

# 100% RAW SOUTHSIDE REGIONAL CLASSIC RENEGADE ATHLETICS, MIDLOTHIAN, VA

21-Feb-15

| POWERLIFTING        |    |          |      | SQ    | BP   | DL    | TOTAL |
|---------------------|----|----------|------|-------|------|-------|-------|
| Misty Posey         | VA | Ooen     | 114  | 102.5 | 55   | 140   | 297.5 |
| Misty Posey         | VA | 35-39    | 114  | 102.5 | 55   | 140   | 297.5 |
| Misty Posey         | VA | P/F/M    | 114  | 102.5 | 55   | 140   | 297.5 |
| Jordan Kennamer     | VA | 20-24    | 132  | 85    | 40   | 110   | 235   |
| Marie Phillips      | VA | 20-24    | 132  | 82.5  | 52.5 | 120   | 255   |
| Aubrey Webb         | VA | Open     | 148  | 152.5 | 70   | 172.5 | 395   |
| Kristina Wojtaszek  | VA | Open     | 148  | 97.5  | 50   | 115   | 262.5 |
| Ashli Butrico       | VA | Open     | 148  | 70    | 47.5 | 110   | 227.5 |
| Bethanny Kammerling | VA | Open     | 148  | 75    | 42.5 | 72.5  | 190   |
| Suzanne Mackiewicz  | VA | 40-44    | 148  | 52.5  | 40   | 87.5  | 180   |
| Sarah Seigel        | VA | Open     | 198+ | 135   | 80   | 187.5 | 402.5 |
| Emily Adams         | VA | Open     | 198+ | 170   | 75   | 170   | 415   |
| Joey Redding        | VA | 12*13    | 114  | 40    | 42.5 | 80    | 162.5 |
| Devon Cassady       | KY | Under 11 | 132  | 92.5  | 62.5 | 142.5 | 297.5 |
| Daniel Cassady      | KY | Under 11 | 148  | 80    | 57.5 | 120   | 257.5 |
| Michael Vivlmore    | VA | Open     | 165  | 190   | 120  | 227.5 | 537.5 |
| Jesse Redding       | VA | 14-15    | 165  | 117.5 | 90   | 137.5 | 345   |
| Kohl Yourkovich     | VA | 16-17    | 165  | 100   | 100  | 155   | 355   |
| Michael Vivlmore    | VA | 20-24    | 165  | 190   | 120  | 227.5 | 537.5 |
| Edward Woolfolk     | VA | SO       | 181  | 90    | 55   | 125   | 270   |
| Garrett Hence       | VA | Open     | 181  | 187.5 | 120  | 295   | 602.5 |
| Chris Moore         | VA | Open     | 181  | 165   | 123  | 217.5 | 505   |
| Raphael Heard       | VA | Open     | 181  | 162.5 | 130  | 197.5 | 490   |
| Kevin Henderson     | VA | Open     | 181  | 185   | 128  | 250   | 562.5 |
| Scott Tulipe        | VA | 50-54    | 181  | 185   | 123  | 205   | 512.5 |
| Ernie Burt          | VA | 60-64    | 181  | 155   | 87.5 | 167.5 | 410   |
| Gary Banks          | VA | 60-64    | 181  | 137.5 | 103  | 152.5 | 392.5 |
| Tracy Moody         | VA | Open     | 198  | 185   | 110  | 240   | 535   |
| Christian Andrews   | NY | Open     | 198  | 140   | 120  | 187.5 | 447.5 |
| Christian Andrews   | NY | 20-24    | 198  | 140   | 120  | 187.5 | 447.5 |
| Derek Dickinson     | VA | Open     | 220  | 262.5 | 185  | 272.5 | 720   |
| Owen Whisenant      | VA | 12*13    | 220  | 130   | 95   | 182.5 | 407.5 |
| Randall Carter      | VA | Open     | 242  | 235   | 168  | 245   | 647.5 |
| Dylan Ward          | VA | 20-24    | 242  |       | 138  | 225   | 362.5 |
| Fred Littlejohn     | VA | Open     | 275  | 275.5 | 165  | 315   | 755.5 |
| Fred Littlejohn     | VA | 40-44    | 275  | 275.5 | 165  | 315   | 755.5 |
| Fred Littlejohn     | VA | P/F/M    | 275  | 275.5 | 165  | 315   | 755.5 |
| Iain Duffus         | VA | Open     | 308  | 255   | 180  | 272.5 | 707.5 |
| Jason Harlow        | VA | Open     | 308  | 227.5 | 193  | 280   | 700   |
| Jason Harlow        | VA | 35-39    | 308  | 227.5 | 193  | 280   | 700   |
| Shane Green         | VA | Open     | SHW  | 205   | 125  | 230   | 560   |
| <b>BENCH PRESS</b>  |    |          |      |       |      |       |       |
| Diana Vall-Ilobera  | VA | Open     | 114  |       | 62.5 |       |       |
| Toni Herrmann       | VA | Open     | 123  |       | 60   |       |       |
| Bethanny Kammerling | VA | Open     | 148  |       | 42.5 |       |       |

|                     |    |       |       |  |      |  |  |
|---------------------|----|-------|-------|--|------|--|--|
| Tina Berman         | VA | 40-44 | 165   |  | 40   |  |  |
| Drew Meincke        | VA | 35-39 | 132   |  | 50   |  |  |
| Andrew Harrison     | VA | 20-24 | 148   |  | 125  |  |  |
| Andy Berman         | VA | 16-17 | 45-49 |  | 105  |  |  |
| Justin Dixon        | VA | 16-17 | 165   |  | 90   |  |  |
| Ethan Ferrick       | VA | 20-24 | 165   |  | 130  |  |  |
| Brandon Lewis       | VA | 20-24 | 181   |  | 173  |  |  |
| Tracy Moody         | VA | Open  | 198   |  | 110  |  |  |
| Jeff Simmons        | MD | 20-24 | 198   |  | 125  |  |  |
| Owen Whisenant      | VA | 12*13 | 220   |  | 95   |  |  |
| Robert Redd         | VA | 16-17 | 220   |  | 113  |  |  |
| Bernie Rhoades      | VA | 65-69 | 242   |  | 118  |  |  |
|                     |    |       |       |  |      |  |  |
| <b>DEADLIFT</b>     |    |       |       |  |      |  |  |
|                     |    |       |       |  |      |  |  |
| Diana Vall-Ilobera  | VA | Open  | 114   |  | 97.5 |  |  |
| Misty Posey         | VA | Ooen  | 114   |  | 140  |  |  |
| Misty Posey         | VA | 35-39 | 114   |  | 140  |  |  |
| Misty Posey         | VA | P/F/M | 114   |  | 140  |  |  |
| Tina Berman         | VA | 40-44 | 148   |  | 100  |  |  |
| Bethanny Kammerling | VA | Open  | 148   |  | 72.5 |  |  |
| Drew Meincke        | VA | 35-39 | 132   |  | 100  |  |  |
| Andrew Harrison     | VA | 20-24 | 148   |  | 185  |  |  |
| Kohl Yourkovich     | VA | 16-17 | 165   |  | 155  |  |  |
| Justin Dixon        | VA | 16-17 | 165   |  | 160  |  |  |
| Garrett Hence       | VA | Open  | 181   |  | 295  |  |  |
| Tracy Moody         | VA | Open  | 198   |  | 240  |  |  |
| Jeff Simmons        | MD | 20-24 | 198   |  | 238  |  |  |
| Owen Whisenant      | VA | 12*13 | 220   |  | 183  |  |  |
| Robert Redd         | VA | 16-17 | 220   |  | 175  |  |  |
|                     |    |       |       |  |      |  |  |
|                     |    |       |       |  |      |  |  |
| <b>STRICT CURL</b>  |    |       |       |  |      |  |  |
|                     |    |       |       |  |      |  |  |
| Misty Posey         | VA | Ooen  | 114   |  | 25   |  |  |
| Bethanny Kammerling | VA | Open  | 148   |  | 25   |  |  |
| Ashli Butrico       | VA | Open  | 148   |  | 25   |  |  |
| Sarah Seigel        | VA | Open  | 198+  |  | 37.5 |  |  |
| Drew Meincke        | VA | 35-39 | 132   |  | 30   |  |  |
| Andy Berman         | VA | 45-49 | 148   |  | 35   |  |  |
| Kohl Yourkovich     | VA | 16-17 | 165   |  | 52.5 |  |  |
| Chris Moore         | VA | Open  | 181   |  | 65   |  |  |
| Garrett Hence       | VA | Open  | 181   |  | 55   |  |  |
| Owen Whisenant      | VA | 12*13 | 220   |  | 50   |  |  |
|                     |    |       |       |  |      |  |  |
| Officals            |    |       |       |  |      |  |  |
|                     |    |       |       |  |      |  |  |
| William Thacker     |    |       |       |  |      |  |  |
| Ron Simmons         |    |       |       |  |      |  |  |
| Gene Berry          |    |       |       |  |      |  |  |
| Ray Berry           |    |       |       |  |      |  |  |
| Ronnie Biggs        |    |       |       |  |      |  |  |
| Belinda Hayes       |    |       |       |  |      |  |  |
| John Shifflett      |    |       |       |  |      |  |  |