

**100% RAW Powerlifting Federation**  
**American Challenge National Championships**  
**May 30, 2015**

Name	Division	Wgt	Class	SQUAT				BENCH				DEADLIFT				Total Kilo	Total LBS		
				1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd			4th	
Sam Brickhouse - NC	F-Open, F-Junior(20-24)	97	97	52.5	55	60		-35	37.5	42.5		-45	102.5	90	95	100	102.5	202.5	446.43
Brooke Zak - NC	F-Youth (11 & Under)	68	97	15	20	27.5		10	15	0			42.5	37.5	-45	-45		80	176.37
Anna Zak - NC	F-Teen (12-13)	93.4	97	25	35	-40		20	22.5	25			60	42.5	52.5	-60		112.5	248.02
Dylan Cooper - NC	Youth(11&Under)	96.2	97	15	-32.5	32.5		12.5	20	22.5			55	47.5	-65	65		120	264.55
Buck Ammons - NC	Teen(16-17)	105	105	77.5	-82.5	82.5		50	60	-63			142.5	100	115	127.5		270	595.24
Austin Hatkoff - NC	Teen(14-15)	108	114	60	65	70		-50	50	55			125	100	-140	120		245	540.13
Lauren Cooper - NC	F-Teen(16-17)	120.4	123	45	-52.5	57.5		30	35	37.5			95	85	92.5	-140		187.5	413.36
Brannigan Coleman - NC	Open	123	123	-135	145	-162.5		102.5	115	125			270	145	185	-205		455	1003.1
Victoria Webb - VA	F-Teen(14-15)	126.6	132	45	50	55		35	37.5	42.5			97.5	50	60	70		167.5	369.27
Rachel Jordan - NC	F-Teen(18-19)	127.2	132	75	85	90		42.5	52.5	-55			142.5	90	100	112.5		255	562.17
Lourdes Subauste - NC	F-Sub(35-39)	148.2	148	85	92.5	97.5		32.5	37.5	-40			135	-95	105	110		245	540.13
Alexis Neff - VA	F-Teen(16-17)	140	148	75	-85	-85		40	47.5	-55			122.5	85	97.5	105		227.5	501.55
Robert Melton - NC	Junior(20-24)	144	148	142.5	-160	160		92.5	102.5	110			270	145	165	0		435	959
Callie Kessler - VA	F-Junior(20-24)	137.6	148	90	95	102.5		45	50	52.5			155	102.5	107.5	115		270	595.24
Jacob Debevic - VA	Teen(14-15)	144	148	95	102.5	110		70	77.5	-82.5			187.5	130	140	142.5		330	727.52
Devin Doughten - VA	Teen(16-17)	145.4	148	115	120	127.5		80	87.5	95			222.5	150	165	182.5		405	892.86
Fallon Williams - VA	F- P/F/M	165.6	165	-82.5	82.5	97.5		47.5	-57.5	-65			145	125	137.5	-150		282.5	622.8
Alicia Haynes - MD	F-Open	162	165	102.5	112.5	120		50	55	57.5			177.5	142.5	150	155		332.5	733.03
Britney Tribuzlo - NC	F-Open, F-Junior(20-24)	162	165	65	75	82.5		40	47.5	-50			130	95	105	110		240	529.1
Jennifer Zak - NC	F-Sub(35-39)	150	165	62.5	75	82.5		40	47.5	50			132.5	90	100	110		242.5	534.62
Eric Neff - VA	Teen(14-15)	159.6	165	-115	115	-127.5		-80	80	-92.5			195	150	167.5	177.5		372.5	821.21
Ben Zak - NC	Open, Master (45-49)	154.2	165	102.5	115	120		85	92.5	97.5			217.5	142.5	157.5	165		382.5	843.26
Franky Moore - NC	F-Open, F-P/F/M	178	181	-110	110	-115		75	77.5	80			190	157.5	162.5	-170		352.5	777.12
Yogi Sumner - FL	Master(65-69)	178.4	181	80	92	-102.5		-75	75	80			172	120	127.5	137.5		309.5	682.32
Sunny Amos - Nigeria	Open	179.4	181	-180	180	185		150	155	157.5			342.5	230	-235	-235		572.5	1262.1
Chandler Caudill - NC	Open, Teen(16-17)	179.4	181	175	185	195		-125	132.5	-137.5			327.5	192.5	-205	205		532.5	1173.9
Brandon Pettitt - NC	Open, Junior (20-24)	179	181	192.5	212.5	-227.5		0	0	0			212.5	0	0	0		212.5	468.48
Hayden Benshoff - NC	Teen(14-15)	181	181	-135	135	-142.5		77.5	-82.5	-82.5			212.5	145	162.5	-175		375	826.73
Jay Suber - NC	Teen(18-19)	168.8	181	182.5	-192.5	192.5		125	142.5	-160			335	182.5	192.5	210		545	1201.5
Jamie "Tugboat" Wheeler - David Zavadil - VA	Junior(20-24) Master(50-54)	198 198	198 198	160 125	170 135	177.5 145		117 72.5	127.5 -77.5	137.5 -82.5			315 217.5	182.5 170	190 185	195 190		510 407.5	1124.3 898.37
Brandon Schabacker - VA	Open, PFM	194.4	198	230	242.5	-250		157.5	165	-170			407.5	262.5	277.5	295	302.5	702.5	1548.7
Jacob Bradsher - VA	Open	196.6	198	205	220	230		145	155	-160			385	260	277.5	287.5		672.5	1482.6
Daniel Shelton - VA	P/F/M	194.8	198	112.5	-127.5	-127.5		102.5	110	-115			222.5	177.5	190	-210		412.5	909.4
Brandi Sneed - NC	F-Open	203.4	198+	-170	-170	-170		0	0	0			-170	0	0	0		-170	-374.78
John Niedzwick - VA	Master(65-69)	214.4	220	163.5	175	181.5		115.5	118	120			301.5	182.5	195	200.5		502	1106.7
Christian Diaz - VA	Open	215	220	187.5	197.5	210		145	152.5	160			370	250	-260	260		630	1388.9
Matt Foti - VA	Open	215.8	220	150	165	-182.5		-142.5	142.5	-152.5			307.5	227.5	240	-250		547.5	1207
Ray Berry - NC	Open, Master(50-54)	217.4	220	142.5	160	180		132.5	140	145			325	200	210	-228		542.5	1196
Chance Henderson - NC	Teen(14-15)	210	220	92.5	97.5	102.5		77.5	82.5	85			187.5	110	127.5	142.5		330	727.52
Ronnie Biggs - NC	Master(50-54)	231.8	242	175	197.5	205		132.5	142.5	-147.5			347.5	197.5	217.5	235		582.5	1284.2

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				1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd			4th
Ira Brooks - VA	Master(70-74)	232	242	115	120	122.5		95	97.5	100		222.5	137.5	160	165		387.5	854.28
Ronald Walling - VA	Open	239.6	242	260	272.5	282.5		190	-200	-200		472.5	302.5	312.5	320		792.5	1747.1
Gene Berry - NC	Open, Master(55-59)	239.6	242	195	212.5	-220		142.5	150	-155		362.5	200	-220	220		582.5	1284.2
Chris Franco - NC	Teen(16-17)	225.4	242	130	142.5	150		-90	90	-92.5		240	165	187.5	-195		427.5	942.47
Kevin Combs - VA	Master(45-49)	256.8	275	212.5	220	227.5		165	175	182.5		410	232.5	237.5	250		660	1455
Kurt Easton - VA	Open, 30-34	265	275	185	240	-275		145	-160	-160		385	250	265	-280		650	1433
David Dashiell - VA	P/F/M	274	275	240	260	267.5		185	192.5	200		467.5	275	295	-308		762.5	1681
James Bright - NC	Teen(16-17)	273	275	150	170	185		-95	95	97.5		282.5	145	160	-175		442.5	975.54
Jayme Campbell - VA	Open	303	308	265	280	290		-182.5	192.5	200		490	310	327.5	340		830	1829.8
Malcom Bethea - NC	Open, (25-29)	321	308	-137.5	137.5	160		142.5	-155	157.5		317.5	190	217.5	232.5		550	1212.5
Joe Garza - NC	Teen(18-19)	314.6	SHW	102.5	-120	-120		72.5	82.5	90		192.5	137.5	155	170		362.5	799.17
<b>Push/Pull</b>																		
Sam Brickhouse - NC	F-Open, F-Junior(20-24)	97	97					-35	37.5	42.5	-45	42.5	90	95	100	102.5	142.5	314.16
Buck Ammons - NC	Open, Teen(16-17)	105	105					50	60	-63		60	100	115	127.5		187.5	413.36
Marhsall Cooper - NC	Youth(11&Under)	49	105					12.5	14.5	19.5		19.5	35	40	-42.5		59.5	131.17
Austin Hatkoff - NC	Teen(14-15)	108	114					-50	50	55		55	100	-110	120		175	385.81
Lauren Cooper - NC	F-Teen(16-17)	120.4	123					30	35	37.5		37.5	85	92.5	-110		130	286.6
Rachel Jordan - NC	F-Teen(18-19)	127.2	132					42.5	52.5	-55		52.5	90	100	112.5		165	363.76
Lourdes Subauste - NC	F-Open, F-Sub(35-39)	148.2	148					32.5	37.5	-40		37.5	-95	105	110		147.5	325.18
Danny Fox - NC	Teen(14-15)	147.8	148					65	70	-75		70	125	132.5	140		210	462.97
Britney Tribuzlo - NC	F-Open, F-Junior(20-24)	162	165					40	47.5	-50		47.5	95	105	110		157.5	347.22
Brandon Smith - NC	P/F/M	162.6	165					122.5	-130	-137.5		122.5	165	175	182.5		305	672.4
Jamie "Tugboat" Wheeler -	Junior(20-24)	198	198					117	127.5	137.5		137.5	182.5	190	195		332.5	733.03
John Cooper - NC	Open, Master(40-44)	195.4	198					125	-138	-137.5		125	165	182.5	187.5		312.5	688.94
David Zavadil - VA	Open, Master(50-54)	198	198					72.5	-77.5	-82.5		72.5	170	185	190		262.5	578.71
Ray Berry - NC	Open, Master(50-54)	217.4	220					132.5	140	145		145	200	217.5	-228		362.5	799.17
Chance Henderson - NC	Teen(14-15)	210	220					77.5	82.5	85		85	110	127.5	142.5		227.5	501.55
Ronnie Biggs - NC	Master(50-54)	231.8	242					132.5	142.5	-147.5		142.5	197.5	217.5	235		377.5	832.24
Ira Brooks - VA	Master(70-74)	232	242					95	97.5	100		100	137.5	160	165		265	584.22
Gene Berry - NC	Open, Master(55-59)	239.6	242					142.5	150	-155		150	200	-220	220		370	815.7
Chris Franco - NC	Teen(16-17)	225.4	242					-90	90	-92.5		90	165	187.5	-195		277.5	611.78
Kevin Combs - VA	Master(45-49)	256.8	275					165	175	182.5		182.5	232.5	237.5	250		432.5	953.49
Kurt Easton - VA	Open	265	275					145	-160	-160		145	250	265	-280		410	903.89

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<b>Bench Only</b>																			
Justin York - NC	Teen(14-15)	111.8	114					40	42.5	-47.5		42.5					42.5	93.696	
Aaron Griswell - NC	Open, Junior(20-24)	164.8	165					132.5	137.5	145		145					145	319.67	
Joseph Sanders - NC	Master(70-74)	164.2	165					-110	-110			-110					-110	-242.51	
Jennifer Zak - NC	F-Open, F-Sub(35-39)	150	165					40	47.5	50		50					50	110.23	
Ben Zak - NC	Open, Master (45-49)	154.2	165					82.5	92.5	97.5		97.5					97.5	214.95	
Edward Stewart - VA	Master(45-49)	174	181					102.5	125	140		140					140	308.64	
Steve Poythress - NC	Open, SM(35-39)	171.6	181					157.5	160	-162.5		160					160	352.74	
Sandy Flaus - VA	F-Master(55-59)	187.6	198					45	-52.5	52.5		52.5					52.5	115.74	
Kendall York - NC	Teen(16-17)	191.6	198					-132.5	135	-137.5		135					135	297.62	
Garland Ferebee - NC	Teen(16-17)	210.4	220					102.5	107.5	-112.5		107.5					107.5	236.99	
Frank Ferchland - VA	Master(45-49)	217.4	220					112.5	-120	-122.5		112.5					112.5	248.02	
Blaine Houck - NC	Open	212	220					-175	-175	-175		-175					-175	-385.81	
Josh Dramis - NC	Open, Sub(35-39)	216.2	220					172.5	-178	-177.5		172.5					172.5	380.29	
Michael Dudley - NC	Open	214.8	220					192.5	215	227.5		227.5					227.5	501.55	
Kristianne Bebout - NC	F- Master(50-54)	294.8	198+					75	82.5	85		85					85	187.39	
Chance Henderson - NC	Teen(14-15)	210	220					77.5	82.5	85		85					85	187.39	
Ira Brooks - VA	Master(70-74)	232	242					95	97.5	100		100					100	220.46	
<b>Deadlift Only</b>																			
Tone Theus - NC	Teen(18-19)	159	165									0	182.5	200	-175		200	440.92	
Alicia Haynes - MD	F-Open	162	165									0	142.5	150	155		155	341.71	
Jennifer Zak - NC	F-Open, F-Sub(35-39)	150	165									0	90	100	110		110	242.51	
Ben Zak - NC	Open, Master (45-49)	154.2	165									0	142.5	157.5	165		165	363.76	
Chris Ritter - NC	Teen(14-15)	215	220									0	130	-145	145		145	319.67	
Chance Henderson - NC	Teen(14-15)	210	220									0	110	127.5	142.5		142.5	314.16	
Ira Brooks - VA	Master(70-74)	232	242									0	137.5	160	165		165	363.76	
Robert Shirley - VA	Master(60-64)	271	275									0	165	185	190		190	418.87	

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<b>Strict Curl</b>																		
Anna Zak - NC	F-Teen (12-13)	93.4	97	10	12.5	13					13						13	28.66
Buck Ammons - NC	Teen(16-17)	105	105	35	-37.5	37.5	40.5				37.5						37.5	82.673
Justin York - NC	Teen(14-15)	111.8	114	-20	20	22.5					22.5						22.5	49.604
Austin Hatkoff - NC	Teen(16-17)	110	114	30	-32.5	-32.5					30						30	66.138
Joseph Sanders - NC	Master(70-74)	164.2	165	35	37.5	40	41				40						40	88.184
Jennifer Zak - NC	F-Open, F-Sub(35-39)	150	165	20	25	0					25						25	55.115
Ben Zak - NC	Open, Master (45-49)	154.2	165	37.5	45	-47.5					45						45	99.207
Tone Theus - NC	Teen(18-19)	159.2	165	47.5	52.5	-55					52.5						52.5	115.74
Yogi Sumner - FL	Master(65-69)	178.4	181	37.5	40	-42.5					40						40	88.184
Sonny Amos - Nigeria	Open	179.4	181	50	55	-60					55						55	121.25
Steve Poythress - NC	Open, Sub(35-39)	171.6	181	42.5	50	-55					50						50	110.23
Hayden Benshoff - NC	Teen(14-15)	181	181	45	-50	-50					45						45	99.207
Omar Dupree - NC	Teen(16-17)	175.6	181	47.5	53	55	-58				55						55	121.25
Sandy Flaus - VA	F-Master(55-59)	187.6	198	17.5	20	25	26				25						25	55.115
John Cooper - NC	Master(40-44)	195.4	198	57.5	62.5	-67.5					62.5						62.5	137.79
Aubrey Surgers - NC	Master(45-49)	188	198	50	60	-65					60						60	132.28
Martin York - NC	P/F/M	193.6	198	60	62.5	-65					62.5						62.5	137.79
Kendall York - NC	Teen(16-17)	191.6	198	55	55	-62.5					55						55	121.25
Tyell Dunton - NC	Teen(18-19)	186.4	198	47.5	53	-55					53						53	116.84
Josh Dramis - NC	Open, Sub(35-39)	216.2	220	50	57.5	62.5					62.5						62.5	137.79
Chance Henderson - NC	Teen(14-15)	210	220	-75	37.5	42.5					42.5						42.5	93.696
Kurt Easton - VA	Open, 30-34	265	275	60	-75	-75					60						60	132.28
James Bright - NC	Teen(16-17)	273	275	42.5	45	-50					45						45	99.207
Kristianne Bebout - NC	F-Master(50-54)	294.8	198+	30	35	37.5					37.5						37.5	82.673
Joe Garza - NC	Teen(18-19)	314.6	SHW	37.5	45	-47.5					45						45	99.207

**Drug Tested**

**Judges**

Paul Bossi  
Nasir Nantambu  
Gene Berry  
Ray Berry  
Mark Franklin  
Darryl Sylvester  
Carl Elliott  
John Ammons  
Donnel Moore  
Pam Balance