



POWERLIFTING FEDERATION

ایران اسلامی جمهوری

IRANIAN POWERLIFTING RECORDS

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MEN

<u>67.5 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	155 Amir Emami (2010)	100 Amir Emami (2010)	160 Amir Emami (2010)	415 Amir Emami (2010)

<u>kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN				

<u>82.5 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	180 Sadegh Minaye (2010)	100 Sadegh Minaye (2010)	200 Sadegh Minaye (2010)	480 Sadegh Minaye (2010)