

**100% RAW Powerlifting Federation, Inc.**  
**2011 Midwest Regional Championships**  
**February 19, 2011 - Council Bluffs, Iowa**

Name	Division	Wgt	Class	BENCH					SubTotal	DEADLIFT					SubTotal	Kilos	Lbs	Coef.	PLACE
				1st	2nd	3rd	4th			1st	2nd	3rd	4th						
<b>BENCH</b>																			
Algarin, Matthias - MN	Open, Teen 11 & Under	74.2	77	37.5	40.0	0		40							40	88.184	0.53908	1,1	
Algarin, Beth-el (F) - MN	Open, Teen 11 & Under	95.6	97	40.0	42.5	45.0	47.5	47.5							47.5	104.7185	0.49686	1,1	
Green, Eric - IA	Open, Master 45-49	121	123	82.5	87.5	0		87.5							87.5	192.9025	0.72314	1,1	
Johnson, Aaron - NE	Submaster 35-39	142.8	148	95	100	108		107.5							107.5	236.9945	0.75280	1	
Purcell, Billy - NE	Open, Teen 12-13	146.5	148	42.5	47.5	52.5		52.5							52.5	115.7415	0.35836	2,1	
Santiago, Angie (F) - MN	Open, Teen 16-17	147.4	148	0.0	42.5	45.0		45							45	99.207	0.30529	1,1	
Tran, Joseph - NE	Open	146	148	115	128	135		135							135	297.621	0.92466	1	
Clark, Pat - IA	Open	151.2	165	115	125	133		132.5							132.5	292.1095	0.87632	1	
Folkers, Jerry - NE	Master 60-64	164	165	110	113	115		115							115	253.529	0.70122	1	
Baird, Pat - NE	Open	173.8	181	128	138	0		137.5							137.5	303.1325	0.79114	2	
Folkers, Kyland - NE	Open	179.2	181	185	190	0		190							190	418.874	1.06027	1	
Vecchio, Tony - NE	Teen 18-19	178.8	181	107.5	117.5	132.5		132.5							132.5	292.1095	0.74105	1	
Charron, Dennis - NE	Master 45-49	195	198	138	143	148		147.5							147.5	325.1785	0.75641	2	
O'Connor, Angela (F) - NE	Open	190.2	198	62.5	0	0		62.5							62.5	137.7875	0.32860	1	
Vecchio, Jim - NE	Master 45-49	193.8	198	150.0	162.5	172.5	177.5	177.5							177.5	391.3165	0.91589	1	
Walter, Chris - NE	Open	192.2	198	183	188	190		190							190	418.874	0.98855	1	
Dixson, Scott - NE	Open	214.2	220	125	135	0		135							135	297.621	0.63025	3	
Peak, Ray - NE	Open, Master (40-44)	209.4	220	185	190	195	200	200							200	440.92	0.95511	1,1	
Stillman Jr., Gary - NE	Open	207.5	220	158	165	0		165							165	363.759	0.79518	2	
Probasco, John - NE	Master 45-49	235.5	242	145	160	163		162.5							162.5	358.2475	0.69002	1	
Walter, Scott - NE	Open	225.2	242	205	210	0		210							210	462.966	0.93250	1	
Wilson, Lee - NE	Master 45-49	246	275	170	178	183		182.5							182.5	402.3395	0.74187	1	
Griffin, Jack - TX	Open,PFM,M(65-69)	297.2	308	140	148	0		147.5							147.5	325.1785	0.49630	1,1,1	
Hellickson, Charles - IA	Master 65-69	316.2	SHW	0.0	55.0	0.0		55							55	121.253	0.17394	1	

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<b>PUSH PULL</b>																	
Algarin, Matthias - MN	Open, Teen 11 & Under	74.2	77	37.5	40.0	0		40	65	72.5	77.5		77.5	117.5	259.0405	0.53908	1,1
Algarin, Beth-el (F) - MN	Open, Teen 11 & Under	95.6	97	40.0	42.5	45.0	47.5	47.5	85	90	0		90	137.5	303.1325	0.49686	1,1
Vasquez, Kamryn - NE	Teen 12-13	102.4	105	37.5	42.5	0.0		42.5	97.5	105	110		110	152.5	336.2015	0.41504	1
Santiago, Angie (F) - MN	Open, Teen 16-17	147.4	148	0.0	42.5	45.0		45	85	0	0		85	130	286.598	0.30529	1,1
Robles, Sergio - NE	Open	156.2	165	97.5	107.5	117.5		117.5	125	158	180		180	297.5	655.8685	0.75224	1
Hansen, David - ND	Open	180.6	181	112.5	122.5	130.0		130	265	288	298	0	297.5	427.5	942.4665	0.71982	1
Sealock, Brian - IA	Open	177.8	181	157.5	167.5	172.5		172.5	0	0	0		0	172.5	380.2935	0.97019	3
Szymanski, David - NE	Open	179	181	127.5	132.5	137.5		137.5	260	275	0		275	412.5	909.3975	0.76816	2
Vecchio, Tony - NE	Teen 18-19	178.8	181	107.5	117.5	132.5		132.5	188	205	215		215	347.5	766.0985	0.74105	1
Peters, CJ - IA	Teen 14-15	189	198	105.0	110.0	117.5		117.5	143	160	173		172.5	290	639.334	0.62169	1
Storm, Daniel - NE	Open	191.2	198	95.0	110.0	115.0		115	195	218	225		225	340	749.564	0.60146	1
Vecchio, Jim - NE	Master 45-49	193.8	198	150.0	162.5	172.5	177.5	177.5	198	215	228		227.5	405	892.863	0.91589	1
Farrell, Joseph - NE	Open	247	275	105.0	115.0	0.0		115	170	185	198		197.5	312.5	688.9375	0.46559	2
Jobe, Jesse - IA	Open	235.4	242	140.0	147.5	0.0		147.5	245	0	0		245	392.5	865.3055	0.62659	1
Helland, Dustin - NE	Submaster 35-39	250	275	142.5	147.5	155.0		155	190	220	228		227.5	382.5	843.2595	0.62000	1
Bunch, Dan - NE	Open, Master 45-49	367.5	SHW	142.5	147.5	155.0		155	215	230	238		237.5	392.5	865.3055	0.42177	1,1
Hellickson, Charles - IA	Master 65-69	316.2	SHW	0.0	55.0	0.0		55	90	92.5	95	97.5	97.5	152.5	336.2015	0.17394	1
<b>DEADLIFT</b>																	
Algarin, Matthias - MN	Open, Teen 11 & Under	74.2	77						65	72.5	77.5		77.5	77.5	170.8565	0.00000	1,1
Jobe, Gabrielle (F) - IA	Youth Under 11	78.2	88						40	0	0		40	40	88.184	0.51151	1
Algarin, Beth-el (F) - MN	Open, Teen 11 & Under	95.6	97						85	90	0		90	90	198.414	0.94142	1,1
Go, Bandon - NE	Open	146.2	148						183	195	205		205	205	451.943	1.40219	1
Santiago, Angie (F) - MN	Open, Teen 16-17	147.4	148						85	0	0		85	85	187.391	0.57666	1
Toney, Caresley - NE	Master 60-64	232.5	242						210	228	0		227.5	227.5	501.5465	0.97849	1
Hellickson, Charles - IA	Master 65-69	316.2	SHW						90	92.5	95	97.5	97.5	97.5	214.9485	0.30835	1
<b>STRICT</b>																	

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Algarin, Matthias - MN	Open, Teen 11 & Under	74.2	77	20.0	22.5	0.0			22.5						22.5	49.6035	0.30323	1,1
Algarin, Beth-el (F) - MN	Open, Teen 11 & Under	95.6	97	20.0	22.5	0.0			22.5						22.5	49.6035	0.23536	1,1
Green, Eric - IA	Open	121	123	25.0	32.5	37.5	0.0		37.5						37.5	82.6725	0.30992	1
Santiago, Angie (F) - MN	Open, Teen 16-17	147.4	148	22.5	25.0	30.0			30						30	66.138	0.20353	1
Johnson, Aaron - NE	Submaster 35-39	142.8	148	40.0	42.5	47.5			47.5						47.5	104.7185	0.33263	1
Robles, Sergio - NE	Open	156.2	165	40	47.5	57.5	0.0		57.5						57.5	126.7645	0.36812	1
Vecchio, Tony - NE	Teen 18-19	178.8	181	45.0	55.0	62.5	65.0		65						65	143.299	0.36353	1
Foust, Jason - NE	Open	171.8	181	62.5	70.0	0.0			70						70	154.322	0.40745	1
Vecchio, Jim - NE	Master 45-49	193.8	198	45.0	57.5	65.0			65						65	143.299	0.33540	1
Dixon, Scott - NE	Open	214.2	220	40.0	50.0	0.0			50						50	110.23	0.23343	2
Stillman Jr., Gary - NE	Open	207.5	220	57.5	60.0	0.0			60						60	132.276	0.28916	1
Jobe, Jesse - IA	Open	235.4	242	47.5	52.5	57.5			57.5						57.5	126.7645	0.24427	1
Wilson, Lee - NE	Master 45-49	246	275	67.5	70.0	72.5	75.0		75						75	165.345	0.30488	1
Griffin, Jack - TX	Open,PFM,M(60-64)	297.2	308	52.5	55.0	60.0			60						60	132.276	0.20188	1,1,1
Hellickson, Charles - IA	Master 65-69	316.2	SHW	27.5	30.0	32.5			32.5						32.5	71.6495	0.10278	1
Bunch, Dan - NE	Master 45-49	367.5	SHW	50.0	0.0	0.0			50						50	110.23	0.13605	1
<b>Bench For Reps @ 102.5K</b>	Division	Wgt Lbs	Div	Reps					Total									
Folkers, Kyland - NE	181	179.2	L	32					#####								40.3518	1
Pat Clark - IA	165	151.2	L	11					#####								16.4396	4
Walter, Chris - NE	198	192.2	L	32					#####								37.6225	2
Vecchio, Jim - NE	198	193.8	L	28					#####								32.6479	3
Walter, Scott - NE	242	225.2	H	33					#####								33.1128	1
Griffin, Jack - TX	308	297.2	H	13					#####								9.88429	2
<b>Deadlift For Reps @ 205K</b>	Division	Wgt Lbs	Div						Reps						Total			
Szymanski, David - NE	181	179	L						16						7,231.20	15941.9	40.40	1
Hansen, David - ND	181	180.6	L						15						6,779.25	14945.53	37.54	2