

**100% RAW Powerlifting Federation, Inc.**  
**American Challenge National Bench Press Championships**  
**June 2014**

Name	Division	Weight	Class	1st	2nd	3rd	4th	KILOS	lbs
Lauren Rodriguez-VA	F-Junior (20-24)	99.7	105	X	X	50		50	110.23
Jennifer Coffee-VA	F-Submaster (35-39)	111	114	X	X	52.5		52.5	115.74
Kathryn Eldred-AZ	F-Master (65-69)	111.1	114	47.5	52.5	55		55	121.25
Lynn Gerald-AZ	F-Open	119.4	123	40	42.5	47.5		47.5	104.72
Ashee MacRae - MA	F-Open	118.2	123	35	40	-45		40	88.184
Lynn Gerald-AZ	F-Master (40-44)	119.4	123	40	42.5	47.5		47.5	104.72
Regina Miles - MA	F-PFM	121.6	123	52.5	-55	-55		52.5	115.74
Patti McKee-AZ	F-Open	130.3	132	72.5	75	77.5	79	77.5	170.86
Gina Medici-NY	F-Junior (20-24)	127.2	132	62.5	67.5	-70.5		67.5	148.81
Patti McKee-AZ	F-Master (50-54)	130.3	132	72.5	75	77.5	79	77.5	170.86
Linda Leightley-VA	F-Master (65-69)	129.5	132	X	X	37.5		37.5	82.673
Casey Ridings-VA	F-Junior (20-24)	145.4	148	X	X	65		65	143.3
Sarah McClelland-MA	F-Submaster (35-39)	143	148	45	47.5	-50		47.5	104.72
Deb Kesper-MA	F-Master (45-49)	147.5	148	57.5	-60	60	-61	60	132.28
Geneva Koutas-VA	F-Open	159.2	165	52.5	-57.5	57.5	-62.5	57.5	126.76
Gabi Choates-NC	F-Open	149.2	165	47.5	52.5	-55		52.5	115.74
Gabi Choates-NC	F-Teen (18-19)	149.2	165	47.5	52.5	-55		52.5	115.74
Lourdes Subauste-NC	F-Submaster (35-39)	157.4	165	35	40	-47.5		40	88.184
Wendy Schandt-VA	F-PFM	157.3	165	X	X	77.5		77.5	170.86
Amanda Davis-VA	F-Master (40-44)	162.6	165	X	X	52.5		52.5	115.74
Geneva Koutas-VA	F-Master (60-64)	159.2	165	52.5	-57.5	57.5	-62.5	57.5	126.76
Tammy Walker-NC	F-Open	180	181	108	110	112.5		112.5	248.02
Kashona Singleton - NY	F-Open	170.4	181	70	75	-77.5		75	165.35
Mah'Nyiah Iglesia-NC	F-Open	171	181	-60	60	-65		60	132.28
Mah'Nyiah Iglesia-NC	F-Teen (18-19)	171	181	-60	60	-65		60	132.28
Kashona Singleton - NY	F-Submaster (35-39)	170.4	181	70	75	-77.5		75	165.35
Karla Johnson-	F-Master (45-49)	169	181	-60	60	-62.5		60	132.28
Wendy Scalzitti - PA	F-Master (50-54)	247.3	198+	47.5	52.5	57.5		57.5	126.76
Laura McIntyre-AZ	F-Master (55-59)	259	198+	57.5	60	62.5	63.5	62.5	137.79
<b>MEN</b>									
John Machalinski-IL	Open	122.6	123	65	75	77.5		77.5	170.86
Elliot Anderson - VA	Teen (12-13)	122.7	123	62.5	67.5	-70		67.5	148.81
John Machalinski-IL	Teen (16-17)	122.6	123	65	75	77.5		77.5	170.86
Paul Helgenberger (IA)	Open	147.5	148	130.0	137.5	142.5		142.5	314.16
Jeremy Seff-NC	Open	148.4	148	-137.5	142.5	-147.5		142.5	314.16
Ben Henson - MA	Open	146.2	148	107.5	112.5	115	-118	115	253.53
Robert Melton-NC	Open	148.4	148	97.5	105	110		110	242.51
Dakwon Foreman-NC	Open	148.2	148	92.5	97.5	100		100	220.46
Jack Wilaby-NC	Open	148.4	148	75	80	85		85	187.39
August Yoder	Teen (14-15)	146.0	148	77.5	82.5	87.5		87.5	192.9
Ben Henson - MA	Teen (18-19)	146.2	148	107.5	112.5	115	-118	115	253.53
Dakwon Foreman-NC	Teen (18-19)	148.2	148	92.5	97.5	100		100	220.46
Jack Wilaby-NC	Teen (18-19)	148.4	148	75	80	85		85	187.39
Jeremy Seff-NC	Junior (20-24)	148.4	148	-137.5	142.5	-147.5		142.5	314.16
Robert Melton-NC	Junior (20-24)	148.4	148	97.5	105	110		110	242.51
Viet Tran-AZ	Submaster (35-39)	140.0	148	145.0	152.5	158.0	160.0	158	348.33

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Raymond Harris-VA	Open	165.2	165	X	X	130	130	286.6	
Christopher Jensen (IA)	Open	161.0	165	110.0	-115.0		110	242.51	
Chris Colvin-NC	Open	167	165	102.5	107.5	-118.5	107.5	236.99	
Ronald Brown-NC	Open	159.2	165	-92.5	95	100	100	220.46	
Nick Oddo - PA	Open	139.5	165	42.5	50	-62.5	50	110.23	
Davis "AJ" Lee - PA	Teen (12-13)	165	165	70	75	-77.5	75	165.35	
Jared "Frank" Midyett-NC	Teen (14-15)	157.8	165	80	85	-92	85	187.39	
Chris Colvin-NC	Teen (18-19)	167	165	102.5	107.5	-118.5	107.5	236.99	
Ronald Brown-NC	Teen (18-19)	159.2	165	-92.5	95	100	100	220.46	
Jake Garner	Teen (18-19)	157.5	165	92.5	-95.0	-95.0	92.5	203.93	
Michael Vivlemore-VA	Junior (20-24)	163.2	165	120	135	-135	135	297.62	
Chris Spairana - PA	Submaster (35-39)	158.7	165	55	65	70	70	154.32	
Raymond Harris-VA	Master (50-54)	165.2	165	X	X	130	130	286.6	
Jason Creswell-VA	PFM	153.3	165	X	X	125	125	275.58	
Dan Henson - MA	Open	170	181	150	-155	157.5	157.5	347.22	
Chad Farries-WA	Open	177.5	181	125	142.5	150	150	330.69	
Enrique Gonzalez - NY	Open	179.6	181	-127.5	130	-132.5	130	286.6	
Dan Morgan-AZ	Open	178	181	100	107.5	110	110	242.51	
Garrett Hence-VA	Open	177.3	181	X	X	107.5	107.5	236.99	
David Caster-AZ	Open	177.7	181	102.5	-170	-170	102.5	225.97	
Owen Whisenant-VA	Teen (12-13)	179.2	181	X	X	82.5	82.5	181.88	
David Lyons - NY	Junior (20-24)	168	181	150	160	-170	160	352.74	
Joon Bae-AZ	Junior (20-24)	179.1	181	137.5	142.5	145	-150	145	319.67
Enrique Gonzalez - NY	Submaster (35-39)	179.8	181	-127.5	130	-132.5	130	286.6	
Michael Behrens	Master (40-44)	177.0	181	-125.0	127.5	132.5	132.5	292.11	
Dan Henson - MA	Master (45-49)	170	181	150	-155	157.5	157.5	347.22	
Dan Morgan-AZ	Master (50-54)	178	181	100	107.5	110	110	242.51	
Don Machalinski-IL	Master (50-54)	177.6	181	-102.5	102.5	107.5	107.5	236.99	
Joe Scalzitti - PA	Master (55-59)	179.4	181	72.5	77.5	82.5	82.5	181.88	
Jim Rock-IL	Master (55-59)		181	X	X	X	0	0	
Larry Shaffer - PA	Master (60-64)	179.2	181	120	125	127.5	-130	127.5	281.09
Perry Bassett-AZ	Master (65-69)	181.2	181	125	-132.5	-135	125	275.58	
Joe Sanders-NC	Master (65-69)	180	181	-122.5	122.5	-133	122.5	270.06	
Arthur Gingrande - MA	Master (65-69)	177	181	-102.5	-102.5	102.5	102.5	225.97	
Mike Irish Kane-CA	Master (70-74)	178	181	90	100	102.5	102.5	225.97	
Chad Farries-WA	PFM	177.5	181	125	142.5	150	150	330.69	
Dan Morgan-AZ	PFM	178	181	100	107.5	110	110	242.51	
Chris Walter-NE	Open	197.5	198	192.5	195.0	-197.5	195	429.9	
Jeff McDaniel - PA	Open	195.9	198	185	-195	-195	185	407.85	
Ken Tunberg-CA	Open	194.5	198	165	175	-180	175	385.81	
Tim Henriques-VA	Open	197.9	198	X	X	152.5	152.5	336.2	
Dan Kornfeind - PA	Junior (20-24)	194.2	198	147.5	160	165	165	363.76	
Parker Young-AZ	Junior (20-24)	193.6	198	142.5	152.5	-160.5	152.5	336.2	
Shane Heywood-IA	Submaster (35-39)	194.0	198	157.5	160.0	-162.5	160	352.74	
Chris Walter-NE	Master (40-44)	197.5	198	192.5	195.0	-197.5	195	429.9	
Ken Tunberg-CA	Master (50-54)	194.5	198	165	175	-180	175	385.81	
James Garnder-VA	PFM	189	198	162.5	165	0	165	363.76	
Jeremy Meyer-NE	Open	219.5	220	182.5	192.5	-199.5	192.5	424.39	
Daniel Steiner - MA	Open	219.8	220	142.5	152.5	160	160	352.74	
Ashley Stone-NC	Open	220	220	115	157.5	-163.5	157.5	347.22	
Woody Leonard-NC	Open	218.8	220	150	155	-162.5	155	341.71	
John Moore-VA	Open	210.2	220	X	X	117.5	117.5	259.04	
Jacob Sytsma-IL	Teen (16-17)	205	220	-102.5	107.5	110	110	242.51	
Conner DeChant-IL	Junior (20-24)	207.6	220	132.5	137.5	152.5	152.5	336.2	
Donnie Laudenslager - PA	Junior (20-24)	203.4	220	55	62.5	67.5	67.5	148.81	
Hal Thomas - PA	Masters (40-44)	207.8	220	142.5	147.5	150	150	330.69	
Pat Williamson-NE	Master (40-44)	210.5	220	135.0	137.5	-142.5	137.5	303.13	
Frank Ferchland-VA	Master (40-44)	212	220	102.5	110	117.5	117.5	259.04	
Bob Blaha	Master (40-44)	214.0	220	112.5	-117.5	-117.5	112.5	248.02	
Woody Leonard-NC	Master (45-49)	218.8	220	150	155	-162.5	155	341.71	
David Leslie-	Master (50-54)	220	220	X	X	X	0	0	
Ira Brooks-VA	Master (65-69)	220	220	95	102.5	-107.5	102.5	225.97	
John Moore-VA	Master (75-79)	210.2	220	X	X	117.5	117.5	259.04	
Jeremy Meyer	PFM	219.5	220	182.5	192.5	-199.5	192.5	424.39	
Woody Leonard-NC	PFM	218.8	220	150	155	-162.5	155	341.71	
Frank Ferchland-VA	PFM	212	220	102.5	110	117.5	117.5	259.04	
Jeremy Meyer-NE	Submaster (35-39)	219.5	220	182.5	192.5	-199.5	192.5	424.39	

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Jerome Odie-VA	Open	239.2	242	X	X	205		205	451.94
Kevin Combs-VA	Open	239.6	242	-152.5	155	-162.5		155	341.71
Everett Brill-NM	Open	233	242	142.5	155	-160		155	341.71
Charles Lapan-VA	Open	231	242	-125	125	137.5		137.5	303.13
Sharif Issa-VA	Open	241.8	242	X	X	125		125	275.58
Gene Lawrence-AZ	Open	240.4	242	92.5	97.5	-100		97.5	214.95
Skyler Yoder	Teen (14-15)	239.5	242	87.5	92.5	-102.5		92.5	203.93
Austin Scherer	Teen (16-17)	231.5	242	137.5	145.0	-150.0		145	319.67
Thomas Sharp-AZ	Junior (20-24)	234.3	242	137.5	142.5	147.5		147.5	325.18
Kevin Combs-VA	Master (40-44)	239.6	242	-152.5	155	-162.5		155	341.71
Scott Dixon	Master (40-44)	228.0	242	125.0	-127.5	-127.5		125	275.58
John Probasco-NE	Master (50-54)	237.0	242	160.0	-167.5	0.0		160	352.74
Tim Dragani - PA	Master (55-59)	229.2	242	142.5	147.5	-150		147.5	325.18
Al Vismnevsky-AZ	Master (55-59)	231.1	242	110	-115	-115		110	242.51
Charles Lapan-VA	Master (70-74)	231	242	-125	125	137.5		137.5	303.13
Gene Lawrence-AZ	Master (70-74)	240.4	242	92.5	97.5	-100		97.5	214.95
Scott Dixon	PFM	228.0	242	125.0	-127.5	-127.5		125	275.58
Pat McMillan-VA	Open	260	275	185	195	-200		195	429.9
Bob Muretta-MD	Open	264.3	275	X	X	177.5		177.5	391.32
Sean Kelleher - NY	Open	264.1	275	157.5	160	162.5		162.5	358.25
Jim Morrow-AZ	Open		275					0	0
Jeff Yoder	Open	275.5	275	-205.0	-205.0	-205.0		-205	-451.9
Abdulaziz Shubra-AZ	Junior (20-24)	250	275	130	142.5	147.5		147.5	325.18
Jim Morrow-AZ	Submaster (35-39)		275					0	0
Pat McMillan-VA	Master (40-44)	260	275	185	195	-200		195	429.9
Bob Muretta-MD	Master (40-44)	264.3	275	X	X	177.5		177.5	391.32
Jeff Yoder	Master (40-44)	275.5	275	-205.0	-205.0	-205.0		-205	-451.9
Brian Tippery (IA)	Master (45-49)	264.5	275	157.5	165.0	-170.0		165	363.76
Grant Heller-AZ	Master (45-49)	272.9	275	145	157.5	162.5		162.5	358.25
Sean Kelleher - NY	Master (55-59)	264.1	275	157.5	160	162.5		162.5	358.25
Jeffrey House-GA	Master (55-59)	265.5	275	X	X	137.5		137.5	303.13
Bob Feeney - PA	Master (60-64)	259.9	275	130	140	142.5		142.5	314.16
Bernie Rhodes-VA	Master (65-69)	251.8	275	X	X	120		120	264.55
Pat McMillan-VA	PFM	260	275	185	195	-200		195	429.9
Cameron Trotman-NC	Teen (14-15)	280.4	308	110	122.5	125		125	275.58
Glen Tenove-CA	Master (55-59)	275.9	308	182.5	200	202.5	203	202.5	446.43
Pedro Mejias-NY	Open	442	SHW	265	280	288.5		288.5	636.03
Pedro Mejias-NY	Submaster (35-39)	442	SHW	265	280	288.5		288.5	636.03
Jaoun Mejias - NY	Teen (14-15)	156.9	SHW	95	100	105		105	231.48