

100% RAW Powerlifting Federation

IRONMAN

East Longmeadow, Mass - 8/8/15

				BENCH				DEADLIFT								
Name	Division	Wgt	Class	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Place	Coef.
Push/Pull																
Terri Korba-NY	Masters 50 - 54	185.2	198	60	-63	62.5	65	62.5					62.5	137.8	1	0.34
Ray Barber- NY	Master (55 - 59	163.8	165	87.5	92.5	-95		92.5					92.5	203.9	1	0.56
Mike Barber-NY	Junior (20 - 24)	157.8	165	112.5	118	120		120					120	264.6	1	0.76
Rohin Thomas-CT	Junior (20 - 24)	241	242	125	135	-150		135					135	297.6	1	0.56
Sarah McClelland-MA	submasters	131.2	132	45	50	-52.5		50	82.5	95	-97.5		145	319.7	1	1.11
Michelle Sparrow-MA	Open	155	165	37.5	45	-47.5		45	105	120	130		175	385.8	1	1.13
Mary Kate Mercier- MA	Open - Female	164.8	165	50	55	60		60	120	125	130		190	418.9	1	1.15
Robert L Cutts- MA	Master 55 - 59 (55)	380	SHW	190	193	-200		192.5					193	424.4	1	0.51
Katelyn Garcia- MA	Open - Female	130.2	132	65	70	-75		70	110	127.5	132.5		203	446.4	1	1.56
Robert Katon-VT	Master (40 - 44)	176.4	181	92.5	97.5	102.5		102.5	102.5	115	125		228	501.5	1	1.29
Jacki Zheng-MA	Junior (20 - 24)	214.6	220	92.5	103	110		110	175	195	205		315	694.4	1	1.47
Chuck Jasak-MA	Open - Male	171.8	181	112.5	120	-130		120	182.5	192.5	205		325	716.5	1	1.89
Billy Katon-VT	Junior (20 - 24)	295	308	137.5	145	155		155	162.5	170	190		345	760.6	1	1.17
Jonathan Marshall- CT	Junior 20 - 24 - Male	188	198	145	153	-163		152.5	235	255	-273		408	898.4	1	2.17
Cameron Gillespie- CT	Open - Male	320	308	205	213	216	-220	216	292.5	307.5	312.5		529	1165	1	1.65
Bench Press																
Terri Korba-NY	Masters 50 - 54	185.2	198	60	-63	62.5	65	62.5					62.5	137.79	1	0.34
Ray Barber- NY	Master (55 - 59	163.8	165	87.5	92.5	-95		92.5					92.5	203.93	1	0.56
Mike Barber-NY	Junior (20 - 24)	157.8	165	112.5	118	120		120					120	264.55	1	0.76
Rohin Momas-CT	Junior (20 - 24)	241	242	125	135	-150		135					135	297.62	1	0.56
Robert L Cutts- MA	Master 55 - 59 (55)	380	SHW	190	193	-200		192.5					192.5	424.39	1	0.51
													#####	#####		#VALUE!
Strict Curl																
Sarah McClelland-MA	submasters	131.2	132	25	-27.5	27.5		27.5					27.5	60.627	1	0.21
Terri Korba-NY	Masters 50 - 54	185.2	198	27.5	30	-32.5		30					30	66.138	1	0.16
Mary Kate Mercier-MA	Open - Female	164.8	165	35	37.5	-41.5		37.5					37.5	82.673	1	0.23
Jacki Zheng-MA	Junior (20 - 24)	214.6	220	-32.5	42.5	-47.5		42.5					42.5	93.696	1	0.20
Ray Barber-NY	Master (55 - 59	163.8	165	42.5	47.5	50	51.1	50					50	110.23	1	0.31
Robert Katon-VT	Master (40 - 44)	176.4	181	42.5	50	-55		50					50	110.23	1	0.28
Mike Barber-NY	Junior (20 - 24)	157.8	165	45	50	52.5	54	52.5					52.5	115.74	1	0.33
Billy Katon-VT	Junior (20 - 24)	295	308	50	67.5	70	-71.5	70					70	154.32	1	0.24