

100% RAW VIRGINIA STATE AND CHRISTMAS CLASS
6-Dec-14 ZION CROSSROADS, VA

						BENCH
Kristen Robbins	VA	State	18-19	105		35
Jennifer Coffee	VA	State	35-39	114		55
Lisa Suda	VA	State	Open	132		60
Jordan Kennamer	VA	State	20-24	132		37.5
Kimberly Franklin	VA	State	Open	148		65
Linsey Hammersley	VA	State	Open	148		52.5
Mary Hodge	VA	State	45-49	165		55
Linda Saroka	VA	State	P/F/M	198		52.5
Sarah Siegel	VA	State	Open	198+		85
Emily Adams	VA	State	Open	198+		70
Alton Parker	VA	State	20-24	148		100
Jason Leavitt	VA	State	50-54	148		122.5
Raymond Harris	VA	State	Open	165		132.5
Kevin OH	VA	State	16-17	165		85
Cristoval Lopez	VA	State	20-24	275		120
Ray Snyder	VA	State	35-39	165		82.5
Steve Davis	VA	State	45-49	165		95
Raymond Harris	VA	State	55-59	165		132.5
Raymond Harris	VA	State	PFM	165		132.5
John Clegg	VA	State	Open	181		142.5
Ryan Franklin	VA	State	Open	181		137.5
Garrett Hence	VA	State	Open	181		125
Chris Moore	VA	State	Open	181		120
John Clegg	VA	State	30-34	181		142.5
Raphael Sydnor	VA	State	35-39	181		112.5
John Clegg	VA	State	P/F/M	181		142.5
Brian Brindle	VA	State	65-69	198		102.5
Sabre Schnitzer	VA	State	Open	220		215
Christopher Nance	VA	State	16-17	220		67.5
Sean Cullinane	VA	State	40-44	220		145
Sabre Schnitzer	VA	State	45-49	220		215
Christopher Holloway	VA	State	Open	242		212.5
Justin Hughes	VA	State	Open	242		167.5
Jordan Propst	VA	State	18-18	242		142.5
Skylar Harmon	VA	State	18-19	242		135
Christopher Holloway	VA	State	35-39	242		212.5
Max Whitticar	VA	State	20-24	275		167.5
Mark Petrini	VA	State	P/F/M	275		127.5
Cristoval Lopez	VA	State	P/F/M	275		120
Ed Stine	VA	State	65-69	275		137.5
Jason Harlow	VA	State	Open	308		190
Jason Harlow	VA	State	35-39	308		190
						DEADLIFT

Kristen Robbins	VA	State	18-19	105		72.5
Jordan Kennamer	VA	State	20-24	132		107.5
Lisa Suda	VA	State	Open	132		127.5
Kimberly Franklin	VA	State	Open	148		135
Linsey Hammersley	VA	State	Open	148		115
Angela Petrini	VA	State	P/F/M	165		47.5
Vonnie Hepner	VA	State	55-59	181		92.5
Linda Saroka	VA	State	P/F/M	198		115
Penny Muire	VA	State	55-59	198		115
Sarah Siegel	VA	State	Open	198+		182.5
Emily Adams	VA	State	Open	198+		162.5
Shane Shifflett	VA	State	Under 11	105		52.5
Landon Pierce	VA	State	20-24	148		160
Alton Parker	VA	State	20-24	148		100
Kevin OH	VA	State	16-17	165		140
Ray Snyder	VA	State	35-39	165		100
Garrett Hence	VA	State	Open	181		285
Ryan Franklin	VA	State	Open	181		277.5
Chris Moore	VA	State	Open	181		205
Raphael Sydnor	VA	State	35-39	181		155
David Varela	VA	State	55-59	181		152.5
Chris Innocenti	VA	State	35-39	198		232.5
Brian Brindle	VA	State	65-69	198		182.5
Nathan Harrison	VA	State	Open	220		217.5
Christopher Nance	VA	State	16-17	220		155
Pat Hall	VA	State	35-39	220		192.5
Justin Hughes	VA	State	Open	242		230
Skyler Harmon	VA	State	18-19	242		230
Jordan Propst	VA	State	18-18	242		215
Max Whitticar	VA	State	20-24	275		245
Cristoval Lopez	VA	State	P/F/M	275		215
Ed Stine	VA	State	65-69	275		205
Jason Harlow	VA	State	Open	308		277.5
Jason Harlow	VA	State	35-39	308		277.5
						STRICT CURL
Kimberly Franklin	VA	State	Open	148		40
Mary Hodge	VA	State	45-49	165		32.5
Sarah Siegel	VA	State	Open	198+		40
Shane Shifflett	VA	State	Under 11	105		13
Alton Parker	VA	State	20-24	148		55
Jason Leavitt	VA	State	50-54	148		50
Ray Snyder	VA	State	35-39	165		40
Steve Davis	VA	State	45-49	165		42.5
Chris Moore	VA	State	Open	181		64.5
Ryan Franklin	VA	State	Open	181		64
Garrett Hence	VA	State	Open	181		52.5
Brian Brindle	VA	State	65-69	198		45
Christopher Holloway	VA	State	Open	242		75

Christopher Holloway	VA	State	35-39	242		75
John Shifflett	VA	State	50-54	242		47.5
Mark Petrini	VA	State	P/F/M	275		55
						BENCH
Jordan Kennamer	VA	CLASSIC	20-24	132		37.5
Emily Adams	VA	CLASSIC	Open	198+		70
Diesel Koser	PA	CLASSIC	Under 11	88		33
Andy Berman	VA	CLASSIC	45-49	148		97.5
Jeff House	GA	CLASSIC	55-59	275		117.5
Dennis Arnold	TN	CLASSIC	Open	275		207.5
Bill Schnepf	MD	CLASSIC	60-64	308		175
						DEADLIFT
Jordan Kennamer	VA	CLASSIC	20-24	132		37.5
Tina Berman	VA	CLASSIC	35-39	165		90
Emily Adams	VA	CLASSIC	Open	198+		162.5
Diesel Koser	PA	CLASSIC	Under 11	88		70.5
Shane Shifflett	VA	CLASSIC	Under 11	105		52.5
Dennis Arnold	TN	CLASSIC	Open	275		272.5
Jeff House	GA	CLASSIC	55-59	275		102.5
Bob Shirley	VA	CLASSIC	60-64	275		182.5
						STRICT CURL
Diesel Koser	PA	CLASSIC	Under 11	88		16
John Shifflett	VA	CLASSIC	50-54	242		47.5
Jeff House	GA	CLASSIC	55-59	275		50
Bob Shirley	VA	CLASSIC	60-64	275		42.5
Bill Schnepf	MD	CLASSIC	60-64	308		61
Officals						
Jim Marchio						
Sabre Schnitzer						
Jason Leavitt						
William Thacker						
Scott Kuzma						
John Shifflett						