

100% RAW Powerlifting Federation

2015 South west Regional Powerlifting Championships

Name	Division	Wgt	Class	RH	SQUAT/CURL				BENCH				Sub	DEAD LIFT				TOTAL	LBS	Schwartz/Malone	Place	Total Coef.																			
					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th																								
FULL POWER																																									
Chloe Eckard	12=13	82	88	0	25	35	45		15	17.5	20	-22.5	65	35	55	-60		120	264.6	1.2803	1	153.64																			
Rocky Luedeker	60-64	90.1	97	6	40	47.5	50	51	30	32.5	33	-35	83	65	70	75	77.5	158	348.3	1.2803	1	202.29																			
Amanda Hunsucker	20-24	104.2	105	6	62.5	70	77.5	-80	50	55	-57.5		132.5	107.5	117.5	125	-127.5	257.5	567.7	1.0693	1	275.34																			
Eryn Slap	25-29	101.6	105	7	67.5	70	75		27.5	30	32.5		107.5	80	82.5	87.5		195	429.9	1.1086	1	216.18																			
Savannah Sparkes	14-15	112.8	114	6	57.5	62.5	67.5		32.5	35	-37.5		102.5	82.5	90	92.5		195	429.9	0.9779	1	190.69																			
Amanda Feist (NM) #	20-24	113.1	114	9	75	80	85		40	42.5	45		130	117.5	125	132.5	-138	262.5	578.7	0.9677	1	254.02																			
Becky Clark (NM)	25-29	113.7	114	10	65	70	75		32.5	35	37.5		112.5	95	102.5	-107.5		215	474	0.9677	1	208.06																			
Kyleen Wolfson	25-29	123.3	123	7	57.5	62.5	67.5		35	40	42.5		110	75	82.5	100		210	463	0.8783	1	184.44																			
Elena Feldhaus	25-29	118.3	123	8	70	75	-77.5		32.5	-37.5	40		115	77.5	87.5	-95		202.5	446.4	0.9203	2	186.36																			
Michelle Blevins	35-39	119.3	123	9	-67.5	70	-75		42.5	45	-48		115	87	92.5	-95		207.5	457.5	0.9115	1	189.14																			
Melissa Holloway	45-49	119	123	9	60	65	70		35	40	-47.5		110	105	110	120		230	507.1	0.9115	1	209.65																			
Tessa Codina	20-24	128.5	132	10	92.5	95	97.5		55	-60	-60		152.5	87.5	97.5	105		257.5	567.7	0.8412	1	216.61																			
Erin Babani	30-34	131.6	132	7	75	80	87.5		47.5	50	53		140.5	120	125	-130		265.5	585.3	0.821	1	217.98																			
Collette Naylor	35-39	132.2	132	9	70	76	80		37.5	45.5	47.5		127.5	82.5	92.5	100		227.5	501.5	0.8146	1	185.32																			
Julie St. Germain	40-44	126.3	132	6	47.5	50	52.5		32.5	37.5	-40		90	72.5	75	77.5		167.5	369.3	0.8556	1	143.31																			
Rhonda Jones (NM)	50-54	127.2	132	9	67.5	72.5	77.5		42.5	45	-47.5		122.5	115	120	-127.5		242.5	534.6	0.8483	1	205.71																			
Ashley Hoban (CA)	16-17	138.6	148	11	80	85	87.5		55	57.5	-60		145	132.5	137.5	142.5		287.5	633.8	0.779	1	223.96																			
Miriam Brede (Germany)	16-17	148.4	148	11	57.5	60	67.5		42.5	45	47.5	50	115	87.5	92.5	-95		207.5	457.5	0.7294	2	151.35																			
Ceyanna Trehern	18-19	145.4	148	6	85	102.5	110		-55	-55	55		165	117.5	125	127.5		292.5	644.8	0.7432	1	217.39																			
Nina Lee	open	146	148	12	80	85	-90		57.5	-62.5	-65.5		142.5	107.5	110	115		257.5	567.7	0.7385	1	190.16																			
Michelle Mullenix #	20-24	148.6	148	10	125	-140	-140		70	77.5	-85.5		202.5	115	125	142.5	-160.5	345	760.6	0.7294	1	251.64																			
Maggie Nunley (NM)	20-24	139.7	148	11	70	75	77.5		42.5	45	47.5		125	102.5	107.5	115		240	529.1	0.7735	2	185.64																			
Lesli Hanson	35-39/open	138.3	148	13	72.5	80	85		47.5	-52.5	52.5		137.5	127.5	-137.5	137.5		275	606.3	0.779	1	214.23																			
Esme Bartell	30-34	136.6	148	10	95	97.5	102.5		40	45	50		152.5	107.5	117.5	125		277.5	611.8	0.7903	1	219.31																			
Jacquelyn Salcido (NM)	30-34		148										0					0	0	0		0.00																			
Rosemarie Zumbelman	30-34	164.5	165	8	-85	-85	85		37.5	40	-45		125	95	100	105		230	507.1	0.6688	1	153.82																			
Leanne Schumaker	40-44	161	165	9	82.5	-90	92.5		55	-60	60		152.5	125	-132.5	137.5		290	639.3	0.6787	1	196.82																			
Amy Tunis	30-34	158.1	165	12	82.5	90	97.5		55	65	-70		162.5	125	132.5	-137.5		295	650.4	0.6893	1	203.34																			
Courtney Lewis	30-34	163.2	181	13	65	70	72.5		42.5	-45	47.5		120	92.5	100	107.5		227.5	501.5	0.672	2	152.88																			
Katie Mcnamara	30-34	177.9	181	7	80	90	105	-115.5	60	-72.5	-72.5		165	110	117.5	130	144	295	650.4	0.6313	1	186.23																			
Kim Moser (NM)	50-54	176.3	181	11	62.5	-67.5	67.5		40	42.5	-45		110	87.5	92.5	-95		202.5	446.4	0.6339	1	128.36																			
Farrah Tate	25-29	192.5	198	9	125	-137.5	-137.5		90	95	97.5	-114	222.5	157.5	165	170		392.5	865.3	0.5878	1	230.71																			
Christie Anderson	35-39	197.5	198	14	70	87.5	-92.5		57.5	-65	65		152.5	85	102.5	107.5		260	573.2	0.5879	1	152.85																			
Andrea Shelton	35-39	278.7	198+	10	117.5	120	125	127.5	-47.5	50	52.5		177.5	140	143	145	150	322.5	711	0.5197	1	167.60																			
Sammy Hancock	6=7	58	66	0	10	15	-25		10	-12.5	12.5		27.5	20	30	35		62.5	137.8	1.2803	1	80.02																			
Chevy Schumaker	16-17	132	132	10	102.5	125	137.5		70	85	-92.5		222.5	150	165	172.5	-186	395	870.8	0.8146	1	321.77																			
Amro Eldesonki	20-24	129.3	132	6	115	132.5	145		57.5	77.5	85		230	137.5	142.5	-182.5		372.5	821.2	0.8343	1	310.78																			
Devin Coleman	18-19	145.9	148	11	125	-142.5	-142.5		97.5	112.5	118	-122.5	243	137.5	147.5	157.5		400.5	882.9	0.7432	1	297.65																			
Andrew Kang (S. Korea)	20-24	148.7	148	10	125	-130	-130		67.5	72.5	-77.5		197.5	145	155	-160		352.5	777.1	0.7294	3	257.11																			
Josh Rygiel	20-24	145.4	148	8	110	112.5	-117.5		-92.5	92.5	-97.5		205	135	145	160		365	804.7	0.7432	2	271.27																			
Kameron Perez (HI)	20-24	146.9	148	11	132.5	137.5	-145		105	110	-117.5		247.5	172.5	182.5	-187.5		430	948	0.7385	1	317.56																			
Chris Cruz	25-29	146.4	148	6	147.5	152.5	160		105	-115	115		275	165	185	195		470	1036	0.7385	1	347.10																			
DR William Devito	45-49	147.2	148	12	85	90	100		80	87.5	92.5		192.5	125	132.5	-137.5		325	716.5	0.7339	1	238.52																			
Lee Luedeker	60-64	148.3	148	11	100	105	-107.5		82.5	85	87.5		192.5	160	-175	-175		352.5	777.1	0.7294	1	257.11																			
Griffin Keim	spcecial athlete	156	165	15	50	52.5	-55		30	35	37.5	40	90	85	-90	90	91	180	396.8	0.6967	1	125.41																			
Gabriel Davies	12=13	155.8	165	8	60	65	72.5		42.5	-45	50		122.5	82.5	92.5	102.5		225	496	0.7004	1	157.59																			
Ryan Horn	16-17	164.9	165	12	-120	125	132.5		-82.5	85	92.5		225	130	140	150		375	826.7	0.6688	1	250.80																			
Shawn Watts	18-19	161.1	165	14	132.5	142.5	-155		105	110	115		257.5	-145	152.5	167.5		425	937	0.6787	1	288.45																			
Shawn Ruiz	18-19		165										0					0	0	0		0.00																			
Sam Shipiro	25-29	164.4	165	10	142.5	160	172.5		115	122.5	-128		295	142.5	165	182.5		477.5	1053	0.6688	1	319.35																			

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					1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd						4th
Joe Phillips	35-39	165.4	181	11	115	120	127.5		75	77.5	82.5		210	125	135	145	355	782.6	0.6656	1	236.29	
Steven Foltin #	open	161.2	165	9	177.5	187.5	-195		110	117.5	-125		305	215	227.5	232.5	537.5	1185	0.6787	1	364.80	
Ryan Bourge	open	161.7	165	12	147.5	160	170		127.5	133	137.5		307.5	197.5	207.5	220	527.5	1163	0.6787	2	358.01	
Mike Saldana	Special Athlete	174.6	181	7	65	-72.5	77.5		55	62.5	67.5		145	92.5	102.5	115	260	573.2	0.6392	1	166.19	
Eric Thomas	20=24/open	168.9	181	11	155	165	170		112.5	-117.5	-120		282.5	192.5	205	-215	487.5	1075	0.6563	1,1	319.95	
Greg Hasson	20-24	172.6	181	14	145	157.5	165		102.5	-110	-125		267.5	145	167.5	-185	435	959	0.6447	2	280.44	
Jake Brunk	25-29/open	179.1	181	12	165	177.5	182.5	184	137.5	147.5	-150		330	220	232.5	240.5	570.5	1258	0.6262	1,1	357.25	
Charles Molina II	35-39	175.6	181	12	140	147.5	155		105	110	-117.5		265	147.5	155	165	430	948	0.6365	1	273.70	
Zach Wilson	18-19	193.5	198	13	162.5	175	-185.5		122.5	-137.5	-137.5		297.5	172.5	190	210	507.5	1119	0.5954	1	302.17	
Saul Todd	18-19	193.3	198	14	145	160	-167.5		102.5	110	120		280	180	200	-205	480	1058	0.5954	2	285.79	
Tyler Brown	25-29	189.1	198	9	-165	167.5	-182.5		147.5	-155	-155		315	195	205	215	530	1168	0.6036	1	319.91	
Tim Tillich	25-29	190.8	198	15	140	147.5	157.5		102.5	110	-117.5		267.5	150	157.5	165	432.5	953.5	0.6014	3	260.11	
Tim Etherton	25-29	189.2	198	14	145	160	172.5		102	-110	-112.5		274.5	-175	175	185	459.5	1013	0.6036	2	277.35	
Cesar A Ruiz	40-44	196.7	198	12	125	132.5	142.5		95	102.5	110		252.5	125	137.5	152.5	405	892.9	0.5897	1	238.83	
William Deloney	60-64	185.7	198	9	102.5	115	122.5		127.5	-132.5	-132.5		250	140	150	155	405	892.9	0.6121	2	247.90	
Michael Shannon (NM)	60-64/PFM	194.2	198	12	-130	130	137.5		140	145	145.5		283	140	150	0	433	954.6	0.5935	1,1	256.99	
Antonio Jordine Cruz (HI)	18-19	216	220	17	85	95	110		70	-85	85		195	85	110	120	315	694.4	0.5592	4	176.15	
Garrison Cobb #	18-19	214.5	220	14	185	200	210		140	152.5	-163		362.5	255	275	-295	637.5	1405	0.5617	1	358.08	
Tyler Wilson	18-19	210.2	220	14	210	220	-227.5		147.5	155	160	171.5	380	220	227.5	-235	607.5	1339	0.567	2	344.45	
Jorge Alvarez	18-19	213.5	220	14	145	150	-155		-110	110	115		265	215	225	235	500	1102	0.563	3	281.50	
Brian Trail	20-24	218.1	220	14	-192.5	192.5	202.5		147.5	157.5	-165		360	275	282.5	-287.5	642.5	1416	0.5568	1	357.74	
Taylor Valentine	20-24	217.9	220	10	185	197.5	217.5		142.5	155	-165		372.5	195	230	252.5	625	1378	0.558	2	348.75	
Ryan Eiger	40-44	207.2	220	11	165	180	192.5		130	142.5	152.5		345	206.5	225	237	582	1283	0.5714	1	332.55	
Sean Lamorena (HI)	18-19	235.9	242	13	160	170	-180		120	132.5	-140		302.5	210	220	227.5	530	1168	0.5411	1	286.78	
Cody Reeves	18-19	239.4	242	10	100	122	137		100	132.5	-137.5		269.5	182.5	192.5	200	469.5	1035	0.5385	2	252.83	
David Vanhoorik	25-29	258.2	242	13	190	210	-227.5		142.5	152.5	-167.5		362.5	-200	215	227.5	590	1301	0.5296	1	312.46	
Eric Tuthill	40-44	230.2	242	16	165	175	185		150	160	-166.5		345	200	215	227.5	572.5	1262	0.5449	1	311.96	
Christopher Nei	34-34/open	226.1	242	13	205	227.5	240		135	150	-155		390	238	252.5	272.5	662.5	1461	0.5485	1,1	363.38	
John McGrath	open/PFM	233.3	242	16	162.5	170	-177.5		135	140	142.5		312.5	207.5	220	227.5	540	1190	0.5426	2,1	293.00	
Tom Matlock	60-64	241.3	242	16	170	185	-195		77.5	95	-102.5		280	210	220	-227.5	500	1102	0.5373	1	268.65	
Julius Visser (UT)	29-24	241.3	275	14	175	192.5	210		165	170	172.5		382.5	220	227.5	237.5	620	1367	0.5373	1	333.13	
Jim Morrow #	40-44/open	263.5	275	12	212.5	230	-235		175	185	190		420	262.5	277.5	285	705	1554	0.5276	1,1	371.96	
Gene Lawrence	75-79/open	255.7	275	14	-90	-90	90		92.5	97.5	102.5		192.5	135	140	-145	332.5	733	0.5308	1,2	176.49	
Brandon Hall	35-39	307	308	18	230	pass	-260		140	160	-180		390	280	301	pass	691	1523	0.5043	1	348.47	
Crandall Dick	35-39	288.6	308	17	175	182.5	190		140	-145	147.5		337.5	205	215	227.5	565	1246	0.5142	2	290.52	
Robert Mcneeley	35-39	319.5	SHW	18	205	220	230		145	155	165		395	250	262.5	275	670	1477	0.4982	1	333.79	
IRONMAN					CURL				BENCH				DEADLIFT									
Chloe Eckard	12=13	82	88		10	12.5	15	16	15	17.5	20	-22.5	35	35	55	-60	90	198.4	1.2803	1	115.23	
Rocky Luedeker	60-64	90.1	97		10	12.5	15	-17.6	30	32.5	33	-35	48	65	70	75	77.5	123	271.2	1.2803	1	157.48
Amy Tunis	30-34	158.1	165		-27.5	27.5	35.5		55	65	-70		100.5	125	132.5	-137.5		233	513.7	0.6893	1	160.61
Rohan Shitole (CA)	20-24/PFM	144.6	148		42.5	43.5	-47.5		67.5	70	-72.5		113.5	125	130	137.5		251	553.4	0.7479	1,1	187.72
DR William Devito	45-49	147.2	148		32.5	35	40		80	87.5	92.5		132.5	125	132.5	-137.5		265	584.2	0.7339	1	194.48
Griffin Keim	spcecial athlete	156	165		15	20	-22.5		30	35	37.5	40	57.5					57.5	126.8	0.6967	1	40.06
Tim Earl	20-24	181	181		-62.5	62.5	66.5	71	125	132.5	-140		199	212.5	222.5	228		427	941.4	0.6214	1	265.34
Dan Morgan	50-54/PFM	177	181		45	52.5	-57.5		100	107.5	-112.5		160	170	187.5	200		360	793.7	0.6313	1,1	227.27
Jim Carroll	80+	195.9	198		20.5	22.5	25		-50	55	0		80	97.5	100	102.5		182.5	402.3	0.5916	1	107.97
Chuck Folinus	60-64/open	217.8	220		45	50	-55		105	-110	110		160	175	182.5	195		355	782.6	0.558	1	198.09
Tom Matlock	60-64	241.3	242		50	-58.5	-58.5		77.5	95	-102.5		145	210	220	-227.5		365	804.7	0.5373	1	196.11
Julius Visser (UT)	29-24	241.3	275		55	60	65	-70.5	165	170	172.5		237.5	220	227.5	237.5		475	1047	0.5373	1	255.22
PUSH/PULL									BENCH				DEADLIFT									

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				RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd						3rd	4th		
Amanda Hunsucker	20-24	104.2	105						50	55	-57.5			55	107.5	117.5	125	-127.5	180	396.8	1.0693	1	192.47	
Savannah Sparkes	14-15	112.8	114						32.5	35	-37.5			35	82.5	90	92.5		127.5	281.1	0.9779	1	124.68	
Kyleen Wolfson	25-29	123.3	123						35	40	42.5			42.5	75	82.5	100		142.5	314.2	0.8783	1	125.16	
Michelle Blevins	35-39	119.3	123						42.5	45	-48			45	87	92.5	-95		137.5	303.1	0.9115	1	125.33	
Angelica Soria (NM)	30-34	116.7	123						37.5	40	42.5			42.5	82.5	87.5	95		137.5	303.1	0.9385	1	129.04	
Miriam Brede (Germany)	16-17	148.4	148						42.5	45	47.5	50		47.5	87.5	92.5	-95		140	308.6	0.7294	1	102.12	
Sheri Hurd	40-44	239.7	198+						55	62.5	-67.5			62.5	87.5	95	-107.5		157.5	347.2	0.5385	1	84.81	
														0					0	0	0		0.00	
Sammy Hancock	6=7	58	66						10	-12.5	12.5			12.5	20	30	35		47.5	104.7	1.2803	1	60.81	
Andrew Kang (S. Korea)	20-24	148.7	148						67.5	72.5	-77.5			72.5	145	155	-160		227.5	501.5	0.7294	1	165.94	
Phil Hartman (PA)	20-24	176.5	181						145	150	155	-160.5		155	180	190	200		355	782.6	0.6339	1	225.03	
Zach Wilson	18-19	193.5	198						122.5	-137.5	-137.5			122.5	172.5	190	210		332.5	733	0.5954	1	197.97	
William Deloney	60-64	185.7	198						127.5	-132.5	-132.5			127.5	140	150	155		282.5	622.8	0.6121	1	172.92	
Tyler Wilson	18-19	210.2	220						147.5	155	160	171.5		160	220	227.5	-235		387.5	854.3	0.567	1	219.71	
Antonio Jordine Cruz (HI)	18-19	216	220						70	-85	85			85	85	110	120		205	451.9	0.5592	2	114.64	
Brian Trail	20-24	218.1	220						147.5	157.5	-165			157.5	275	282.5	-287.5		440	970	0.5568	1	244.99	
Sean Lamorena (HI)	18-19	235.9	242						120	132.5	-140			132.5	210	220	227.5		360	793.7	0.5411	1	194.80	
Christopher Nei	30-34/open	226.1	242						135	150	-155			150	238	252.5	272.5		422.5	931.4	0.5485	1,1	231.74	
Tom Matlock	60-64	241.3	242						77.5	95	-102.5			95	210	220	-227.5		315	694.4	0.5373	1	169.25	
Eric Tuthill	40-44	230.2	242						150	160	-166.5			160	200	215	227.5		387.5	854.3	0.5449	1	211.15	
Julius Visser (UT)	29-24	241.3	275						165	170	172.5			172.5	220	227.5	237.5		410	903.9	0.5373	1	220.29	
Jim Morrow #	40-44/open	263.5	275						175	185	190			190	262.5	277.5			467.5	1031	0.5276	1,1	246.65	
Gene Lawrence	75-75/open	255.7	275						92.5	97.5	102.5			102.5	135	140	-145		242.5	534.6	0.5308	1,2	128.72	
BENCH ONLY									BENCH															
Daielle Windham	20-24	119.5	123						35	40	-42.5			40					40	88.18	0.9115	1	36.46	
Erin Babani	30-34	131.6	132						47.5	50	53			53					53	116.8	0.821	1	43.51	
Ashley Hoban	16-17	138.6	148						55	57.5	-60			57.5					57.5	126.8	0.779	1	44.79	
Nina Lee	open	146	148						57.5	-62.5	-65.5			57.5					57.5	126.8	0.7385	1	42.46	
Farrah Tate	25-29	192.5	198						90	95	97.5	-114		97.5					97.5	214.9	0.5878	1	57.31	
Bill Cross	65-69		165											0					0	0	0		0.00	
Dan Gordan	65-69	164.2	165						100	-105	-105			100					100	220.5	0.6688	1	66.88	
Antonio Santillan (CA)	12=13	180	181						80	82.5	87.5			87.5					87.5	192.9	0.6238	1	54.58	
Mike "Irish" Kane (CA)	70-74	175.9	181						90	97.5	-100			97.5					97.5	214.9	0.6365	1	62.06	
Loren Dyson	75-79	173.9	181						67.5	77.5	-80			77.5					77.5	170.9	0.642	1	49.76	
Alan Dean Foster	65-69	191.9	198						110	120	-127			120					120	264.6	0.5994	1	71.93	
Larry Candelaria	30-34/open	233.4	242						160	170	177.5	-190		177.5					177.5	391.3	0.5426	1,1	96.31	
Micheal Hawkins	60-64	225.7	242						100	110	-122.5			110					110	242.5	0.5994	1	65.93	
Tom Matlock	60-64	241.3	242						77.5	95	-102.5			95					95	209.4	0.5373	2	51.04	
Tom Sharp	20-24	229.7	275						147.5	160	-170			160					160	352.7	0.5458	1	87.33	
Jim Morrow #	40-44/open	263.5	275						175	185	190			190					190	418.9	0.5276	1,2	100.24	
Glen Tenove (CA)	55-59/open	270.2	275						182.5	202.5	205			205					205	451.9	0.5243	1,1	107.48	
Davidd Dickey (MI)	60-65		275											0					0	0	0		0.00	
Daniel Razo	special athlete	274.3	275						80	85	92.5			92.5					92.5	203.9	0.522	1	48.29	
Gene Lawrence	75-79/open	255.7	275						92.5	97.5	102.5			102.5					102.5	226	0.5308	1,3	54.41	
Charles Brooks #	45-49/open	286	308						205	-207.5	-207.5			205					205	451.9	0.5154	1	105.66	
Ed Lucas	65-69	283.5	308						102.5	-125	-125			102.5					102.5	226	0.5169	1	52.98	

100% RAW Powerlifting Federation

2015 South west Regional Powerlifting Championships

					SQUAT/CURL				BENCH				DEAD LIFT									
Name	Division	Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Schwartz/Malone	Place	Total Coef.
													0					0	0	0		0.00
													0					0	0	0		0.00
													0					0	0	0		0.00
													0					0	0	0		0.00
													0					0	0	0		0.00