

100% RAW Powerlifting Federation

2014 Arizona American Challenge Powerlifting Championships

Name	Division	Wgt	Class	SQUAT/CURL					BENCH				Sub	DEAD LIFT				TOTAL	LBS
				RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th		
FULL POWER				SQUAT					BENCH					DEADLIFT					
Chloe Eckard	10=11	80	88	1	25	35	-40		15	17.5	-20		52.5	30	40	45		97.5	214.9
Rocky Luedeker	55-59	96.8	97	4	32.5	35	37.5	40	32.5	35	35.5	-37.5	73	52.5	55	57.5	60	130.5	287.7
Dennise Larios	35-39	101.2	105	4	37.5	-40	-40		20	25	27.5		65	90	-95	-95		155	341.7
Bianca Luedeker *	30-34/open	110.8	114	4	75	80	82.5		70	-72.5	72.5	73.5	155	102.5	107.5	112.5		267.5	589.7
Mayra Armijo (NM) *	open	116.8	123	5	95	107.5	112.5		65	72.5	75		187.5	145	160	-165		347.5	766.1
Lynn Gerald	40-44/open	119.4	123	4	50	52.5	-57.5		40	42.5	47.5		100	77.5	85	92.5		192.5	424.4
Maralyn Goldstein	60-64		123										0					0	0
Megan Hoover *	open	129.9	132	7	-107.5	112.5	117.5		60	-67.5	67.5		185	120	-130	135		320	705.5
Katie Cromwell (CA)	25-29/open		132										0					0	0
Marcelinda Ojeda	20-24/open	129.1	132	5	87.5	-97.5	-105		42.5	50	-52.5		137.5	102.5	117.5	125		262.5	578.7
Ruth Coak	80+	126.3	132	3	37.5	-40	40		30	32.5	35		75	87.5	90	95		170	374.8
Kelsey Horton (NM)	20-24/open	133.8	148	9	100	110	112.5	-118	45	52.5	55		167.5	130	145	152.5		320	705.5
Karina Rivera	25-29/open	145.4	148	10	87.5	92.5	-97.5		47.5	52.5	-57.5		145	115	125	-137.5		270	595.2
Jacqueline Luciano	25-29/open	143.8	148	9	85	92.5	102.5		45	55	60		162.5	125	137.5	150		312.5	688.9
Jennifer Dumes	30-34/open	145.2	148	7	75	80	-90		50	-55	52.5		132.5	112.5	120	127.5		260	573.2
Lara Evans	35-39/open	141.8	148	10	107.5	115	122.5		62.5	-67.5	67.5		190	130	137.5	142.5	145	332.5	733
Ahlam Saleh	40-44	143.9	148	8	80	-90	-90		42.5	47.5	-50		127.5	112.5	122.5	127.5		255	562.2
Ashley Hoban	16-17	137	148	10	70	75	80		-50	50	55		135	102.5	125	-137.5		260	573.2
Erlinde Gomez (TX)	35-39	160.5	165	4	120	130	137.5		75	82.5	-87.5		220	132.5	-145	-145		352.5	777.1
Bailey Czarnecki	20-24	174.7	181	10	-107.5	110	117.5		57.5	60	-65		177.5	-140	140	145		322.5	711
Susanne Monfort	40-44/open	179.8	181	6	62.5	78	80		47.5	50	-52.5		130	92.5	105	107.5		237.5	523.6
Linda Kubisk	45-49	177.4	181	10	80	85	87.5		50	-52.5	52.5		140	120	125	127.5		267.5	589.7
Laura Reagle	50-54/open	170.7	181	8	-107.5	112.5	120		50	55	-60		175	117.5	127.5	137.5	142.5	312.5	688.9
Lori Ann Murray	35-39	194	198	6	75	80	82.5		-47.5	-55	55		137.5	100	120	122.5		260	573.2
Mary Wright (CA)	30-34/open		198+										0					0	0
Diann Porter	55-59	210.2	198+	9	80	87.5	92.5		-47.5	52.5	55		147.5	102.5	112.5	122.5	125	270	595.2
Michael Parciak	18-19	120	123	10	80	87.5	95		-55	60	-65		155	102.5	110	122.5		277.5	611.8
Hung Le	20-24	120.6	123	6	115	120	130		-82.5	87.5	92.5		222.5	140	147.5	152.5		375	826.7
Luke Musselman	12=13	128.9	132	10	-105	105	112.5		65	-70	-70		177.5	132.5	142.5	-145		320	705.5
Andy Phan *	25-29/open	131.4	132	8	117.5	125	-135		82.5	90	95		220	-172.5	187.5	202.5	-208.5	422.5	931.4
Jerry Trubman	30-34/open	143.2	148	9	110	115	122.5		85	90	-92.5		212.5	140	145	-150		357.5	788.1
Mathew Bryson	18-19	160.3	165	10	142.5	147.5	155		102.5	107.5	110		265	170	177.5	182.5		447.5	986.6
Michael Morales(TX)	20-24	163.4	165	10	150	162.5	172.5		102.5	107.5	112.5		285	190	195	-205		480	1058
Steven Foltin	25-29/open	162.7	165	7	175	185	-190		110	115	120		305	220	230	-237.5		535	1179
Dov Diamond	30-34/open	156.1	165	11	102.5	-117.5	-120		87.5	-95	-97.5		190	152.5	165	167.5		357.5	788.1
Randy Sooter	35-39	156.4	165	7	-100	105	112.5		85	-95	-100		197.5	-152.5	160	182.5		380	837.7
Andrew Lee *	open	156.6	165	8	195	205	210		115	125	pass		335	215	232.5	-242.5		567.5	1251
Lee Luedeker	60-64/open	152.1	165	11	95	100	-110		-60	70	-80		170	160	-170	172.5		342.5	755.1
Joe Weissenburger	80+	161.7	165	11	-47.5	47.5	50		47.5	50	55		105	62.5	70	80		185	407.9

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Eric Thomas *	20-24	169.6	181	10	152.5	157.5	170		107.5	115	-122.5		285	182.5	185	190		475	1047
Jaron Quach	20-24/open	177	181	8	130	142.5	150		85	102.5	107.5		257.5	187.5	192.5	207.5		465	1025
David Caster	25-29/open	177.7	181	6	-142.5	-142.5	-142.5		102.5	-170	-170		-40	102.5	-205	-205		62.5	137.8
Keith Condon	30-34/open		181										0					0	0
Peter Dyrud (MN)	30-34/open/PFM	177.9	181	10	-157.5	-157.5	150		102.5	-107.5	-110		252.5	190	202.5	210		462.5	1020
Jason Marshall (TX)	35-39	178.7	181	9	185	197.5	210		135	140	142.5		352.5	260	-275	275		627.5	1383
Antonio Zavavla	open	174	181	9	-180	185	195		112.5	122.5	132.5		327.5	185	200	220		547.5	1207
Joseph Bodnar	45-49	174.9	181	10	-117.5	120	127.5		75	80	82.5		210	165	175	185		395	870.8
Adonis Cuffee (NV)	45-49	170.1	181	9	-142.5	142.5	150		137.5	-142.5	-150		287.5	142.5	160	-185		447.5	986.6
Sunday	Sunday			Sunday															
John wright (CA)	20-24	196	198	14	160	-167.5	167.5		112.5	115	117.5		285	160	172.5	175		460	1014
Parker Young	20-24	193.6	198	11	150	165	-192.5		142.5	152.5	-160.5		317.5	190	205	-222.5		522.5	1152
Zachary Kime	20-24	186.2	198	12	160	175	182.5		115	125	-132.5		307.5	175	192.5	205		512.5	1130
Josh Felix	25-29	195.7	198	13	152.5	165	-185		110	122.5	-127.5		287.5	192.5	207.5	217.5		505	1113
Mark Olea	25-29/open	195.6	198	10	142.5	160	170		125	137.5	-147.5		307.5	182.5	197.5	212.5		520	1146
Rolando Verduzco	25-29/open	192	198	12	-215	215	-222.5		-137.5	137.5	147.5		362.5	225	-235	-235		587.5	1295
Aaron Maddox	30-34/open	196	198	9	125	130	137.5		102.5	107.5	110		247.5	150	155	157.5		405	892.9
Ryan Eiger	40-44/open	195.8	198	12	167.5	182.5	-190		127.5	140	145		327.5	197.5	222.5	-235		550	1213
John Pena	40-44/open	197.9	198	10	200	210	215		145	155	-165		370	217.5	227.5	235		605	1334
Jeremy Travis (TX)	open	193.6	198	15	172.5	182.5	-185		122.5	130	pass		312.5	215	230	242.5		555	1224
Aaron Denogran	open	184	198	8	202.5	-217.5	-217.5		125	135	-137.5		337.5	-212.5	220	-235		557.5	1229
Naveed Shan	open	195.5	198	10	175	-192.5	-192.5		130	-137.5	140		315	192.5	210	-220		525	1157
David Calivas	20-24	206	220	9	-165	-170	170		-160	170	-182.5		340	-205	205	-215		545	1202
Dirk McOmber	20-24	214.2	220	16	137.5	145	162.5		-125	-125	125		287.5	147.5	165	-185		452.5	997.6
Joel Garcia	20-24/open	218	220	17	172.5	187.5	197.5		125	137.5	142.5		340	202.5	220	232.5		572.5	1262
Christopher Nei	30-34/open	216.8	220	14	180	205	-220		135	145	-155		350	215	240	-245		590	1301
Jeremy Layport (CA) *	30-34/open	212.7	220	10	235	242.5	250		-160	170	180		430	235	245	260		690	1521
Brenton Varner	30-34/open	217	220	12	207.5	215	230		155	167.5	-185		397.5	240	260	275	290.5	672.5	1483
Richard Hogan	40-44	212	220	15	135	-142.5	142.5		87.5	92.5	-97.5		235	147.5	157.5	162.5		397.5	876.3
Brandon Andrade	20-24	239.7	242	17	122.5	132.5	137.5		95	-102.5	102.5		240	165	177.5	182.5		422.5	931.4
Dave Plumb	30-34/open	238.6	242	12	180	187.5	200		127.5	135	-137.5		335	202.5	220	230		565	1246
Gordon Groves	50-54/open	240	242	17	112.5	120	137.5		97.5	105	110		247.5	145	160	172.5		420	925.9
Ron Hess	65-69	231.5	242	13	145	152.5	160		-100	102.5	-107.5		262.5	192.5	202.5	-210		465	1025
Gene Lawrence	74-75/open	240.4	242	17	85	92.5	-95		92.5	97.5	-100		190	130	-145	pass		320	705.5
Wiiiam Stoltz	18-19	270	275	21	200	220	225		-125	125	135		360	225	245	257.5		617.5	1361
Zack Schmitz	20-24		275										0					0	0
Reyes Dorame	25-29/open	255.2	275	12	185	200	-221.5		135	142.5	145		345	177.5	187.5	195		540	1190
Jacob Hammerly	30-34/open	263.2	275	17	220	230	235		125	135	-140		370	265	pass	pass		635	1400
Jacob Dameron	30-34/open	249.7	275	11	215	222.5	235		160	167.5	-175		402.5	237.5	245	pass		647.5	1427
Jim Morrow	35-39/open		275										0					0	0
Paul Leonard (CA)*	45-49/open/PFM	272	275	13n	205	-227.5	232.5		130	137.5	-142.5		370	255	272.5	-277.5		642.5	1416

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IRONMAN				CURL					BENCH					DEADLIFT					
Chloe Eckard	10=11	80	88		10	12.5	15.5		15	17.5	-20		33	30	40	45		78	172
Bianca Luedeker *	30-34/open	110.8	114		27.5	30	31		70	-72.5	-72.5	73.5	103.5	102.5	107.5	112.5		216	476.2
Anna Franklin	60-64	137.8	132		12.5	17.5	20		25	30	32.5		52.5	62.5	70	72.5		125	275.6
Nada Brewer	80+	152.1	165		17.5	20	22.5		25	27.5	-30		50	42.5	47.5	50		100	220.5
Susanne Monfort	40-44/open	179.8	181		20	25	27.5	28.5	47.5	50	-52.5		77.5	92.5	105	107.5		185	407.9
Lorri Ann Murray	35-39	194	198		22.5	25	27.5		-47.5	-55	55		82.5	100	120	122.5		205	451.9
Diann Porter	55-59	210.2	198+		22.5	25	27.5		-47.5	52.5	55		82.5	102.5	112.5	122.5	125	205	451.9
													0					0	0
Ben Adams	14-15	97	97		15	17.5	22.5		27.5	32.5	37.5		60	65	70	77.5		137.5	303.1
Alan Winger	18-19	119.2	123		25	30	35		55	60	67.5		102.5	132.5	142.5	150		252.5	556.7
Braxton Costilow	16-17	131.5	132		40	42.5	45		65	72.5	-80		117.5	137.5	152.5	162.5		280	617.3
Josh Nelson	18-19	150.7	165		42.5	-47.5	47.5		75	82.5	90		137.5	145	155	167.5		305	672.4
Sunday	Sunday																		
Garrison Cobb *	18-19	194.4	198		57.5	60	67.5		-137.5	142.5	-147.5		210	240	252.5	-265		462.5	1020
Stevin Begay	18-19		198										0					0	0
William Deloney	60-64	183	198		40	45	-50		127.5	132.5	-137.5		177.5	152.5	-165	-165		330	727.5
Jim Carroll	80+		198										0					0	0
Gene Lawrence	70-74/open	240.4	242		32.5	40	43.5		92.5	97.5	-100		141	130	-145	pass		271	597.4
PUSH/PULL									BENCH					DEADLIFT					
Rhonda Jones (NM)	50-54	123	123						45	-47.5	pass		45	122.5	130	-135		175	385.8
Marie Musuraca	50-54	121.2	123						30	32.5	-35		32.5	85	90	95		127.5	281.1
Kim Dalley	50-54	132.1	132						45	47.5	-50		47.5	80	85	87.5		135	297.6
Ashley Hoban	16-17	137	148						-50	50	55		55	102.5	125	-137.5		180	396.8
Jesse Zelkin	14-15	120.1	123						47.5	52.5	55		55	97.5	107.5	115		170	374.8
Michael Parciak	18-19	120	123						-55	60	-65		60	102.5	110	122.5		182.5	402.3
Andy Phan *	25-29/open	131.4	132						82.5	90	95		95	-172.5	187.5	202.5	-208.5	297.5	655.9
Tommy Granger	16-17	149.7	148						65	70	76		76	125	135	145		221	487.2
Diego Elliott	18-19/open	140.3	148						85	90	-97.5		90	182.5	-202.5	-207		272.5	600.8
Steve Coburn	14-15	164.3	165						55	60	62.5		62.5	87.5	92.5	107.5		170	374.8
Dylan Christoff	16-17	150.2	165						70	75	-82.5		75	115	125	132.5		207.5	457.5
Fabian Rudriquez	18-19	160	165						-77.5	90	100		100	150	152.5	160		260	573.2
Nathaniel Luedeker	35-39	159.9	165						137.5	-140	-140		137.5	137.5	142.5	147.5		285	628.3
Joe Weissenburger	80+	161.7	165						47.5	50	55		55	62.5	70	80		135	297.6
Sunday	Sunday																		
Dan Gamez	35-39	191.8	198						137.5	147.5	157.5		157.5	170	182.5	200		357.5	788.1
Ahmed Shafix *	40-44	190.5	198						180	190	-192		190					190	418.9
Trey Ross	45-49/open	185.4	198						125	137.5	-147.5		137.5	215	222.5	227.5		365	804.7

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Charles Staley	50-54	198	198							107.5	115	117.5		117.5	182.5	230	pass		347.5	766.1
Joel Garcia	20-24/open	218	220							125	137.5	142.5		142.5	202.5	220	232.5		375	826.7
Gene Lawrence	70-74/open	240.4	242							92.5	97.5	-100		97.5	130	-145	pass		227.5	501.5
Zack Schmitz	20-24		275											0					0	0

BENCH ONLY

				BENCH															
Kathryn Eldred	65-69	111.1	114					47.5	52.5	55			55					55	121.3
Lynn Gerald	40-44/open	119.4	123					40	42.5	47.5			47.5					47.5	104.7
Gina Medici (NY)	20-24	127.2	132					62.5	67.5	-70.5			67.5					67.5	148.8
Patti McKee	50-54/open	130.3	132					72.5	75	77.5	79		77.5					77.5	170.9
Laura McIntyre	55-59	259	198+					57.5	60	62.5	63.5		62.5					62.5	137.8
													0					0	0
Joon Bae	20-24	179.1	181					137.5	142.5	145	-150		145					145	319.7
David Caster	25-29/open	177.7	181					102.5	-170	-170			102.5					102.5	226
Chad Farrles (WA)	open/PFM	177.5	181					125	142.5	150			150					150	330.7
Mike Irish Kane (CA)	70-74	178	181					90	100	102.5			102.5					102.5	226
Perry Bassett	65-69	181.2	181					125	-132.5	-135			125					125	275.6
Sunday	Sunday																		
Dan Morgan	50-54/PFM	178	181					100	107.5	110			110					110	242.5
Ken Tunberg (CA)	50-54/open	194.5	198					165	175	-180			175					175	385.8
Parker Young	20-24	193.6	198					142.5	152.5	-160.5			152.5					152.5	336.2
Thomas Sharp	20-24	234.3	242					137.5	142.5	147.5			147.5					147.5	325.2
Everett Brill (NM)	25-29/open	233	242					142.5	155	-160			155					155	341.7
Al Vismnevsky	55-59	231.1	242					110	-115	-115			110					110	242.5
Gene Lawrence	70-74/open	240.4	242					92.5	97.5	-100			97.5					97.5	214.9
Abdulaziz Shubra	20-24	250	275					130	142.5	147.5			147.5					147.5	325.2
Jim Morrow	35-39/open		275										0					0	0
Grant Heller	45-49	272.9	275					145	157.5	162.5			162.5					162.5	358.2
Glen Tenove (CA)	55-59	275.9	308					182.5	200	202.5	203		202.5					202.5	446.4

CURL ONLY

				CURL															
Chloe Eckard	10=11	80	88		10	12.5	15.5						15.5					15.5	34.17
Rocky Luedeker	55-59	92.5	97		17.5	20	-45.5						20					20	44.09
Bianca Luedeker	30-34/open	110.8	114		27.5	30	31	32.5					31					31	68.34
Lynn Gerald	40-44/open	119.4	123		25	27.5	30						30					30	66.14
Sara Gillott	55-59	135	148		20	25	26.5	-27.5					26.5					26.5	58.42
Kelsey Horton (NV)	20-24/open	133.8	148		-20	25	32.5						32.5					32.5	71.65
Laura McIntyre	55-59	259	198+		30	32.5	-35						32.5					32.5	71.65

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					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th		
Lee Ludeker	60-64/open	152.1	165		40	45	50						50					50	110.2
Nate Luedeker	35-39	159	165		55	60	-62.5						60					60	132.3
Joe Weissenburger	80 +	161.7	165		20	22.5	27.5						27.5					27.5	60.63
David Castor	25-29/open	177.7	181		-57.5	57.5	-68						57.5					57.5	126.8
Mike Irish kane (CA)	70-74	178	181		45	47.5	50						50					50	110.2
Sunday	Sunday																		
Dan Morgan	50-54	178	181		45	52.5	55						55					55	121.3
Thomas Sharp	20-24	234.3	242		57.5	-68.5	-67.5						57.5					57.5	126.8
Everiett Brill (NM)	25-29/open	233	242		47.5	60	-67.5						60					60	132.3
Al Vismnevetsky	55-59	231.1	242		47.5	52.5	55						55					55	121.3
Gene Lawrence	70-74/open	240.4	242		32.5	40	43.5						43.5					43.5	95.9
Grant Heller	45-49	272.9	275		52.5	57.5	60						60					60	132.3
Glen Tenove (CA)	55-59	279.9	308		65	75	pass						75					75	165.3

DEAD LIFT ONLY												DEADLIFT							
Mia Leonard	10=11		123										0					0	0
Lara Evans	35-39/open	141.8	148										0	130	137.5	142.5	145	142.5	314.2
Mary Wright	30-34/open		198+										0					0	0
Max Leonard	10=11	81.2	88										0	52.5	60	65		65	143.3
Andy Phan	25-29/open	131.4	132										0	-172.5	187.5	202.5	-208.5	202.5	446.4
Peter Dyrud (MN)	30-34/open/PFM	177.9	181										0	190	202.5	210		210	463
Jason Marshall (TX)	35-39	178.7	181										0	260	-275	275		275	606.3
Keith Condon	30-34	181.2	181										0	152.5	160	167.5		167.5	369.3
Sunday	Sunday																		
Gene Lawrence	70-74/open	240.4	242										0	130	-145	pass		130	286.6