

100% RAW Powerlifting Federation
American Challenge Push/Pull National Championships
June 2014

Name	Division	Weight	Class	BENCH				4th	Sub	DEADLIFT				TOTAL	LBS	Place	Coef.
				1st	2nd	3rd	4th			1st	2nd	3rd	4th				
Sami "C4" Brickhouse-NC	F-Open	88	97	35	-37.5	-37.5		35	80	90	-95		125	276	1	3.13	
Sami "C4" Brickhouse-NC	F-Junior	88	97	35	-37.5	-37.5		35	80	90	-95		125	276	1	3.13	
Ashee MacRae - MA	F-Open	118.2	123	35	40	-45		40	80	90	92.5		132.5	292	1	2.47	
Rhonda Jones (NM)	F-Master (50-54)	123	123	45	-47.5	pass		45	122.5	130	-135		175	386	1	3.14	
Marie Musuraca -AZ	F-Master (50-54)	121.2	123	30	32.5	-35		32.5	85	90	95		127.5	281	2	2.32	
Regina Miles - MA	F-PFM	121.6	123	52.5	-55	-55		52.5	100	110	120		172.5	380	1	3.13	
Raquel Spencer-NC	F-Open	130.4	132	42.5	47.5	52.5		52.5	85	90	95		147.5	325	1	2.49	
Kim Dalley-AZ	F-Master (50-54)	132.1	132	45	47.5	-50		47.5	80	85	87.5		135	298	1	2.25	
Sarah McClelland - MA	F-Submaster (35-39)	143	148	45	47.5	-50		47.5	92.5	-97.5	97.5		145	320	1	2.24	
Gabi Choates-NC	F-Open	149.2	165	47.5	52.5	-55		52.5	132.5	137.5	142.5	145.5	195	430	1	2.88	
Gabi Choates-NC	F-Teen (18-19)	149.2	165	47.5	52.5	-55		52.5	132.5	137.5	142.5	145.5	195	430	1	2.88	
Lourdes Subauste-NC	F-Submaster (35-39)	157.4	165	35	40	-47.5		40	92.5	100	110		150	331	1	2.10	
Mah'Nyiah Iglesia-NC	F-Open	171	181	-60	60	-65		60	-130	130	139	142.5	199	439	1	2.57	
Mah'Nyiah Iglesia-NC	F-Teen (18-19)	171	181	-60	60	-65		60	-130	130	139	142.5	199	439	1	2.57	
Brandi Sneed-NC	F-Open	195	198	-80	80	87.5	-95	87.5	145	150	155		242.5	535	1	2.74	
Carla Hall-NE	F-Submaster (35-39)	194.5	198	37.5	40.0	42.5		42.5	87.5	92.5	97.5		140	309	1	1.59	
Sandra Foli-IL	F-Master (70-74)	246.6	198+	30	32.5	35		35	80	85	90		125	276	1	1.12	
MEN																	
Seth Walter-NE	Teen (14-15)	97.0	97	32.5	37.5	-42.5		95	70.0	80.0	-90.0		115	254	1	2.61	
Eric Green (IA)	Open	122.5	123	87.5	92.5	95.0	-97.5		137.5	147.5	157.5	165.0	252.5	557	1	4.54	
Jesse Zelkin-AZ	Teen (14-15)	120.1	123	47.5	52.5	55		55	97.5	107.5	115		170	375	1	3.12	
Zach Williamson-NE	Teen (14-15)	122.5	123	-52.5	55.0	-62.5		55	87.5	95.0	110.0		165	364	2	2.97	
Michael Parciak-AZ	Teen (18-19)	120	123	-55	60	-65		60	102.5	110	122.5		182.5	402	1	3.35	
Eric Green (IA)	Master (50-54)	122.5	123	87.5	92.5	95.0	-97.5	95	137.5	147.5	157.5	165.0	252.5	557	1	4.54	
Andy Phan *-AZ	Open	131.4	132	82.5	90	95		95	-172.5	187.5	202.5	-208.5	297.5	656	1	4.99	

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Jeremy Seff-NC	Open	148.8	148	-137.5	142.5	-147.5		142.5	185	197.5	-202.5		340	750	1	5.04
Dakwon Foreman-NC	Open	148.2	148	92.5	97.5	100		100	192.5	205	217.5		317.5	700	2	4.72
Ben Henson - MA	Open	146.2	148	107.5	112.5	115		115	150	160	167.5		282.5	623	3	4.26
Diego Elliott-AZ	Open	140.3	148	85	90	-97.5		90	182.5	-202.5	-207		272.5	601	4	4.28
Jack Wilaby-NC	Open	148.4	148	75	80	85		85	175	182.5	0		267.5	590	5	3.97
Louis Shenker - MA	Teen (14-15)	145	148	75	-85	-87.5		75	137.5	147.5	-165		222.5	491	1	3.38
Tommy Granger-AZ	Teen (16-17)	149.7	148	65	70	76		76	125	135	145		221	487	1	3.25
Ashley Hoban-AZ	Teen (16-17)	137	148	-50	50	55		55	102.5	125	-137.5		180	397	2	2.90
Dakwon Foreman-NC	Teen (18-19)	148.2	148	92.5	97.5	100		100	192.5	205	217.5		317.5	700	1	4.72
Ben Henson - MA	Teen (18-19)	146.2	148	107.5	112.5	115		115	150	160	167.5		282.5	623	2	4.26
Diego Elliott-AZ	Teen (18-19)	140.3	148	85	90	-97.5		90	182.5	-202.5	-207		272.5	601	3	4.28
Jack Wilaby-NC	Teen (18-19)	148.4	148	75	80	85		85	175	182.5	0		267.5	590	4	3.97
Jeremy Seff-NC	Junior (20-24)	148.8	148	-137.5	142.5	-147.5		142.5	185	197.5	-202.5		340	750	1	5.04
Robert Melton-NC	Junior (20-24)	148.4	148	97.5	105	110		110	175	185	-190		295	650	2	4.38
Nasir Nantambu-NC	Open	164.3	165	127.5	140	-147.5		140	207.5	215	-227.5		355	783	1	4.76
Davis "AJ" Lee - PA	Teen (12-13)	165	165	70	75	-77.5		75	102.5	125	137.5		212.5	468	1	2.84
Jared "Frank" Midyett-NC	Teen (14-15)	157.8	165	80	85	-92		85	135	142.5	150		235	518	1	3.28
Steve Coburn-AZ	Teen (14-15)	164.3	165	55	60	62.5		62.5	87.5	92.5	107.5		170	375	2	2.28
Dylan Christoff-AZ	Teen (16-17)	150.2	165	70	75	-82.5		75	115	125	132.5		207.5	457	1	3.05
Ronald Brown-NC	Teen (18-19)	159.2	165	-92.5	95	100		100	192.5	200	210		310	683	1	4.29
Troy Becker-NE	Teen (18-19)	164.5	165	100.0	110.0	117.5		117.5	170.0	185.0	192.5		310	683	2	4.15
Fabian Rudriquez-AZ	Teen (18-19)	160	165	-77.5	90	100		100	150	152.5	160		260	573	3	3.58
Michael Vivlemore-VA	Junior (20-24)	163.2	165	120	135	-135		135	185	205	220		355	783	1	4.80
Nasir Nantambu-NC	Submaster (35-39)	164.3	165	127.5	140	-147.5		140	207.5	215	-227.5		355	783	1	4.76
Nathaniel Luedeker-AZ	Submaster (35-39)	159.9	165	137.5	-140	-140		137.5	137.5	142.5	147.5		285	628	1	3.93
Amanda Davis-VA	Master (40-44)	162.6	165			52.5		52.5	X	X	102.5		155	342	1	2.10
Joe Weissenburger-AZ	Master (80+)	161.7	165	47.5	50	55		55	62.5	70	80		135	298	1	1.84
Jason Creswell-VA	PFM	153.3	165			125		125	X	X	190		315	694	1	4.53

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Brandon Pettitt-NC	Open	172.4	181	100	112.5	-125		112.5	235	265	272.5		385	849	1	4.92	
Owen Whisenant-VA	Teen (12-13)	179.2	181			82.5		82.5	X	X	155		237.5	524	1	2.92	
Brandon Pettitt-NC	Junior (20-24)	172.4	181	100	112.5	-125		112.5	235	265	272.5		385	849	1	4.92	
David Lyons - NY	Junior (20-24)	168	181	150	160	-170		160	200	212.5	-220		372.5	821	2	4.89	
Ray Snyder-VA	Submaster (35-39)	181.1	181			97.5		97.5	X	X	150		247.5	546	1	3.01	
Trey Ross-AZ	Open	185.4	198	125	137.5	-147.5		137.5	215	222.5	227.5		365	805	1	4.34	
Chris Bergquist	Open	198	198	X	X	X		0	X	X	X		0	0		0.00	
David Leonard-VA	Junior (20-24)	196.2	198	135	-145	-145		135	237.5	250	255		390	860	1	4.38	
Dan Gamez-AZ	Submaster (35-39)	191.8	198	137.5	147.5	157.5		157.5	170	182.5	200		357.5	788	1	4.11	
Ahmed Shafix *-AZ	Master (40-44)	190.5	198	180	190	-192		190					0	0		0.00	
Trey Ross-AZ	Master (45-49)	185.4	198	125	137.5	-147.5		137.5	215	222.5	227.5		365	805	1	4.34	
Charles Staley-AZ	Master (50-54)	198	198	107.5	115			117.5	182.5	230	pass		347.5	766	1	3.87	
Pete Miller-VA	Master (70-74)	185	198			80		80	X	X	160		240	529	1	2.86	
Woody Leonard-NC	Open	218.8	220	150	155	-162.5		155	240	260	279.5		434.5	958	1	4.38	
Ashley Stone-NC	Open	220	220	115	157.5	-163.5		157.5	217.5	265	-272.5		422.5	931	2	4.23	
Daniel Steiner - MA	Open	219.8	220	142.5	152.5	160		160	207.5	220	230		390	860	3	3.91	
Joel Garcia-AZ	Open	218	220	125	137.5	142.5		142.5	202.5	220	232.5		375	827	4	3.79	
Joel Garcia-AZ	Junior (20-24)	218	220	125	137.5	142.5		142.5	202.5	220	232.5		375	827	1	3.79	
Humberto Sanchez-	Submaster (35-39)	231.8	220	152.5	160	-165		160	227.5	232.5	235		395	871	1	3.76	
William Dominguez - MA	Master (40-44)	206.5	220	-102.5	107.5	-115		107.5	130	150	162.5		270	595	1	2.88	
Woody Leonard-NC	Master (45-49)	218.8	220	150	155	-162.5		155	240	260	279.5		434.5	958	1	4.38	
David Leslie-AZ	Master (50-54)	220	220	X	X	X		0	X	X	X		0	0	1	0.00	
Ira Brooks-VA	Master (65-69)	220	220	-95	102.5	-107.5		102.5	140	160	-165		262.5	579	1	2.63	
Woody Leonard-NC	PFM	218.8	220	150	155	-162.5		155	240	260	279.5		434.5	958	1	4.38	
Kevin Combs-VA	Open	239.6	242	-152.5	155	-162.5		155	205	212.5	-227.5		367.5	810	1	3.38	
Gene Lawrence-AZ	Open	240.4	242	92.5	97.5	-100		97.5	130	-145	pass		227.5	502	2	2.09	
Adonis Turner (OK)	Junior (20-24)	236.5	242	112.5	125.0	137.5		137.5	200.0	212.5	222.5		360	794	1	3.36	
Kevin Combs-VA	Master (40-44)	239.6	242	-152.5	155	-162.5		155	205	212.5	-227.5		367.5	810	1	3.38	
Caresly Toney-NE	Master (65-69)	239.5	242	102.5	115.0	125.0		125	185.0	207.5	215.0		340	750	1	3.13	
Gene Lawrence-AZ	Master (70-74)	240.4	242	92.5	97.5	-100		97.5	130	-145	pass		227.5	502	1	2.09	
Jeffrey House-GA	Master (55-59)	265.5	275			132.5		132.5	X	X	120		252.5	557	1	2.10	
Cameron Trotman-NC	Teen (14-15)	280.4	308	110	122.5	125		275	182.5	195	205		480	1058	1	3.77	
Wayne Hammes (IA)	Master (55-59)	291.0	308	182.5	190.0	195.0	200.0	195.0	267.5	280.0	-285.0		475	1047	1	3.60	
Beau Moore (IA)	Master (45-49)	362.5	SHW	237.5	247.5	-250.0		247.5	327.5	350.0	0.0		597.5	1317	1	3.63	