



"IRONMAN "



Longmeadow, Massachusetts
September 13, 2014

Wt Class	Division	First Name	Last Name	B1	B2	B3	4th	D1	D2	D3	4th	Total	Place
132	F- Open	Sarah	Davis	52.5	55	- 60		115	125	135		190	1 st
148	F- Open	Suzanne	LaForge	65	73.5	-----		150	170	183		256.5	1 st
165	Teen (14-15)	Cherokee	Widner	---	---	---		---	---	---		---	---
165	Youth (12-13)	Davis	Lee	65	75	- 82.5		115	137.5	140		215	1st
181	Open	Ryan	Healy	125	130	- 132.5		172.5	180	-182.5		310	1 st
181	Jr (20-24)	Dan	Buchta	125	132.5	- 142.5		172.5	187.5	197.5		330	1st
181	Master (70-74)	Thomas	Hart	95	100	105		██████	██████	██████			Bench Only
220	Open	Lenny	Creatura	160	165	- 167.5		240	250	pass		415	1st
220	Master (40-44)	William	Dominguez	102.5	112.5	- 127.5		152.5	167.5	182.5		295	1 st
275	Sub-Master	Adam	Tuller	147.5	165	- 170		240	250	265		430	1 st
275	Master (45-49)	Jim	Clifford	- 132.5	137.5	145		150	162.5	177.5		322.5	1st

* Click for Suzanne LaForge's World record deadlift -

<https://www.youtube.com/watch?v=IHIH7xkuy10&feature=youtu.be>



"Curl "



Longmeadow, Massachusetts
September 13, 2014

Wt Class	Division	First Name	Last Name	Wt	Attempt 1	Attempt 2	Attempt 3	4th	Co-ef	Place
148	F- Open	Suzanne	LaForge		36	41.5	pass			1 st
165	Teen (14-15)	Cherokee	Widner	----	----	-----	-----			----
165	Youth (12-13)	Davis	Lee		31	36	- 38.5			1 st
181	M- (70-74)	Thomas	Hart		41	- 48.5	56			1 st
275	Junior (20-24)	Ryan	Thomas		58.5	63.5	-71			1 st

Athlete(s) Drug Tested – Suzanne LaForge

OFFICIALS

Jackson Lee (International)

Ron Lobb (National)

Anthony Jones (National)

Robin Lee (State)

Jon Davis (State)

Chris Ott (State)

MEET PHOTOS ON NEXT PAGE



