



VIETNAMESE POWERLIFTING RECORDS

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MEN

<u>90 kg CLASS</u>	<u>SQUAT</u>	<u>BENCH PRESS</u>	<u>DEADLIFT</u>	<u>TOTAL</u>
OPEN	135.0 Jimmy Pham (2014)	102.5 Jimmy Pham (2014)	162.5 Jimmy Pham (2014)	392.5 Jimmy Pham (2014)
18-19	135.0 Jimmy Pham (2014)	102.5 Jimmy Pham (2014)	162.5 Jimmy Pham (2014)	392.5 Jimmy Pham (2014)