

**100% RAW Powerlifting Federation**  
**2013 Chris Hight Memorial / MT American Challenge Powerlifting Championships**

Name	Division	Wgt	Class	RH	1st	2nd	3rd	4th	1st	2nd	3rd	4th	Sub	1st	2nd	3rd	4th	TOTAL	LBS	Schwartz/Malone	Place	Total Coef.
<b>FULL POWER</b>					<b>SQUAT</b>				<b>BENCH</b>				<b>DEADLIFT</b>									
Susan Nyquist	45-49 female	119.7	123		62.5	65	67.5		62.5	65	67.5		135	97.5	100	102.5		237.5	523.6	0.939	1	223.01
Sheryl Shockley *	55-59/open female	149.2	165		77.5	82.5	85	87.5	40	42.5	45		130	115	120	125	-128	255	562.2	0.7769	1	198.11
Colton Hillyard	14-15	116.9	123		55	60	65		37.5	47.5	-52.5		112.5	77.5	87.5	95		207.5	457.5	0.9385	1	194.74
Ron Schell SR	50-54	145.5	148		102.5	110	117.5		-77.5	77.5	80		197.5	147.5	152.5	157.5		355	782.6	0.7432	1	263.84
Dale Garlitz	60-64	146.3	148		130	137.5	145		-92.5	92.5	-102.5		237.5	150	160	168		405.5	894	0.7385	1	299.46
Michael Wilcox	open	174.2	181		182.5	190	195		125	135	-137.5		330	227.5	235	X		565	1246	0.6392	1	361.15
Ronnie Schell	open	192.6	198		160	170	177.5		100	105	-110		282.5	172.5	195	-212.5		477.5	1053	0.5878	1	280.67
Max Payne	20-24	195	198		177.5	187.5	-200		100	112.5	-125		300	185	210	217.5		517.5	1141	0.5916	1	306.15
Eron Krpan *	open	211.9	220		227.5	242.5	-265		147.5	167.5	182.5		425	265	290	-310		715	1576	0.5657	1	404.48
John Thompson	35-39	214.5	220		127.5	142.5	-162.5		147.5	-170	-170		290	175	180	185		475	1047	0.5617	1	266.81
Jay Bakke	55-59/open	217.1	220		175	167.5	175		142.5	-147.5	147.5		322.5	215	227.5	232.5		555	1224	0.558	2,2	309.69
Brian May	55-59/open/PFM	220	220		185	200	-215		145	-155	155		355	230	245	-260		600	1323	0.5545	1,1,1	332.70
Mark Salansky	50-54	216.8	220		187.5	205	215		150	160	167.5		382.5	195	212.5	227.5		610	1345	0.5592	1	341.11
Josh Winterround	20-24/open	240.7	242		227.5	245	260		-160	170	180		440	260	272.5	-282.5		712.5	1571	0.5379	1,1	383.25
John Danielson	open	265	275		197.5	215	222.5		155	165	177.5		400	215	237.5	250		650	1433	0.5268	1	342.42
Tom Gomez	35-39/PFM/open	283.1	308		160	-165	170		145	150	-157.5		320	162.5	177.5	195		515	1135	0.5169	1,1,1	266.20

<b>IRONMAN</b>					<b>CURL</b>				<b>BENCH</b>				<b>DEADLIFT</b>									
Chloe Eckard (AZ)	11& under/open	62	66		10	12.5	-15		15	20	-22.5		32.5	20	30	35		67.5	148.8	1.2803	1,1	86.42
													0					0	0	0		0.00

<b>PUSH/PULL</b>					<b>BENCH</b>				<b>DEADLIFT</b>													
Sheryl Shockley *	55-59/open female	149.2	165						40	42.5	45		45	115	120	125	-128	170	374.8	0.7769	1,1	132.07
Vivienne Shockley	open/special oly fm	154.6	165						42.5	47.5	50	52.5	50	122.5	127.5	130	132.5	180	396.8	0.7044	1,1	126.79
Dale Garlitz	60-64	146.3	148						-92.5	92.5	-102.5		92.5	150	160	168		260.5	574.3	0.7385	1	192.38
Andrew Huckeby	16-17	157.3	165						102	105	-110		105	172.5	180	-190		285	628.3	0.693	1	197.51
Michael Wilcox	open	174.2	181						125	135	-137.5		135	227.5	235	X		370	815.7	0.6392	1	236.50
Bob Bakker (ID)	55-59/open	176	181						112.5	120	127.5		127.5	155	167.5	182.5		310	683.4	0.6339	1,2	196.51
Ronnie Schell	open	192.6	198						100	105	-110		105	172.5	195	-212.5		300	661.4	0.5878	2	176.34
Max Payne	20-24/open	195	198						100	112.5	-125		112.5	185	210	217.5		330	727.5	0.5916	1,1	195.23
Eron Krpan *	open	211.9	220						147.5	167.5	182.5		182.5	265	290	-310		472.5	1042	0.5657	1	267.29
Brian May	55-59/open/PFM	220	220						145	-155	155		155	230	245	-260		400	881.8	0.5545	1,2,1	221.80
Josh Winterround	20-24/open	240.7	242						-160	170	180		180	260	272.5	-282.5		452.5	997.6	0.5379	1,1	243.40
John Danielson	open	265	275						155	165	177.5		177.5	215	237.5	250		427.5	942.5	0.5268	1	225.21
Tom Gomez	35-39/PFM	283.1	308						145	150	-157.5		150	162.5	177.5	195		345	760.6	0.5169	1,1	178.33
Burt Todd	55-59	319.5	SHW						142.5	150	155		155	175	185	-195		340	749.6	0.4982	1	169.39

<b>BENCH ONLY</b>					<b>BENCH</b>																	
Susan Nyquist	45-49 /open female	119.7	123		62.5	65	67.5		62.5	65	67.5		67.5					67.5	148.8	0.939	1,1	63.38
Sara Gillott (AZ)	55-59/open/ female	145	148		40	45	50		40	45	50		50					50	110.2	0.7959	1	39.80
Colton Hillyard	14-15/open	116.9	123						37.5	47.5	-52.5		47.5	77.5	87.5	95		142.5	314.2	0.9385	1,1	133.74
Dan Torrence *	35-39	131	132						100	110	118		118					118	260.1	0.821	1	96.88
Dennis Grey	50-54	210	220						142.5	-150	-150		142.5					142.5	314.2	0.567	1	80.80
Tim Myers	60-64	265.7	275						125	130	135		135					135	297.6	0.5268	1	71.12

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<b>CURL ONLY</b>					<b>CURL</b>																		
Sara Gillott (AZ)	55-59/open female	145	148		17.5	22.5	23.5	25					23.5					23.5	51.81	0.7959	1,1	18.70	
													0					0	0	0		0.00	
Jimmy Zhen (CA)	20-24/open	148.2	148		20	22.5	-35						22.5					22.5	49.6	0.7294	1,1	16.41	
Ron Schell	50-54	145.5	148		30	X	X						30					30	66.14	0.7432	1	22.30	
Forest Hendry (WY)	18-19/open	158	165		20	25	35						35					35	77.16	0.6893	1,1	24.13	
Nick Thompson	40-44	167.6	181		50	50	-60						50					50	110.2	0.6593	1	32.97	
Ronnie Schek	open	192.6	198		35	32.5	37.5						37.5					37.5	82.67	0.5878	1	22.04	
Max Payne	20-24/open	195	198		40	60	67.5						67.5					67.5	148.8	0.5916	1,1	39.93	
James Eavonson (ID)	20-24/open	248.2	275		27.5	57.5	-65						57.5					57.5	126.8	0.5337	1,1	30.69	
<b>DEAD LIFT ONLY</b>														<b>DEADLIFT</b>									
Jimmy Zhen (CA)	20-24/open	148.2	148										0	137.5	157.5	170		170	374.8	0.7294	1,1	124.00	
Forest Hendry (WY)	18-19/open	158	165										0	137.5	150	160		160	352.7	0.6893	1,1	110.29	
Jay Bakke	55-59/open	217.1	220										0	215	227.5	232.5		232.5	512.6	0.558	1,1	129.74	
Palmer Hoovestal	50-54	240.3	242										0	185	227.5	235		235	518.1	0.5379	1	126.41	