL
27	275	Joe Marsilio	Beau Moore Classic	Tampa, FL
28	265	Tim McKeever	Arizona State Bench	Prescott, AZ
29	253.53	Maurice Cherry	Masters Nationals and NE Championships	Burlington, VT
30	250	Mick Divan	Illinois State Full Power and Bench	Bloomington, IL
31	242	John Carey	Iowa State Powerlifting Championships	Council Bluffs, Iowa
32	225	Jeff Sevor	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
33	225	Larry Bucchioni	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
34	214.9	Carl Wallin	Masters Nationala	Lebanon, NH
35	200	Dennis Cameron	National Powerliting Championships	Reno, NV

2008 Deadlift Rankings

Weight Class:		242 lb		
Rank	Lift	Lifter	Meet	Site
1	570	Pete Serra	Jacksonville Open	Jacksonville, NC
2	545	Lynn Corbin	Jacksonville Open	Jacksonville, NC
3	513	Bob Toth	Masters Nationals	Lebanon, NH
4	510	Larry Bucchioni	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
5	480	Mark Ranalletti	Masters Nationals	Lebanon, NH
6	475	Dennis Cameron	National Powerlifting Champioships	Reno, NV
7	474	Carl Wallin	Masters National	Lebanon, NH
8	435	Greg Rhoades	Iowa State Powerlifting Championships	Council Bluffs, Iowa
9	434	John Carey	Iowa State Powerlifting Championships	Council Bluffs, Iowa
10	430	Dennis Brennick	Masters National	Lebanon, NH
11	401.5	Ira Brooks	World Powerlifting Championships	Hagerstown, MD
12	400	Dick Oprison	Freedom USA Open	Leesburg, VA
13	391	Anthony Burnham	Masters Nationals	Lebanon, NH
14	385	Henry Jackson Sr.	Illinois State Full Power and Bench	Chicago, IL
15	375	Jeff Sevor	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
16	340	Joe Marsilio	Beau Moore Classic	Tampa, FL
17	330	Gerald Burke	World Powerlifting Championships	Hagerstown, MD
18	303.1	Jay McKenna	Twisted Fitness Push-Pull	Claremount, NH

2008 Total Rankings

Weight Class:		242 lb		
Rank	Lift	Lifter	Meet	Site
1	1328.3	Bob Toth	Masters Nationals	Lebanon, NH
2	1275	Pete Serra	NC State Weightlifting Championships	Currituck, NC

3	1234.6	Mark Ranalletti	Masters Nationals	Lebanon, NH
4	1135.4	Dennis Brennick	Masters Nationals	Lebanon, NH
5	1135	Larry Bucchioni	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
6	1058.2	Anthony Burnham	Masters Nationals	Lebanon, NH
7	1030.7	Carl Wallin	Masters National	Lebanon, NH
8	1001	Gerald Burke	World Powerlifting Championships	Hagerstown, MD
9	1000	Dennis Cameron	National Powerlifting Championships	Reno, NV
10	968	John Carey	Nebraska State Powerlifting Championships	Omaha, NE
11	940.5	Ira Brooks	World Powerlifting Championships	Hagerstown, MD
12	755	Joe Marsilio	Beau Moore Classic	Tampa, FL
13	550	Raymond Cavileer	National Powerlifting Championships	Reno, NV

2008 Squat Rankings

Weight Class: 275 lb				
Rank	Lift	Lifter	Meet	Site
1	600	John Rooney	MD State Full Power and Bench	Hagerstown, MD
2	502	Pete Gisondi	Masters Nationals	Lebanon, NH
3	475	Ron Pestenski	Beau Moore Classic	Tampa, FL
4	465	Richard Cerrato	Beau Moore Classic	Tampa, FL
5	460	Tim Smith	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
6	418	Ray Peters	Nebraska State Powerlifting Championships	Omaha, NE
7	385	Darryl Crans	World Powerlifting Championships	Hagerstown, MD
8	380	Ray Cross	Masters Nationals	Lebanon, NH
9	300	Joeseeph Hutchinson	Tri State Championships	Martins Ferry, OH
10	225	Jim Perhach	MD State Full Power and Bench	Hagerstown, MD

2008 Bench Press Rankings

Weight Class: 275 lb				
Rank	Lift	Lifter	Meet	Site
1	474	Greg Curatola	Masters Nationals	Lebanon, NH
2	440.92	Chris DeSanto	Can-Am Unity	S. Burlington, VT
3	425	Jack Daniels	Police/Fire/Military and Ohio State Championships	Toledo, OH
4	420	John Rooney	MD State Full Power and Bench	Hagerstown, MD
5	410	Wes McGlothlin	Ironman Nationals	Stanardsville, VA
6	402.34	Raymond Classing Sr.	World Bench Press Championships	Norfolk, VA
7	400	Bill Schnepf	MD Sate Full Power and Bench	Hagerstown, MD
8	400	Harry Henry	MD Sate Full Power and Bench	Hagerstown, MD
9	374.8	Pete Gisondi	Masters Nationals	Lebanon, NH
10	369	Robert Kubat, Jr.	Nebraska State Powerlifting Championships	Omaha, NE
11	365	Ron Pestenski	Beau Moore Classic	Tampa, FL
12	352.74	Ricky Moomau	World Bench Press Championships	Norfolk, VA
13	340	Richard Cerrato	Beau Moore Classic	Tampa, FL
14	330	James Boen	Illinois State Full Power	Bloomington, IL
15	330	Ray Peters	Iowa State Powerlifting Championships	Council Bluffs, Iowa
16	325.18	Ed Horwitz	World Bench Press Championships	Norfolk, VA
17	325	Tim Smith	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
18	325	Jim Perhach	MD State Full Power and Bench	Hagerstown, MD
19	325	Brad Phillips	Eastern USA Open	Stanardsville, VA
20	325	Carl Lyons	Christmas Classic	Stanardsville, VA
21	315	Joeseeph Hutchinson	Tri State Championships	Martins Ferry, OH
22	315	Jerry Lewis	NC State Weightlifting Championships	Currituck, NC
23	314.2	Ray Cross	Masters Nationals	Lebanon, NH
24	305	Tim Patterson	Ironman Nationals	Stanardsville, VA
25	303.13	Brian Blough	National Bench/Dead/Curl Championships	Anapolis, MD
26	275.58	Steven Bush	Supreme Fitness Challenge	Battleboro

27	264	Darryl Crans	World Powerlifting Championships	Lebanon, NH
28	260	Ken Tawzer	National Powerlifting Championships	Reno, NV

2008 Deadlift Rankings

Weight Class:		275 lb		
Rank	Lift	Lifter	Meet	Site
1	617	Pete Gisondi	Masters Nationals	Lebanon, NH
2	600	Bradley Phillips	Eastern USA Open	Stanardsville, VA
3	594	Jim Perhach	World Powerlifting Championships	Hagerstown, MD
4	584.22	Chris DeSanto	Can-Am Unity	S. Burlington, VT
5	584.22	Fred Peterson	Can-Am Unity	S. Burlington, VT
6	575	John Rooney	MD State Full Power and Bench	Hagerstown, MD
7	525	Ron Pestenski	Beau Moore Classic	Tampa, FL
8	500	Tim Smith	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
9	500	Carl Lyons	Christmas Classic	Stanardsville, VA
10	480	Darryl Crans	New York State BP/DL/Curl	Johnson City, NY
11	450	Joeseoph Hutchinson	Tri State Championships	Martins Ferry, OH
12	430	Ray Cross	Masters Nationals	Lebanon, NH
13	429	Ray Peters	Nebraska State Powerlifting Championships	Omaha, NE
14	315	Richard Cerrato	Beau Moore Classic	Tampa, FL

2008 Total Rankings

Weight Class:		275 lb		
Rank	Lift	Lifter	Meet	Site
1	1595	John Rooney	MD State Full Power and Bench	Hagerstown, MD
2	1493.6	Pete Gisondi	Masters Nationals	Lebanon, NH
3	1365	Ron Pestenski	Beau Moore Classic	Tampa, FL
4	1285	Tim Smith	Elementary, Middle, HS, Collegiate Sub & Masters Nationals	Melbourne, FL
5	1166	Ray Peters	Nebraska State Powerlifting Championships	Omaha, NE
6	1130	Jim Perhach	MD State Full Power and Bench	Hagerstown, MD
7	1124.3	Ray Cross	Masters Nationals	Lebanon, NH
8	1122	Darryl Crans	World Powerlifting Championships	Hagerstown, MD
9	1120	Richard Cerrato	Beau Moore Classic	Tampa, FL
10	1015	Joeseoph Hutchinson	Tri State Championships	Martins Ferry, OH

2008 Squat Rankings

Weight Class:		275+ lb		
Rank	Lift	Lifter	Meet	Site
1	700	Dave Villeneuve	Masters National	Lebanon, NH
2	468	Daniel Bunch	Nebraska State Powerlifting Championships	Omaha, NE
3	420	Edward McGarvey	Police/Fire/Military and Ohio Championships	Toledo, OH
4	356.04	Bill Carter	New England Championships	Burlington, VT
5	165	Kent Burgess	Steel Valley	Martins Ferry, OH

2008 Bench Press Rankings

Weight Class:		275+ lb		
Rank	Lift	Lifter	Meet	Site
1	534	Daryl Charron	Nebraska State Powerlifting Championships	Omaha, NE
2	475	Kent Burgess	Steel Valley	Martins Ferry, OH
3	468.48	Thomas Dillard	World Bench Press Championships	Norfolk, VA
4	424.4	Dave Villeneuve	Masters National	Lebanon, NH
5	405	Brian Kissel	Beau Moore Classic	Tampa, FL
6	402.3	Steve Chance	Twisted Fitness Push-Pull	Claremount, NH
7	386.91	Ted Brooks	World Bench Press Championships	Norfolk, VA
8	385	Ken Green	NC State Weightlifting Championships	Currituck, NC

9	385	Jim Wetenhall	Police/Fire/Military and Ohio Championships	Toledo, OH
10	360	Jervis Penn	Freedom USA Open	Leesburg, VA
11	360	Tom McCall	MD State Full Power and Bench	Hagerstown, MD
12	350	Bryon Barthel	Arizona State Bench	Prescott, Az
13	335	Edward McGarvey	Steel Valley	Martins Ferry, OH
14	330	Daniel Bunch	Iowa State Powerlifting Championships	Norfolk, VA
15	305	Denny Faler	National Powerlifting Championships	Reno, NV
16	253.5	Bill Carter	Masters National	Lebanon, NH
17	225	David Sanders	Eastern USA Open	Stanardsville, VA
18	170	Andy Roche	Iowa State Powerlifting Championships	Council Bluffs, Iowa

2008 Deadlift Rankings

Weight Class: 275+ lb				
Rank	Lift	Lifter	Meet	Site
1	716	Dave Villeneuve	Masters Nationals	Lebanon, NH
2	600.75	Steve Chance	Twisted Fitness Push-Pull	Claremount, NH
3	500	Jervis Penn	Freedom USA Open	Leesburg
4	457	Daniel Bunch	Iowa State Powerlifting Championships	Council Bluffs, Iowa
5	450	Edward McGarvey	Steel Valley	Martins Ferry, OH
6	375.88	Bill Carter	New England Powerlifting Championships	Burlington, VT
7	314	Andt Roche	Iowa State Powerlifting Championships	Council Bluffs, Iowa
8	300	David Sanders	Eastern USA Open	Stanardsville, VA

2008 Total Rankings

Weight Class: 275+ lb				
Rank	Lift	Lifter	Meet	Site
1	1840.8	Dave Villeneuve	Masters Nationals	Lebanon, NH
2	1222	Daniel Bunch	Nebraska State Powerlifting Championships	Omaha, NE
3	1200	Edward McGarvey	Police/Fire/Military and Ohio Championships	Toledo, OH
4	981.05	Bill Carter	Masters Nationals	Lebanon, NH