



POWERLIFTING FEDERATION
Türkiye Cumhuriyeti

BENCH PRESS RECORDS FOR THE REPUBLIC OF TURKEY

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WOMEN

<u>kg CLASS</u>	<u>WEIGHT (kg)</u>	<u>NAME</u>	<u>DATE SET</u>

MEN

<u>52 kg CLASS</u>	<u>WEIGHT (kg)</u>	<u>NAME</u>	<u>DATE SET</u>
OPEN	60	Anar Elchin	May 2009
20-24	60	Onur Gombul	Jun. 2010

<u>56 kg CLASS</u>	<u>WEIGHT (kg)</u>	<u>NAME</u>	<u>DATE SET</u>
OPEN	70	Asif Ulri	May 2009
18-19	70	Asif Ulri	May 2009
20-24	65	Rashed Uliye	May 2009

<u>60 kg CLASS</u>	<u>WEIGHT (kg)</u>	<u>NAME</u>	<u>DATE SET</u>
OPEN	80	Elmir Samir	May 2009
20-24	65	Erin Achil	Jun. 2010
25-29	80	Elmir Samir	May 2009

<u>67.5 kg CLASS</u>	<u>WEIGHT (kg)</u>	<u>NAME</u>	<u>DATE SET</u>
OPEN	102.5	Mustafa Rustam	May 2009

20-24	70	Taylan Barkin	Jun. 2010
30-34	100	Amil Elchin	May 2009

75 kg CLASS	WEIGHT (kg)	NAME	DATE SET
OPEN	135	Hamed Eldeniz	May 2009
20-24	127.5	Iraly Elchin	May 2009
25-29	135	Erfan Yalchin	May 2009
30-34	135	Hamed Eldeniz	May 2009
40-44	115	Mustafa Cetindere	Jun. 2010
45-49	110	Ismail Yildizel	Jun. 2010

82.5 kg CLASS	WEIGHT (kg)	NAME	DATE SET
OPEN	135	Ismail Natiq	May 2009
20-24	80	Shafagh Bayssal	Jun. 2010
25-29	132.5	Rufet Renat	May 2009
30-34	105	Nadir Eghbal	May 2009
45-49	100	Mehmet Ustundag	Jun. 2010

90 kg CLASS	WEIGHT (kg)	NAME	DATE SET
OPEN	120	Gerayli Nurlan	May 2009
18-19	120	Gerayli Nurlan	May 2009
20-24	90	Tanju Helva	Jun. 2010
40-44	80	Hakan Unsal	Jun. 2010
50-54	110	Mehmet Ali Agar	Jun. 2010

100 kg CLASS	WEIGHT (kg)	NAME	DATE SET
OPEN	155	Abdullah Azad	May 2009
25-29	155	Abdullah Azad	May 2009
30-34	150	Nadir Zaur	May 2009

110 kg CLASS	WEIGHT (kg)	NAME	DATE SET
OPEN	170	Mohammad Zahir	May 2009
25-29	170	Mohammad Zahir	May 2009

125 kg CLASS	WEIGHT (kg)	NAME	DATE SET
OPEN	195	Mohammed Elnur	May 2009
35-39	195	Mohammed Elnur	May 2009

<u>140 kg CLASS</u>	<u>WEIGHT (kg)</u>	<u>NAME</u>	<u>DATE SET</u>
OPEN	202.5	Aslan Faiq	May 2009
20-24	170	Camil Mahir	May 2009
35-39	202.5	Aslan Faiq	May 2009
40-44	150	Murat Tugrul	Jun. 2010

<u>SHW CLASS</u>	<u>WEIGHT (kg)</u>	<u>NAME</u>	<u>DATE SET</u>
OPEN		VACANT	