

100% RAW Powerlifting Federation
OBX Open Powerlifting Championships
November 15, 2014 - Jarvisburg, NC

Name	Division	Wgt	Class	SQUAT				BENCH				Sub	DEADLIFT				TOTAL	LBS	Place
				1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th			
Marshall Cooper - NC	Youth (6-7)	49	66	7	9.5	12		7	9.5	9.5		21.5	7	19.5	30		51.5	113.54	1
Brooke Zak - NC	Female Youth (8-9)	65	66	12	17	22		9	11.5	16.5		33.5	30	35	40	42.5	73.5	162.04	1
Anna Zak - NC	Female Youth (10-11)	87.2	88	27.5	32.5	35		12	17	20		52.5	40	50	55	57.5	107.5	237	1
Samantha Brickhouse - NC	Female Junior (20-24)	92.2	97	52.5	52.5	57.5		37.5	40	42.5	43.5	100	92.5	100	105	110	205	451.9	1
Dylan Cooper - NC	Youth (6-7)	92.8	97	27.5	32.5	32.5		13	17	20		47.5	40	50	55	57.5	102.5	225.9	1
John "BUCK" Ammons - NC	Teen(14-15) S/ Olympian	103.6	105	60	72.5	77.5		50	57.5	60		132.5	95	105	110		242.5	534.6	1
Russel Gayle - NC	Teen (14-15)	121.6	123	75	75	80		57.5	65	72.5		140	110	115	125		265	584.2	1
Ben Zak - NC	Open, Master (45-49)	147.4	148	85	97.5	102.5		85	92.5	95		197.5	85	pass	pass		282.5	622.7	2,1
Robert Melton - NC	Open Junior (20-24)	145.8	148	125	137.5	147.5		85	92.5	100		247.5	142.5	160	170	170	407.5	898.3	1,1
Suzanna Mackiewicz - VA	Female M(40-44)	135.8	148	55	55	57.5		40	42.5	45		100	90	97.5	100		197.5	435.4	1
Sarah Nelson - Va	Female Sub (35-39)	155.2	165	97.5	107.5	107.5		50	52.5	52.5		150	120	130	140		290	639.3	1
Daniel Delrossi - NC	Junior (20- 24)	159.4	165	125	125	140		115	120	125		250	160	170	182.5		432.5	953.4	1
Nasir Nantambu - NC	Open Sub (35-39)	163.8	165	142.5	165	187.5		142.5	147.5	162.5		312.5	212.5	227.5	232.5		540	1190.5	1,1
Ryan Ramsey - NC	Female Teen (14-15)	174.4	181	65	70	75		32.5	35	35		107.5	60	70	77.5	85	185	407.8	1
Ernie Burt III - VA	Master (60-64)	177	181	140	147.5	150		82.5	85	87.5		237.5	142.5	152.5	160		397.5	876.3	1
Khiaro Promise - VA	Open, PFM	175.4	181	165	165	165		130	135	140		300	180	192.5	200		500	1102.3	1,1
Kathrine Moore - NC	Female Junior (20-24)	198.4	198	115	122.5	137.5		67.5	77.5	82.5	87.5	220	115	125	137.5	147.5	357.5	788.1	1
Ronnie Cooper Jr - NC	Open, Master (40-44)	197	198	85	85	85													
Brian McIntyre - VA	Master (40-44)	195	198	172.5	190	200		132.5	137.5	142.5		342.5	200	220	230		572.5	1262.1	1
Gary Lindsey - NC	Master (55-59)	188	198	130	142.5	150		102.5	110	pass		260	160	177.5	182.5		437.5	964.5	1
John Niedzwick - VA	Master (65-69)	196.6	198	142.5	150	160		102.5	110	115		270	160	172.5	182.5		452.5	997.5	1
Ashley Stone - NC	Open, (30-34)	197.8	198	147.5	175	187.5		120	140	140		327.5	182.5	227.5	255		555	1223.6	2,1
Brandon Petitt - NC	Open, Junior (20-24)	182	198	182.5	197.5	210		100	115	pass		325	220	245	260		585	1289.7	1,1
Brandi Sneed - NC	Female Open (30-34)	208	198+	140	160	160		77.5	87.5	92.5	100	252.5	157.5	165	175		427.5	942.4	1
Ray Berry - NC	Open, Master (50-54)	214.6	220	155	175	182.5		125	137.5	147.5		312.5	185	205	227.5		517.5	1140.9	1,1
Ira Brooks- VA	Master (65-69)	234.8	242	137.5	140	142.5		102.5	105	107.5		247.5	160	162.5	165		412.5	909.3	1

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James Bright - NC	Open, Teen (16-17)	270	275	140	147.5	150		75	77.5	85		235	140	147.5	160		395	870.8	2,1
Gene Berry - NC	Open, Master (55-59)	260.4	275	202.5	220	227.5		142.5	155	160		382.5	205	227.5	227.5		610	1344.8	1,1
Joseph DAVID Faulhaber - NC	Open, Master (55-59)	282	308	102.5	122.5	140		100	112.5	130		235	142.5	167.5	182.5		417.5	920.4	2,1
Raymond Clasings - MD	Open, Master(50-54)PFM	285	308	160	170	182.5		182.5	187.5	187.5		357.5	200	215	227.5		572.5	1262.1	1,1,1
Joseph Garza -NC	Teen (16-17)	320	308+	75	82.5	92.5		60	65	82.5		175	130	140	150		325	716.4	1
Push/Pull																			
Kimberly Medlin - VA	Female Open M (40-44)	119.8	123					52.5	57.5	57.5			102.5	107.5	110		162.5	358.2	1
Nasir Nantambu - NC	Open Sub-Master(35-39)	163.8	165					142.5	147.5	162.5			212.5	227.5	232.5		375	826.7	1,1
Ronnie Cooper Jr - NC	Open, Master (40-44)	197	198					75	82.5	95			102.5	115	142.5		197.5	435.4	3,1
Brandon Pettitt - NC	Open, Junior (20-24)	182	198					100	115	pass			220	245	260		375	826.7	1,1
Ashley Stone - NC	Open, (30-34)	197.8	198					120	140	140			182.5	227.5	255		367.5	810.1	2,1
Brandi Sneed - NC	Female Open (30-34)	208	198+					77.5	87.5	92.5	100		157.5	165	175		267.5	589.7	1
Ray Berry - NC	Open, Master (50-54)	214.6	220					125	137.5	147.5			185	205	227.5		342.5	755	1,1
Ira Brooks - VA	Master (65-69)	234.8	242					102.5	105	107.5			160	162.5	165		270	595.2	1
Gene Berry - NC	Open, Master (55-59)	260.4	275					142.5	155	160			205	227.5	227.5		382.5	843.2	1,1
Deadlift Only																			
Sean Miller - NC	Youth (10-11)	85.2	88										65	72.5	77.5	80	77.5	170.8	1
Chris Miller - NC	Youth (12-13)	86.8	88										45	52.5	57.5	62.5	57.5	126.7	1
Samantha Brickhouse - NC	Female Junior (20-24)	92.2	97										92.5	100	105	110	105	231.4	1
Aubrey Mester - Webb - VA	Female Junior (20-24)	142.2	148										152.5	162.5	165	167.5	165	363.7	1
Tim MetCalf - NC	Master (50-54)	179	181										137.5	145	Pass		145	319.6	1
Brandon Pettitt - NC	Open, Junior (20-24)	182	198										220	245	260		260	573.1	1,1
Ray Berry - NC	Open, Master (50-54)	214.6	220										185	205	227.5		205	451.9	1,1
Kenneth (Reed) Midgett - NC	Teen (18-19)	227.6	242										150	170	190		190	418.8	1
Gene Berry - NC	Open, Master (55-59)	260.4	275										205	227.5	227.5		227.5	501.5	1,1
Bench Only																			
Sean Miller - NC	Youth (10-11)	85.2	88					42.5	45	47.5	50						47.5	104.7	1
Chris Miller - NC	Youth (12-13)	86.8	88					32.5	35	35							32.5	71.6	1
Ben Zak - NC	Open, Master (45-49)	147.4	148					85	92.5	95							95	209.4	1
John Bessette - NC	Master (55-59)	162.4	165					120	127.5	130	133						130	286.5	1
Tom Newman - NC	Master (70-74)	161.4	165					120	125	127.5							125	275.5	1
Tim MetCalf - NC	Master (50-54)	179	181					110	112.5	115							115	253.5	1

