



POWERLIFTING FEDERATION
Eesti Vabariik

ESTONIAN POWERLIFTING RECORDS

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WOMEN

<u>52 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	60.1 Daria Dermelev (2007)	24.9 Daria Dermelev (2007)	70.3 Daria Dermelev (2007)	155.3 Daria Dermelev (2007)
12-13	60.1 Daria Dermelev (2007)	24.9 Daria Dermelev (2007)	70.3 Daria Dermelev (2007)	155.3 Daria Dermelev (2007)

<u>56 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	65 Daria Dermeleva (2008)	27.5 Daria Dermeleva (2008)	75 Daria Dermeleva (2008)	167.5 Daria Dermeleva (2008)
14-15	65 Daria Dermeleva (2008)	27.5 Daria Dermeleva (2008)	75 Daria Dermeleva (2008)	167.5 Daria Dermeleva (2008)

<u>kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>

MEN

<u>48 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	55 Roman Dermeleva (2008)	22.5 Roman Dermeleva (2008)	80 Roman Dermeleva (2008)	157.5 Roman Dermeleva (2008)
11 & Under	55 Roman Dermeleva (2008)	22.5 Roman Dermeleva (2008)	80 Roman Dermeleva (2008)	157.5 Roman Dermeleva (2008)

<u>kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>

<u>82.5 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	209.7 Sergey Dermelev (2007)	149.6 Sergey Dermelev (2007)	240.4 Sergey Dermelev (2007)	599.8 Sergey Dermelev (2007)
45-49	209.7 Sergey Dermelev (2007)	149.6 Sergey Dermelev (2007)	240.4 Sergey Dermelev (2007)	599.8 Sergey Dermelev (2007)

<u>90 kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>
OPEN	220 Sergey Dermeleva (2008)	150 Sergey Dermeleva (2008)	260 Sergey Dermeleva (2008)	630 Sergey Dermeleva (2008)
45-49	220 Sergey Dermeleva (2008)	150 Sergey Dermeleva (2008)	260 Sergey Dermeleva (2008)	630 Sergey Dermeleva (2008)

<u>kg CLASS</u>	<u>SQUAT (kg)</u>	<u>BENCH PRESS (kg)</u>	<u>DEADLIFT (kg)</u>	<u>TOTAL (kg)</u>