

100% RAW Powerlifting Federation
2014 Quaker Classic
April 5 - Salem, Ohio

Name	Division	Wgt	Class	BENCH				Sub	DEADLIFT				TOTAL	LBS	Place	Coef.
				1st	2nd	3rd	4th		1st	2nd	3rd	4th				
Kayla Luster - PA	F - Teen (14-15)	113.4	114	35	40	47.5	48.5	47.5	72.5	-85	-85		120	264.55	1	1.06
Denise Jaffe - OH	F - Master (45-49)/Open	121.4	123	42.5	45	47.5		47.5	92.5	95	102.5		150	330.69	1,1	1.24
Alex McIntosh - OH	Teen (12-13)	118.4	123	37.5	-45	45	47.5	47.5	60.5	70	80	82.5	130	286.6	1	1.10
Tonnie Alliance - OH	F - Master (65-69)	144.2	148	35	37.5	-42.5		37.5	72.5	82.5	90		127.5	281.09	1	0.88
Graham Parke - OH	Teen (18-19)	141.8	148	75	85	-90		85	102.5	130	140		225	496.04	1	1.59
Aeden Begue - OH	Youth (11&Under)	156	165	-37.5	42.5	47.5	52.5	47.5	40	50	62.5	72.5	110	242.51	1	0.71
Jason Luster - PA	Junior (20-24)	174	181	142.5	150	-163		150	142.5	195	-228		345	760.59	1	1.98
Brian Pittman - OH	LFM	176	181	92.5	102.5	110		110	165	-178			275	606.27	1	1.56
Christine Corwin - OH	F - Master (40-44)	186.6	198	40	42.5	45		45	80	92.5	-103		137.5	303.13	1	0.74
Daniel Bowers - PA	Junior (20-24)	185.2	198	87.5	97.5	-103		97.5	142.5	160	-170		257.5	567.68	1	1.39
Bob Nicholas - OH	Master (70-74)	189.6	198	97.5	102.5	107.5	-140	107.5	175	197.5	-200		305	672.4	1	1.61
Tony DiLucente - OH	Master (55-59)	216.4	220	127.5	135	140		140	167.5	-175	182.5		322.5	710.98	1	1.49
John Leidner II - OH	Junior (20-24)	224.6	242	135	145	150		150	192.5	-215	-220		342.5	755.08	1	1.52
Charles Holmes - OH	Master (45-49)	239.4	242	160	165	-170		165	205	-215	222.5		387.5	854.28	1	1.62
John Resor - OH	Master (55-59)	224.8	242	97.5	100	107.5		107.5	162.5	170	177.5		285	628.31	1	1.27
Eric Schneider - OH	Open	239.4	242	145	155	165	170	165	190	210	227.5	-235	392.5	865.31	1	1.64
Douglas Seavey - ME	Open	220.5	242	112.5	125	125.5		125.5	227.5	237.5	-245		363	800.27	2	1.65
Tony Lewitzke - OH	LFM	258.8	275	147.5	155	162.5		162.5	227.5	-235	-235		390	859.79	1	1.51
Steve Thompson - OH	Open	255.2	275	215	220	225	227.5	225	-290	290	-298		515	1135.4	1	2.02
Eric J. Boomershine - OH	Open	263.2	275	170	177.5	182.5	-188	182.5	220	230	240		422.5	931.44	2	1.61
Stephen Davis - OH	Open	304.6	308	210	217.5	-223		217.5	310	327.5	337.5	345	555	1223.6	1	1.82
Bench Only		Wgt	Class	1st	2nd	3rd	4th	Sub								
Maddie Jaffe - OH	F - Teen (16-17)	125	132	27.5	32.5	35		35					35	77.161	1	0.28
Dawn Luster - PA	F - Master (45-49)	140.8	148	35	40	-45		40					40	88.184	1	0.28
Alexandra Aronstam - NY	F - Open	147.2	148	52.5	55	-60		55					55	121.25	1	0.37
Jaimi Flowers - PA	F - Junior (20-24)	162.4	165	40	45	-52.5		45					45	99.207	1	0.28
Michael McDonald - NY	Master (60-64)	196.2	198	112.5	115	120	125	120					120	264.55	1	0.61
Andrew Aronstam - NY	Master (55-59)	220.2	242	130	137.5	142.5	-150	142.5					142.5	314.16	1	0.65
Dale Storch - OH	Master (60-64)	234	242	132.5	140	142.5		142.5					142.5	314.16	1	0.61
George J Roberts III - OH	Open/LFM	235.2	242	165	177.5	185		185					185	407.85	1,1	0.79
Tony McIntosh - OH	Submaster (35-39)	222.2	242	145	155	160	162.5	160					160	352.74	1	0.72
Jerry Mathews Jr - MI	Master (40-44)	252	275	162.5	172.5	182.5	185	182.5					182.5	402.34	1	0.72
Brad Lovejoy - OH	Master (55-59)	253	275	140	150	160		160					160	352.74	1	0.63
Andy Podolinski - PA	Open	271.4	275	147.5	152.5	-165		152.5					152.5	336.2	1	0.56
William T Williams - OH	Master (75-79)	296	308	67.5	72.5	77.5		77.5					77.5	170.86	1	0.26

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Deadlift Only	Division	Wgt	Class							1st	2nd	3rd	4th	Total	LBS		
Roman Begue - OH	Youth (11&Under)	105.2	114							25	35	45	55	55	121.25	1	0.52
Jenna Henkel	F - Teen (14-15)	149.4	165							87.5	92.5	95	97.5	97.5	214.95	1	0.65
Shane Cronley - OH	LFM	163.4	165							185	195	-200		195	429.9	1	1.19
Michael Hart - PA	Open	162.4	165							262.5	285			285	628.31	1	1.75
Mitchell Siegenthaler - OH	Open	173	181							165	175	-180		175	385.81	1	1.01
Mandy Deckard - OH	F - Open	183.8	198							137.5	145	147.5		147.5	325.18	1	0.80
Bobby Gilmore - OH	Junior (20-24)	195	198							215	222.5	-230		222.5	490.52	1	1.14
Cynthia Williams - OH	F - Master (55-59)	198.2	220							-65	95	77.5		95	209.44	1	0.48
Aaron Stroup - OH	Open	212.8	220							255	260	-265		260	573.2	1	1.22
Travis Siegenthaler - OH	Junior (20-24)	239.4	242							242.5	-245	-245		242.5	534.62	1	1.01
Eric Schneider - OH	Open	239.4	242							190	210	227.5	-235	227.5	501.55	1	0.95
Gregory Hawkins - OH	Master (40-44)	247.4	275							195	205	-228		205	451.94	1	0.83
Strict Curl	Division	Wgt	Class	1st	2nd	3rd	4th	Sub						Total	LBS		
Kayla Luster - PA	F - Teen (14-15)	113.4	114	10	15	-22.5		15						15	33.069	1	0.13
Dawn Luster - PA	F - Master (45-49)	140.8	148	10	15	-22.5		15						15	33.069	1	0.11
Alexandra Aronstam - NY	F - Open	147.2	148	15	17.5	25		25						25	55.115	1	0.17
Graham Parke - OH	Teen (18-19)	141.8	148	35	38.5	-40		38.5						38.5	84.877	1	0.27
Jaimi Flowers - PA	F - Junior (20-24)	162.4	165	15	15	-24.96		15						15	33.069	1	0.09
Shane Cronley - OH	LFM	163.4	165	40	-45	45	-47.5	45						45	99.207	1	0.28
Jason Luster - PA	Junior (20-24)	174	181	45	-52.5	54		54						54	119.05	1	0.31
Michael McDonald - NY	Master (60-64)	196.2	198	-35	37.5	42.5	54	54						54	119.05	1	0.28
John Henkel	Open/LFM	194	198	35	42.5	47.5		47.5						47.5	104.72	1,1	0.24
Cynthia Williams - OH	F - Master (55-59)	198.2	220	12.5	15	20		20						20	44.092	1	0.10
Tony DiLucente - OH	Master (55-59)	216.4	220	47.5	-55	55		55						55	121.25	1	0.25
John Leidner II - OH	Junior (20-24)	224.6	242	61	-65	-65		61						61	134.48	1	0.27
Andrew Aronstam - NY	Master (55-59)	220.2	242	-52.5	55	61		61						61	134.48	1	0.28
Jerry Mathews Jr - MI	Master (40-44)	252	275	65	-70	-72.5		65						65	143.3	1	0.26
Andy Podolinski - PA	Open	271.4	275	52.5	56	-65		56						56	123.46	1	0.21
William T Williams - OH	Master (75-79)	296	308	-35	-35	35		35						35	77.161	1	0.12