

100% RAW Powerlifting Federation 2013 Arizona American Challenge

Name	Division	Wgt	Class	RH	SQUAT/CURL				BENCH				Sub	DEAD LIFT				TOTAL	LBS	Schwartz/Malone	Place	Total Coef.	
					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th						
FULL POWER					SQUAT				BENCH					DEADLIFT									
Savannah Sparks	12-13/open female	42.5	97		42.5	50	52.5		28	30	-32.5		82.5	70	75	-80		157.5	347.2	1.1756	1,1	185.16	
Bianca Luedeker	open female	109	114		70	72.5	75		65	70	-72.5		145	105	-110	-110		250	551.2	1.0098	1	252.45	
Lynn Gerald	40-44/open female	121.3	123		47.5	-52.5	-52.5		40	45	-52.5		92.5	72.5	75	77.5		170	374.8	0.9263	1,1	157.47	
Kathleen Hupherys	20-24 female	132.7	132		-60	60	65		42.5	47.5	52.5	-55.5	117.5	72.5	77.5	80		197.5	435.4	0.8628	3	170.40	
Elizabeth Thornburg	20-24 female	129.1	132		70	77.5	-85		42.5	52.5	-57.5		130	87.5	-95	-95		217.5	479.5	0.8788	2	191.14	
Karina Rivera	20-24 female	131.8	132		70	77.5	-85		32.5	35	40		117.5	102.5	-107.5	-107.5		220	485	0.8676	1	190.87	
Susan Whitesell	open female	131.4	132		80	87.5	-92.5		32.5	37.5	-42.5		125	100	X	X		225	496	0.8676	1	195.21	
Syble Voveris	40-44/open female	156.5	165		65	67	72.5		45	-47.5	47.5		120	97.5	-107.5	-107.5		217.5	479.5	0.752	1,1	163.56	
Heather Calandra	16-17	178.1	181		115	120	-123		70	-75	-75		190	135	-140	-140		325	716.5	0.6288	1	204.36	
Bailey Underwood	12=13	104.1	105		67.5	-72.5	77.5	-92.5	42.5	47.5	50	51	127.5	92.5	-100	100	-110.5	227.5	501.5	1.0693	1	243.27	
Phvoc Phan	20-24	121.3	123		92.5	115	120		82.5	87.5	92.5		212.5	152.5	165	170		382.5	843.3	0.8946	1	342.18	
Tim Galloway	12=13	131.1	132		-67.5	67.5	72.5		40	47.5	52.5		125	85	95	105		230	507.1	0.821	1	188.83	
Daniel Matson (CA)	18-19	132	132		80	90	97.5		60	70	-75		167.5	117.5	132.5	142.5		310	683.4	0.8146	1	252.53	
Tristin Jones	14-15	143.3	148		-65	-67.5	67.5		57.5	62.5	-70		130	107.5	110	120		250	551.2	0.7528	1	188.20	
Abbas Hussaini (Afgan)	18-19	147.5	148		95	-102.5	107.5		-75	85	-87.5		192.5	140	147.5	155		347.5	766.1	0.7339	1	255.03	
Joon Bae (CA) *	18-19/open	148.7	148		142.5	152.5	160.5	-165	110	-120	-120		270.5	182.5	192.5	197.5		468	1032	0.7294	1	341.36	
Steven Foltin	open/PFM	146.1	148		162.5	170	-177.5		100	110			280	192.5	200	-210		480	1058	0.7385	1,1	354.48	
Spencer Coffin	14-15	161.8	165		125	132.5	142.5		82.5	92.5	95		237.5	167.5	175	177.5		415	914.9	0.6787	1	281.66	
Anthony Marino	20-24/open	163.2	165		142.5	-150	150		102.5	107.5	-110		257.5	145	192.5	202.5		460	1014	0.672	1,1	309.12	
William Deloney *	60-64	165.2	165		110	115	120		122.5	130	-135		250	150	165	-170		415	914.9	0.6656	1	276.22	
Daniel Hernandez	14-15	180.3	181		127.5	130	-137.5		95	102.5	-110		232.5	190	207.5	-217.5		440	970	0.6238	1	274.47	
Naveed Shaw	open	175.8	181		152.5	160	167.5		130	132.5	-137.5		300	182.5	187.5	192.5		492.5	1086	0.6365	2	313.48	
Cesar Navarro	open/PFM	180.9	181		170	-177.5	-180		145	155	-160		325	227.5	237.5	252.5		577.5	1273	0.6238	1,1	360.24	
Stepheno Dalu	14-15	192.4	198		125	135	-145		75	-82.5	-82.5		210	135	147.5	160		370	815.7	0.5878	1	217.49	
Levi Collins	16-17	190	198		137	150	-160		-112.5	-112.5	-112.5		150	145	155	-180		305	672.4	0.6014	1	183.43	
Daniel Sawaya	35-39/open	196.1	198		170	182.5	190		125	132.5	137.5		327.5	212.5	227.5	-232.5		555	1224	0.5897	1,1	327.28	
Brian Trail	20-24/open	213.4	220		195	200	205		147.5	160	-162.5		365	260	-272.5	272.5		637.5	1405	0.563	1,1	358.91	
Joel Garcia	20-24	202.6	220		132.5	155	170		92.5	-107.5	-115		262.5	175	190	200		462.5	1020	0.5792	2	267.88	
Josh Lawyer *	open/PFM	230.9	242		187.5	197.5	207.5		160	-177.5	-177.5		367.5	205	222.5	-240		590	1301	0.5449	2,1	321.49	
Jason Hall	open	233.1	242		140	155	165		117.5	-130	-130		282.5	200	220	227.5		510	1122	0.5426	2	276.73	
Valentin Ramos	open	230.7	242		137.5	142.5	150		125	-137.5	140		290	160	165	-182.5		455	1003	0.5449	3	247.93	
Jim Morrow	35-39/open	238.6	242		205	-215	215		177.5	185	-187.5		400	272.5	282.5	-287.5		682.5	1505	0.5391	1,1	367.94	
Jacob Hammerly	30-34/open	259.3	275		210	222.5	230		130	-137.5	-137.5		360	-265	-270	-270		360	793.7	0.5292	1,2	190.51	
Jeremy Selting	open	254.3	275		227.5	-235	-235		-142.5	-142.5	X		227.5	280	-280	X	X	507.5	1119	0.5312	1	269.58	
Gene Lawrence	70-74/open	254	275		92.5	100	102.5	105.5	102.5	110	-115		212.5	120	X	X		332.5	733	0.5312	1,2	176.62	
Brandon Hall *	35-39/open	311.8	SHW		275	295	X		165	180	-182.5		475	285	302.5	318		793	1748	0.5022	1	398.24	
													0					0	0	0			0.00
IRONMAN					CURL				BENCH					DEADLIFT									
Chloe Eckard	10-11female	70	77		10	12.5	15		10	12.5	20		35	30	35	40		75	165.3	1.1756	1	88.17	
													0					0					
Lee Luedeker	60-64	144.4	148		45	47.5	-50		87.5	90	92.5		140	137.5	-142.5	-142.5		277.5	611.8	0.7479	1	207.54	
Nathaniel Luedeker	open	154.6	165		45	50	-61.5		122.5	127.5	132.5		182.5	130	137.5	140		322.5	711	0.7044	1	227.17	
													0					0	0	0			0.00

100% RAW Powerlifting Federation 2013 Arizona American Challenge

Name	Division	Wgt	Class	RH	SQUAT/CURL				BENCH				Sub	DEAD LIFT				TOTAL	LBS	Schwartz/Malone	Place	Total Coef.
					1st	2nd	3rd	4th	1st	2nd	3rd	4th		1st	2nd	3rd	4th					
PUSH/PULL					BENCH				DEADLIFT													
Heather Calandra	16-17	178.1	181					70	-75	-75		70	135	-140	-140		205	451.9	0.6288	1	128.90	
Bailey Underwood	12=13	104.1	105					42.5	47.5	50	51	50	92.5	-100	100	-110.5	150	330.7	1.0693	1	160.40	
Tim Galloway	12=13	131.1	132					40	47.5	52.5		52.5	85	95	105		157.5	347.2	0.821	1	129.31	
Diago Elliott	18-19/open	142.9	148					77.5	85	-95		85	167.5	-190	190		275	606.3	0.7579	1,1	208.42	
Spencer Coffin	14-15	161.8	165					82.5	92.5	95		95	167.5	175	177.5		272.5	600.8	0.6787	1	184.95	
Tim Lamaster	16-17	164.3	165					75	85	92.5		92.5	150	172.5	185		277.5	611.8	0.6688	1	185.59	
William Deloney	60-64	165.2	165					122.5	130	-135		130	150	165	-170		295	650.4	0.6656	1	196.35	
Cesar Navro	open/PFM	180.9	181					145	155	-160		155	227.5	237.5	252.5		407.5	898.4	0.6238	1,1	254.20	
Stepheno Dalu	14-15	192.4	198					75	-82.5	-82.5		75	135	147.5	160		235	518.1	0.5878	2	138.13	
Daniel Hernandez	14-15	183	198					95	102.5	-107.5		102.5	185	X	X		287.5	633.8	0.6167	1	177.30	
Zack Schmitz *	18-19	233.3	242					152.5	160	172.5		172.5	220	227.5	235		407.5	898.4	0.5426	1	221.11	
Josh Lawyer	open/ PFM	230.9	242					160	-177.5	-177.5		160	205	222.5	-240		382.5	843.3	0.5449	1,1	208.42	
												0					0	0	0		0.00	
BENCH ONLY					BENCH																	
Rocky Luedeker	55-59	96.7	105					27.5	30	32.5		32.5					32.5	71.65	1.1809	1	38.38	
Lynn Gerald	40-44/open	121.3	123					40	45	-52.5		45					45	99.21	0.8946	1	40.26	
Susan Daigle-leach	50-54	142.9	148					38.5	45.5	52.5		52.5					52.5	115.7	0.7579	1	39.79	
Robert Gibson	20-24	140.9	148					75	80	87.57		87.57					87.57	193.1	0.7682	1	67.27	
Phillip Shaughnesey	open	142.7	148					107.5	-117.5	-117.5		107.5					107.5	237	0.7579	1	81.47	
Phil Hurtman	20-24	163.7	165					-140	-140	-140		0					0	0	0.672	1	0.00	
Mike "Irish" Kane	70-74	175.5	181					87.5	95	97.5		97.5					97.5	214.9	0.6365	1	62.06	
Crdeil Mckeeever	16-17	215.9	220					100	105	-110		105					105	231.5	0.5604	1	58.84	
Larry Candalaria	open	219.5	220					167.5	172.5	-177.5		172.5					172.5	380.3	0.5556	1	95.84	
Iasiah Baker	16-17	235.5	242					150	-160	-160		150					150	330.7	0.5411	1	81.17	
Gene Lawrence	70-74/open	254	275					102.5	110	-115		110					110	242.5	0.5312	1,1	58.43	
Glen Tenove (CA)	55-59/open	281.5	308					182.5	192.5	-193		192.5					192.5	424.4	0.518	1,1	99.72	
												0					0	0	0		0.00	
CURL ONLY					CURL																	
Sara Gillott	55-59/open	147.8	148		20	22.5	-25.5					22.5					22.5	49.6	0.7339	1	16.51	
Rocky Luedeker	55-59	96.7	105		15	17.5	-20					17.5					17.5	38.58	1.1809	1	20.67	
Tristin Jones	14-15	143.3	148		20	27.5	-35					27.5					27.5	60.63	0.7528	1	20.70	
Steven Foltin	open,PFM	147.6	148		45	50	52.5					52.5					52.5	115.7	0.7339	1,1	38.53	
Spencer Coffin	14-15	161.2	165		47.5	52.5	55					55					55	121.3	0.6787	1	37.33	
Daniel Hernandez	14-15	180.3	181		42.5	-52.5	-52.5					42.5					42.5	93.7	0.6238	1	26.51	
Mike "Irish" Kane	70-74	175.5	181		42.5	47.5	-49					47.5					47.5	104.7	0.6365	1	30.23	
Daniel Hernandez	14-15	183	198		45	50	-55.5					50					50	110.2	0.6167	1	30.84	
Keith Harbaugh (PA)	55-59/open/PFM	192.1	198		55	60	62.5	-65.5				62.5					62.5	137.8	0.5878	1,1,1	36.74	
Larry Candalaria	open	219.5	220		52.5	57.5	-63					57.5					57.5	126.8	0.5556	1	31.95	
Gene Lawrence	70-74/open	254	275		42.5	45	47.5	-50.5				47.5					47.5	104.7	0.5312	1,1	25.23	
Glen Tenove (CA)	55-59/open	281.5	308		70	73	73.5					73.5					73.5	162	0.518	1,1	38.07	
Brandon Hall	35-39/open	311.8	SHW		75	80	82.5					82.5					82.5	181.9	0.5022	1,1	41.43	
Mike DiQuattro	50-54/open	325.6	SHW		-60	67.5	70					70					70	154.3	0.4955	1,1	34.69	
												0					0	0	0		0.00	
DEAD LIFT ONLY					DEADLIFT																	
Javin Helsel	14-15	164.3	165									0	135	145	180	-205.5	180	396.8	0.6688	1	120.38	
Ryan Talbot	18-19	162.2	165									0	135	145	150		150	330.7	0.6753	1	101.30	
Daniel Hernandez	14-15	180.3	181									0	190	207.5	-217.5		207.5	457.5	0.6238	1	129.44	
Levi Collins	16-17	190	198									0	145	155	-180		155	341.7	0.6014	1	93.22	
David Mosses	open	254.4	275									0	202.5	230	240		240	529.1	0.5312	1	127.49	
Gene Lawrence	70-74/open	254	275									0	150	X	X	X	150	330.7	0.5312	1,2	79.68	