

100% RAW Powerlifting Federation

2013 South West Regional Powerlifting Championships

Name	Division	Wgt	Class	RH	BENCH								Sub	DEAD LIFT				TOTAL	LBS	Schwartz/Malone	Place	Total Coef.
					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th					
Tyler Watterson	20-24	227.6	242		165	180	195		120	130	-140		325	170	197.5	220		545	1202	0.5476	1	298.44
Jim Morrow *	35-39/open	237.8	242		205	-220	-220		167	182.5	185		390	262.5	275	280		670	1477	0.5398	1,1	361.67
Tommy Nester	open	235.4	242		212.5	227.5	-255		-152.5	152.5	-160		380	217.5	-230	-230		597.5	1317	0.5411	2	323.31
Tom Matlock	60-64/open	233.6	242		150	-165	165		105	115	-120		280	187.5	200	-215		480	1058	0.5426	1,3	260.45
Jeremy Selting	open	261.7	275		-202.5	-215	222.5		125	137.5	-147.5		360	250	272.5	-285		632.5	1394	0.5284	1	334.21
Jacob Hammerly	open	262.9	275		200	-212.5	-222.5		117.5	130	137.5		337.5	255	267.5	-275		605	1334	0.5281	2	319.50
Marcos Rodriguez	open	295.5	308		205	222.5	242.5		115	125	137.5		380	205	222.5	232.5		612.5	1350	0.5104	2	312.62
Brandon Hall *	35-39/open	295.5	308		200	225	250		160	185	x		435	285	300	x		735	1620	0.5104	1	375.14
													0					0	0	0		0.00

IRONMAN				CURL				BENCH				DEADLIFT				TOTAL	LBS	Schwartz/Malone	Place	Total Coef.	
Name	Division	Wgt	Class	1st	2nd	3rd	4th	1st	2nd	3rd	4th	1st	2nd	3rd	4th						
Chloe Eckard	11 & under female	62	97	10	12.5	13.5		15	20	-21		33.5	25	35	37.5		71	156.5	1.1756	1	83.47
Mary Medevielle	11&under female	73.9	97	9	10	12.5	13.5	8	10	20		32.5	25	35	37.5		70	154.3	1.1756	2	82.29
Savannah Sparks	12=13/open female	93.6	97	10	-15	15	-20.5	25	-27.5	-27.5		40	70	76	77.5		117.5	259	1.145	1	134.54
Diana Lugo	open female	121.5	123	22.5	25	-27.5		37.5	42.5	-47.5		67.5	85	-112.5	112.5		180	396.8	0.9263	1	166.73
Jacee Cooper	20-24 female	185	181	22.5	27.5	-32.5		x	x	x		27.5	102.5	-107.5	115		142.5	314.2	0.6618	1	94.31
David Medevielle	11 & under	66	105	10	12.5	-15		20	22.5	25		37.5	50	55	60		97.5	214.9	1.2803	1	124.83
Lee Leudeker	64-65/pol,fire,milt	155.3	165	45.5	47.5	50	-51	87.5	-92.5	-92.5		137.5	125	127.5	132.5		270	595.2	0.7004	1,2	189.11
Wade Hunsaker *	20-24	174.9	181	47.5	52.5	60	66	147.5	155	-172.5		215	185	215	227.5		442.5	975.5	0.6392	1	282.85
Josh Conner *	open	208.5	220	-72.5	75	-80.5		155	162.5	-167.5		237.5	255	272.5	-280		510	1124	0.57	1	290.70
Larry Candelria	open	216	220	42.5	47.5	55		160	165	170		225	182.5	190	197		422	930.3	0.5592	3	235.98
Tim Sparks *	45-49/open	220	220	62.5	67.5	-70		125	-142.5	142.5		210	282.5	295	x		505	1113	0.5545	1,2	280.02
Eric Tuthill	35-39/open	220.8	220	50	57.5	-65		140	147.5	155		212.5	215	235	-240		447.5	986.6	0.5545	1,4	248.14
Tom Matlock	60-64/open	233.6	242	55	57.5	-60		105	115	-120		172.5	187.5	200	-215		372.5	821.2	0.5426	1,1	202.12
Fred Purvis	65-69	238.2	242	-55	55	-60		-160	160	162.5		217.5	117.5	127.5	137.5		355	782.6	0.5391	1	191.38
Terry Ford	70-74	270	275	42.5	-47.5	-47.5		90	95	105		147.5	130	137.5	142.5		290	639.3	0.5243	1	152.05
												0					0	0	0		0.00

PUSH/PULL				BENCH				DEADLIFT				TOTAL	LBS	Schwartz/Malone	Place	Total Coef.					
Name	Division	Wgt	Class	1st	2nd	3rd	4th	1st	2nd	3rd	4th						1st	2nd	3rd	4th	
Savannah Sparks	12=13/open female	93.6	97					25	-27.5	-27.5		25	70	76	77.5		102.5	226	1.145	1	117.36
Chloe Eckard	11 & under female	62	97					15	20	-21		20	25	35	37.5		57.5	126.8	1.1756	1	67.60
Lizzette Magana	16-17 female	114	114					42.5	45.5	47.5	-50	47.5	90	95	100		147.5	325.2	0.9731	1	143.53
Alyssa Golding	14-15 female	115.9	123					45	50.5	55	-57.5	55	90	95	100	105.5	155	341.7	0.967	1	149.89
Bianca Luedeker	open female	119.3	123					67.5	70	73	75	73	100	105	110		183	403.4	0.939	1	171.84
Destinee Swick	14-15 female	128.7	132					35	-37.5	40	-45.5	40	90	95	105	107.5	145	319.7	0.8851	2	128.34
Ashley Hoban	14-15 female	139.2	148					42.5	-50	-50		42.5	100	105	115	122.5	165	363.8	0.8257	1	136.24
Jennifer Higgins	40-44/open female	136.4	148					55	57.5	-60		57.5	135	143	-145		200.5	442	0.8101	1,1	162.43
Laura Miranda	open female	181	181					-48	-48	48		48	92.5	-102.5	102.5		150.5	331.8	0.6755	2	101.66
Jerr Morgan (CO)	11& under	62	105					10.5	15	17.5		17.5	27.5	37.5	45	45.5	63	138.9	1.2803	1	80.66
Daniel Medevielle	12=13	121.4	123					40	47.5	47.5		47.5	60	67.5	80		127.5	281.1	0.8946	1	114.06
Vin Voeun (Cambodia)	open	118	123					95	102.5	110		110	142.5	147.5	155		265	584.2	0.9203	1	243.88
Daniel Choe	18-19	148.8	148					82.5	92.5	92.5		92.5	135	142.5	147.5		240	529.1	0.7294	3	175.06
Diego Elliott	18-19	145.4	148					80	87.5	-95		87.5	165	177.5	185		272.5	600.8	0.7432	2	202.52
Joon Bae (CA)	18-19/open	145	148					95	102.5	-105		102.5	175	182.5	187.5		290	639.3	0.7432	1,1	215.53
Daniel Hernandez	14-15	179.5	181					82.5	92.5	-100		92.5	175	187.5	195	205	297.5	655.9	0.6262	1	186.29
Dan Morgan	50-54/pol,fire,milt	176	181					87.5	92.5	97.5		97.5	157.5	172.5	185		282.5	622.8	0.6339	1,2	179.08
Anthony White *	20-24/open	193.6	198					125	135	-142.5		135	200	215	-220		350	771.6	0.5954	1,1	208.39
Adam Greeley *	35-39/open	197.7	198					155	167.5	175		175	220	237.5	247.5		422.5	931.4	0.5879	1,1	248.39
Abdula Shara (Saudi)	20-24/open	220.8	220					-92.5	-92.5	95		95	167.5	175	182.5		277.5	611.8	0.5545	2,2	153.87

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					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th						
Josh Conner *	open	208.5	220							155	162.5	-167.5		162.5	255	272.5	-280		435	959	0.57	2	247.95
Eric Tuthill	39-39/open	220.8	220							142.5	147.5	155		155	215	235	-240		390	859.8	0.5545	1,3	216.26
Tim Sparks *	45-49/open	220	220							125	-142.5	142.5		142.5	282.5	295	x		437.5	964.5	0.5545	1,1	242.59
Fred Purvis	65-69	238.2	242							-160	160	162.5		162.5	117.5	127.5	137.5		300	661.4	0.5391	1	161.73
Gene Lawrence	70-74/open	255.7	275							102.5	105.5	-110		105.5	112.5	125	-137.5		230.5	508.2	0.5308	1,1	122.35
Brandon Hall *	35-39/open	295.5	308							160	185	x		185	285	300	x		485	1069	0.5104	1	247.54
														0					0	0	0		0.00

BENCH ONLY

				BENCH																			
Savannah Sparks	12=13/open female	93.6	97							25	-27.5	-27.5		25					25	55.12	1.145	1	28.63
Chloe Eckard	11 & under female	62	97							15	20	-21		20					20	44.09	1.1756	1	23.51
Araceli Real	open female	119.5	123							52.5	57.5	-60		57.5					57.5	126.8	0.939	1	53.99
John Bazacas (CA)	80+	123	123							37.5	42.5	45.5		45.5					45.5	100.3	0.8783	1	39.96
Robert Gibson	20-24/open	140.6	148							70	75	-80		75					75	165.3	0.7682	1,2	57.62
Joon Bae (CA)	18-19/open	145	148							95	102.5	-105		102.5					102.5	226	0.7432	1,1	76.18
Spencer Coffin	14-15	161	165							82.5	87.5	90		90					90	198.4	0.6787	1	61.08
Christopher Kirk	18-19	161.6	165							115	120.5	-122.5		120.5					120.5	265.7	0.6787	1	81.78
Dan Gordon (Isreal)	65-69	163.7	165							107.5	110	113		113					113	249.1	0.672	1	75.94
Dylan Lyonnais	16-17	160.1	181							55	62.5	-65		62.5					62.5	137.8	0.6822	2	42.64
Peter Hodan	16-17	187.4	181							90	95	-100		95					95	209.4	0.6077	1	57.73
Wade Hunsaker *	20-24	174.9	181							147.5	155	-172.5		155					155	341.7	0.6392	1	99.08
William Deloney	60-64	175.8	181							132.5	137.5	-142.5		137.5					137.5	303.1	0.6365	1	87.52
Mike Kane (CA)	70-74	176.7	181							92.5	97.5	102.5		102.5					102.5	226	0.6339	1	64.97
Alan Dean Foster	65-69	193.6	198							125	-132.5	-132.5		125					125	275.6	0.5954	1	74.43
Larry Canderlria	open	216	220							160	165	170		170					170	374.8	0.5592	1	95.06
Josh Conner *	open	208.5	220							155	162.5	-167.5		162.5					162.5	358.2	0.57	2	92.63
James Manos (CA)	80+	201	220							50	-55	-55		50					50	110.2	0.5809	1	29.05
Jim Morrow	35-39/open	237.8	242							167.5	182.5	185		185					185	407.9	0.5398	1,1	99.86
Michael Hawkins	60-64	236.3	242							120	130	-137.5		130					130	286.6	0.5405	1	70.27
Ed Lucas	65-69	282.6	275							97.5	115	-122.5		115					115	253.5	0.5175	1	59.51
Gene Lawrence	70-74/open	255.7	275							102.5	105.5	x		105.5					105.5	232.6	0.5308	1	56.00
Glen Tenove (CA)	55-59/open	310.1	SHW							182.5	192.5	200		200					200	440.9	0.5027	1	100.54
														0					0	0	0		0.00

CURL ONLY

				CURL																			
Chloe Eckard	11 & under female	62	97		10	12.5	13.5							13.5					13.5	29.76	1.1756	1	15.87
Savannah Sparks	12=13/open	93.6	97		10	-15	15	-20.5						15					15	33.07	1.2287	1	18.43
Diana Lugo	open	121.5	123		22.5	25	-27.5							25					25	55.12	0.8946	1	22.37
Amanda Everhart	20-24/open female	130.9	132		30	32.5	-35							32.5					32.5	71.65	0.8738	1,1	28.40
Sara Gillott	55-59/open female	146	148		15	20	22.5	23.5						22.5					22.5	49.6	0.7918	1,1	17.82
Jacee Cooper	20-24 female	185	181		22.5	27.5	-32.5							27.5					27.5	60.63	0.6618	1	18.20
Connor Daw	11 & under	74.1	105		9	15	-17.5							15					15	33.07	1.2803	1	19.20
John Bazacas (CA)	80+	123	123		20	22	x							22					22	48.5	0.8783	1	19.32
Dr William Devito	40-44	148	148		25	30	37.5	-45.5						37.5					37.5	82.67	0.7294	1	27.35
Spencer Coffin	14-15	161	165		42.5	47.5	50	53						50					50	110.2	0.6787	1	33.94
Christopher Kirk	18-19	161.6	165		30	40	52.5	-65.5						52.5					52.5	115.7	0.6787	1	35.63

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					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th					
Vahana Dorcis	open	163.3	165		50	57.5	-62.5						57.5					57.5	126.8	0.672	1	38.64
Roderick Lashelle (CA)	75-79	162.3	165		27.5	32.5	-35.5						32.5					32.5	71.65	0.6753	1	21.95
Peter Hodan	16-17	187.4	181		47.5	50	55						55					55	121.3	0.6077	1	33.42
Miguel Torres	14-15	186.5	198		-35	35	37.5						37.5					37.5	82.67	0.6099	2	22.87
Daniel Hernandez	14-15	179.5	181		40	45	47.5	-49					47.5					47.5	104.7	0.6262	1	29.74
Nicholas Thomas	20-23	174.9	181		-57.5	57.5	-62.5						57.5					57.5	126.8	0.6392	1	36.75
Ed Velasques (Mexico)	open	171.2	181		50	-52.5	52.5						52.5					52.5	115.7	0.6475	1	33.99
Mike Kane (CA)	70-74	176.7	181		42.5	-49	49						49					49	108	0.6339	1	31.06
Nathaniel Kerr	20-24	193.2	198		-50	-52.5	-57.5						-50					-50	-110	0.5954	np	-29.77
Willy Arenas	20-24	182.7	198		-50	-50	-50						-50					-50	-110	0.619	np	-30.95
Hector Pineda	32 open	198	198		-60	-60	-60						-60					-60	-132	0.5861	np	-35.17
Robb Knapp	open	218.2	220		60	62.5	-65						62.5					62.5	137.8	0.5568	3	34.80
Bret Contreras	open	219	220		60	62.5	65	-71					65					65	143.3	0.5556	1,2	36.11
Tim Sparks *	45-49/open	220	220		62.5	67.5	-70						67.5					67.5	148.8	0.5545	1,1	37.43
Michael Sullivan (CA)	65-69	218.5	220		47.5	52.5	55						55					55	121.3	0.5568	1	30.62
James Manos (CA)	80+	201	220		27.5	30	32.5	33.5					32.5					32.5	71.65	0.5809	1	18.88
Tom Matlock	60-64	233.6	242		55	57.5	-60						57.5					57.5	126.8	0.5426	1	31.20
Fred Purvis	65-69	238.2	242		-55	55	-60						55					55	121.3	0.5391	1	29.65
Brandon Hall *	35-39/open	303	308		72.5	78	80	82.5					80					80	176.4	0.5062	1	40.50
Glen Tenove (CA)	55-59/open	310.1	SHW		70	75.5	x						75.5					75.5	166.4	0.5027	1	37.95
													0					0	0	0		0.00

DEAD LIFT ONLY

														DEADLIFT								
Savannah Sparks	12=13/open	93.6	97										0	70	76	77.5		77.5	170.9	1.2287	1	95.22
Chloe Eckard	11 & under female	62	97										0	25	35	37.5		37.5	82.67	1.1756	1	44.09
Amanda Everhart	20-24/open female	130.9	132										0	145	-155	-155		145	319.7	0.8738	1	126.70
Jennifer Higgins *	40-44/open female	136.4	148										0	135	143	-145		143	315.3	0.8101	1	115.84
Jacee Cooper	20-24 female	185	181										0	102.5	-107.5	115		115	253.5	0.6618	1	76.11
Joon Bae (CA)	18-19/open	148	145										0	175	182.5	187.5		187.5	413.4	0.7294	1,1	136.76
Hunter Badilla	18-19	158.1	165										0	190	200	-220		200	440.9	0.6893	1	137.86
Vahana Dorcis	open	163.3	165										0	227.5	240	-242.5		240	529.1	0.672	1	161.28
Dan Morgan	50-54/pol,fire,milt	176	181										0	157.5	172.5	185		185	407.9	0.6339	1,2	117.27
Raymond Cavileer (CA)	60-64	176	181										0	185	210	215		215	474	0.6339	1	136.29
Nathaniel Kerr	20-24	193.2	198										0	200	-212.5	-212.5		200	440.9	0.5954	1	119.08
Josh Conner *	open	208.5	220										0	255	272.5	280		280	617.3	0.57	2	159.60
Tim Sparks *	45-49/open	220	220										0	282.5	295	x		295	650.4	0.5545	1,1	163.58
Tom Matlock	60-64	233.6	242										0	187.5	200	-215		200	440.9	0.5426	1	108.52
Gene Lawrence	70-74/open	257.5	275										0	112.5	125	-137.5		125	275.6	0.53	1,1	66.25
Brandon Hall *	35-39/open	303	308										0	285	300	x		300	661.4	0.5062	1	151.86
													0					0	0	0		0.00
best Female lifter	Genevieve Betro												0					0	0	0		0.00
best Male Lifter	Adam Greely												0					0	0	0		0.00
													0					0	0	0		0.00
Best bench Female	Bianca Luedeker												0					0	0	0		0.00
best bench Male	Glen tenove												0					0	0	0		0.00
													0					0	0	0		0.00
best squat Female	Genevieve Betro												0					0	0	0		0.00
best squat male	Adam Greely												0					0	0	0		0.00
													0					0	0	0		0.00
best dead female	Amanda Everhart												0					0	0	0		0.00

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					1st	2nd	3rd	4th	1st	2nd	3rd	4th										
best dead male	Tim Sparks												0					0	0	0		0.00
													0					0	0	0		0.00
best curl female	Amanda Everhart												0					0	0	0		0.00
best curl male	Josh Connor												0					0	0	0		0.00