

32ND ANNUAL CENTRAL PA OPEN 2014

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POWERLIFTING

Gender	Weight Class	Division	Age	State	Bodyweight	First Name	Last Name	Squat	Bench	Deadlift	Total	Comments
Female	105	Open	13	NJ	99.6	Naomi	Kutin	105	40	115	260	outstanding women's lifter
Female	132	Open/Master (45-49)	49	PA	129.6	Mary Lou	Norris	100	60	122.5	282.5	Schrec's
Female	165	Open	29	PA	158.6	Colby	Neubauer	100	60	117.5	277.5	---
Female	181	Open	50	PA	169	Sharon	Schwartz	90	55	135	280	Schrec's
Female	198	Open	31	NY	196.8	Rebecca	Tucker	140	85	175	400	---
Male	105	Open/Youth (10-11)	10	PA	92.5	Casey	Walker	65	35	92.5	192.5	97 lb youth class
Male	114	Open	11	NJ	110	Ari	Kutin	80	42.5	110	232.5	---
Male	123	Open	29	NJ	122	William	Tenerelli	137.5	95	202.5	435	Open WR DL
Male	123	Open/Teen (14-15)	14	PA	121	Cam	Rees	97.5	57.5	137.5	292.5	Joe's Gym
Male	132	Open	11	MD	128	Vince	Green	45	20	70	135	---
Male	165	Open	22	OH	164	Keith	Schneider	195	120	245	560	Joe's Gym
Male	165	Open	45	PA	162.5	Norman	Lowder	200	107.5	245	552.5	Body Matrix
Male	165	Open/Teen (16-17)	16	PA	157	Zachary	Krise	167.5	122.5	205	495	Body Matrix
Male	181	Open	29	PA	181	Curtis	Miller	182.5	157.5	260	600	---
Male	198	Open	27	PA	194	Nick	Schneider	210	130	235	575	Joe's Gym Al Siegel
Male	198	Open	62	PA	197.5	Don	Kuhns	170	130	227.5	527.5	outstanding
Male	198	Open	25	PA	183	Nick	Foster	180	130	187.5	497.5	Body Matrix
Male	220	Open	58	OH	214	Dave	Schneider	210	125	257.5	592.5	Joe's Gym
Male	220	Open	23	PA	220	Matt	Fox	210	157.5	220	587.5	---
Male	220	Open	44	PA	212	Lance	Schrecengost	207.5	152.5	227.5	587.5	Schrec's
Male	220	Open	34	PA	214	Keith	Weber	160	130	177.5	467.5	Joe's Gym
Male	242	Open	52	NJ	228	Ed	Kutin	185	147.5	265	597.5	---
Male	242	Open	35	PA	233.5	Stephen	Nelson	177.5	110	212.5	500	---
Male	275	Open/Master (40-44)	41	PA	275	Ryan	Irvine	215	160	255	630	---
Male	308	Open	36	MD	303	Justin	Steyer	292.5	182.5	290	765	outstanding men's lifter
Male	SHW	Open	34	MD	338	Shane	Green	200	120	250	570	---

BENCH PRESS

Gender	Weight Class	Division	Age	State	Bodyweight	First Name	Last Name	Attempt 1	Attempt 2	Attempt 3	Attempt 4	Best Lift	Comments
Female	132	Open/Master (60-64)	60	PA	126.5	Laura	Schepis	52.5	55	-57.5	---	55	---
Female	132	Open	34	PA	132	Kimberly	Kaschalk	45	47.5	-50	---	47.5	Body Matrix
Male	123	Open/Teen (18-19)	19	PA	120.25	Nathan	Romiski	93	95	-97.5	---	95	teen WR
Male	165	Open/Master (65-69)	65	NY	161	Thomas	Cenelli	70	75	77.5	---	77.5	---
Male	181	Open	29	PA	181	Curtis	Miller	142.5	150	157.5	---	157.5	outstanding BPer
Male	181	Open/Master (50-54)	51	MD	179.75	Patrick	Shannon	147.5	-155	-155	---	147.5	---

Male	181	Open/Junior (20-24)	24	PA	179.5	Andrew	Starr	125	-135	140	---	140	---
Male	181	Open/Submaster (35-39)	37	PA	179	Greg	Dixon	115	120	122.5	---	122.5	---
Male	181	Open	68	NY	179	Don	Swingle	72.5	80	-82.5	---	80	---
Male	198	Open/Submaster (35-39)	36	NY	185	Enrique	Gonzalez	-135	135	-137.5	---	135	---
Male	198	Open	62	PA	197.5	Don	Kuhns	110	130	#NAME?	---	130	---
Male	198	Open/Master (40-44)	41	NY	---	Jeffrey	Dettelis	---	---	---	---	0	unable to attend
Male	242	Open/Master (55-59)	56	OH	223	Bob	Dunn	97.5	105	110	---	110	---
Male	242	Open/Master (55-59)	59	OH	229	Jerry	Dunn	77.5	-82.5	82.5	---	82.5	---

STRICT CURL

Gender	Weight Class	Division	Age	State	Bodyweight	First Name	Last Name	Attempt 1	Attempt 2	Attempt 3	Attempt 4	Best Lift	Comments
Female	132	Open/Master (60-64)	60	PA	126.5	Laura	Schepis	26	28.5	31	---	31	---
Female	132	Open	34	PA	132	Kimberly	Kaschalk	26	-28.5	-28.5	---	26	Body Matrix
Female	148	Open/Submaster (35-39)	37	NY	148	Suzanne	Jeffers	21	26	-31	---	26	---
Male	165	Open/Master (40-44)	42	PA	149	Jason	Thomas	43.5	48.5	-53.5	---	48.5	---
Male	165	Open	45	PA	162.5	Norman	Lowder	43.5	46	48.5	---	48.5	Body Matrix
Male	165	Open/Master (65-69)	65	NY	161	Thomas	Cenelli	18.5	23.5	28.5	---	28.5	---
Male	181	Open	68	NY	179	Don	Swingle	43.5	-46	-46	---	43.5	---
Male	198	Open	29	PA	183	Cody	Renninger	56	71	-73.5	---	71	outstanding lifter
Male	198	Open/Master (40-44)	40	PA	183	Chris	Colondrillo	-63.5	63.5	-66	---	63.5	---
Male	198	Open/Master (40-44)	41	NY	---	Jeffrey	Dettelis	---	---	---	---	0	unable to attend
Male	242	Open/Master (55-59)	56	OH	223	Bob	Dunn	46	51	53.5	---	53.5	---
Male	242	Open/Master (55-59)	59	OH	229	Jerry	Dunn	36	-41	-41	---	36	---