



ZIMBABWE NATIONAL POWERLIFTING RECORDS

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MEN

<u>75 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	170.0 Utsireletsoe Kupang Nare (2014)	100.0 Utsireletsoe Kupang Nare (2014)	2375 Utsireletsoe Kupang Nare (2014)	507.5 Utsireletsoe Kupang Nare (2014)