

## 2014 Mid-Atlantic Regional

				<b>Squat</b>	<b>BP</b>	<b>DL</b>	<b>Total</b>
Lauren Rodriguez	VA	20-24	105	60	42.5	103	205.5
Karen Poyner	VA	55-59	105	82.5	55	112.5	250
Toni Herrmann	VA	Open	123	115	57.5	122.5	295
Farrah Fong	VA	Open	123	80	50	105	235
Michelle Robinson	VA	Open	132	85	40	120	245
Bethanny Kammerling	VA	Open	132	62.5	40	72.5	175
Suzanne Mackiewicz	VA	40-44	132	60	42.5	97.5	200
Christina Marks	MD	Open	148	82.5	65	122.5	270
Rachel Stoffan	VA	Open	148	97.5	50	145	292.5
Tara Valli	VA	Open	165	127.5	65	145	337.5
Joy Hayes	VA	Open	165	92.5	50	130	272.5
Tara Valli	VA	LAW	165	127.5	65	145	337.5
Sarah Nelson	VA	35-39	165	105	50	135	290
Jill Gossard	VA	50-54	165	75	47.5	117.5	240
Sarah Siegel	VA	Open	198+	122.5	55	165	342.5
Elliot Alwes	VA	14-15	132	85	55	127.5	267.5
Brian Stoner	VA	Open	165	205	130	237.5	572.5
Christopher Rutowski	VA	Open	165	165	137.5	230	532.5
John Permelia	VA	Open	165	152.5	110	185	447.5
Chris McCann	VA	20-24	165	152.5	135	230	517.5
Charles Needham	VA	20-24	165	165	92.5	215	472.5
John Permelia	VA	50-54	165	152.5	110	185	447.5
Joshua Rivet	VA	Open	181	227.5	137.5	257.5	622.5
Matthew Barila	VA	Open	181	180	125	260	565
Ben Nelson	VA	Open	181	205	110	187.5	502.5
Raphael Heard	VA	Open	181	152.5	125	190	467.5
Jake Sears	VA	18-19	181	180	107.5	237.5	525
Devon Lowman	NY	18-19	181	165	110	225	500
Jayke Dowdy	VA	20-24	181	147.5	112.5	205	465
Jesse Lamm	VA	20-24	181	145	100	165	410
Michael Muzilla	VA	20-24	181	140	72.5	162.5	375
Jeff Preskar	VA	35-39	181	177.5	127.5	247.5	552.5
Chris Moore	VA	35-39	181	152.5	122.5	192.5	467.5
Brandon Bennett	VA	Open	198	180	167.5	227.5	575
John Gregory	VA	20-24	198	205	137.5	255	597.5
Joe Taylor	VA	20-24	198	170	102.5	230	502.5
Collin Quarles	VA	20-24	198	152.5	127.5	220	500
Jeremy Bovee	VA	Open	220	167.5	115	205	487.5
Daniel Birmingham	DC	Open	220	150	120	207.5	477.5
Ronnie Hayes	VA	Open	220	160	112.5	200	472.5
Christopher Martyres	VA	Open	220	182.5	87.5	165	435
Jackie Payne	VA	45-49	220	202.5	142.5	245	590
Brian Hershler	VA	Open	242	212.5	150	250	612.5
Ronnie Conley	VA	LAW	242	192.5	140	247.5	580

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Kenneth James	VA	40-44	308	195	152.5	237.5	585
Robert Gains	VA	50-54	308	207.5	182.5	260	650
Shane Green	MD	Open	SHW	195	115	250	560
Chris Acree	VA	20-24	SHW	147.5	162.5	247.5	557.5
John James	VA	50-54	SHW	227.5	155	260	642.5