

## 2015 Western Canadian Championships

### FULL POWER - PUSH/PULL - DEADLIFT ONLY

Name	Div	BWt (Kg)	WtCls (Kg)	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score
Christina Lam	F-O	47.5	48	65	70	75	77.5	75	47.5	52.5	-55		52.5	127.5	92.5	102.5	112.5	122.5	112.5	240	552.4375
Arielle Sie-Mah	F-J	51.7	52	87.5	95	102.5		102.5	42.5	-47.5	-47.5		42.5	145	95	105	115		115	260	558.6941
Lisa Trevisanutto	F-40	58.5	60	60	65	72.5		72.5	-45	45	-47.5		45	117.5	100	107.5	110	-115	110	227.5	441.3609
Anneli Zalazar	F-J	64	67.5	92.5	97.5	100		100	-52.5	52.5	55		55	155	122.5	130	140		140	295	530.6263
Deb Ellard	F-55	64.3	67.5	85	90	95		95	57.5	60	-62.5		60	155	105	110	115		115	270	483.7532
Katie McGeachy	F-O	66.7	67.5	112.5	120	125		125	60	-67.5	67.5		67.5	192.5	132.5	-145	-152.5		132.5	325	564.3831
Dallas Smith	F-O	68.1	75	120	127.5	132.5	138	132.5	60	65	-67.5		65	197.5	170	177.5	182.5	-188	182.5	380	648.1656
Eloise Theberge	F-J	69.8	75	82.5	90	-100		90	57.5	62.5	-65		62.5	152.5	102.5	110	115		115	267.5	448.4311
Selena Gaudet	F-O	72.2	75	110	117.5	125		125	52.5	55	-57.5		55	180	137.5	147.5	160		160	340	556.4014
Lynnette Oliver	F-J	72.6	75	90	97.5	102.5		102.5	50	-55	-55		50	152.5	115	125	130		130	282.5	460.498
Bonni Rogers	F-O	72.8	75	105	110	115		115	65	70	-72.5		70	185	155	162.5	167.5		167.5	352.5	573.438
Teresa Lindgren	F-O	73.2	75					0	-42.5	42.5	-47.5		42.5	0	97.5	102.5	110		110	0	0
Lori McWatters	F-45	73.6	75	85	90	-96		90	62.5	-65.5	-65.5		62.5	152.5	110	115	125	138	125	277.5	447.9428
Nora Kish	F-SM	74	75	100	105	110		110	55	-60	-60		55	165	135	140	145		145	310	498.4226
Renae Witaney	F-SM	74.8	75	110	120	-122.5		120	70	75	-77.5		75	195	122.5	132.5	-142.5		132.5	327.5	522.0107
Vanessa Reed	F-O	79.6	82.5	80	87.5	97.5		97.5	47.5	52.5	-60	-60	52.5	150	97.5	107.5	117.5		117.5	267.5	407.9166
Taylor Wheatley	F-O	80.8	82.5					0	55	-60	-65		55	0	115	125	-137.5		125	0	0
Michelle Balsillie	F-40	81	82.5	77.5	80	-82.5		80	55	57.5	-60		57.5	137.5	80	87.5	95		95	232.5	350.0337
Sara Burwash	F-40	88	90	120	125	-132.5		125	82.5	90	-92.5		90	215	145	155	160		160	375	530.7575
Mehza Memon	F-19	88.6	90	87.5	95	102.5	-107.5	102.5	45	47.5	-50		47.5	150	92.5	100	110	115	110	260	366.1003
Amber Hamilton	F-O	96.1	SHW	112.5	117.5	-122.5		117.5	72.5	80	85	-94	85	202.5	120	127.5	140	146	140	342.5	461.5021
Erin Cooke	F-J	96.1	SHW	105	112.5	120		120	-65	70	-75		70	190	115	127.5	140		140	330	444.659
Sam Oliphant	F-O	97.2	SHW	65	67.5	72.5		72.5	50	-52.5	-52.5		50	122.5	87.5	90	92.5		92.5	215	288.0431
Tanya Fus	F-40	99.4	SHW	85	-92.5	97.5	102.5	97.5	-47.5	-50	-50		0	0	95	102.5	107.5		107.5	0	0
Rahul Singh	M-O	64.3	67.5	82.5	90	-490		90	70	75	-77.5		75	165	127.5	137.5	-142.5		137.5	302.5	506.2373
Alex Saretsky	M-O	66.5	67.5	162.5	170	-175		170	125	-132.5	132.5		132.5	302.5	220	227.5	-230		227.5	530	859.6198
Kevin Ho	M-O	66.8	67.5	115	125	135		135	80	87.5	-95		87.5	222.5	175	-490	190		190	412.5	666.3155
Joe Stockinger	M-85	68.8	75	110	115	120	122.5	120	75	80	85		85	205	175	187.5	200		200	405	637.2363
Tayan Patel	M-J	73.2	75	190	202.5	-245.5		202.5	-145	122.5	-130		122.5	325	225	242.5	255.5	-272.5	255.5	580.5	866.9164
Dawson Gall	M-17	73.4	75	125	132.5	142.5		142.5	62.5	70	-82.5		70	212.5	145	155	162.5		162.5	375	558.8661
Tate Beazley	M-17	73.7	75	137.5	147.5	155	160	155	-85	92.5	-97.5		92.5	247.5	185	197.5	205	213.5	205	452.5	672.0707
Jeremy Kander	M-O	74	75	130	135	-147.5		135	87.5	-100	-105		87.5	222.5	175	187.5	200		200	422.5	625.5575
Zach Farrell	M-O	74.2	75	147.5	160	-175		160	87.5	92.5	-97.5		92.5	252.5	192.5	207.5	-242.5		207.5	460	679.5591
Michael Danis	M-SM	75	75	160	165	170		170	122.5	127.5	-132.5		127.5	297.5	190	207.5	220	227.5	220	517.5	758.1151
Estilfor Garcia	M-O	76.7	82.5	122.5	-130	135		135	107.5	-142.5	-142.5		107.5	242.5	187.5	-195	-197.5		187.5	430	619.0296
Leo Truong	M-O	79.7	82.5	130	142.5	152.5		152.5	90	102.5	-107.5		102.5	255	130	142.5	155		155	410	573.6964
Colin Mullaney	M-55	81.3	82.5	130	140	147.5		147.5	107.5	115	120		120	267.5	180	190	195		195	462.5	637.9809
Dan Gonzalez	M-J	81.4	82.5	215	-227.5	-227.5		215	160	165	170		170	385	215	227.5	-237.5		227.5	612.5	844.0835
Aaron Sessions	M-J	81.7	82.5	132.5	140	147.5		147.5	95	-100	-100		95	242.5	190	202.5	-242.5		202.5	445	611.6828
Jason Paes	M-O	81.8	82.5	-160	165	-170		165	105	-145	115		115	280	210	220	-230		220	500	686.7329
Victor Akpawan	M-O	81.9	82.5	-190	-200	202.5		202.5	125	130	135		135	337.5	227.5	232.5	-237.5		232.5	570	789.033
Kevin Weiss	M-40	82.5	82.5	197.5	210	220		220	150	160	-165		160	380	227.5	240	250		250	630	860.1445
Paul Butts	M-45	88.2	90	120	130	-132.5		130	82.5	87.5	-92.5		87.5	217.5	125	137.5	-147.5		137.5	355	463.7883
Brad Olson	M-O	89.6	90	225	237.5	250		250	-150	-160	160		160	410	260	275	280	-292.5	280	690	892.777
Bjorn Torgerson	M-O	90	90	237.5	250	256	260	256	165	175	181.5	187.5	181.5	437.5	232.5	240	250		250	687.5	887.1173
Eldridge Abat	M-SM	94	100	155	175	192.5		192.5	110	130	-145		130	322.5	195	227.5	242.5		242.5	565	711.237
Cole Albersworth	M-17	97.2	100	-142.5	142.5	152.5		152.5	-107.5	107.5	-147.5		107.5	260	182.5	-200	-200		182.5	442.5	547.5681
Brad Wilson	M-O	98.8	100	200	215	225		225	132.5	-142.5	-142.5		132.5	357.5	250	265	272.5		272.5	630	773.6162
Christopher Caleffi	M-O	104	110	150	162.5	182.5		182.5	102.5	125	-137.5		125	307.5	185	210	-227.5		210	517.5	622.3503
Chase Thrasher	M-17	107.8	110					0					0	0	182.5	187.5	-192.5		187.5	0	0
Mike Frost	M-O	124.2	125	185	195	-		195	-155	155	162.5		162.5	357.5	245	255	262.5		262.5	620	713.6334
Gord Goodman	M-65	127.3	140					0	77.5	92.5	-97.5		92.5	0	-125	125	-137.5		125	0	0

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### BENCH ONLY

Name	Div	BWt (Kg)	WtCls (Kg)	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench
Lisa Scheffelmaier	F-50	53.8	56	60	62.5	65	-67.5	65
Sandra Cappon	F-45	58.6	60	52.5	-57.5	-57.5		52.5
Cory Fisher	F-40	61.9	67.5	52.5	60	62.5	-67.5	62.5
Jackie Figiel	F-O	62.8	67.5	40	45	-47.5		45
Cory Thomas	F-40	81.6	82.5	-52.5	60	-65		60
Michael Habina	M-45	78.4	82.5	120	125	-130		125
Andrew Hanson	M-40	99.4	100	120	127.5	130		130
Mike Proskow	M-45	105.2	110	-137.5	137.5	-140		137.5

### MILITARY PRESS

Name	Div	BWt (Kg)	Schwartz/Mal one	RH BP	Press 1	Press 2	Press 3	Press 4	Coeff Score	Coeff Score
Jackie Figiel	F-O	62.8	0.8291	8	30	32.5	-37.5		26.946	59.4046
Teresa Lindgren	F-O	73.2	0.7351	7	32.5	-35	35		25.729	56.72105
Tayan Patel	M-J	73.2	0.6774	13	75	80	82.5	87.5	55.886	123.2052
Nora Kish	F-SM	74	0.7293	14	37.5	-40	-40		27.349	60.29305
Renaë Witzaney	F-SM	74.8	0.723	11	45	47.5	48		34.704	76.50844
Colin Mullaney	M-55	81.3	0.6257	17	67.5	72.5	77.5		48.492	106.9049
Dan Gonzalez	M-J	81.4	0.6251	14	80	85	-90		53.134	117.1381
Kevin Weiss	M-40	82.5	0.6193	13	90	95	97.5		60.382	133.1176
Sara Burwash	F-40	88	0.642	11	50	52.5	-55		33.705	74.30604
Sam Oliphant	F-O	97.2	0.6077	11	35	40	-42.5		24.308	53.58942
Christopher Caleffi	M-O	104	0.5455	16	85	92.5	-97.5		50.459	111.2414
Mike Proskow	M-45	105.2	0.5434	14	80	82.5	85	-87.5	46.189	101.8283

### STRICT CURL

Name	Div	BWt (Kg)	WtCls (Kg)	Curl 1	Curl 2	Curl 3	Curl 4
Nora Kish	F-SM	74	75	32.5	35	37.5	
Dallas Smith	F-O	68.1	75	29	33	38	
Colin Mullaney	M-55	81.3	82.5	55	60	62	

### KIDS DEADLIFT

Name	Div	BWt (Kg)	WtCls (Lb)	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4
Mya Kander	F-11	24.3	44	30	35	37.5	
Mattea Ahlijah	F-11	40.9	44	42.5	45	50	55.5
Dawson Miron	F-11	44.4	48	50	60	72.5	75