

**100% RAW Powerlifting Federation**  
**2011 Delaware State Single Lift Championships**  
**October 15, 2011**

Name	Division	Weight	Class	1st	2nd	3rd	4th	KILOS	lbs	Place
<b>BENCH PRESS</b>										
Nick Cornell - DE	Teen (14-15)	127.1	132	-35	35	40	42.5	40	88.184	1
Joshua Petras - DE	Teen (16-17)	188.2	198	-95	-97.5	97.5	-102.5	97.5	214.949	1
Chris Daisey - DE	Master (45-49)	195.3	198	125	130	-137.5		130	286.598	1
Christian Perhach - MD	Teen (16-17)	214.2	220	87.5	100	107.5	115	107.5	236.995	1
Mark Coty - DE*	Master (45-49)	235.7	242	125	137.5	142.5	145	142.5	314.156	1
Robert D'Antonio - NJ	Master (45-49)	307.2	308	157.5	165	-172.5		165	363.759	1
<b>DEADLIFT</b>										
Dylan Pusey - MD	Youth (11 & Un.)	106.8	114	57.5	62.5	70		70	154.322	1
Daniel DePenna - PA	Junior (20-24)	181.7	181	-182.5	182.5	195		195	429.897	1
Dean Pusey - MD*	Open	192.9	198	210	217.5	227.5		227.5	501.547	1
Joshua Petras - DE	Teen (16-17)	188.2	198	152.5	-155	155	157.5	155	341.713	1
Christian Perhach - MD	Teen (16-17)	214.2	220	170	190	-197.5		190	418.874	1
Isaac Lewis - DE	Junior (20-24)	210.9	220	160	170	185	205	185	407.851	1
Philip DePenna - DE	Master (50-54)	214.7	220	165	185	195		195	429.897	1
Mark Coty - DE*	Master (45-49)	235.7	242	227.5	242.5	250		250	551.15	1

# 100% RAW Powerlifting Federation

## 2011 Delaware State Single Lift Championships

### October 15, 2011

STRICT CURL										
Nick Cornell - DE	Teen (14-15)	127.1	<b>132</b>	16	-30	-30		16	35.2736	1
Sinath Sam - DE	Master (40-44)	131	<b>132</b>	41	45	47.5		47.5	104.719	1
John Ferris - DE	Master (70-74)	153.6	<b>165</b>	-38.5	38.5	-50		38.5	84.8771	1
Chris Daisey - DE	Master (45-49)	195.3	<b>198</b>	41	45	47.5	50	47.5	104.719	1
Isaac Lewis - DE	Junior (20-24)	210.9	<b>220</b>	43.5	50	55	-60	55	121.253	1
BENCH FOR REPS										
Dean Pusey - MD	19 Reps									1
Chris Daisey - DE	18 Reps									2
* Indicates Athlete Was Drug-Tested										
Referees: Hunter Claypatch, Paul Bossi, and Wayne Claypatch										