WESTERN PROVINCE 100% RAW

COMPETITION:SA CHAMPIONSHIPS
DATE:2 AUGUST 2014

AGE	WEI	GEN	NAME	BWD	SQUATS					BENCH PRESS				DEADLIFTS			TOTAL	PLACING
	DIV				1	2	3	BEST	1	2	3	BEST	1	2	3	BEST		
								SQ				BENCH				DEADL		
46	82,50	F	NINA NEZURA	76,50	37.5	42.5	50	**50**	35	42.5	42.5	**35**	60	65	65	**65**	**150**	1
30	67,50	F	ZANE PELSER	64,60	67.5	75	82.5	**75**	57.5	62.5	68.5	**62.5**	100	110	120	**120**	**257,5**	1
22	56,00	F	ZOE COSMOPOULOS	55,95	70	75	77.5	**75**	40	42.5	43.5	**42.5**	95	102,5	105	**105**	**223**	1
49	75,00	F	MOLLY GIGABA	70,40	75	80	85	**85**	50	57.5	65	**57.5**	100	115	122,5	**122,5**	**265**	1
41	90,00	F	MICHELLE SLEIGH	84,10	80	90	95	**95**	65	67.5	70	**70**	110	125	135	**135**	**300**	1
29	90,00	M	ADRIAAN DE WITT	88,50	120	130	150	**130**	100	110	110	**110**	180	190	205	**205**	**445**	5
32	82,50	M	CHARL RUDMAN	82,00	130	140	150	**150**	100	107,5	107,5	**100**	150	165	180	**180**	**430**	2
18	90,00	M	JAMES DU TOIT	89,90	130	130	160	**160**	105	115	115	**115**	185	205	225	**205**	**480**	3
28	67,50	M	REMI FREDRICKS	65,55	145	155	160	**155**	95	100		**100**	225	232,5	240	**233**	**488**	1
29	90,00	M	MARIUS BOTHA	85,00	145	155	165	**155**	105	115	120	**120**	190	200	220	**220**	**495**	2
20	82,50	M	JASON STEYN	81,75	147,5	150	150	**147,5**	95	100	105	**100**	190	170	180	**170**	**417,5**	3
19	90,00	M	EUGENE SCHEEPERS	86,50	150	160	170	**160**	110	115	115	**115**	180	192,5	200	**193**	**462,5**	4
24	125+	M	WARREN GALLEY	138,00	160	170	180	**180**	115	130	140	**130**	210	225	235	**235**	**545**	1
29	95,00	M	NIEL SCHOLTZ	83,95	180	190	200	**200**	100	107,5	112,5	**112,5**	200	220	230	**230**	**532,5**	1
47	82,50	M	HOWARD CLADINGBOWL	82,00	190	200	205	**200**	115	122,5	125	**125**	210	230	240	**240**	**565**	1
OVERALL FEMALE: ZANE PELSER																		
OVERALL MALE : REMI FREDRICKS																		
OVERALL JUNIOR : JAMES DU TOIT																		