

## 2013 MIDWEST SINGLE LIFT CHALLENGE RESULTS

Name	Division	Wgt	Class	CURL				BENCH				DEADLIFT				TOTAL	LBS	Place			
				RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd				3rd	4th	
<b>STRICT CURL</b>																					
Levi Meyer	20-24	148	JUNIOR		35.0	55.0	-62.5							55.0					55.0	121.3	1.0
Diego Sainz	40-44	165	MASTERS		35.0	37.5	42.5							42.5					42.5	93.7	1.0
Jeff Harvey	50-54	198	MASTERS		37.5	52.5	-60.0							52.5					52.5	115.7	1.0
Angela O'Connor	35-39	198+	SUB		35.0	40.0	45.0	47.5						45.0					45.0	99.2	1.0
Shawn Bibbs	OPEN, 25-29, PFM	242			65.0	70.0	-75.0							70.0					70.0	154.3	1.0
Jeremey Meyer	OPEN, 30-34, PFM	220			65.0	-77.5	-77.5							65.0					65.0	143.3	1.0
<b>BENCH</b>																					
Zach Williamson	12,13	97								-37.5	37.5	-42.5		37.5					37.5	82.7	1.0
Diego Sainz	40-44	165	MASTERS							67.5	72.5	75.0		75.0					75.0	165.3	1.0
Jerry Folkers	60-64	165	MASTERS							110.5	115.0	120.0		120.0					120.0	264.6	1.0
Robert Mitchell	65-69	165	MASTERS							37.5	42.5	52.5		52.5					52.5	115.7	1.0
Kyland Folkers	OPEN	181	SUB							185.0	190.0	-197.5		190.0					190.0	418.9	1.0
Tim Welton	50-54	198	MASTERS							155.0	122.5	-		155.0					155.0	341.7	1.0
Jeremey Meyer	OPEN, 30-34, PFM	220								175.0	182.5	185.0		185.0					185.0	407.9	1.0
Gary Stillman	35-39	220	SUB							160.0	165.0	-170.0		165.0					165.0	363.8	1.0
Chris Walter	OPEN, 40-44	220	MASTERS							192.5	200.0	202.5	-205.0	202.5					202.5	446.4	1.0
Dennis Charron	50-54	220	MASTERS							147.5	152.5	-157.5		152.5					152.5	336.2	1.0
John Probasco	50-54	242	MASTERS							160.0	162.5	-167.5		162.5					162.5	358.2	1.0
Rick Osborn	50-54	242	MASTERS							127.5	137.5	142.5		142.5					142.5	314.2	2.0
Lee Wilson	50-54	275	MASTERS							175.0	-180.0	-		175.0					175.0	385.8	1.0
Todd Jensen	OPEN, 40-44	SHW	MASTERS							150.0	160.0	165.0		165.0					165.0	363.8	1.0
<b>PUSH PULL</b>																					
Caden "T" Hale	OPEN, 11&Under	97	YOUTH							30.0	35.0	37.5		37.5	65.0	72.5	80.0		117.5	259.0	1.0
Kari Sakamoto	20-24	114	JUNIOR							30.0	35.0	40.0		40.0	77.5	-97.5	-97.5		117.5	259.0	1.0
Patrick Enriquez	20-24	132	JUNIOR							70.0	75.0	82.5		82.5	102.5	140.0	150.0		232.5	512.6	1.0
Sinjin Takahashi	20-24	132	JUNIOR							65.0	75.0	-82.5		75.0	102.5	125.0	142.5		217.5	479.5	2.0
Brandon Go	20-24	148	JUNIOR							102.5	112.5	122.5		122.5	215.0	227.5	-237.5		350.0	771.6	1.0
Levi Meyer	20-24	148	JUNIOR							110.0	125.0	-137.5		125.0	150.0	182.5	210.0		335.0	738.5	2.0
Gage Walters	16-17, open	165	TEEN							85.0	92.5	95.0		95.0	145.0	155.0	165.0		260.0	573.2	1.0
Caresley Toney	65-69	242	MASTERS							112.5	125.0	130.0		130.0	207.5	215.0	-230.0		345.0	760.6	1.0
Matthew Noguchi	18-19	242	TEEN							112.5	122.5	130.0		130.0	207.5	215.0	230.0		360.0	793.7	1.0
<b>DEAD LIFT</b>																					
Jeremey Meyer	OPEN, 30-34, PFM	220												0.0	165.0	185.0	207.5		207.5	457.5	
Ron Yim	OPEN, 25-29, PFM	220												0.0	227.5	250.0			250.0	551.2	1.0
Shawn Bibbs	OPEN, 25-29, PFM	242												0.0	165.0	185.0	195.0		195.0	429.9	
Daniel Bunch	OPEN, 45-49	SHW	MASTERS											0.0	230.0	242.5	250.0		250.0	551.2	1.0