

100% RAW Powerlifting Federation
2013 American Challenge - MA Powerlifting Championships
June 29-30, 2013 - Peabody, MA - Gym Warriors

Name	Division	Wgt	Class	SQUAT				BENCH				DEADLIFT				TOTAL	LBS	Place	
				1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd				4th
Ashley Powell - DE	F-Open, F-Junior	132	132	-62.5	62.5	-75		37.5	-45	-45		100	80	-87.5	87.5		187.5	413.36	1,1
Bill Sexton - MA	Open, Teen(18-19)	132	132	120	-132.5	-137.5		75	85	-90		205	157.5	172.5	182.5	-197.5	387.5	854.28	1,1
Suzanne LaForge - MA	F-Open, F-M(50-54)	142.5	148	75	90	100	113	-67.5	67.5	-72.5		167.5	140	160	-172.5		327.5	722.01	1,1
Kimberly Clark - MA	F-Open, F-Junior	162	165	107.5	112.5	117.5	120	52.5	55	-57.5		172.5	160	167.5	172.5	-181.5	345	760.59	1,1
Hannah DeMartino - DE	F-Open, F-Junior	164	165	80	-87.5	-92.5		55	-60	-60		135	107.5	120	125		260	573.2	2,2
David Luikey = MA	Open, Teen(16-17)	158.5	165	130	145	-152.5		80	-90	-90		225	135	147.5	155		380	837.75	1,1
Chad Stewart - MA	Open, Junior(20-24)	175.5	181	140	150	157.5	-162.5	87.5	92.5	-97.5		250	200	-215	217.5		467.5	1030.7	1,1
Scott Oleson - MA	Open	185	198	165	-175	175		125	-130	-130		300	185	-205	205		505	1113.3	2
James Grieves - MA	Open, Teen(16-17)	192	198	172.5	182.5	-190		127.5	132.5	137.5	-142.5	320	185	195	205		525	1157.4	1,1
Steven Zagorski - MA	Open, Submaster	215	220	75	85	92.5		60	70	75		167.5	145	152.5	-160		320	705.47	1,1
Dwight Kemper - NY	Open, Master(55-59)	222	242	-125	125	-130		62.5	75	87.5		212.5	142.5	150	155		367.5	810.19	1,1
Vaughn Maldfeld - NY	Master(70-74), PFM	254	275	-95	95	-107.5		82.5	-92.5	0		177.5	127.5	142.5	-152.5		320	705.47	1,1
James Prendergast - NY	Open, Master(50-54)	243	275	137.5	0	0		110	120	135		272.5	147.5	165	0		437.5	964.51	1,1
Gabriela Tortolano -MA	F-Open, F-Junior	220	198+	95	105	115	120	45	-50	50		165	150	-160	-160		315	694.45	1,1
Bench Press																			
Ashley Powell - DE	F-Open, F-Junior	132	132					37.5	-45	-45		37.5					37.5	82.673	1,1
Bill Sexton - MA	Open, Teen(18-19)	132	132					75	85	-90		85					85	187.39	1,1
Suzanne LaForge - MA	F-Open, F-M(50-54)	142.5	148					-67.5	67.5	-72.5		67.5					67.5	148.81	1,1
Kimberly Clarke - MA	F-Open, F-Junior	162	165					52.5	55	-57.5		55					55	121.25	1,1
Hannah DeMartino - DE	F-Open, F-Junior	164	165					55	-60	-60		55					55	121.25	2,2
David Luikey = MA	Open, Teen(16-17)	158.5	165					80	-90	-90		80					80	176.37	1,1
Tom Hegerty - MA	Master(40-44)	175	181					127.5	-130	-130		127.5					127.5	281.09	1
Chad Stewart - MA	Open, Junior(20-24)	175.5	181					87.5	92.5	-97.5		92.5					92.5	203.93	1,1
Scott Oleson - MA	Open	185	198					125	-130	-130		125					125	275.58	2
James Grieves - MA	Open, Teen(16-17)	192	198					127.5	132.5	137.5	-142.5	137.5					137.5	303.13	1,1
Rick Catino - MA	Open, Master(40-44)	210	220					142.5	-152.5	-152.5		142.5					142.5	314.16	1,1
Steven Zagorski - MA	Submaster	215	220					60	70	75		75					75	165.35	1
Bruno Leoncio - MA	Open	235	242					-145	160	170	175	170					170	374.78	1
Dwight Kemper - NY	Master(55-59)	222	242					62.5	75	87.5		87.5					87.5	192.9	1
Vaughn Maldfeld - NY	Master(70-74), PFM	254	275					82.5	-92.5	0		82.5					82.5	181.88	1,1
James Prendergast - NY	Open, Master(50-54)	243	275					110	120	135		135					135	297.62	1,1
Gabriela Tortolano -MA	F-Open, F-Junior	220	198+					45	-50	50		50					50	110.23	1,1
Pedro Mejias - NY	Open	427	SHW					270	-288	-288		270					270	595.24	1
Deadlift																			
Ashley Powell - DE	F-Open, F-Junior	132	132									0	80	-87.5	87.5		87.5	192.9	1,1
Bill Sexton - MA	Open, Teen(18-19)	132	132									0	157.5	172.5	182.5	-197.5	182.5	402.34	1,1
Suzanne LaForge - MA	F-Open, F-M(50-54)	142.5	148									0	140	160	-172.5		160	352.74	1,1
David Luikey = MA	Open, Teen(16-17)	158.5	165									0	135	147.5	155		155	341.71	1,1
Hannah DeMartino - DE	F-Open, F-Junior	164	165									0	107.5	120	125		125	275.58	2,2
Kimberly Clark - MA	F-Open, F-Junior	162	165									0	160	167.5	172.5	-181.5	172.5	380.29	1,1
Chad Stewart - MA	Open, Junior(20-24)	175.5	181									0	200	-215	217.5		217.5	479.5	1,1
James Grieves - MA	Open, Teen(16-17)	192	198									0	185	195	205		205	451.94	2,1
Scott Oleson - MA	Open	185	198									0	185	-205	205		205	451.94	1
Steven Zagorski - MA	Open, Submaster	215	220									0	145	152.5	-160		152.5	336.2	1,1
Dwight Kemper - NY	Open, Master(55-59)	222	242									0	142.5	150	155		155	341.71	1,1
James Prendergast - NY	Open, Master(50-54)	243	275									0	147.5	165	0		165	363.76	1,1
Vaughn Maldfeld - NY	Master(70-74), PFM	254	275									0	127.5	142.5	-152.5		142.5	314.16	1,1
Gabriela Tortolano -MA	F-Open, F-Junior	220	198+									0	150	-160	-160		150	330.69	1,1

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Squat																			
Kimberly Clarke - MA	F-Open, F-Junior	162	165	107.5	112.5	117.5	120					117.5					117.5	259.04	1,1
Chad Stewart - MA	Open, Junior(20-24)	175.5	181	140	150	157.5	-162.5					157.5					157.5	347.22	1,1
Strict Curl																			
Suzanne LaForge - MA	F-Open, F-M(50-54)	142.5	148	35	-42	-42						35					35	77.161	1,1
Kimberly Clarke - MA	F-Open, F-Junior	162	165	35	37	-39.5						37					37	81.57	1,1
Gene Richards - MA	Master(75-79)	160	165	39.5	-42	-42						39.5					39.5	87.082	1
Chad Stewart - MA	Open, Junior(20-24)	175.5	181	50	-55	-55						50					50	110.23	2,1
Tom Hegerty - MA	Open, M(40-44)	175	181	50	55	-57.5						55					55	121.25	1,1
Scott Oleson - MA	Open	185	198	47	55	60						60					60	132.28	1
Rick Catino - MA	Open, Master(40-44)	210	220	47	55	67						67					67	147.71	1,1
Steven Zagorski - MA	Open, Submaster	215	220	37	-42	42						42					42	92.593	2,1
Bruno Luoncio - MA	Open	235	242	47	55	77						77					77	169.75	1
Paul DeSimone - MA	Open	265	275	70	77	81						81					81	178.57	1
James Prendergast - NY	Open, Master(50-54)	243	275	45	50	0						50					50	110.23	2,1
Vaughn Maldfeld - NY	Open, Master(70-74), PFM	254	275	32	35	0						35					35	77.161	3,1,1