



100% RAW Powerlifting Federation South Africa Full-Power Meet 10 December 2011



				SQUAT			BENCH			DEADLIFT						
Name	Division	Weight	Class	1st	2nd	3rd	1st	2nd	3rd	Sub	1st	2nd	3rd	4th	TOTAL	Place
Robin Kuipers	Sub Master (35-39)	66.5	67.5	80	95	110	50	55	-60	165	115	125	135		300	1
Natalie Möhr	Junior (20-24)	75.3	82.5	95	105	-110	60	67.5	-70	172.5	130	140	150		322.5	1
Sean Brokenshire	Junior (20-24)	53.8	56	105	115	130	85	95	-100	225	140	160	175		400	1
Remy Fredericks	Open	66.4	67.5	-125	125	-150	95	105	110	235	202.5	-222.5	222.5		457.5	1
Michael Denny	Teen	66	67.5	110	120	125	75	80	85	210	175	182.5	190		400	2
Clive Battison	Junior (20-24)	81.6	82.5	185	190	200	117.5	125	130	330	220	235	240		570	1
Howard Cladingbowl	Master (40-44)	81	82.5	175	185	192.5	115	122.5	127.5	320	205	222.5	230		550	2
Conrad Dippenaar	Junior (20-24)	80.5	82.5	155	165	170	125	132.5	-140	302.5	210	225	-235		527.5	3
Omar Abrahams	Sub Master (35-39)	81.5	82.5	120	-165	-165	110	120	-140	240	150	-170	180		420	4
Pardon Chizomba	Open	89	90	165	175	180	145	150	-158	330	240	-250	250		580	1
Marius Botha	Open	92.5	100	120	130	-137.5	95	105	-110	235	170	185	192.5		427.5	1
Brandon-Lee Miller	Teen	108.5	110	-100	100	120	65	70	77.5	197.5	130	-140	pass		327.5	1