

100% RAW Powerlifting Federation 2011 Toronto Open

Name	Age	Weight	Class	SQUAT			BENCH			Sub	DEADLIFT			TOTAL	LBS
				1st	2nd	3rd	1st	2nd	3rd		1st	2nd	3rd		
Nikki De Jager		54	56	50	55	57.5	32.5	-35	pass	90	80	90	-97.5	180	396.828
Enzo Mieremet		60	60	100	-120	-120	70	75	-80	175	120	140	160	335	738.541
Jacques Meyer		59.9	60	55	70	80	75	-85	85	165	80	100	-115	265	584.219
Berendine Brand		58.4	60	-70	-70	-70								0	0
Jethro Ernstzen		64.6	67.5	-100	-100	100	80	92.5	100	200	120	145	162.5	362.5	799.1675
Dean Veenendaal		60.85	67.5	-90	90	-100	70	80	-95	170	110	130	150	320	705.472
Michael Denny		63.8	67.5	60	75	90	65	-75	-75	155	120	150	162.5	317.5	699.9605
Jonelle Van Heerden		62.2	67.5	65	72.5	-80	40	-47.5	-47.5	112.5	110	107.5	115	227.5	501.5465
Whanstacwin Booyesen		72.75	75	100	130	140	85	-95	-95	225	180	190	200	425	936.955
Renate Van Dyk		68.35	75	85	92.5	100	55	57.5	60	160	115	122.5	130	290	639.334
Bonita Hein		72.45	75	110	-115	115	-70	-70	-70	115	140	145	150	265	584.219
Rose Batchelder		72.25	75	60	65	75	45	55	-65	130	115	-125	-125	245	540.127
Nathan Valentine		77.15	82.5	170	190	-195	-145	-145	145	335	260	-280	-280	595	1311.737
Burton Witbooi		82.15	82.5	180	190	195	-140	140	-142.5	335	210	215	-220	550	1212.53
Pardon Chizomba		79.05	82.5	135	145	-160	130	-145	-145	275	190	220	-227.5	495	1091.277
Severiano Malgas		79.05	82.5	135	145	-160	-115	-125	125	270	200	210	-215	480	1058.208
Brian Silkstone		80.4	82.5	120	-130	140	-110	110	-120	250	160	200	-220	450	992.07
Howard Cladingbowl		84.75	90	180	192.5	-200	110	117.5	122.5	315	220	235	-245	550	1212.53
Tim Nolte		99.3	100	145	152.5	160	92.5	100	110	270	190	210	220	490	1080.254
Thiron Syster		97.5	100	120	130	140	-70	80	90	230	120	140	160	390	859.794
Sedwill Arietdien		93.65	100	-90	100	110	85	90	-95	200	135	150	-165	350	771.61