

2005 Squat Rankings

Weight Class: 123 lb

Rank	Lift	Lifter	Meet
1	180	Matt Willis	North Carolina Teenage State Championships
2	170	Justin Martin	North Carolina Teenage State Championships
3	135	K. Ferrelli	2005 World Powerlifting Championships
4	125	Timmy Caudle	National Powerlifting Championships
5	88.2	Conner Dantzler	Hagerstown Tri-State Open

2005 Bench Press Rankings

Weight Class: 123 lb

Rank	Lift	Lifter	Meet
1	175	Jimmy Grier	IronMan Challenge
2	155	K. Ferrelli	2005 World Powerlifting Championships
3	135	Matt Willis	Southern Open Bench Press Championship
4	130	Hakeem Foster	Battle of the Border
	130	Dominique Harris	Battle of the Border
	130	Justin Martin	2005 World Bench Press Championships
7	125	Josh Scott	IronMan Challenge
8	105	Justin Burroughs	Christmas Bench Press Classic
9	95	Timmy Caudle	National Powerlifting Championships
	95	Derrick Cheese	Battle of the Border
	95	David Mignogna	IronMan Challenge
	95	Quinton Thomas	2005 World Bench Press Championships
13	80	Josh Campo	North American Bench Press
14	75	Gaige Marshall	2005 World Bench Press Championships
15	70	Myles Evans	Christmas Bench Press Classic
16	65	S. Evans	2005 World Bench Press Championships
	65	Marcus Townes	2005 World Bench Press Championships
18	61.7	Conner Dantzler	Hagerstown Tri-State Open
19	55	Jaquis Hanks	Christmas Bench Press Classic
	55	Thomas Ragland	Battle of the Border
21	45	Matt Campo	North American Bench Press
	45	J. Hanks	2005 World Bench Press Championships

2005 Deadlift Rankings

Weight Class: 123 lb

Rank	Lift	Lifter	Meet
1	290	Jimmy Grier	IronMan Challenge
2	285	Josh Scott	IronMan Challenge
3	250	Justin Martin	North Carolina Teenage State Championships
	250	Matt Willis	North Carolina Teenage State Championships
5	225	K. Ferrelli	2005 World Powerlifting Championships
6	170	David Mignogna	IronMan Challenge
7	159.8	Conner Dantzler	Hagerstown Tri-State Open
8	155	Timmy Caudle	National Powerlifting Championships

2005 Total Rankings

Weight Class: 123 lb

Rank	Lift	Lifter	Meet
1	565	Matt Willis	North Carolina Teenage State Championships
2	545	Justin Martin	North Carolina Teenage State Championships
3	515	K. Ferrelli	2005 World Powerlifting Championships
4	375	Timmy Caudle	National Powerlifting Championships
5	309.7	Conner Dantzer	Hagerstown Tri-State Open

2005 Squat Rankings

Weight Class: 132 lb

Rank	Lift	Lifter	Meet
1	305	Ashton Sanders	North Carolina Teenage State Championships
2	260	Matthew Gadziala	National Powerlifting Championships
3	235	Jamarious O'Neal	North Carolina Teenage State Championships
4	220	Tony Lacy	North Carolina Teenage State Championships

2005 Bench Press Rankings

Weight Class: 132 lb

Rank	Lift	Lifter	Meet
1	275	Melvin Perry	2005 World Bench Press Championships
2	210	B. Zak	2005 World Bench Press Championships
3	195	Matthew Gadziala	National Powerlifting Championships
4	190	Byron Swain	Battle of the Border
5	180	Ashton Sanders	North Carolina Teenage State Championships
	180	Ryan Marion	2005 World Bench Press Championships
7	150	Tony Lacy	North Carolina Teenage State Championships
	150	Malcolm Jones	IronMan Challenge
9	140	Jake Messina	IronMan Challenge
10	135	D. Harris	2005 World Bench Press Championships
11	115	Jamie Reeves	Raleigh Bench Press Championship
	115	Jamarious O'Neal	North Carolina Teenage State Championships
13	110	D. Bates	2005 World Bench Press Championships
14	105	Sandy Tipton	Southern Open Bench Press Championship
15	85	Jonte Bullock	2005 World Bench Press Championships

2005 Deadlift Rankings

Weight Class: 132 lb

Rank	Lift	Lifter	Meet
1	380	Matthew Gadziala	National Powerlifting Championships
2	365	Ashton Sanders	North Carolina Teenage State Championships
3	325	Tony Lacy	North Carolina Teenage State Championships
4	310	Malcolm Jones	IronMan Challenge
5	295	Jamarious O'Neal	North Carolina Teenage State Championships
6	275	Ryan Marion	IronMan Challenge
7	255	Jake Messina	IronMan Challenge

2005 Total Rankings

Weight Class: 132 lb

Rank	Lift	Lifter	Meet
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1	850	Ashton Sanders	North Carolina Teenage State Championships
2	835	Matthew Gadziala	National Powerlifting Championships
3	695	Tony Lacy	North Carolina Teenage State Championships
4	645	Jamarious O'Neal	North Carolina Teenage State Championships

2005 Squat Rankings

Weight Class:		148 lb	
Rank	Lift	Lifter	Meet
1	360	David Wilson	National Powerlifting Championships
2	341.7	Brian Rouzer	Hagerstown Tri-State Open
3	325	Drew Priddy	2005 World Powerlifting Championships
4	315	N. Abruzzio	2005 World Powerlifting Championships
	315	M. Ticknor	2005 World Powerlifting Championships
6	305	L. Smith	2005 World Powerlifting Championships
7	285	M. Bates	2005 World Powerlifting Championships
8	270	Wesley Andujar	North Carolina Teenage State Championships
	270	Jacob Manuel	North Carolina Teenage State Championships
10	255	Jeremy Sears	North Carolina Teenage State Championships
11	135	J. Fisher	2005 World Powerlifting Championships

2005 Bench Press Rankings

Weight Class:		148 lb	
Rank	Lift	Lifter	Meet
1	365	James Love	National Bench Press Championships
2	320	David Wilson	2005 World Bench Press Championships
3	295	N. Abruzzio	2005 World Powerlifting Championships
	255	L. Smith	2005 World Powerlifting Championships
	255	Wayne Claypatch	National Bench Press Championships
	255	Luther Gagnon	IronMan Challenge
7	250	M. Ticknor	2005 World Powerlifting Championships
8	235	M. Bates	2005 World Powerlifting Championships
9	226	Brian Rouzer	Hagerstown Tri-State Open
10	225	J. Fisher	2005 World Powerlifting Championships
11	215	Smoky Ames	Battle of the Border
12	210	Terry Ma	Holiday Cash Bench Bash
13	200	JD Setford	IronMan Challenge
14	185	Drew Priddy	2005 World Powerlifting Championships
	185	Brian Harrison	IronMan Challenge
16	177.5	Jeremy Shifflett	Virginia State Bench Press
17	175	Wesley Andujar	North Carolina Teenage State Championships
	175	Jacob Manuel	North Carolina Teenage State Championships
	175	Jeremy Sears	North Carolina Teenage State Championships
20	170	Samuel Talley	2005 World Bench Press Championships
21	160	Jacob Manuel	Battle of the Border
22	155	Chuck Waggoner	North American Bench Press
23	145	Dominique Harris	Christmas Bench Press Classic
24	125	GT Rouson	IronMan Challenge
25	105	Richard White	IronMan Challenge
26	100	Michael Lewis	Christmas Bench Press Classic
	100	M. Williams	2005 World Bench Press Championships
	100	Corey Cannady	2005 World Bench Press Championships
29	85	Malcom Alston	2005 World Bench Press Championships
30	80	Dominique Richards	Battle of the Border

2005 Deadlift Rankings

Weight Class:		148 lb	
Rank	Lift	Lifter	Meet
1	550	M. Ticknor	2005 World Powerlifting Championships
2	490	N. Abruzzio	2005 World Powerlifting Championships
3	475	David Wilson	National Powerlifting Championships
	475	L. Smith	2005 World Powerlifting Championships
5	410	Drew Priddy	2005 World Powerlifting Championships
6	405	M. Bates	2005 World Powerlifting Championships
	405	Luther Gagnon	IronMan Challenge
8	358.2	Brian Rouzer	Hagerstown Tri-State Open
9	350	Jacob Manuel	North Carolina Teenage State Championships
	350	JD Setford	IronMan Challenge
	350	Brian Harrison	IronMan Challenge
12	345	Wesley Andujar	North Carolina Teenage State Championships
13	335	Jeremy Sears	North Carolina Teenage State Championships
	335	GT Rouson	IronMan Challenge
15	245	J. Fisher	2005 World Powerlifting Championships
16	225	Richard White	IronMan Challenge

2005 Total Rankings

Weight Class:		148 lb	
Rank	Lift	Lifter	Meet
1	1140	David Wilson	National Powerlifting Championships
2	1115	M. Ticknor	2005 World Powerlifting Championships
3	1100	N. Abruzzio	2005 World Powerlifting Championships
4	1035	L. Smith	2005 World Powerlifting Championships
5	925.9	Brian Rouzer	Hagerstown Tri-State Open
6	925	M. Bates	2005 World Powerlifting Championships
7	920	Drew Priddy	2005 World Powerlifting Championships
8	795	Jacob Manuel	North Carolina Teenage State Championships
9	790	Wesley Andujar	North Carolina Teenage State Championships
10	768	Jeremy Sears	North Carolina Teenage State Championships
11	605	J. Fisher	2005 World Powerlifting Championships

2005 Squat Rankings

Weight Class:		165 lb	
Rank	Lift	Lifter	Meet
1	374.8	Jonathan Pentz	Hagerstown Tri-State Open
2	365	L. Bruff	2005 World Powerlifting Championships
	365	Anthony Martin	North Carolina Teenage State Championships
4	330	Luther Gagnon	North Carolina Teenage State Championships
5	280	M. Wicker	2005 World Powerlifting Championships
6	315	Daniel Craft	North Carolina Teenage State Championships
7	259	Dave Ray	Hagerstown Tri-State Open

2005 Bench Press Rankings

Weight Class:		165 lb	
Rank	Lift	Lifter	Meet
1	360	John Self	2005 World Bench Press Championships

2	325	John Brown	Raleigh Bench Press Championship
3	315	Andrei Loginov	Holiday Cash Bench Bash
4	310	D. Sqroi	2005 World Bench Press Championships
5	305	Billy Edwards	National Bench Press Championships
	305	T. Haque	2005 World Bench Press Championships
7	300	Mark Franklin	2005 World Bench Press Championships
8	295	Clint Phillips	Holiday Cash Bench Bash
9	285	Fred Wescott	National Bench Press Championships
	285	Jimmy Cale	Christmas Bench Press Classic
11	280	Shaun House	National Bench Press Championships
12	275	M. Tipton	2005 World Bench Press Championships
	275	Chris Balance	Raleigh Bench Press Championship
14	270	M. Wicker	2005 World Powerlifting Championships
	270	Luther Gagnon	Raleigh Bench Press Championship
16	265	J. Maselbas	2005 World Bench Press Championships
	265	L. Bruff	2005 World Powerlifting Championships
	265	Kevin Holroyd	Raleigh Bench Press Championship
19	259	Jonathan Pentz	Hagerstown Tri-State Open
20	253.5	Dave Ray	Hagerstown Tri-State Open
21	250	R. Young	2005 World Bench Press Championships
	250	Matt Keith	Raleigh Bench Press Championship
	250	Ed Ownley	Battle of the Border
24	245	Daniel Craft	IronMan Challenge
25	240	Ryan Pinner	IronMan Challenge
	240	Sherwood Johnson	IronMan Challenge
27	225	David Jones	IronMan Challenge
28	215	Ben Bylenga	IronMan Challenge
29	205	Richard Steele	Southern Open Bench Press Championship
30	200	Anthony Martin	North Carolina Teenage State Championships
31	195	Jonathan Marrow	Battle of the Border
32	185	Rick Fecteau	2005 World Bench Press Championships
33	180	Marsalis Williams	IronMan Challenge
	180	Antonion McCain	IronMan Challenge
35	160	C. Waggoner	2005 World Bench Press Championships
	160	Shea Kirkwood	IronMan Challenge
37	115	Tommy Warren	Battle of the Border
38	105	D. Richards	2005 World Bench Press Championships
39	95	Cody Sears	Southern Open Bench Press Championship
40	85	Dominique Richards	Christmas Bench Press Classic

2005 Deadlift Rankings

Weight Class:		165 lb	
Rank	Lift	Lifter	Meet
1	479.5	Jonathan Pentz	Hagerstown Tri-State Open
2	455	L. Bruff	2005 World Powerlifting Championships
	455	Luther Gagnon	North Carolina Teenage State Championships
4	425	Sherwood Johnson	IronMan Challenge
5	415	M. Wicker	2005 World Powerlifting Championships
6	370	Ryan Pinner	IronMan Challenge
7	365	Daniel Craft	North Carolina Teenage State Championships
8	350	Marsalis Williams	IronMan Challenge
	350	Shea Kirkwood	IronMan Challenge
10	340	Ben Bylenga	IronMan Challenge
11	335	Anthony Martin	North Carolina Teenage State Championships

12	325	David Jones	IronMan Challenge
13	319.7	Dave Ray	Hagerstown Tri-State Open
14	245	Antonion McCain	IronMan Challenge

2005 Total Rankings

Weight Class: 165 lb			
Rank	Lift	Lifter	Meet
1	1113.3	Jonathan Pentz	Hagerstown Tri-State Open
2	1085	L. Bruff	2005 World Powerlifting Championships
3	1040	Luther Gagnon	North Carolina Teenage State Championships
4	965	M. Wicker	2005 World Powerlifting Championships
5	900	Anthony Martin	North Carolina Teenage State Championships
6	885	Daniel Craft	North Carolina Teenage State Championships
7	832.2	Dave Ray	Hagerstown Tri-State Open

2005 Squat Rankings

Weight Class: 181 lb			
Rank	Lift	Lifter	Meet
1	479.5	Ryan Massey	Hagerstown Tri-State Open
2	455	Doug Parrish	2005 World Powerlifting Championships
3	390	R. Brath	2005 World Powerlifting Championships
4	375	Ryan Beavers	North Carolina Teenage State Championships
5	370	Donta Dixion	North Carolina Teenage State Championships
	370	Joe Ratti	North Carolina Teenage State Championships
7	365	J. Moore	2005 World Powerlifting Championships
8	363.8	Shawn Shuck	Hagerstown Tri-State Open
9	350	G. Marrow	2005 World Powerlifting Championships
10	335	M. Franklin	2005 World Powerlifting Championships
11	330	James Cooke	National Powerlifting Championships
12	325	Ric Jernigan	North Carolina Teenage State Championships
	325	Rod Moore	North Carolina Teenage State Championships
14	315	J. Marrow	2005 World Powerlifting Championships
	315	Donnly Nelson	2005 World Powerlifting Championships
	315	Ben Kirkman	National Powerlifting Championships
17	308.6	Ed Lough	Hagerstown Tri-State Open
18	300	J. Wilson	2005 World Powerlifting Championships
19	292.1	Doc Junkins	Hagerstown Tri-State Open
20	265	Jay Standle	North Carolina Teenage State Championships
21	235	Albert Crenshaw	National Powerlifting Championships
22	225	Chris Culler	National Powerlifting Championships
23	165.3	James Monk	Hagerstown Tri-State Open
24	150	Mitch Houk	North Carolina Teenage State Championships

2005 Bench Press Rankings

Weight Class: 181 lb			
Rank	Lift	Lifter	Meet
1	460	Will "Chill" Lynch	Raleigh Bench Press Championship
2	400	James Savage	National Bench Press Championships
3	385	John Self	Virginia State Bench Press
4	363.8	Shawn Shuck	Hagerstown Tri-State Open
5	355	J. Hawley	2005 World Bench Press Championships

6	335	Josh Riddick	Raleigh Bench Press Championship
7	330.7	Ryan Massey	Hagerstown Tri-State Open
	315	Eddie Tipton	Southern Open Bench Press Championship
9	315	James Gardner IV	Jacksonville Bench Press Open
10	305	B. Gabbert	2005 World Bench Press Championships
11	300	Mike Leibacher	Jacksonville Bench Press Open
	300	M. Franklin	2005 World Powerlifting Championships
	300	Doug Parrish	2005 World Powerlifting Championships
14	290	Joe Ratti	North Carolina Teenage State Championships
	290	Gary Caplinger	Virginia State Bench Press
16	280	Wayne Hughes	IronMan Challenge
	280	Lovell Pendleton	IronMan Challenge
18	275	E. Anderson	2005 World Bench Press Championships
19	270	R. Brath	2005 World Powerlifting Championships
	270	J. Marrow	2005 World Powerlifting Championships
	270	Stacy Woodward	Virginia State Bench Press
	270	Jordan Peachy	2005 World Bench Press Championships
	270	Donnly Nelson	2006 World Bench Press Championships
24	265	Dave Ray	Eastern USA Bench Press
25	260	Akeem Marrow	Christmas Bench Press Classic
	260	Rod Moore	North Carolina Teenage State Championships
	260	Ric Jernigan	North Carolina Teenage State Championships
	260	R. Riddick	2006 World Bench Press Championships
29	255	James Cooke	National Powerlifting Championships
30	250	Ray White	IronMan Challenge
	250	J. Moore	2005 World Powerlifting Championships
	250	J. Wilson	2005 World Powerlifting Championships
33	245	Donovan Hill	IronMan Challenge
	245	Donta Dixion	IronMan Challenge
35	239.2	Doc Junkins	Hagerstown Tri-State Open
36	237	James Monk	Hagerstown Tri-State Open
37	235	Albert Crenshaw	National Powerlifting Championships
	235	Gary Couch	Raleigh Bench Press Championship
39	225	A. Smith	2005 World Bench Press Championships
40	215	William Bell	IronMan Challenge
41	209.4	Ed Lough	Hagerstown Tri-State Open
42	205	Ryan Beavers	North Carolina Teenage State Championships
43	195	D. Bates	2005 World Bench Press Championships
44	185	Chris Culler	National Powerlifting Championships
	185	Aubrey Cole	IronMan Challenge
46	175	Jay Standle	North Carolina Teenage State Championships
47	170	David Eacho	IronMan Challenge
	170	Kiron Glover	Christmas Bench Press Classic
49	155	Ben Kirkman	National Powerlifting Championships
50	150	Jeff White	IronMan Challenge
51	75	Mitch Houk	North Carolina Teenage State Championships

2005 Deadlift Rankings

Weight Class: 181 lb			
Rank	Lift	Lifter	Meet
1	505	J. Marrow	2005 World Powerlifting Championships
2	501.6	Ryan Massey	Hagerstown Tri-State Open
3	500	Doug Parrish	2005 World Powerlifting Championships
4	475	Joe Ratti	North Carolina Teenage State Championships

5	455	R. Brath	2005 World Powerlifting Championships
6	451.9	Shawn Shuck	Hagerstown Tri-State Open
7	475	Donnly Nelson	2005 World Powerlifting Championships
8	450	M. Franklin	2005 World Powerlifting Championships
	450	Ryan Beavers	North Carolina Teenage State Championships
10	425	J. Moore	2005 World Powerlifting Championships
11	420	Rod Moore	North Carolina Teenage State Championships
12	407.9	Doc Junkins	Hagerstown Tri-State Open
13	405	J. Wilson	2005 World Powerlifting Championships
14	390	Ric Jernigan	North Carolina Teenage State Championships
15	375	James Cooke	National Powerlifting Championships
	375	Donta Dixion	North Carolina Teenage State Championships
17	370	Jay Standle	North Carolina Teenage State Championships
18	355	Donovan Hill	IronMan Challenge
	355	William Bell	IronMan Challenge
20	352.7	Ed Lough	Hagerstown Tri-State Open
21	350	Albert Crenshaw	National Powerlifting Championships
22	345	Ray White	IronMan Challenge
	345	Lovell Pendleton	IronMan Challenge
24	340	David Eacho	IronMan Challenge
	340	J. Marrow	2005 World Powerlifting Championships
26	315	Chris Culler	National Powerlifting Championships
	315	Ben Kirkman	National Powerlifting Championships
28	310	Jeff White	IronMan Challenge
29	297.6	James Monk	Hagerstown Tri-State Open
30	275	Wayne Hughes	IronMan Challenge
31	210	Mitch Houk	North Carolina Teenage State Championships

2005 Total Rankings

Weight Class: 181 lb			
Rank	Lift	Lifter	Meet
1	1311.8	Ryan Massey	Hagerstown Tri-State Open
2	1255	Doug Parrish	2005 World Powerlifting Championships
3	1174	Shawn Shuck	Hagerstown Tri-State Open
4	1135	Joe Ratti	North Carolina Teenage State Championships
5	1125	J. Marrow	2005 World Powerlifting Championships
6	1115	R. Brath	2005 World Powerlifting Championships
7	1085	M. Franklin	2005 World Powerlifting Championships
8	1055	Donnly Nelson	2005 World Powerlifting Championships
9	1050	J. Moore	2005 World Powerlifting Championships
10	1030	Ryan Beavers	North Carolina Teenage State Championships
11	1005	Rod Moore	North Carolina Teenage State Championships
12	975	Ric Jernigan	North Carolina Teenage State Championships
	975	Donta Dixion	North Carolina Teenage State Championships
14	960	James Cooke	National Powerlifting Championships
15	955	J. Wilson	2005 World Powerlifting Championships
16	931.5	Doc Junkins	Hagerstown Tri-State Open
17	910	J. Marrow	2005 World Powerlifting Championships
18	870.8	Ed Lough	Hagerstown Tri-State Open
19	820	Albert Crenshaw	National Powerlifting Championships
20	810	Jay Standle	North Carolina Teenage State Championships
21	785	Ben Kirkman	National Powerlifting Championships
22	725	Chris Culler	National Powerlifting Championships
23	700	James Monk	Hagerstown Tri-State Open

2005 Squat Rankings

Weight Class:		198 lb	
Rank	Lift	Lifter	Meet
1	496	James Savage	Hagerstown Tri-State Open
2	465	K. Webber	2005 World Powerlifting Championships
3	420	Jeffery Joyce	National Powerlifting Championships
	420	Bill Lindsey	National Powerlifting Championships
5	415	K. Carlson	2005 World Powerlifting Championships
6	405	G. Lindsey	2005 World Powerlifting Championships
7	400	M. Ellision	2005 World Powerlifting Championships
8	380	J.J. Harvey	North Carolina Teenage State Championships
	380	Blake Mills	National Powerlifting Championships
10	363.8	Brandon Fleming	Hagerstown Tri-State Open
11	345	Ruben Ricks	National Powerlifting Championships
12	330.7	John McDonald	Hagerstown Tri-State Open
13	330	Chris Harmon	2005 World Powerlifting Championships
	330	Jordan Peachy	2005 World Powerlifting Championships
	330	Andy Druid	North Carolina Teenage State Championships
16	320	Walter Vasquez	North Carolina Teenage State Championships
17	315	Gerald Smithwick	North Carolina Teenage State Championships
18	300	E. Thayer	2005 World Powerlifting Championships
19	275	Mark Sunter	National Powerlifting Championships
	275	Yogi Frank Sumner	National Powerlifting Championships
21	250	T. Whitted	2005 World Powerlifting Championships

2005 Bench Press Rankings

Weight Class:		198 lb	
Rank	Lift	Lifter	Meet
1	405	James Savage	2005 World Bench Press Championships
2	385	Bill Blackstone	2005 World Bench Press Championships
3	385	Sylvester Freeman	2005 World Bench Press Championships
4	370	C. Powell	2005 World Bench Press Championships
	370	T. Isbell	2005 World Bench Press Championships
6	365	Blake Mills	National Powerlifting Championships
7	360	Joey Simpson	National Bench Press Championships
	360	Mark Shipley	2005 World Bench Press Championships
9	358.3	James Savage	Hagerstown Tri-State Open
10	350	Todd Campo	North American Bench Press
	350	T. Horne	2005 World Bench Press Championships
12	340	John Jackson	Christmas Bench Press Classic
13	335	Charles Barth	Holiday Cash Bench Bash
	335	Bill Lindsey	Eastern USA Bench Press
15	325	J.J. Harvey	North Carolina Teenage State Championships
16	320	Vincent Bartee	Raleigh Bench Press Championship
17	319.7	Brandon Fleming	Hagerstown Tri-State Open
18	315	R. Berry	2005 World Bench Press Championships
19	305	Brad Gabbert	National Bench Press Championships
20	300	Mitch Summerfield	Raleigh Bench Press Championship
	300	K. Webber	2005 World Powerlifting Championships
	300	C. Vogt	2005 World Bench Press Championships

23	295	Jeff Wilson	Raleigh Bench Press Championship
	295	Yogi Frank Sumner	2005 World Bench Press Championships
25	290	E. Thayer	2005 World Powerlifting Championships
26	280	JJ Wooten	Eastern USA Bench Press
	280	G. Lindsey	2005 World Powerlifting Championships
28	275.6	John McDonald	Hagerstown Tri-State Open
29	275	Matt Wilson	Raleigh Bench Press Championship
	275	Ruben Ricks	National Powerlifting Championships
31	265	Jeffery Joyce	National Powerlifting Championships
32	260	Gerald Smithwick	IronMan Challenge
	260	Walter Vasquez	North Carolina Teenage State Championships
	260	Jordan Peachy	2005 World Powerlifting Championships
	260	Gus Holzmilller	National Bench Press Championships
36	250	M. Ellision	2005 World Powerlifting Championships
	250	Chris Harmon	2005 World Powerlifting Championships
	250	Kurt Carlson	2005 World Powerlifting Championships
	250	Joey Ratti	IronMan Challenge
40	240	Joe Hummel	Holiday Cash Bench Bash
	240	Mark Sunter	National Bench Press Championships
	240	Austin Beasley	IronMan Challenge
	240	T. Whitted	2005 World Powerlifting Championships
44	215	Andy Druid	North Carolina Teenage State Championships
45	205	Skylar Scarborough	IronMan Challenge
46	155	Kiron Glover	Battle of the Border
47	145	J. Wheeler	2005 World Bench Press Championships

2005 Deadlift Rankings

Weight Class: 198 lb			
Rank	Lift	Lifter	Meet
1	584.2	James Savage	Hagerstown Tri-State Open
2	525	K. Webber	2005 World Powerlifting Championships
3	505	Blake Mills	National Powerlifting Championships
4	500	J.J. Harvey	IronMan Challenge
5	485	K. Carlson	2005 World Powerlifting Championships
6	480	Jeffery Joyce	National Powerlifting Championships
7	460	Joey Ratti	IronMan Challenge
8	455	Chris Harmon	2005 World Powerlifting Championships
	455	G. Lindsey	2005 World Powerlifting Championships
10	440	Gerald Smithwick	North Carolina Teenage State Championships
11	435.4	Brandon Fleming	Hagerstown Tri-State Open
12	435	Austin Beasley	IronMan Challenge
	435	Ruben Ricks	National Powerlifting Championships
14	425	M. Ellision	2005 World Powerlifting Championships
15	410	T. Whitted	2005 World Powerlifting Championships
	410	Jordan Peachy	2005 World Powerlifting Championships
17	407.9	John McDonald	Hagerstown Tri-State Open
18	405	Bill Lindsey	National Powerlifting Championships
19	400	Andy Druid	North Carolina Teenage State Championships
20	375	E. Thayer	2005 World Powerlifting Championships
21	350	Yogi Frank Sumner	National Bench Press Championships
22	315	Walter Vasquez	North Carolina Teenage State Championships
	315	Skylar Scarborough	IronMan Challenge
24	300	Mark Sunter	National Powerlifting Championships

2005 Total Rankings

Weight Class:		198 lb	
Rank	Lift	Lifter	Meet
1	1433	James Savage	Hagerstown Tri-State Open
2	1290	K. Webber	2005 World Powerlifting Championships
3	1250	Blake Mills	National Powerlifting Championships
4	1165	Jeffery Joyce	National Powerlifting Championships
5	1155	J.J. Harvey	North Carolina Teenage State Championships
6	1150	K. Carlson	2005 World Powerlifting Championships
7	1140	G. Lindsey	2005 World Powerlifting Championships
8	1130	Bill Lindsey	National Powerlifting Championships
9	1118.8	Brandon Fleming	Hagerstown Tri-State Open
10	1075	M. Ellision	2005 World Powerlifting Championships
11	1055	Ruben Ricks	National Powerlifting Championships
12	1035	Chris Harmon	2005 World Powerlifting Championships
13	1014.1	John McDonald	Hagerstown Tri-State Open
14	1000	Jordan Peachy	2005 World Powerlifting Championships
	1000	Gerald Smithwick	North Carolina Teenage State Championships
16	985	E. Thayer	2005 World Powerlifting Championships
17	945	Andy Druid	North Carolina Teenage State Championships
18	915	Yogi Frank Sumner	National Bench Press Championships
19	900	T. Whitted	2005 World Powerlifting Championships
20	895	Walter Vasquez	North Carolina Teenage State Championships
21	815	Mark Sunter	National Powerlifting Championships

2005 Squat Rankings

Weight Class:		220 lb	
Rank	Lift	Lifter	Meet
1	550	Cris Cain	National Powerlifting Championships
2	510	W. Leonard	2005 World Powerlifting Championships
3	500	Theron Leonard	National Powerlifting Championships
4	460	C. Whichtl	2005 World Powerlifting Championships
5	451.9	Brian Lapole	Hagerstown Tri-State Open
6	430	Kory Booth	North Carolina Teenage State Championships
7	420	John Cooke	National Powerlifting Championships
	420	B. Jones	2005 World Powerlifting Championships
9	405	Ben Hopkins	National Powerlifting Championships
10	400	K. Houloyd	2005 World Powerlifting Championships
11	390	K. Cole	2005 World Powerlifting Championships
12	370	Kurt Carlson	North Carolina Teenage State Championships
13	350	Skylar Woolard	North Carolina Teenage State Championships
	350	Corvalis Freeman	North Carolina Teenage State Championships
15	303.1	Alex Wachter	Hagerstown Tri-State Open
	303.1	Jeff Gibson	Hagerstown Tri-State Open
17	300	Dennis Campbell	National Powerlifting Championships
18	255	Dave Daffron	North Carolina Teenage State Championships
19	245	Daniel Biggs	North Carolina Teenage State Championships
20	225	Justin Stevens	North Carolina Teenage State Championships

2005 Bench Press Rankings

Weight Class: 220 lb

Rank	Lift	Lifter	Meet
1	515	Paul Bossi	2005 World Bench Press Championships
2	435.4	Brian Lapole	Hagerstown Tri-State Open
3	405	Michael McGahan	Battle of the Border
	405	Carleton Pickett	National Bench Press Championships
	405	Ben Hopkins	IronMan Challenge
	405	Sailan Perez	2005 World Bench Press Championships
7	380	Daniel Smith	North American Bench Press
	380	Todd Campo	Virginia State Bench Press
9	375	Jeremy Wright	Battle of the Border
	375	Gene Godbold	North American Bench Press
	375	G. Russell	2005 World Bench Press Championships
12	370	Joseph Roscoe	National Bench Press Championships
13	365	David Lhota	National Bench Press Championships
14	350	Cortney Powell	Raleigh Bench Press Championship
	350	Ben Hopkins	National Powerlifting Championships
	350	C. Whichl	2005 World Powerlifting Championships
17	340	Chris Kennedy	Raleigh Bench Press Championship
	340	John Shifflett	Virginia State Bench Press
19	335	Dennis Campbell	Raleigh Bench Press Championship
20	330	B. Jones	2005 World Powerlifting Championships
	330	Mike Leibacher	National Bench Press Championships
	330	Cris Cain	National Powerlifting Championships
23	325	W. Leonard	2005 World Powerlifting Championships
	325	John Cooke	National Powerlifting Championships
	325	Harold Brown	Jacksonville Bench Press Open
	325	Taz Bean	2005 World Bench Press Championships
27	320	Ray Berry	Southern Open Bench Press Championship
	320	Theron Leonard	National Powerlifting Championships
	320	John Markham	IronMan Challenge
30	319.7	Alex Wachter	Hagerstown Tri-State Open
31	315	Kyle Ryan	Christmas Bench Press Classic
32	310	K. Cole	2005 World Powerlifting Championships
33	300	K. Houlroyd	2005 World Powerlifting Championships
	300	Luke Starr	Raleigh Bench Press Championship
35	295	Charlie Parks	North American Bench Press
36	270	Jessee Hood	National Bench Press Championships
	270	Kurt Carlson	North Carolina Teenage State Championships
	270	Kory Booth	North Carolina Teenage State Championships
	270	Don Landis	Virginia State Bench Press
40	265	Yasser Haq	Holiday Cash Bench Bash
41	264.6	Jeff Gibson	Hagerstown Tri-State Open
42	260	T. Bell	2005 World Bench Press Championships
	260	Michael Collet	Holiday Cash Bench Bash
	260	Gus Holzmilller	Battle of the Border
45	255	Kurt Carlson	Battle of the Border
46	250	Ronald Avery	Raleigh Bench Press Championship
	250	Zac Sponhaltz	IronMan Challenge
48	245	Skylar Woolard	North Carolina Teenage State Championships
49	225	Joe Athey	Virginia State Bench Press
	225	Chris Harmon	IronMan Challenge
51	220	Michael Ramos	IronMan Challenge
	220	Jeremy Leonard	IronMan Challenge

53	215	Cory Parker	IronMan Challenge
	215	Ricky Webb	IronMan Challenge
55	210	Alex Brown	IronMan Challenge
56	200	Corvalis Freeman	North Carolina Teenage State Championships
57	195	Daniel Biggs	North Carolina Teenage State Championships
58	190	Dave Daffron	North Carolina Teenage State Championships
59	160	Justin Stevens	North Carolina Teenage State Championships
60	140	Darius Richardson	Battle of the Border
61	100	Markel Chavis	Battle of the Border

2005 Deadlift Rankings

Weight Class: 220 lb			
Rank	Lift	Lifter	Meet
1	600	C. Whichl	2005 World Powerlifting Championships
2	550	Cris Cain	National Powerlifting Championships
3	525	W. Leonard	2005 World Powerlifting Championships
4	523.6	Brian Lapole	Hagerstown Tri-State Open
5	515	Theron Leonard	National Powerlifting Championships
6	500	John Cooke	National Powerlifting Championships
7	500	Kurt Carlson	North Carolina Teenage State Championships
8	485	K. Houlroyd	2005 World Powerlifting Championships
9	475	Ben Hopkins	North Carolina Teenage State Championships
	475	K. Cole	2005 World Powerlifting Championships
11	455	John Markham	IronMan Challenge
12	450	Kory Booth	IronMan Challenge
13	435	Alex Brown	IronMan Challenge
	435	Ben Hopkins	IronMan Challenge
15	425	Chris Harmon	IronMan Challenge
	425	Ricky Webb	IronMan Challenge
17	418.9	Alex Wachter	Hagerstown Tri-State Open
18	405	Cory Parker	IronMan Challenge
19	396.8	Jeff Gibson	Hagerstown Tri-State Open
20	390	Zac Sponhaltz	IronMan Challenge
21	375	Corvalis Freeman	North Carolina Teenage State Championships
22	365	Dennis Campbell	National Powerlifting Championships
23	360	Sherman Linton	IronMan Challenge
24	350	Skylar Woolard	North Carolina Teenage State Championships
	350	Michael Ramos	IronMan Challenge
26	340	Jeremy Leonard	IronMan Challenge
27	330	Daniel Biggs	North Carolina Teenage State Championships
28	325	Dave Daffron	North Carolina Teenage State Championships
29	315	B. Jones	2005 World Powerlifting Championships
30	305	Justin Stevens	North Carolina Teenage State Championships

2005 Total Rankings

Weight Class: 220 lb			
Rank	Lift	Lifter	Meet
1	1430	Cris Cain	National Powerlifting Championships
2	1411	Brian Lapole	Hagerstown Tri-State Open
3	1410	C. Whichl	2005 World Powerlifting Championships
4	1360	W. Leonard	2005 World Powerlifting Championships
5	1335	Theron Leonard	National Powerlifting Championships

6	1260	Ben Hopkins	National Powerlifting Championships
7	1245	John Cooke	National Powerlifting Championships
8	1185	K. Houlroyd	2005 World Powerlifting Championships
9	1180	Ben Hopkins	National Powerlifting Championships
10	1175	K. Cole	2005 World Powerlifting Championships
11	1140	Kory Booth	North Carolina Teenage State Championships
	1140	Kurt Carlson	North Carolina Teenage State Championships
13	1065	B. Jones	2005 World Powerlifting Championships
14	1041.7	Alex Wachter	Hagerstown Tri-State Open
15	990	Dennis Campbell	National Powerlifting Championships
16	964.5	Jeff Gibson	Hagerstown Tri-State Open
17	945	Skylar Woolard	North Carolina Teenage State Championships
18	925	Corvalis Freeman	North Carolina Teenage State Championships
19	770	Daniel Biggs	North Carolina Teenage State Championships
	770	Dave Daffron	North Carolina Teenage State Championships
21	690	Justin Stevens	North Carolina Teenage State Championships

2005 Squat Rankings

Weight Class: 242 lb			
Rank	Lift	Lifter	Meet
1	600	Trey Manning	2005 World Powerlifting Championships
2	550	S. Miller	2005 World Powerlifting Championships
3	520	Lynn Corbin	2005 World Powerlifting Championships
4	512.6	Mike Eaton	Hagerstown Tri-State Open
5	510	Jason Mullens	National Powerlifting Championships
6	500	B. Beekly	2005 World Powerlifting Championships
7	465	J. Jones	2005 World Powerlifting Championships
8	385	M. Yartin	2005 World Powerlifting Championships
9	375	Dylan Luks	North Carolina Teenage State Championships
10	374.8	Dave Reeder	Hagerstown Tri-State Open
11	341.7	Chuck Barger	Hagerstown Tri-State Open
12	300	Joseph Willard	National Powerlifting Championships

2005 Bench Press Rankings

Weight Class: 242 lb			
Rank	Lift	Lifter	Meet
1	455	Kinta Mallory	Raleigh Bench Press Championship
2	450	Michael Schwanke	National Bench Press Championships
3	429.9	Dave Reeder	Hagerstown Tri-State Open
4	425	Trey Manning	2005 World Powerlifting Championships
5	405	Kevin Beveridge	Holiday Cash Bench Bash
	405	Donald Owens	Battle of the Border
	405	Chris Pannell	Battle of the Border
8	400	J. Wright	2005 World Bench Press Championships
9	390	J. Bates	2005 World Bench Press Championships
10	385	G. Bush	2005 World Bench Press Championships
	385	S. Miller	2005 World Powerlifting Championships
	385	Randall Moore	IronMan Challenge
13	365	JD Smith	2005 World Bench Press Championships
	365	Lynn Corbin	2005 World Powerlifting Championships
15	355	Keith Groves	Jacksonville Bench Press Open
16	352.7	Mike Eaton	Hagerstown Tri-State Open

17	350	B. Beekly	2005 World Powerlifting Championships
	350	Steve Harris	Raleigh Bench Press Championship
19	345	Reuban Weaver	Christmas Bench Press Classic
20	335	John Kane	Raleigh Bench Press Championship
	335	Scott Deuel	Raleigh Bench Press Championship
22	325	Gregg Mylin	Holiday Cash Bench Bash
23	320	J. Jones	2005 World Powerlifting Championships
24	310	Donnavan Taylor	Christmas Bench Press Classic
25	300	Jason Mullens	National Powerlifting Championships
	300	Cecil Gibson	North American Bench Press
27	285	Kyle Ryan	North American Bench Press
28	265	M. Yartin	2005 World Powerlifting Championships
	265	Cameron Gorham	IronMan Challenge
30	255	Jessee Hood	Battle of the Border
31	250	Joseph Willard	National Powerlifting Championships
	250	Robert Crawford	North American Bench Press
33	245	Kwame Sutton	IronMan Challenge
	245	Dylan Luks	IronMan Challenge
	245	Hassan Ahmad	IronMan Challenge
36	231.5	Chuck Barger	Hagerstown Tri-State Open
37	225	A. Brown	2005 World Bench Press Championships
	225	K. McCoy	2005 World Bench Press Championships
39	220	Jeremy Dunman	IronMan Challenge
40	180	Eddie Ray Davenport	IronMan Challenge

2005 Deadlift Rankings

Weight Class: 242 lb			
Rank	Lift	Lifter	Meet
1	650	Trey Manning	2005 World Powerlifting Championships
2	600.8	Mike Eaton	Hagerstown Tri-State Open
3	600	S. Miller	2005 World Powerlifting Championships
4	580	Lynn Corbin	2005 World Powerlifting Championships
5	555	B. Beekly	2005 World Powerlifting Championships
6	520	Jason Mullens	National Powerlifting Championships
7	510	Dylan Luks	IronMan Challenge
8	500	J. Jones	2005 World Powerlifting Championships
9	463	Dave Reeder	Hagerstown Tri-State Open
10	446.4	Chuck Barger	Hagerstown Tri-State Open
11	425	M. Yartin	2005 World Powerlifting Championships
	425	Randall Moore	IronMan Challenge
13	385	Jeremy Dunman	IronMan Challenge
	385	Eddie Ray Davenport	IronMan Challenge
15	380	Cameron Gorham	IronMan Challenge
	380	Kwame Sutton	IronMan Challenge
17	350	Joseph Willard	National Powerlifting Championships
18	345	Hassan Ahmad	IronMan Challenge

2005 Total Rankings

Weight Class: 242 lb			
Rank	Lift	Lifter	Meet
1	1675	Trey Manning	2005 World Powerlifting Championships
2	1535	S. Miller	2005 World Powerlifting Championships

3	1466.1	Mike Eaton	Hagerstown Tri-State Open
4	1465	Lynn Corbin	2005 World Powerlifting Championships
5	1405	B. Beekly	2005 World Powerlifting Championships
6	1330	Jason Mullens	National Powerlifting Championships
7	1285	J. Jones	2005 World Powerlifting Championships
8	1267.7	Dave Reeder	Hagerstown Tri-State Open
9	1100	Dylan Luks	North Carolina Teenage State Championships
10	1075	M. Yartin	2005 World Powerlifting Championships
11	1019.6	Chuck Barger	Hagerstown Tri-State Open
12	900	Joseph Willard	National Powerlifting Championships

2005 Squat Rankings

Weight Class: 275 lb			
Rank	Lift	Lifter	Meet
1	625	Michael Belk	National Powerlifting Championships
2	535	Terry Perkins	2005 World Powerlifting Championships
3	525	Mike Golden	National Powerlifting Championships
	525	D. Wheel	2005 World Powerlifting Championships
5	405	G. Marrow	2005 World Powerlifting Championships
6	350	J. Spruill	2005 World Powerlifting Championships
7	300	William Gurganus	North Carolina Teenage State Championships

2005 Bench Press Rankings

Weight Class: 275 lb			
Rank	Lift	Lifter	Meet
1	570	Michael Belk	2005 World Bench Press Championships
2	540	Bernie Jones	2005 World Bench Press Championships
3	480	V. Smith	2005 World Bench Press Championships
4	470	Jeff Fullen	North American Bench Press
5	467.5	Scott Kuzma	North American Bench Press
6	465	Joseph Hillard	National Bench Press Championships
7	440	E. Jones	2005 World Bench Press Championships
8	425	Steve Dellinger	Eastern USA Bench Press
	425	Michael Steward	National Bench Press Championships
10	420	Jonathan Felix	IronMan Challenge
11	410	Reuban Weaver	Eastern USA Bench Press
12	405	Gene Combs	Southern Open Bench Press Championship
	405	Ferrell Banks	Raleigh Bench Press Championship
14	400	D. Wheel	2005 World Powerlifting Championships
15	375	Mike Golden	National Powerlifting Championships
	375	J. Spruill	2005 World Bench Press Championships
17	365	Barry Blackmon	Holiday Cash Bench Bash
	365	Jerry Lewis	National Bench Press Championships
19	355	Mike Golden	National Powerlifting Championships
20	350	G. Marrow	2005 World Powerlifting Championships
21	335	Phil Caudle	National Bench Press Championships
	335	Adam Moore	IronMan Challenge
23	330	G. Berry	2005 World Bench Press Championships
24	325	J. Lewis	2005 World Bench Press Championships
25	315	Wayne Jordan	Virginia State Bench Press
	315	Terry Perkins	2005 World Powerlifting Championships
27	305	Steve Young	IronMan Challenge

28	255	Trey Davenport	IronMan Challenge
29	245	C.W. Betts	2005 World Bench Press Championships
30	205	William Gurganus	North Carolina Teenage State Championships

2005 Deadlift Rankings

Weight Class: 275 lb			
Rank	Lift	Lifter	Meet
1	700	D. Wheel	2005 World Powerlifting Championships
2	660	Michael Belk	National Powerlifting Championships
3	600	Mike Golden	2005 World Powerlifting Championships
4	515	Adam Moore	IronMan Challenge
5	500	Terry Perkins	2005 World Powerlifting Championships
	500	Jonathan Felix	IronMan Challenge
7	480	Steve Young	IronMan Challenge
8	425	J. Spruill	2005 World Powerlifting Championships
	425	G. Marrow	2005 World Powerlifting Championships
10	405	Trey Davenport	IronMan Challenge
11	400	William Gurganus	North Carolina Teenage State Championships

2005 Total Rankings

Weight Class: 275 lb			
Rank	Lift	Lifter	Meet
1	1845	Michael Belk	National Powerlifting Championships
2	1625	D. Wheel	2005 World Powerlifting Championships
3	1475	Mike Golden	2005 World Powerlifting Championships
4	1340	Terry Perkins	2005 World Powerlifting Championships
5	1180	G. Marrow	2005 World Powerlifting Championships
6	975	J. Spruill	2005 World Powerlifting Championships
7	905	William Gurganus	North Carolina Teenage State Championships

2005 Squat Rankings

Weight Class: 308 lb			
Rank	Lift	Lifter	Meet
1	573.2	Daniel Corridean	Hagerstown Tri-State Open
2	515	P. Green	2005 World Powerlifting Championships
3	450	C. White	2005 World Powerlifting Championships
4	418.9	Buck Carmack	Hagerstown Tri-State Open
5	405	S. Mitchell	2005 World Powerlifting Championships
6	385	W. Marrow	2005 World Powerlifting Championships
7	380	Toby Tobin	National Powerlifting Championships
8	375	Adam Moore	North Carolina Teenage State Championships
9	350	Michael McConville	North Carolina Teenage State Championships
10	335	Brad Linton	North Carolina Teenage State Championships

2005 Bench Press Rankings

Weight Class: 308 lb			
Rank	Lift	Lifter	Meet
1	565	Carl Elliott	2005 World Bench Press Championships
2	525	Maurice Washington	2005 World Bench Press Championships
3	500	Roscoe Ware	2005 World Bench Press Championships

4	440	Steve Dillenger	Christmas Bench Press Classic
5	425	Serge Ceralde	Holiday Cash Bench Bash
6	402.3	Daniel Corridean	Hagerstown Tri-State Open
7	380	K. Green	2005 World Bench Press Championships
8	375	P. Brody	2005 World Bench Press Championships
9	355	S. Mitchell	2005 World Powerlifting Championships
10	350	Jerry Lewis	Battle of the Border
	350	Walter "Tuck" Ferguson	National Bench Press Championships
	350	J. Hamon	2005 World Bench Press Championships
	350	R. Biggs	2005 World Bench Press Championships
14	340	P. Green	2005 World Powerlifting Championships
15	335	W. Marrow	2005 World Powerlifting Championships
16	330	C. White	2005 World Powerlifting Championships
	330	Adam Moore	North Carolina Teenage State Championships
18	325	A. Crowder	2005 World Bench Press Championships
19	320	Toby Tobin	National Powerlifting Championships
20	303.1	Buck Carmack	Hagerstown Tri-State Open
21	225	Michael McConville	North Carolina Teenage State Championships
	225	Paul Glisson	IronMan Challenge
23	215	Brad Linton	North Carolina Teenage State Championships

2005 Deadlift Rankings

Weight Class: 308 lb			
Rank	Lift	Lifter	Meet
1	672.4	Daniel Corridean	Hagerstown Tri-State Open
2	580	P. Green	2005 World Powerlifting Championships
3	530	W. Marrow	2005 World Powerlifting Championships
4	525	Adam Moore	North Carolina Teenage State Championships
5	500	Paul Glisson	IronMan Challenge
6	475	S. Mitchell	2005 World Powerlifting Championships
7	470	Michael McConville	North Carolina Teenage State Championships
8	455	C. White	2005 World Powerlifting Championships
9	424.4	Buck Carmack	Hagerstown Tri-State Open
10	405	Brad Linton	North Carolina Teenage State Championships
11	365	Toby Tobin	National Powerlifting Championships

2005 Total Rankings

Weight Class: 308 lb			
Rank	Lift	Lifter	Meet
1	1648	Daniel Corridean	Hagerstown Tri-State Open
2	1435	P. Green	2005 World Powerlifting Championships
3	1250	W. Marrow	2005 World Powerlifting Championships
4	1235	S. Mitchell	2005 World Powerlifting Championships
	1235	C. White	2005 World Powerlifting Championships
6	1230	Adam Moore	North Carolina Teenage State Championships
7	1146.4	Buck Carmack	Hagerstown Tri-State Open
8	1065	Toby Tobin	National Powerlifting Championships
9	1045	Michael McConville	North Carolina Teenage State Championships
10	955	Brad Linton	North Carolina Teenage State Championships

2005 Squat Rankings

Weight Class: 319 lb

Rank	Lift	Lifter	Meet
1			

2005 Bench Press Rankings

Weight Class: 319 lb

Rank	Lift	Lifter	Meet
1	405	Steve Dellinger	North American Bench Press
2	335	Lance Thompson	North American Bench Press

2005 Deadlift Rankings

Weight Class: 319 lb

Rank	Lift	Lifter	Meet
1			

2005 Total Rankings

Weight Class: 319 lb

Rank	Lift	Lifter	Meet
1			

2005 Squat Rankings

Weight Class: SHW lb

Rank	Lift	Lifter	Meet
1	800	Nick Minneti	2005 World Powerlifting Championships
2	685	Beau Moore	2005 World Powerlifting Championships
3	655	Rod Blackwell	National Powerlifting Championships
4	515	Patrick Greene	National Powerlifting Championships
5	501.6	Bradley Younker	Hagerstown Tri-State Open
6	475	N. Barnes	2005 World Powerlifting Championships
7	455	B. Simmons	2005 World Powerlifting Championships
8	451.9	Jake Schwartz	Hagerstown Tri-State Open
9	325	Paul Glisson	North Carolina Teenage State Championships
10	90	Craig Woolard	North Carolina Teenage State Championships

2005 Bench Press Rankings

Weight Class: SHW lb

Rank	Lift	Lifter	Meet
1	600	John Dolan	Holiday Cash Bench Bash
2	520	Beau Moore	2005 World Powerlifting Championships
3	510	Nick Minneti	2005 World Powerlifting Championships
4	480	Jim Ray	Holiday Cash Bench Bash
5	440	Herman Canada	Jacksonville Bench Press Open
6	435	Rod Blackwell	National Powerlifting Championships
7	375	N. Barnes	2005 World Powerlifting Championships
	375	J. Lopes	2005 World Bench Press Championships
9	363.8	Jake Schwartz	Hagerstown Tri-State Open
10	355	Lance Thompson	2005 World Bench Press Championships
11	345	Sonny Mitchell	Southern Open Bench Press Championship

12	340	James Jeff Telljohn	National Bench Press Championships
13	335	Patrick Greene	National Powerlifting Championships
14	315	B. Simmons	2005 World Powerlifting Championships
15	300	Jeremy Ross	IronMan Challenge
16	286.6	Bradley Younker	Hagerstown Tri-State Open
17	220	Paul Glisson	North Carolina Teenage State Championships
18	145	Craig Woolard	North Carolina Teenage State Championships

2005 Deadlift Rankings

Weight Class:		SHW Ib	
Rank	Lift	Lifter	Meet
1	790	Nick Minneti	2005 World Powerlifting Championships
2	770	Beau Moore	2005 World Powerlifting Championships
3	622.8	Bradley Younker	Hagerstown Tri-State Open
4	550	N. Barnes	2005 World Powerlifting Championships
	550	B. Simmons	2005 World Powerlifting Championships
6	540	Patrick Greene	National Powerlifting Championships
7	500.4	Jake Schwartz	Hagerstown Tri-State Open
8	500	Rod Blackwell	National Powerlifting Championships
9	475	Jeremy Ross	IronMan Challenge
10	425	Paul Glisson	North Carolina Teenage State Championships
11	365	Craig Woolard	North Carolina Teenage State Championships

2005 Total Rankings

Weight Class:		SHW Ib	
Rank	Lift	Lifter	Meet
1	2100	Nick Minneti	2005 World Powerlifting Championships
2	1975	Beau Moore	2005 World Powerlifting Championships
3	1590	Rod Blackwell	National Powerlifting Championships
4	1411	Bradley Younker	Hagerstown Tri-State Open
5	1400	N. Barnes	2005 World Powerlifting Championships
6	1390	Patrick Greene	National Powerlifting Championships
7	1320	B. Simmons	2005 World Powerlifting Championships
8	1317.3	Jake Schwartz	Hagerstown Tri-State Open
9	970	Paul Glisson	North Carolina Teenage State Championships
10	600	Craig Woolard	North Carolina Teenage State Championships

Site

Barco	NC
Barco	NC
Raleigh	NC
Sanford	NC
Hagerstown	MD

Site

Currituck	NC
Raleigh	NC
Jarvisburg	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Stanardsville	VA
Sanford	NC
Currituck	NC
Currituck	NC
Currituck	NC
Stanardsville	VA
Currituck	NC
Stanardsville	VA
Currituck	NC
Currituck	NC
Hagerstown	MD
Stanardsville	VA
Currituck	NC
Stanardsville	VA
Currituck	NC

Site

Currituck	NC
Currituck	NC
Barco	NC
Barco	NC
Raleigh	NC
Currituck	NC
Hagerstown	MD
Sanford	NC

Site

Barco	NC
Barco	NC
Raleigh	NC
Sanford	NC
Hagerstown	MD

Site

Barco	NC
Sanford	NC
Barco	NC
Barco	NC

Site

Currituck	NC
Currituck	NC
Sanford	NC
Currituck	NC
Barco	NC
Currituck	NC
Barco	NC
Currituck	NC
Currituck	NC
Currituck	NC
Raleigh	NC
Barco	NC
Currituck	NC
Jarvisburg	NC
Currituck	NC

Site

Sanford	NC
Barco	NC
Barco	NC
Currituck	NC
Barco	NC
Currituck	NC
Currituck	NC

Site

Barco	NC
Sanford	NC
Barco	NC
Barco	NC

Site

Sanford	NC
Hagerstown	MD
Raleigh	NC
Raleigh	NC
Raleigh	NC
Raleigh	NC
Raleigh	NC
Barco	NC
Barco	NC
Barco	NC
Raleigh	NC

Site

Sanford	NC
Currituck	NC
Raleigh	NC
Raleigh	NC
Sanford	NC
Currituck	NC
Raleigh	NC
Raleigh	NC
Hagerstown	MD
Raleigh	NC
Currituck	NC
Chicago	IL
Currituck	NC
Raleigh	NC
Currituck	NC
Stanardsville	VA
Barco	NC
Barco	NC
Barco	NC
Currituck	NC
Currituck	NC
Stanardsville	VA
Stanardsville	VA
Currituck	NC
Currituck	NC
Stanardsville	VA
Currituck	NC
Currituck	NC
Currituck	NC

Site

Raleigh	NC
Raleigh	NC
Sanford	NC
Raleigh	NC
Raleigh	NC
Raleigh	NC
Currituck	NC
Hagerstown	MD
Barco	NC
Currituck	NC
Currituck	NC
Barco	NC
Barco	NC
Currituck	NC
Raleigh	NC
Currituck	NC

Site

Sanford	NC
Raleigh	NC
Raleigh	NC
Raleigh	NC
Hagerstown	MD
Raleigh	NC
Raleigh	NC
Barco	NC
Barco	NC
Barco	NC
Raleigh	NC

Site

Hagerstown	MD
Raleigh	NC
Barco	NC
Barco	NC
Raleigh	NC
Barco	NC
Hagerstown	MD

Site

Currituck	NC
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Raleigh	NC
Chicago	IL
Currituck	NC
Sanford	NC
Currituck	NC
Currituck	NC
Chicago	IL
Sanford	NC
Stanardsville	VA
Sanford	NC
Currituck	NC
Raleigh	NC
Raleigh	NC
Raleigh	NC
Currituck	NC
Raleigh	NC
Raleigh	NC
Hagerstown	MD
Hagerstown	MD
Currituck	NC
Raleigh	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Jarvisburg	NC
Barco	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Currituck	NC
Jarvisburg	NC
Stanardsville	VA

Site

Hagerstown	MD
Raleigh	NC
Barco	NC
Currituck	NC
Raleigh	NC
Currituck	NC
Barco	NC
Currituck	NC
Currituck	NC
Currituck	NC
Barco	NC

Currituck	NC
Hagerstown	MD
Currituck	NC

Site

Hagerstown	MD
Raleigh	NC
Barco	NC
Raleigh	NC
Barco	NC
Barco	NC
Hagerstown	MD

Site

Hagerstown	MD
Raleigh	NC
Raleigh	NC
Barco	NC
Barco	NC
Barco	NC
Raleigh	NC
Hagerstown	MD
Raleigh	NC
Raleigh	NC
Sanford	NC
Barco	NC
Barco	NC
Raleigh	NC
Raleigh	NC
Sanford	NC
Hagerstown	MD
Raleigh	NC
Hagerstown	MD
Barco	NC
Sanford	NC
Sanford	NC
Hagerstown	MD
Barco	NC

Site

Raleigh	NC
Sanford	NC
Stanardsville	VA
Hagerstown	MD
Currituck	NC

Raleigh	NC
Hagerstown	MD
Jarvisburg	NC
Jacksonville	NC
Currituck	NC
Jacksonville	NC
Raleigh	NC
Raleigh	NC
Barco	NC
Stanardsville	VA
Currituck	NC
Currituck	NC
Currituck	NC
Raleigh	NC
Raleigh	NC
Stanardsville	VA
Currituck	NC
Currituck	NC
Stanardsville	VA
Stanardsville	VA
Barco	NC
Barco	NC
Currituck	NC
Sanford	NC
Currituck	NC
Raleigh	NC
Raleigh	NC
Currituck	NC
Currituck	NC
Hagerstown	MD
Hagerstown	MD
Sanford	NC
Raleigh	NC
Currituck	NC
Currituck	NC
Hagerstown	MD
Barco	NC
Currituck	NC
Sanford	NC
Currituck	NC
Barco	NC
Currituck	NC
Stanardsville	VA
Sanford	NC
Currituck	NC
Barco	NC

Site

Raleigh	NC
Hagerstown	MD
Raleigh	NC
Barco	NC

Raleigh	NC
Hagerstown	MD
Raleigh	NC
Raleigh	NC
Barco	NC
Raleigh	NC
Barco	NC
Hagerstown	MD
Raleigh	NC
Barco	NC
Sanford	NC
Barco	NC
Barco	NC
Currituck	NC
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Hagerstown	MD
Sanford	NC
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Raleigh	NC
Sanford	NC
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Currituck	NC
Hagerstown	MD
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Chicago	IL
Stanardsville	VA
Barco	NC
Raleigh	NC
Hagerstown	MD
Currituck	NC
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